# KINDERGARTEN ORAL HEALTH ASSESSMENT Handbook



Fresno County
Department of Public Health





# KINDERGARTEN ORAL HEALTH ASSESSMENT HANDBOOK

For questions or additional copies, please contact:

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# KINDERGARTEN ORAL HEALTH ASSESSMENT HANDBOOK

#### FRESNO COUNTY PUBLIC HEALTH

#### **Purpose**

State law requires that children have a dental checkup by May 31 of their first year in school. The Fresno County Kindergarten Oral Health Assessment Handbook is a tool designed to assist school staff in administering and fulfilling the Kindergarten Oral Health Assessment requirement. The Fresno County Oral Health Program is committed to streamlining the reporting process and encouraging district-wide participation throughout Fresno County.

#### What are the intended impacts of the oral health assessment?

Tooth decay affects nearly two-thirds of California's children by the time they reach third grade. Although tooth decay is easily preventable, it is also a progressive infection that does not heal without treatment. If tooth decay goes untreated, children may develop infections severe enough to require emergency room treatment. Additionally, their adult teeth may be permanently damaged. The requirement for children entering kindergarten or first grade to have an oral health assessment is intended to:

- Raise awareness about the relationship between oral health, overall health, and readiness to learn.
- Connect children with dental professionals who can care for their oral health.
- Encourage eligible families to enroll in Medi-Cal Dental.
- Identify barriers to care to assist families in responding to their child's oral health needs.
- Provide data to support oral health advocacy.



This requirement intends to help children get the oral health care they need to be healthy and ready for school. The Kindergarten Oral Health Assessment is a great opportunity for parents and guardians to learn about their child's oral health.

#### Children's Oral Health



While there are many factors that influence a child's performance and success in school, one of the most important elements is health. The American Academy of Pediatrics states that the number one chronic disease affecting young children, early childhood caries (dental decay and cavities), is five times more common than asthma. Children need healthy teeth to eat properly, speak, smile, feel good about themselves, and do well in school.

Schools play a vital role in communicating the importance of oral health to parents and to communicate that the information collected and reported is secure. All reasonable efforts to encourage parents to seek a dental check-up for their child and return the state-approved Oral Health Assessment Form (Appendix A), regardless of whether or not the evaluation was completed, are essential to fulfilling the intent of the legislation. In addition, sharing local oral health data with school board members, parent-teacher organizations, community organizations, local dental societies, and public health agencies will assist in the development of partnerships and strategies to meet community needs.

#### **School-Based Oral Health Service Programs**

School-based oral health programs are examples of collaborative partnerships formed to improve access to preventive oral health services in Fresno County. Services provided by school-based programs range from oral health screenings and application of fluoride varnish to dental cleanings, sealants, and some fillings. All current school-based oral health programs in Fresno County provide care-coordination services to assist families in accessing dental care services for their children. These programs also assist schools and districts by offering the screening services necessary for completion of the Kindergarten Oral Health Assessment Form.

#### **Oral Health Assessment Legislation**

#### **AB 1433**

California ranks 44th in the nation on children's oral health status. To address these disparities, California signed into law the Oral Health Assessment requirement (AB 1433) in 2005 as a way for schools to help children stay healthy. AB 1433 requires that children entering public school for the first time (at kindergarten or first grade) have an oral health assessment performed by a licensed dentist or registered dental hygienist within 12 months prior to or by **May 31** of the child's first year in public school. The

ultimate goal of the legislation is to connect children with a dental home. For more information on AB 1433, visit bit.ly/ab-1433.

#### **SB 379**

SB 379, passed in 2017, requires school districts to submit a report to the County Office of Education or to a system designated by the state dental director, or both, by **July 1** of each year (see System for California Oral Health Reporting, pg. 8). Additionally, SB 379 allows schools to provide free oral health assessments at school sites via passive consent. This means, if a school or school district hosts a free oral health event where a licensed dental professional performs an oral health assessment, students shall receive the oral health assessment unless the parent or legal guardian of the student opts out. With passive consent, schools are able to assess a greater number of children and refer children that need dental care to a dentist. SB 379 also requires that school districts include data for the number of assessed children found to have dental caries experience (see below). For more information on SB 379, visit bit.ly/sb-379.

