

County of Fresno

ADVISORY BOARDS AND COMMISSIONS

FRESNO COUNTY BEHAVIORAL HEALTH BOARD

Wednesday, **June 21,** 2023 at 3:30pm 1925 E. Dakota Fresno, CA 93726

Minutes

MEMBERS PRESENT	DEPARTMENT OF BEHAVIORAL HEALTH	MEMBERS OF THE PUBLIC
Brooke Frost	Susan Holt, <i>Director</i>	Amber Molina
Manuel Piceno	Tina Young	Ana Monreal
MaryLou Brauti-Minkler	Jeannette Dominguez	Fausto Novello
Carolyn Evans		Dalila Jimenez Trejo
Debbie Xiong		Marcos Lombera
David Thorne		Avneet Khinda
Yolanda Cruz		Jessica Underwood
Elizabeth Kus		LeAnn Skorohod
Alan Faulks		Dawn Evans
		Walker Stevens
MEMBERS ABSENT		Silvio Manno
		Jazmine Rocha
		Paul Cumming
BOARD OF SUPERVISORS		Marcos Gonzalez
Sal Quintero, Supervisor – Absent		

I. Welcome

Behavioral Health Board (BHB) Chair, Brooke Frost called the meeting to order at 3:32 PM All BHB members introduced themselves and welcomed the newly appointed BHB member, Elizabeth Kus. Elizabeth then proceeded to give a brief introduction of herself.

II. Approval of Minutes from May 17th, 2023

Approval of the May draft minutes was postponed for the July meeting upon distribution and review

III. Department of Behavioral Health (DBH) Update; Director, Susan Holt

A. General Updates; DBH Events, Board of Supervisor (BOS) Agenda Items and Legislation

Director Susan Holt began the Department Update presentation by recognizing the following for the month of June:

- LGBTQ Pride Month
- Juneteenth
- Men's Health Month
- Graduations
- Father's Day

- Professional Wellness Month
- World Refugee Day
- PTSD Awareness Day
- Caribbean -American Heritage Month
- World Infertility Awareness Month

BOS Agenda Items of Note

June 20^{th} – "Mega Board Agenda" Item Day with a lot more to come from payment reform

July 18th - Amended agreement with the Lodge reflecting added funds

- Narcotic treatment program for persons incarcerated in the Fresno County jail

<u>Legislative Items of Interest</u>

SB 326 REFORM (transform Mental Health Services Act MHSA)

- Expand services to include treatment of SUD and rename the MHSA to Behavioral Health Services Act
- Provide more resources
- With increased accountability for outcomes through an equity lens

AB531 General obligation bond

- Will be on March Ballot
- Single largest expansion of CA continuum of BH treatment and residential settings
- Create new dedicated housing for individuals with behavioral health needs that are homeless as well as dedicated service for Veterans.
- Allowing a safe place to stabilize and heal for those experiencing behavioral health conditions

<u>Suicide Data</u> (obtained through the Coroner's Office)

Ten persons died by suicide

<u>Transition to Payment Reform - Update</u>

- MEGA BAI approved
- Office hours (a forum opportunity for providers to learn of real time info and updates) will continue after the July 1st "go-live"
- Clarification on County rates and their being set by the Department of Health Care Services (DHCS)

B. Report on services for Substance Use Disorder (SUD)

DBH administers the Drug Medical Organized Delivery System Adults may access SUD services by calling or going into the Urgent Care Wellness Center on Kings Canyon Blvd, and youth may access services at the Youth Wellness Center at 2719 N. Air-Fresno. Exodus Recovery maintains a 24/7 access line for the Department. Ph # 1-800-654 – 3937. DBH runs one County operated treatment provider program known as Pathways to Recovery.

Mostly all other SUD services are managed through contracted providers with continued efforts focusing on providing more access to services in the rural areas. Services available here in the metropolitan area for adults consist of residential treatment, outpatient, intensive outpatient, narcotic treatment and withdrawal management. Additional out of county services may be utilized if needed due to capacity issues, or for adolescent residential treatment, as there is not an adolescent residential treatment provider locally. That resource for Fresno County is in the Los Angeles area.

Fresno County was one of the first Counties to integrate the access line requirement when opting in with the State and the Drug Medi-Cal Organized Delivery System, approaching care from a whole person lens. 1-800-654-3937

Data was provided on the different modalities, unique admissions by calendar year / modality / age, types of requests for service and access timeliness standards.

