



FRESNO COUNTY BEHAVIORAL HEALTH BOARD

Wednesday, **July 19**, 2023 at 3:30pm

1925 E. Dakota Fresno, CA 93726

Minutes

<u>MEMBERS PRESENT</u>	<u>DEPARTMENT OF BEHAVIORAL HEALTH</u>	<u>MEMBERS OF THE PUBLIC</u>
Brooke Frost Manuel Piceno MaryLou Brauti-Minkler Carolyn Evans Debbie Xiong Elizabeth Kus Alan Faulks	Susan Holt, <i>Director</i> Tina Young Brian Bishop Ahmad Bahrami Jeannette Dominguez	Rebekah Huffman David Tan Katee Wheaton Fidel Garibay Jazmine Rocha Ana Monreal
<u>MEMBERS ABSENT</u> David Thorne Yolanda Cruz		
<u>BOARD OF SUPERVISORS</u> Sal Quintero, <i>Supervisor</i> – Present		

I. Welcome

Behavioral Health Board (BHB) Chair, Brooke Frost called the meeting to order at 3:31 PM

II. Review of Agenda

BHB Chair brought attention to Item **VII**. While seeking clarification on the process of an Ad hoc Committee asked that A., B., and C under that item be switched around.

III. Approval of Minutes from May 17th and June 21st Behavioral Health Board (BHB) meetings

The May 17th and June 21st draft minutes were approved as written.

IV. Department of Behavioral Health (DBH) Update; *Director, Susan Holt*

The DBH update for this month began with the acknowledgement of July being Black, Indigenous, People of Color (BIPOC) month, reminding attendees of the Department's being committed to cultural responsiveness and ensuring services provided are culturally responsive and accessible.

The complete DBH Update PowerPoint presented is attached in pdf format. Included below are notes from some of the additional information discussed.

A. General Updates: DBH Events, Board of Supervisors (BOS) items and legislation

Board of Supervisors Items

- July 18th Board date consisted all of amendment Items from DBH that passed on consent.

Legislative Updates – Item of interest—SB717

- Would bring many new mandates to County Behavioral Health Departments and no mention of additional funding to be included.
- Still early in the legislative process to know whether the implementation process will remain unfunded.
- Incompetent to stand trial is not a clinical diagnosis; it is an opinion rendered by a qualified professional.
- This is very different than the general obligation and current desire to welcome people into the community and to get them connected to care.
- Narrowly focused on the high volume of misdemeanor defendants and brings on new obligations irrespective of the current target population of medical beneficiaries.

Suicide Data

The current data available for June 2023 is 4 deaths by suicide. It should be noted that for prior months reported, data is subject to change due to some results from further investigation. The Departments Suicide Prevention Collaborative Committee meets regularly and follows data as well, to identify trends and to address coordination of prevention activities.

Transition to Payment Reform - Update

- BHB has requested future dashboard snapshots from the Dept. specifically on the rate of improvement over time.
- Director Susan Holt agrees that it will be interesting to see a pre-payment reform and a post payment reform comparison.
 - A challenge in tracking due to the way Current Procedural Terminology (CPT) units tracked volume then and how it is being tracked now which are very different processes.
 - Work needed on a way to accurately convert to tell a true story.
- There was discussion on DBH creating a high-level overview to report out on and shall be requested from DBH through the BHB Executive Committee later in the year.

Transition to Smart Care – Update

- New Smart Care Electronic Health Record and payment reform went live on the same date as payment reform, intentionally as a strategic plan.
- Work out kinks out along the way as they learn together.

B. Outcomes Report on Family Urgent Response System (FURS)

Program Data in detail can be found in the DBH Update attached.

- Referral average very low across counties

- C. Follow-up on transition of Children's Behavioral Health services to temporary Air Fresno location
- Reason for moving was to accommodate construction of the 24/7 crisis facilities permanent location.
 - This allows expedited construction of the Heritage Building which will be the permanent 24/7 facility for the Crisis Stabilization Centers and the Adult and Youth Psychiatric Health Facilities
 - DBH made a big change from their past normal practice of in-office clinical appts to field-based services to help with the need for more office space
 - For many clients the change is more convenient for staff to meet them where they are
 - BHB Chair expressed interest of hearing at a future BHB meeting, how many treatment appts have been completed out in the field verses in-office.
- D. Status update on move to the new Olive location.
- Contractor to be identified soon and construction will begin.
 - Earliest anticipated occupancy likely to be at the end of 2025.

V. Public Comment

- Suggestion from the public for FURS to do outreach at the Central Valley Regional Center
- BHB member commented on the idea of a phone system for the FURS program designed to navigate youth in the appropriate direction after answering a few questions.
- Director Susan Holt acknowledged that it is important to speak a language that the youth can resonate with and recommended a future presentation from the California Children and Youth Behavioral Health Initiative that inspires to have a statewide network.