#### **California Education Code**

California Education Code Section 49452.8 states that all school districts shall submit a report each year to the County Office of Education. The report should include:

- The total number of pupils in the district, by school, who are subject to the oral health assessment requirement (i.e. the number of kindergarten students plus the number of first grade students who did not attend public school kindergarten).
- The total number of pupils who present proof of an assessment.
- The total number of pupils who could not complete an assessment due to financial burden.
- The total number of pupils who could not complete an assessment due to lack of access to a licensed dentist or other licensed dental health professional.
- The total number of pupils who could not complete an assessment because their parents or legal guardians did not consent to their child receiving the assessment.
- The total number of pupils assessed and found to have untreated decay.
- The total number of pupils who did not return either the assessment form or the waiver request to the school.
- The total number of pupils assessed and found to have caries experience.

#### Schools - Distributing the Forms

The law requires schools to distribute the state-approved Oral Health Assessment Form to parents who are registering their child in public school for the first time, in either kindergarten or first grade. An Oral Health Notification/Parent Letter (Appendix B) that explains the requirement must accompany the Oral Health Assessment Form and both should be distributed to parents by the first month of the school year. Distribution opportunities include enrollment days, kindergarten orientation, and back-to-school nights. Schools can download the Oral Health Assessment Form (Appendix A) and the Oral Health Notification/Parent Letter (Appendix B, English and Spanish versions) by visiting Fresno County Oral Health at: <a href="www.fcdph.org/oralhealth">www.fcdph.org/oralhealth</a> <a href="https://www.cde.ca.gov/ls/he/hn/documents/oralhlthassess.doc">https://www.cde.ca.gov/ls/he/hn/documents/oralhlthnotice.doc</a>

Translation Note to Local Educational Agencies (LEAs): As a form of assistance to LEAs, the California Department of Education (CDE) offers form translations free of charge. Because there can be variations in translation, the CDE recommends that LEAs confer with local translators to determine any need for additions or modification, including the addition of local contact information or local data, or modification in language to suit the needs of specific language groups in the local community. If you have comments or questions regarding the translations, please e-mail the Clearinghouse for Multilingual Documents (CMD) at <a href="mailto:cmd@cde.ca.gov">cmd@cde.ca.gov</a>.

#### **Information for Parents**

# What are parents/guardians expected to do once they receive the Oral Health Assessment Form?

- If the child has not received a dental exam within the last 12 months, parents/guardians should schedule a dental examination with their regular dentist.
- If the child has seen a dentist within the last 12 months, the parent/guardian should ask the dentist's office to complete the required form based on the child's last regular exam.



If the child has seen a dentist within the last 12 months, but cannot get the
dentist to fill out the required form, the parent should submit documentation that
the child has completed a dental exam (i.e. dental visit treatment form from the
dentist's office that includes the same information as the Oral Health Assessment
Form).

## What if a child does not have a dental care provider or his/her family cannot afford an oral health assessment?

All children should obtain an oral health assessment from a licensed dental professional. If a child does not have a regular source of dental care or if their family cannot afford an oral health assessment, please see the Fresno County Dental Resource Information flyer (Appendix C) for a list of dental care resources or contact your child's school for assistance.

Many schools in Fresno County offer free dental screening events and/or participate in school-based oral health programs. Parents can check with their child's school to see if these services are available.

## What if a parent/guardian is unable to get an oral health assessment for their child?

The law recognizes that it may not be possible to get the required dental check-up for a child. On rare occasions, a parent/guardian may have their child excused from the requirement by filling out the bottom portion of the Oral Health Assessment Form. To waive the assessment, the parent/guardian **must** identify on the form what prevented them from getting the dental check-up for the child (i.e. I am unable to find a dental office that will take my child's dental insurance plan, or I cannot afford a dental check-up, etc.). **This information is very important and must be included.** The waiver request must be submitted by **May 31** of the school year.

#### **Acceptable Documentation**

Parents need to submit one of the following documents to meet the requirement:

- The Oral Health Assessment Form, completed by a licensed dentist or registered dental hygienist working within their scope of practice.
- Oral health examination and treatment plan forms provided by a licensed dentist or registered dental hygienist working within their scope of practice that includes the same information listed on the Oral Health Assessment Form.

#### **Unacceptable Documentation**

Verbal confirmation of obtaining an oral health assessment for a child by their parent or legal guardian <u>does not</u> qualify as acceptable documentation. If a parent/guardian is unable to obtain an oral health assessment for their child, the parent/guardian must sign the waiver portion at the bottom of the Oral Health Assessment Form.