C. Outcomes and Overview – CVRC- The Sanger Place

Sanger Place is operated by Telecare for individuals dually diagnosed, as a delayed egress facility. The facility is in Sanger, CA with a capacity of 15 adults, ages ranging from 18 – 59. There are 5 beds allotted for Central Valley Regional Center (CVRC) as needed. Average length of stay is approximately 20 months.

DBH does not provide direct services to residents or fund the treatment, but DBH is obligated to make sure that the facility meets the standard of care as a Mental Health Rehabilitation Center. Therefore, DBH holds a revenue agreement with the CVRC to provide clinical review of SMI by a licensed mental health professional who collaborates with the Regional Center and their area of expertise in intellectual and developmental disabilities.

Although DBH does not provide the mental health treatment at the Sanger Place, because that is funded through the placing agency, it has been recognized that there is ample opportunity to integrate developmental and intellectual disabilities within the healthcare system. Crisis Intervention Team training was paused due to COVID. The Department will be working toward resuming training and including response to individuals with intellectual and developmental delays.

BHB Member expressed concern and would like to see more appropriate collaboration to serve individuals with co-occurring needs of mental health and intellectual and developmental delay.

IV. Public Comment

A member of the public from Exodus Recovery made a comment regarding the rates given by the state, with mentioning that Exodus Recovery operates out of multiple counties and that their residential program in Los Angeles received the lowest rates of all locations where they provide services.

V. Old Business

VI. New Business

A. Discussion and Approval of Behavioral Health Board (BHB) Annual Report to the BOS

Prior to submitting the Final Report as an agenda item to the BOS, the following edits will be made:

- On front cover fill in the date
- Appendix 1 Behavioral Health Board members, add newly appointed member name, Elizabeth Kus
- Within Appendix 3- Committee Reports, add the name Debbie Xiong as Co-Chair of the SUD Committee

Motion - Member Debbie Xiong

To approve the Annual Report to the BOS after the three edits mentioned are completed

Second - Manuel Piceno

Discussion – A compliment and thank you given to Chair Brooke Frost on completing report **Vote** – 9 Ayes, 0 Nays, 0 abstain

Motion to Approve Annual Report Passes

Jeannette will begin working on getting the report on calendar as an agenda item with the BOS.

B. AB 283 Mental Health Services Oversight and Accountability Commission (MHSOAC) Update

BHB Chair received approval from the BHB Executive committee on June $5^{\rm th}$, 2023 to appear in Sacramento representing the Fresno County Behavioral Health Board in support of AB 283, to have geographic representation from all regions in the State, including the Central Valley. Prior to departing to Sacramento, BHB Chair discovered AB 283 was moved to a consent item and there was no need attend. She mentioned that the language has it listed as only a recommendation to the Governor.

C. BHB June Site Visit Report - Youth Leadership Institute (YLI)

A virtual site visit was completed on June 2nd by the Behavioral Health Board with the Youth Leadership Institute (YLI). YLI program aims to provides prevention services for youth with activities and prevention efforts and by establishing cohorts at schools and community sites for prevention work of the following three identified categories:

- Marijuana
- Alcohol
- Prescription drugs

Success is measured through a youth development survey that measures outcomes and experiences. The most recent survey results were not available. Some challenges they are faced with are reserving space for the program from school districts and schools realizing the importance of using the reports for the 5-year strategic plan from the State. However, progress has been made with some of the school districts

The BHB recommends that the Department support the program by providing a letter of support for them to have available to give to the schools that are reluctant to allow the program to engage.

The Proposed virtual July site visit is with the Family Urgent Response System (FURS), Kingsview

IX. Subcommittee Updates

- Adult Services Committee
 - o June 5th meeting heard from the DBH Master Leasing Program
 - o Meets on August 7th and would like to invite Crestwood Healing Center to present
- Childrens Services Committee
 - Meets tomorrow June 22nd and will hear about the DBH youth eating disorder services
- Forensics Committee
 - o Received a CalAIM overview at their June 12th meeting
- Substance Use Disorder Committee
 - On June 8th staff from MedMark and Bay Area Addiction Research and Treatment (BAART) program, that treat individuals with opiate addiction, gave a presentation on Medication Assisted Treatment
 - September 14th the Committee will receive information about Bridge Services from SUD Navigators from hospital Emergency Departments

XI. Public Comment

None received

XII. Adjournment

5:05 PM

This meeting is open to the public under the Ralph M. Brown Act.



