

2024-2028 Community Health Improvement Plan

2025 Annual Progress Update



Priority Area 1: Physical Activity and Nutrition



Priority Area 2: Equitable Access to Healthcare



Priority Area 3: Behavioral Health (Mental Health & Substance Use)



WHAT'S BEEN DONE SO FAR:

- Walk audits in 17 rural areas and 3 cities had park assessments
- Bike safety education and **multiple community events** reaching **500+ residents**
- More school-based recreational opportunities
- Completed **101** community **nutrition surveys**
- 17 stores signed up to promote healthier foods and drinks
- Participated in **16 Farmers Markets**



- **248 mobile clinic events** brought services to **4900+ residents**
- **900+ residents** enrolled in community health worker (CHW) programs, **400+ outreach events**
- 16 outreach events and 19 media interviews on **vaccine education**
- Doctors **completed 662 well-child visits**
- **80+ people** trained in culturally and linguistically appropriate services (CLAS)



- **3,000+ young people** helped through All 4 Youth Program (mental health services at school, community, and home)
- **320+ schools** now have **behavioral health services**
- More **telehealth, extra care support, and youth services**
- Crisis Stabilization Center is helping people get care without going to the emergency room
- **2% fewer babies** born too early



WHAT'S IN PROGRESS:

- Research on what stops access to physical activity
- More walking, biking, and recreation programs

- Mobile health expansion with managed care plan funding
- Growing a shared community information exchange

- Expanding youth referrals and support programs
- More outreach and work with community partners

CHALLENGES FACED ACROSS ALL PRIORITY AREAS:

- Staffing shortages and changes
- Less SNAP-Ed funding is affecting long-term plans
- Technology systems don't share data with each other well



- Not everyone knows about or uses mental health services
- Not enough low-literacy materials
- Emergency room being used for non-emergencies

REAL COMMUNITY IMPACT:

- More healthy food choices in stores and farmers markets
- Better support for young people's mental health through schools, new wellness centers, and traveling vans



- Increased access to healthcare through mobile health and CHWs
- Health data available through new online dashboard: www.healthyfresnocountydata.org

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