# MONKEYPOX Ouisk Facts

**Quick Facts** 

### What is Monkeypox?

Monkeypox is a viral illness that has been circulating in California and the U.S. since Spring 2022. Though current risk to the general public is low, anyone can get Monkeypox. It's good to be aware of signs and symptoms to keep you and others safe.

## How does it spread?



Close physical/intimate skin-to-skin contact, including sex.



Contact with contaminated materials (towels, bedding, and clothing).



Respiratory droplets spread by close and prolonged face-to-face interaction.

### Signs and Symptoms can include:



- Rash with firm bumps on face, hands, feet, body, or genitals
- Fever
- Chills
- Exhaustion
- Body aches
- Swollen lymph nodes



# How is it prevented?



Avoid close physical contact with people who have symptoms, including sores or rashes.



Talk to your sexual partner/s about any recent illness and be aware of new or unexplained sores or rashes.



The Jynneos Monkeypox vaccine is available to individuals that are at highrisk of contracting Monkeypox.

If you develop Monkeypox symptoms or come into close contact with someone infected with Monkeypox, talk to your healthcare provider right away.