VI. Old Business

- BHB July Site Visit – report on FURS
 - BHB members completed their Virtual Site Visit with the FURS program on July 13th.
 - The BHB site visit report will be included with all documents distributed to the public.
 - The BHB mentioned that they had many questions for the Department regarding the program but didn't feel that it was necessary to repeat them as they were answered through the Outcomes Report given by Director Susan Holt.

VII. New Business

A. BHB Evaluation Discussion

- BHB Chair explained that she appointed an Ad hoc Committee to create an evaluation for the BHB.
- There will be the option of a printed paper copy or an electronic version via Survey Monkey that will consist of 8-10 questions available for different populations to complete.
- BHB Chair emphasized that the version available today is the printed copy and is lengthier because it includes all questions, as opposed to the online version which will be categorized and include questions only for the population selected through one of the first questions.
- Available in Spanish and Hmong with intentions for greater community participation.

- Wide distribution will be in September.
- BHB member commented that she believes the open-ended questions are of much importance.
- Any comments on the survey or areas to distribute can be emailed to dominja@fresnocountyca.gov

B. Public Comment

- BHB member Elizabeth Kus asked if creating a version in additional languages was considered?
- BHB Chair responded by stating that the County threshold languages are Spanish and Hmong.
- DBH Director Susan Holt further clarified that the BHB is not required to abide by the same requirements of the Department, although the Department has agreed to assist with the translation of the evaluation into Spanish and Hmong

C. Action Item, Motion – Ad Hoc Board Evaluation Committee Recommendation

- No motion was made and review of the final copy for approval will occur during the August meeting.

D. August BHB meeting focus.

- Focus on how Behavioral Health Services are financed here in Fresno County
- DBH will present a big picture of the different sources of funding for programs in Fresno County
- BHB Chair stated that a good understanding of this information will be important in regard to upcoming legislative changes in MHSA.

VIII. Subcommittee Updates

- Adult Services Committee – Will meet August 7th and will hear from Crestwood Behavioral Health's Kingsburg Healing Center.
- Children's Services Committee- Met on June 24th and heard from the DBH team the works with youth experiencing eating disorders. The Next meeting is August 24th.
- Forensics Services Committee – Will meet September 11th.
- Substance Use Disorder Committee – Will meet in September and will receive information on SUD Bridge Services, from navigators available at hospital Emergency Departments.

IX. Public Comment

- DBH will be providing an education session on SB326 Mental Health Services Act (MHSA) Reform, focusing on Prevention and Early Intervention funding on August 1st at the Health and Wellness Center, 1925 E. Dakota Fresno, CA

X. Adjournment

4:58 PM

This meeting is open to the public under the Ralph M. Brown Act.



Behavioral Health Board Department Update

Fresno County Department of
Behavioral Health

WHERE
Hope &
HEALING
UNITE

Find
Mental
Health
Support



DEPARTMENT of
BEHAVIORAL
HEALTH

July 19, 2023



Department of
Behavioral Health

Our Mission, Vision and Goals

Vision:

- Health and well-being for our community

Mission:

- DBH, in partnership with our diverse community, is dedicated to providing quality culturally responsive behavioral health services to promote wellness, recovery and resiliency for individuals and families in our community

Goals - Quadruple Aim:

- Delivery quality care
- Maximize resources while focusing on efficiency
- Provide an excellent care experience
- Promote workforce well-being



Land Acknowledgement

The Fresno County Department of Behavioral Health acknowledges that we are on the traditional territory of several nations including the Yokuts, Western Mono/Monache, Eastern Mono/Monache, Numu (Northern Paiute), Ohlone (Amah Mutsun), and Salinan.



July Acknowledgments - BIPOC Mental Health Month

- June 2008, Bebe Moore Campbell National Minority Mental Health Awareness Month was created to shine a light on the unique struggles underrepresented groups face when it comes to mental health and behavioral healthcare in the United States.
- Named after American author, journalist, teacher, and mental health advocate, Bebe Moore Campbell, who championed mental health accessibility for the Black community, July has come to be a month for reflecting on the needs of underserved groups.
- BIPOC Mental Health Month provides an opportunity to examine the relationship between the mental health care field and communities that often face the most adversity in seeking treatment



Contracts/Board Agenda - Select items of note

- July 18th
 - Community Behavioral Health Center - amendment
 - All 4 Youth Wellness Centers - amendment
 - J Melton & Associates - amendment
 - The Lodge - amendment
 - Master Agreement with School Districts - amendment