Behavioral Health Board Department Update

Fresno County Department of Behavioral Health



Find Mental Health Support



June 21, 2023



Our Mission, Vision and Goals

Vision:

Health and well-being for our community

Mission:

 DBH, in partnership with our diverse community, is dedicated to providing quality culturally responsive behavioral health services to promote wellness, recovery and resiliency for individuals and families in our community

Goals - Quadruple Aim:

- Delivery quality care
- Maximize resources while focusing on efficiency
- Provide an excellent care experience
- Promote workforce well-being



Land Acknowledgement

The Fresno County Department of Behavioral Health acknowledges that we are on the traditional territory of several nations including the Yokuts, Western Mono/Monache, Eastern Mono/Monache, Numu (Northern Paiute), Ohlone (Amah Mutsun), and Salinan.



June Acknowledgments

- LGBTQ Pride Month
- Juneteenth
- Men's Health Month
- Graduations
- Father's Day
- Professional Wellness Month
- World Refugee Day
- PTSD Awareness Day
- Caribbean-American Heritage Month
- World Infertility Awareness Month



Contracts/Board Agenda - Select items of note

- June 20th
 - "MEGA Board Agenda" Item Day

- July 18th
 - Amendment to the Lodge to add funds pursuant to Mental Health Services Oversight and Authority Commission action
 - Narcotic Treatment Program for persons incarcerated in Fresno County Jail



Legislative Updates - Items of Interest

- SB 326: REFORM After nearly 20 years, this bill would modernize and reform the Mental Health Services Act (MHSA), which was passed as Proposition 63 by voters in 2004.
 - Expand services to include treatment for those with substance use disorders - in addition to care for the most seriously mentally ill
 - "Provides more resources" for housing and workforce, and continues community support for prevention, early intervention, and innovative pilot programs
 - All with new and increased accountability for outcomes and through an equity lens

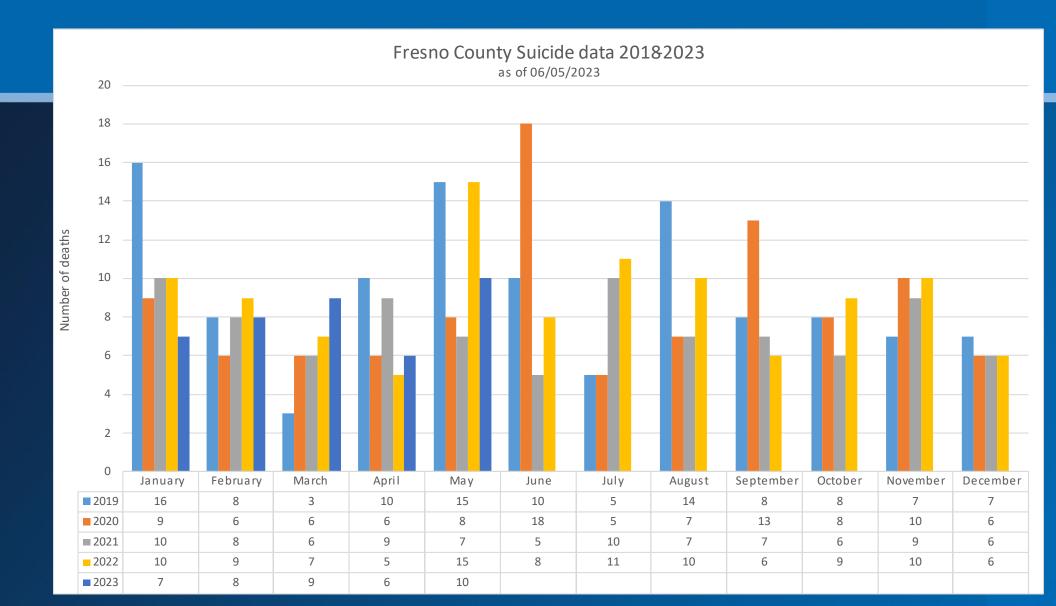


Legislative Updates - Items of Interest

- AB 531: BUILD \$4.68 billion general obligation bond to build 10,000 new clinic beds and homes that would be on the March 2024 ballot REBRANDS the Act as Behavioral Health Services Act
 - Single largest expansion of California's continuum of behavioral health treatment and residential settings
 - Create new, dedicated housing for people experiencing homelessness who have behavioral health needs, with a dedicated investment to serve veterans,
 - allowing Californians experiencing behavioral health conditions to have a place to stay while safely stabilizing and healing