The signing of the waiver should **not** be used to avoid the responsibility of obtaining dental health care services for a child.

#### **Data Collection and Reporting**

#### Fresno County Oral Health Program

Below is a *brief* overview of the process for reporting oral health data. In addition to this handbook, the Fresno County Oral Health Program provides training and a resource toolkit to assist schools and districts in complying with the mandate. For more information, contact the Fresno Local Oral Health Program.

#### System for California Oral Health Reporting – (SCOHR)

SCOHR is a centralized online method of gathering all required student oral health assessment data. Schools and districts can input, manage, and track oral health assessment data. There are two types of accounts available for this purpose. "Participating" schools enter the required data from the Oral Health Assessment form plus demographic information found in Section 1. This gives the participating school the capacity to track the status of forms, upload bulk data, print pre-filled forms, run reports and more. "Non-Participating" schools have the option of inputting only Sections 2 and 3 of the Oral Health Assessment Form (see California Education Code, page 5). For more SCOHR information or to create an account, visit www.ab1433.org.

<u>At a minimum</u>, schools and districts must gather and report the <u>required</u> data. This process is described below.

#### **Schools**

Schools are responsible for collecting each student's Oral Health Assessment Form or signed waiver by **May 31.** 

#### **Option 1: Participating Schools**

Enter data from Oral Health Assessment Form - Sections 1, 2, and 3

Enter all data directly into SCOHR by July 1.

#### **Option 2: Non-Participating Schools**

Enter data from Oral Health Assessment Form - Section 2 and 3 only

- Enter Section 2 and 3 data directly into SCOHR by July 1 OR
- Complete Oral Health Data Worksheet (Appendix D) and submit to district by last day of school.

#### **Districts**

School districts are responsible to ensure all data from each school in their district is entered into SCOHR. Individual school data should be reported, <u>not a sum of all students in the district</u>.

Enter data from each school into SCOHR, if schools have not done so:

- Obtain Oral Health Data Worksheet from each school by last day of school.
- Enter data directly into SCOHR by July 1 (see Schools Options 1 and 2 above).

#### **County Office of Education**

Fresno County Office of Education will access a SCOHR account to monitor compliance from all school districts in the county.

	PARTICIPATING	NON-PARTICIPATING - A	NON-PARTICIPATING - B
	Enter all data into	Enter required data into	Complete Oral Health
	SCOHR	SCOHR	Data Worksheet
	(Sections 1, 2 & 3)	(Sections 2 & 3)	
	<ul> <li>Collect Oral Health</li> </ul>	<ul> <li>Collect Oral Health</li> </ul>	■ Collect Oral Health
	Assessment/Waiver by	Assessment/Waiver by	Assessment/Waiver by
	May 31.	May 31.	May 31.
SCHOOLS	<ul> <li>Enter required data</li> </ul>	<ul> <li>Enter required data</li> </ul>	■ Tally data into Oral
	plus demographic data	directly into SCOHR by	Health Data Worksheet
	directly into SCOHR by	July 1.	and submit to school
	July 1.		district office by last day
			of school.
	<ul><li>Confirm that all</li></ul>	<ul><li>Confirm that all schools</li></ul>	Obtain Oral Health Data
	schools in district have	in district have reported	Worksheet by last day of
	reported by July 1.	by July 1.	school.
DISTRICTS			
			Enter required
			information into SCOHR
			by July 1.
COUNTY	<ul><li>Confirm that all</li></ul>	<ul><li>Confirm that all schools</li></ul>	<ul> <li>Confirm that all schools</li> </ul>
OFFICE OF	schools in district have	in district have reported	in district have reported
EDUCATION	reported by July 1.	by July 1.	by July 1.

Middle Initial:

Child's birth date:

#### **APPENDIX A**

Child's First Name:

#### **Oral Health Assessment Form**

California law (*Education Code* Section 49452.8) states your child must have a dental check-up by May 31 of his/her first year in public school. A California licensed dental professional operating within his scope of practice must perform the check-up and fill out Section 2 of this form. If your child had a dental check-up in the 12 months before he/she started school, ask your dentist to fill out Section 2. If you are unable to get a dental check-up for your child, fill out Section 3.