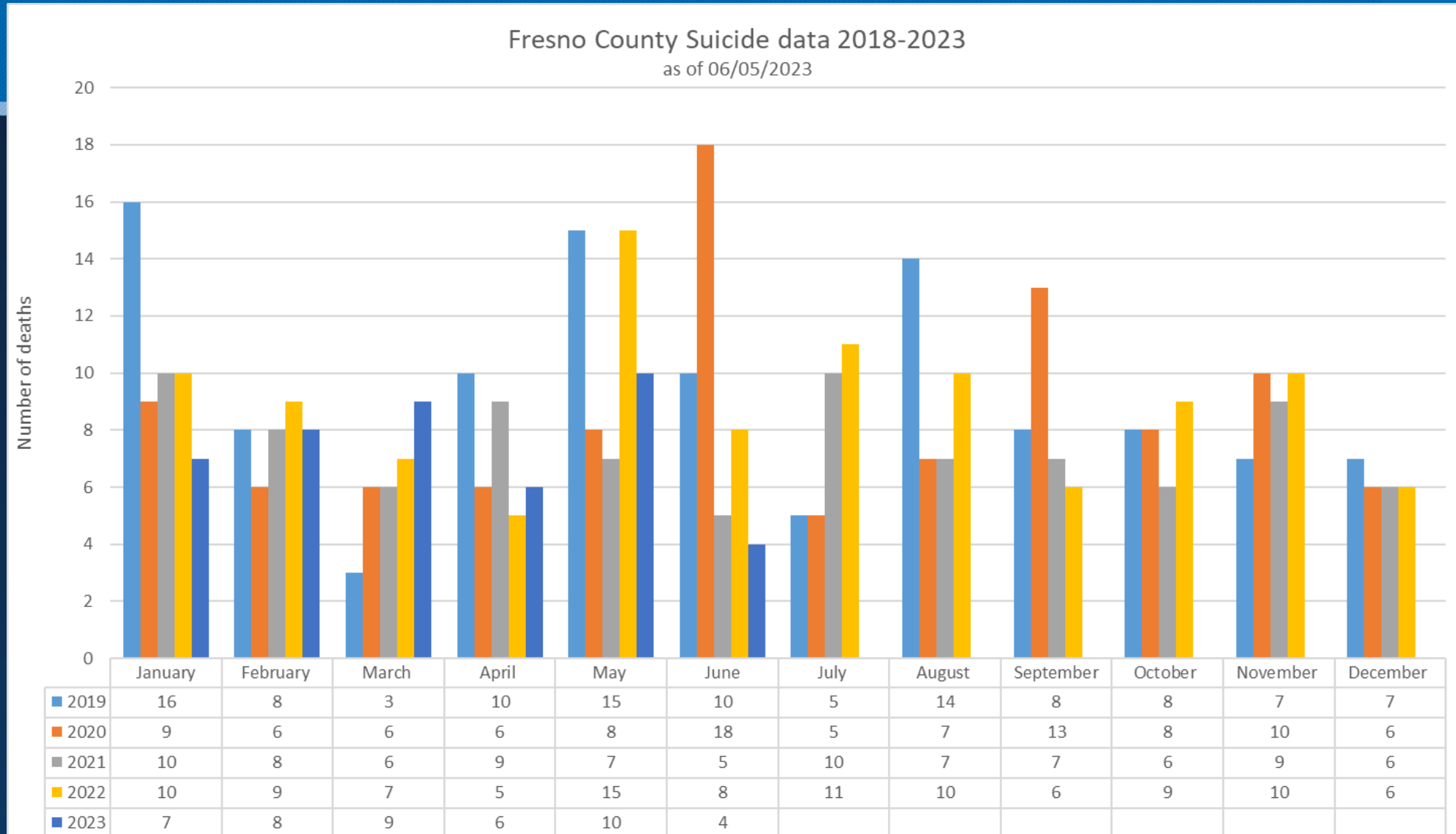


Legislative Updates - Items of Interest

- SB 717
 - Misdemeanor Incompetent to Stand Trial
 - Court currently can grant diversion for a year, refer to treatment, or dismiss the charge
 - This bill would require:
 - Court to notify individual of their ongoing need for mental health services if the person is not receiving Court-directed services
 - Court to provide individual with information including County Behavioral Health address and phone number
 - County Behavioral Health to make contact within 48 hours of release, track outreach attempts for 60 days
 - Offer services and assist with accessing private insurance



Suicide Data



Transition to Payment Reform - Update

- Office Hours for Providers – Ongoing
- Technical Assistance from CalMHSA – Ongoing
- Training for new process for claims submission to be launched
- Monitoring volume of services is the priority for August and September



Transition to Smart Care - Update

- We are LIVE in the new Electronic Health Record
- As expected, it is a steep learning curve for many
- Workflow changes and adjustments are ongoing
- All participating counties are contributing information and ideas for EHR enhancements and updates



Children's Services Update - Air Fresno

Successes and Challenges

- Summary of Challenges:
 - Transition to a model that includes more field-based care ... logistics, clinical paradigm shifts for clinical team members
 - Treatment room capacity for in-office services
 - Sound issues
 - Parking