Suicide Data



Transition to Payment Reform - Update

- MEGA BAI approved yesterday
- Office Hours continuing after "go-live"
- Clarification on County rates as set by DHCS



Contracts with Telecare to provide services at Sanger Place to dually diagnosed individuals

- Memorandum of Understanding (MOU) between DBH, CVRC, and other Regional Centers to refer individuals to "Sanger Place"
- Beds are shared among Tri-Counties Regional Center, Kern County Regional Center, and CVRC.
 Others included in the list below may refer through CVRC:

TCRC	Tri-Counties Regional Center
CVRC	Central Valley Regional Center
KRC	Kern County Regional Center
ACRC	Alta California Regional Center
GGRC	Golden Gate Regional Center
SARC	San Andreas Regional Center
SGRC	San Gabriel/Pamona Regional Center
RCEB	Regional Center of the East Bay



Contracts with Telecare to provide services at Sanger Place to dually diagnosed individuals

- Sanger Place Mental Health Rehabilitation Center (MHRC), 24/7 Facility
 - Address: 2511 Jensen Avenue, Sanger, CA 93657
 - 15 bed capacity
 - Served 30 individuals in FY 20-21 (10 female, 20 male)
 - Served 21 individuals in FY 21-22 (9 female, 12 male)
 - Ages served: Adults 18 to 59 (average age 34)
 - CVRC has 5 beds allotted for use; Fresno County currently has 3 persons served residing at Sanger Place
- Dual diagnosis:
 - Intellectual Disability and/or Developmental Delays
 - Serious Mental Illness (SMI)



Contracts with Telecare to provide services at Sanger Place to dually diagnosed individuals

- Services Provided by Telecare at Sanger Place:
 - Collaborative treatment planning, comprehensive evaluations, medication education, psychotherapy, independent living skills, physical health treatment, applied behavior analysis, cognitive and dialectic behavior therapy, and 24-hour nursing care
 - Longer-term recovery program within a supportive, structured, and delayed egress inpatient environment designed to assist individuals prepare to move to the community and/or a lower level of care
 - Average length of stay 20 months
 - Coordination for Substance Use Disorder Services
 - Assistance with Criminal Justice Involvement Needs
 - Voluntary Services



Contracted Services: Revenue Agreement – DBH Clinical Review and URS Liaison to Sanger Place

- Board of Supervisors executed Agreement #21-354
 - September 7, 2021; 3-year contract term, with 2 renewals available
- DBH Services:
 - DBH designates a Licensed Mental Health Professional (LMHP) to serve as a Liaison to Sanger Place
 - Meets periodically with CVRC and other partner Regional Center coordinators and Sanger Place staff to discuss issues related to the management and care of individuals served at Sanger Place
 - Provides oversight, specialty consultation, review and evaluation functions and facilitate communication to an extensive network of key constituencies and consortium participants
 - o Advises Sanger Place of applicable local, state, and federal regulations and guidelines
- CVRC Services:
 - Reimburse DBH for up to a 0.25 FTE (full time equivalent) of an LMHP for liaison and consulting service



Contracted Services: Revenue Agreement – DBH Clinical Review and URS Liaison to Sanger Place

- Breakdown of Services provided by DBH LMHP/URS Liaison:
 - Utilization Management Quality Review/Referral Processing
 - Review and evaluate Referrals/Interpretive Summaries and Quarterly Reports, in collaboration with clinical supervisors at Sanger Place, to confirm that each individual meets medical necessity for placement and/or continued treatment.
 - Attend Quarterly Meetings to engage in exchange of information and enhance collaboration efforts
 - May request reports from CVRC related to length of stay, goals of ongoing treatment, etc.
 - o Provide support re: clinical care, regulations, resources, and liabilities
 - Critical Incidents Monitoring (reviewed by DBH QI & DBH Analyst)
 - Participate in clinical review forums to identify ways to modify and improve services based on analysis of critical incidents that have occurred



Department of Behavioral Health Substance Use Disorders

Access to SUD Services



Accessing SUD Services

- DBH administers the mental health and substance use disorder services for Fresno County's Medi-Cal population
 - "No Wrong Door"
 - In Person
 - Urgent Care Wellness Center
 - 4441 E Kings Canyon Rd Fresno, CA 93702
 - 559-600-9171
 - Youth Wellness Center
 - 2719 N Air Fresno Drive, Fresno, CA 93727
 - 559-600-8918
 - Any of our Contracted Programs
 - By phone
 - Call the 24/7 Access Line at 1-800-654-3937



Fresno County offers both prevention and treatment services in the SUD system of care. Services are primarily operated by contracted providers.

