



NEWS RELEASE

FOR IMMEDIATE RELEASE:

March 19, 2025

Public Health Communication
(559) 259-1798 or (559) 200-0717

Fresno County Confirms Second Case of Measles

Fresno County, CA – The Fresno County Department of Public Health (FCDPH) has confirmed a second case of measles in an unvaccinated Fresno County adult. This case is linked to the recent confirmed measles case. The FCDPH is working closely with healthcare providers and state agencies to investigate this case, identify potential exposures, and implement preventive measures. At this time, the risk to the general public remains low, as most individuals are protected through routine childhood measles-mumps-rubella (MMR) vaccination, which is highly effective in preventing infection.

The individual visited the following location, please see the following details:

- **Date:** Thursday, March 13th
- **Time:** 4:30pm – 7:00pm
- **Location:** WinCo Foods - 396 W. Ashlan Ave, Clovis, CA, 93612



If you were present at the specified location during the given time frame above, please scan the QR code or visit https://redcap.link/Measles_Spring25 to complete the REDCap survey. This survey will help the FCDPH Communicable Disease Investigation team assess your potential exposure and health status. Any information collected will remain confidential.

Measles is highly contagious, and the FCDPH urges individuals who may have been exposed at the specified location during the given timeframe above to monitor for symptoms and ensure they are up to date on their MMR vaccine.

About Measles:

The measles virus is a highly contagious respiratory illness that spreads from person-to-person through the air when an infected person breathes, talks, coughs, or sneezes. The virus can linger in the air for up to one hour after an infected person leaves the area.

Measles Symptoms and Risk Groups:

Symptoms can take anywhere from 7-21 days to develop following exposure, which in this case falls **from March 20th - April 3rd**. Individuals with measles are infectious 4 days prior to onset of rash and 4 days after rash appears. Common symptoms include:

- Fever
- Cough
- Runny nose
- Red, watery eyes
- Tiny white spots inside the mouth on the inner lining of the cheek
- A skin rash that starts on the face and spreads down to the rest of the body

People are generally considered immune to measles if they have received two doses of the MMR vaccine, had a past measles infection, or were born in the United States before 1957. Most adults and

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school-age children have been vaccinated and are at low risk. However, certain groups are at higher risk for developing severe illness, including:

- Infants under one year of age
- Pregnant individuals
- People who are immunocompromised

What to Do If You Have Been Exposed:

If you are unvaccinated or part of an at-risk group (listed above), the FCDPH recommends staying home and monitoring for symptoms. Call your healthcare provider if you think you may have been exposed to measles or if you have a fever and a rash that looks like measles. Do not use public transportation, as this may expose others to the virus.

If you seek medical care for any of the symptoms mentioned above, call the healthcare facility before arriving and inform them of your potential exposure to measles. This allows medical staff to take appropriate precautions to prevent the spread of the virus to others.

Prevention measures:

- The best protection against measles is vaccination. The MMR or MMRV vaccine is safe and highly effective. Contact your primary care doctor or your local pharmacy to receive the vaccine.
- If you are traveling internationally, confirm that you and your family are up to date on the MMR vaccine. Two doses of the MMR vaccine are 97% effective at preventing measles.
- The FCDPH Immunization Clinic offers the MMR vaccine for individuals who are uninsured or have Medi-Cal. To schedule an appointment, call (559) 600-3550.
- The Fresno County Rural Mobile Health (RMH) Program provides the MMR vaccine at no cost to residents in rural areas of Fresno County. Visit www.fcdph.org/RuralMobileHealth to view the monthly schedule of mobile clinic locations.
- For more information about measles, visit www.fcdph.org.

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