Children's Services Update - Air Fresno

Successes and Challenges

- Summary of Successes of Air Fresno:
 - Passed State Certification
 - Identified person-served designated parking stalls (3 medical, 5 clinical) – current work in progress
 - Addition of 3 treatment rooms/offices
 - Increase in community-based services – reduced barriers to care by team members traveling to provide services to persons served in the home, school, and community
 - Modifications to treatment rooms (noise reduction paneling, installation of white noise machines)
 - Addition of printed footprints on the floor for directional flow from the reception to treatment rooms/foot traffic
 - A total of 124 filled positions located at Air Fresno



Facilities Updates - Olive Campus

- Architectural drawings completed several months ago
 - Separate entrances for adults and youth
 - Common childcare area for persons served access during treatment sessions
 - Common staff areas
 - Adequate parking
- Public Works and Planning is the lead department for the procurement of the contractor for construction – that is out for response now
- Earliest occupancy is likely in the end of 2025



Family Urgent Response System (FURS) Program

- In 2019, California established the FURS program through the enactment of Senate Bill (SB) 80, which was later amended by Assembly Bill (AB) 79; this legislation required the state and counties to establish FURS for current and former foster children and youth and their caregivers.
- FURS is a coordinated statewide, regional, and county-level system designed to provide collaborative and timely state-level phone-based response and county-level in-home, in-person mobile response during situations of instability, to preserve the relationship of the caregiver and the child or youth.



Family Urgent Response System (FURS) Program

- Families call, text, or email State Hotline for assistance The FURS Statewide Hotline contract agreement term is February 1, 2021 through January 31, 2024.
 - Last available state report indicated 4,252 calls came into the FURS Statewide hotline between March 1, 2021 and June 30, 2022 (1,429 caregivers and 756 current and former foster youth)
 - Disposition of calls:
 - 39% Stabilized without referral
 - 25% Declined or disconnected
 - 23% Referred to mobile response
 - 13% Referred to other services
 - Fresno had 64 calls with 17 referred to mobile response



Family Urgent Response System (FURS) Program

- Mobile Response Services:
 - Warm handoff from state FURS hotline to Fresno County's contracted Mobile Response & Stabilization team is made
 - Fresno County contracted provider is Kings View
 - Provides 24/7 mobile responses for current and former foster youth
 - Assists families with in-home de-escalation, stabilization, conflict resolution by trauma informed staff
 - Provides ongoing support services and resources beyond initial mobile response
- Funded by State FURS allocation and Mental Health Realignment funds



Goals of the FURS Program

- Provide current and former foster youth and caregivers with immediate, trauma-informed support when they need it
- Prevent placement changes
- Preserve relationship between the child or youth and their caregiver
- Provide a trauma-informed alternative for families who previously resorted to calling 911 or law enforcement
- Reduce hospitalizations, law enforcement contacts, and placement in out-of-home facilities
- Promote stability for youth in foster care



FURS Program Data

- Reporting Period: July 1, 2022 - April 30, 2023
 - Budget: \$429,908.00
 - Actual: \$287,079.33
- Number of FURS Mobile Response Calls: 18
 - Breakdown by caller identity:
 - 8 Foster Parents
 - 4 Social Workers
 - 3 Caregivers
 - 2 STRTP Staff
 - 1 Parent
 - Average Age of Youth: 14 years old
 - 13 out of the 18 situations were stabilized by FURS team



FURS Outreach

- FURS Outreach Presentations Completed:
 - FCSS Foster & Homeless Executive Advisory Committee Meeting
 - Fresno County Foster Care Standards and Oversight Committee
 - Fresno County Superintendent of Schools
 - DBH Contracts Joint Vendor Meeting
 - STRTP Joint Vendor Meeting
 - Child Welfare Mental Health Vendor Meeting
 - DSS Let's Talk Event
- DSS Team is working on FURS magnets and pamphlets for distribution to Youth and Families and STRTPs
 - There is no line-item budget for outreach and marketing in the contract; unexpended funds are currently being used to pay for this function
 - The State FURS program has their own marketing campaign and materials that they have been distributing, and DSS recently used State FURS funding to have official State FURS materials printed for distribution by DSS, Probation, DBH, and Kings View.



FURS Future Plans

- Contract End Date: June 30, 2027
- Continued outreach to Foster Youth, families and adjacent programs.
 - Kings View is working on coordinating in-house FURS presentations with each STRTP
 - DSS continues to take lead to educate youth and families
 - Probation informing youth and families in their system of care
- Funding structure review
- County departments will continue attending State FURS TA calls to stay up-to-date on guidance to increase FURS utilization and success
 - DBH, DSS, and Probation meet monthly along with Kings View to coordinate and enhance the program



THANK YOU



Department of
Behavioral Health