#### Section 1: Child's Information (Filled out by parent or guardian)

Last Name:

Address:					Apt.:		
City:					ZIP code:		
School Nam	ne:	Teacher:		Grade:	Child's Sex:  □ Male □ Female		
Parent/Guar	rdian Name:	□ White □ □ Native A	Child's race/ethnicity:				
		-	•	rnia licensed	l dental professional)		
	NOTE: Consider eac						
Assessment	Caries Experience	Visible Decay Present:	Treatment Urgency:				
Date:	(Visible decay and/or fillings present)	Present.	□ No obvious problem found □ Early dental care recommended (caries without pain or infectio				
	Illings present	1	or child would bene	fit from sealants or	aries williout pain of infection, further evaluation)		
	□ Yes □ No	□ Yes □ No		, swelling or soft tissue lesions			
Section 3:	ntal Professional Signat Waiver of Oral Heal ut by parent or guardian	th Assessme			Date		
Please excuse	e my child from the dental	check-up becau	ıse: (Check the box th	at best describes	the reason)		
	unable to find a dental of y child's dental insurance		e my child's dental ins	urance plan.			
	Medi-Cal/Denti-Cal	lealthy Families	□ Healthy Kids □ 0	Other	□ None		
□ I cannot afford a dental check-up for my child.							
□ I do not want my child to receive a dental check-up.							
Option	nal: other reasons my chil	d could not get a	ı dental check-up:				
f asking to be	e excused from this req	uirement: ►	Signature of pare	ont or quardian	Date		
			Signature or part	ent or guardian	Date		
	es schools must keep stude law. This information may cour school.						

**Return this form to the school** *no later than* **May 31** of your child's first school year. *Original to be kept in child's school record.* 

#### **APPENDIX B**

#### **Oral Health Notification / Parent Letter**

#### (USE DISTRICT LETTERHEAD AND COMPLETE APPROPRIATE SECTIONS)

Dear Parent or Guardian:

To make sure your child is ready for school, California law requires that your child have an oral health assessment (dental check-up) by May 31 in either kindergarten or first grade, whichever is his or her first year in public school.

A licensed dentist or other licensed or registered dental health professional needs to perform the assessment. If your child has had an assessment within 12 months of entering school, that assessment will meet this requirement. Schools must receive a signed copy of the required form by May 31.

If you have a dental provider:

 Take the attached Oral Health Assessment form to the dental office to be completed at the time of your child's check-up.

If you do not have a dental provider, the following resources will help you find a dentist:

- Medi-Cal Dental 800-322-6384 <a href="https://smilecalifornia.org/">https://smilecalifornia.org/</a> <a href="https://smilecalifornia.org/find-a-dentist/">https://smilecalifornia.org/find-a-dentist/</a>
- Fresno County Oral Health Program
   https://www.co.fresno.ca.us/departments/public-health/office-of-health-policy-and-wellness/programs/local-oral-health-program

If you are unable to take your child for this required assessment, please indicate the reason in Section 3 of the form and return the form to your child's school.

California law requires schools to maintain the privacy of students' health information.

Your child's identity will not be associated with any report produced because of this requirement.

Remember, children must be healthy to learn, and children with cavities are not healthy. Children need their teeth to eat properly, talk, smile, and feel good about themselves. Children with cavities and/or pain may have difficulty eating, stop smiling, and have problems paying attention and learning at school.

Tooth decay is an infection that does not heal and can be painful if left without treatment. If cavities are not treated, children may become sick enough to require emergency room treatment and their adult teeth could become permanently damaged.

Here are some important tips to help your child stay healthy:

- 1. Brush teeth with fluoride toothpaste twice a day
- 2. Floss daily
- 3. Drink fluoridated tap water (or take fluoride supplements in non-fluoridated areas)
- 4. Eat healthy snacks
- 5. Visit the dentist twice a year by age 1 or when the first tooth appears.

If you have questions about the oral health assessment requirement, please contact your child's school.

Sincerely,		
District Superintendent		

Attachment

#### **APPENDIX C**

#### **Fresno County Dental Resource Information**

Agency/Website/Organization	Phone Number	Services
Smile California www.smileca.org	800-322-6384	Medi-Cal Dental program. Provides free or low-cost dental services for eligible children and adults. Call to find a dentist in your area.
Fresno City College Dental Hygiene Clinic	559-224-2601	Offers low-cost services including dental cleanings and x-rays. No insurance necessary. Call to make an appointment.
Tzu Chi Mobile Clinic	559-291-8800	Provides dental services to adults and children who do not have health insurance and who are low income.  Call for more information.
Fresno-Madera Dental Society <a href="https://www.fmds.com/">https://www.fmds.com/</a>	559-438-7284	Dental referrals for adults and children
Child Health & Disability Prevention (CHDP)	559-600-3281	Provides free health exams for eligible children from birth to 21 years. Can also help families find a dentist.

