

Don't Let the Bed Bugs Bite!

What are Bed Bugs?

Tiny insects that feed on the blood of warm-blooded animals.

Adults are reddish-brown flattened ovals about 0.2 inches long.

Nymphs are very small, about the size of the head of a pin.



Nymph and adult



Adult next to penny

WHAT TO LOOK FOR

Signs of a Bed Bug infestation:

BITES

Bed bug bites look like a raised red bump or flat welt. They can itch intensely and are often mistaken for mosquito or flea bites.



Bed bug bites

DARK SPOTS

Look for small dark spots of fecal matter on bed linens and around areas where people sleep.



Bed bugs on mattress

Where do Bed Bugs hide?

Bed bugs hide during the day and bite at night when people are sleeping. Most bed bugs are found within 8-10 feet of where people sleep. They hide in crevices of mattresses, box springs, bed frames and headboards; in drapes; in crevices of walls and furniture; under rugs; under wallpaper and even in radios and picture frames.



Contact your local health department if you have questions about bed bug infestations in:

- hotels
- homeless shelters
- hospitals
- correctional facilities
- nursing homes
- on public transportation



Contact a Licensed Pest Control technician if bed bugs are found in a private residence.

For more information contact:
Vector-Borne Disease Section
California Department of Public Health
(916) 552-9730