

# CENTRAL CALIFORNIA EMERGENCY MEDICAL SERVICES

A Division of the Fresno County Department of Public Health

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| Manual     | Emergency Medical Services<br>Administrative Policies and Procedures     | Policy<br>Number 530.12                                                                                                          |
| Subject    | Paramedic Treatment Protocols<br><br><b>ATRIAL FIBRILLATION</b>          | Page 1 of 2                                                                                                                      |
| References | Title 22, Division 9, Chapter 4<br>of the California Code of Regulations | Effective<br>Fresno County:<br>01/15/82<br>Kings County:<br>04/10/89<br>Madera County:<br>06/15/85<br>Tulare County:<br>04/19/05 |

| STANDING ORDERS                                                                                                            |                                                                                                                                                                                                            |
|----------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. Assessment                                                                                                              | ABCs                                                                                                                                                                                                       |
| 2. Secure Airway                                                                                                           | Protect with position, basic airway maneuvers, pharyngeal airway, advanced airway if indicated, assist respirations as needed, suction as needed.                                                          |
| 3. Oxygen                                                                                                                  | Low flow.<br>High flow if unstable.<br>Refer to EMS Policy #530.02.                                                                                                                                        |
| 4. IV Access                                                                                                               | Stable Patient - Saline lock.<br>Unstable Patient - LR TKO – standard tubing                                                                                                                               |
| 5. Assess                                                                                                                  | For serious signs and symptoms - patient must demonstrate one or more of the following:<br>severe chest pain, severe SOB, acutely altered mental status, systolic BP less than 80, shock, pulmonary edema. |
| <b>A. Unstable, heart rate <u>greater than 150 beats/minute</u> with serious signs or symptoms related to tachycardia.</b> |                                                                                                                                                                                                            |
| 1. Contact Hospital                                                                                                        | Per EMS Policy #530.02.                                                                                                                                                                                    |
| 2. Reassess                                                                                                                | Treat as appropriate for rhythm.                                                                                                                                                                           |
| 3. STAT Transport                                                                                                          |                                                                                                                                                                                                            |
| <b>B. Stable, all others with Atrial Fibrillation</b>                                                                      |                                                                                                                                                                                                            |
| 1. Observe and transport                                                                                                   |                                                                                                                                                                                                            |

**BASE HOSPITAL ORDERS ON NEXT PAGE**

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| Approved By          | <b>Daniel J. Lynch</b>                                        | Revision          |
| EMS Division Manager | (Signature on File at EMS Agency)                             | <b>04/19/2005</b> |
| EMS Medical Director | <b>Jim Andrews, M.D.</b><br>(Signature on File at EMS Agency) |                   |

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| Subject<br>Paramedic Treatment Protocols – Atrial Fibrillation | Policy<br>Number 530.12 |
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| Subject | Paramedic Treatment Protocols - Ventricular Tachycardia with Pulses | Policy<br>Number 530.07 |
|---------|---------------------------------------------------------------------|-------------------------|

#### BASE HOSPITAL ORDERS

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|-----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1. MIDAZOLAM</b>   | <b>IF TIME ALLOWS IN A CONSCIOUS PATIENT, ADMINISTER 4 MG SLOW IV PUSH. MAY BE REPEATED ONCE. CONSIDER 8 MG FOR LARGER PATIENTS (I.E., OVER 200 POUNDS).</b> |
| <b>*2. CARDIOVERT</b> | <b>SYNCHRONIZED AT 200 J., 360 J. <u>OR</u> BIPHASIC EQUIVALENT, IF NO CONVERSION.</b>                                                                       |
| <b>*3. CALCIUM</b>    | <b>CONSIDER CALCIUM 250 MG PRIOR TO GIVING VERAPAMIL.</b>                                                                                                    |
| <b>*4. VERAPAMIL</b>  | <b>CONSIDER VERAPAMIL – 5 MG IV OVER 2 MINUTES (IF PATIENT OVER 50 YEARS, GIVEN OVER 3 MINUTES). MAY REPEAT DOSE IN 5 MINUTES.</b>                           |

#### SPECIAL CONSIDERATION AND PRIORITIES

1. Consider Midazolam 8 mg slow IV push for the large patient for sedation (i.e., over 200 pounds).
2. Transport lights/siren if decreased mental status, hypotension, severe respiratory distress or severe chest pain.
3. Atrial Fibrillation – Irregularly irregular rhythm without P waves. Ventricular rate usually less than 200.
4. Irregularly irregular rhythm with wide QRS and rate over 200 – Consider Atrial Fibrillations with Wolfe-Parkinson-White Syndrome.
5. Atrial Flutter – Atrial rate 220-350, sawtooth pattern, most frequently with 2:1 conduction.