FQHCs with Dental Clinics	Phone Number	Address
Central Valley Indian Health <a href="https://cvih.org/">https://cvih.org/</a>	559-299-2391	20 N Dewitt Ave Clovis, CA 93612
Clinica Sierra Vista <a href="https://www.clinicasierravista.org/">https://www.clinicasierravista.org/</a>	559-457-5862	Elm Dental Center 2756 S Elm Ave Fresno, CA 93706
United Health Centers <a href="https://unitedhealthcenters.org/">https://unitedhealthcenters.org/</a>	1-800-492-4227	Various locations in Fresno County. Please call for an appointment at a clinic near you.
Valley Health Team <a href="https://www.vht.org/">https://www.vht.org/</a>	559-364-2980 559-693-2467 559-203-6660	Kerman Dental Center 942 S Madera Ave Kerman, CA 93630  San Joaquin Health Center 21890 W Colorado Ave San Joaquin, CA 93660  Central Fresno Community Health Center 4711 W Ashlan Ave Fresno, CA 93722
Omni Family Health https://omnifamilyhealth.org/	866-707-6664	Locations in Reedley and Fresno 1530 E Manning Ave Reedley, CA 93654 4646 N First St Fresno, CA 93726

#### **APPENDIX D**

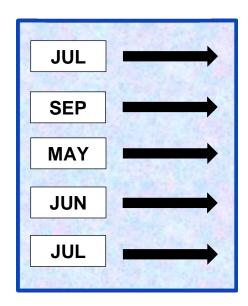
ORAL HEALTH DATA WORKSHEET 2019-2020 Reporting School Year								
SCHOO	DL:							
CDS CODE	SCHOOL DISTRI	ст			SUPERINTEND	ENT		
ADDRESS					ZIP CODE	COUNTY		
PERIOD COVERED		SUPERVISOR OF	HEALTH			OFFICE PHONE	EMAIL	
	A	В	С	D	E	F	G	н
GRADES	Number of Pupils First Year Attending Public School	Number of Pupils Proof of Assess- ment	Number of Pupils COULD NOT COMPLETE DUE TO FINANCIAL BURDEN	Number of Pupils COULD NOT COMPLETE DUE TO LACK OF ACCESS TO DENTAL HEALTH PROFESSIONAL	Number of Pupils COULD NOT COMPLETE DUE TO LACK OF PARENTAL CONSENT	Number of Pupils ASSESSED WITH UNTREATED DECAY	Number of Pupils WHO DID NOT RETURN ASSESSMENT FORM OR WAIVER	Number of Pupils ASSESSED WITH CARIES EXPERIENCE
Kindergarten								
1st Grade (Did not attend public school kindergarten)								
TOTALS	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
						Signature of I	ndividual Complet	ing Report
	Print Name:							
			1	Title:				
Education Code Section 49452.8 states that all school districts shall, by May 31st of each year, submit a report to the County Office of Education of the county in which the school district is located.								

To access SCOHR (System for California Oral Health Reporting) https://www.ab1433.org/

#### **APPENDIX E**

# Kindergarten Oral Health Assessment Checklist and Timeline

Sta	aff Responsible Year
	of school
	Assist families with access to care, if needed (see Fresno County Resource Form)
	Collect completed Oral Health Assessment Forms by May 31st of each year
	Enter oral health data in SCOHR or complete Oral Health Data Worksheet and
	submit to district office by last day of school



**Begin distribution** of Assessment Form with Parent Letter

**September – May:** Conduct oral health assessments

May 31: Last day to collect Assessment Forms

**June/Last day of school:** Enter oral health data into SCOHR or submit Oral Health Data Worksheet to district office

July 1: Deadline to input data into SCOHR

#### Where to Go For Resources

Oral Health Assessment Forms (English and Spanish)
Parent Letters (English and Spanish)
Oral Health Data Worksheet
Fresno County Dental Resource Form
Checklist and Timeline
www.fcdph.org/oralhealth