- 1 contracted prevention provider
- 15 contracted treatment providers
- 1 County operated treatment provider



SUD Treatment Services - Geographic Areas Served

- Outpatient and Intensive Outpatient Services offered primarily in metro Fresno
 - 1 hybrid telehealth in 3 eastern and western Fresno County communities
 - Early Intervention Services available for persons under age 21
- Residential, Withdrawal Management and NTP/OTP offered in metro Fresno



SUD Treatment Services – Out-of-County (OOC)

- Residential
 - Kern County Men and Women, Perinatal (1 provider)
 - Los Angeles County Adolescent (1 provider)
- Withdrawal Management
 - Kern County Men and Women, Perinatal (1 provider)



SUD Providers Contact Information

OUTPATIENT				
WESTCARE CALIFORNIA 611 E. Belmont Ave Fresno, CA 93701 (559) 237-3420	MENTAL HEALTH SYSTEMS/TURN BEHAVIORAL HEALTH SERVICES 2550 W Clinton Ave Building B # 128-138 Fresno, CA 93705 (559) 225-9117	PRODIGY HEALTH CARE 311 E Merced St Fowler, CA 93625 (888) 885-5580		
FRESNO NEW CONNECTIONS 4411 N Cedar Ave #108 Fresno, CA 93711 (559) 248-1548	CENTRAL CALIFORNIA RECOVERY 1204 W Shaw Ave #102 Fresno, CA 93711 (559) 681-1947	KINGS VIEW BEHAVIORAL HEALTH 1410 F St #101 Fresno, CA 93706 (559) 457-2307		
DELTA CARE 4705 N Sonora Ln Suite 113 Fresno, CA 93722 (559)276-7558	TURNING POINT OF CENTRAL CALIFORNIA – FIRST STREET CENTER 3636 N 1st St. #135 Fresno, CA 93726 (559) 225-1464	PATHWAYS TO RECOVERY 4452 E Kings Canyon Road Modular D Fresno, 93702 (559) 600-6069		
		PROMESA BEHAVIORAL HEALTH 7120 N. Marks Ave, Suite 110 Fresno, CA 93726 (559) 439-5437		

SUD Providers Contact Information (cont.)

NARCOTIC TREATMENT PROGRAMS

ADDICTION RESEARCH TREATMENT – E STREET 1235 E St Fresno, CA 93706 (559) 268-6261 AEGIS TREATMENT CENTERS (Adolescent & Adult) 3707 E Shields Ave Fresno, CA 93726 (559) 229-9040

MEDMARK TREATMENT CENTERS 1310 M St Fresno, CA 93721 (559) 264-2700

ADDICTION RESEARCH TREATMENT – VAN NESS 539 N Van Ness Fresno CA. 93728 559-266-9581 ADDICTION RESEARCH TREATMENT -CARTWRIGHT 3103 E Cartwright Ave Fresno, CA 93725 (559) 498-7100

SUD Providers Contact Information (cont.)

RESIDENTIAL SERVICES

WESTCARE CALIFORNIA 2772 S M.L.K. Jr. Blvd Fresno, CA 93706 (5(559) 265-4800	MENTAL HEALTH SYSTEMS/TURN BEHAVIORAL HEALTH SERVICES – FRESNO FIRST 2550 W Clinton Ave Fresno, CA 93705 (559) 365-9665 or (559) 264-7521	COMPREHENSIVE ADDICTION PROGRAM 2445 W Whitesbridge Ave Fresno CA, 93706 (559) 264-5096
WESTCARE CALIFORNIA – BAKERSFIELD 2901 South H Street Bakersfield, Ca 93304 (661) 398-4303	TURNING POINT OF CENTRAL CALIFORNIA – QUEST HOUSE 2731 W Olive Ave Fresno, CA 93728 (559) 233-5096	TARZANA TREATMENT CENTERS (Adolescent) 44447 N. 10th Street West Bldg. C Lancaster, CA 93534 800-996-1051 or 661-726-2630
FRESNO COUNTY HISPANIC COMMISSION – NUESTRA CASA * 1414 W Kearney Blvd Fresno, CA 93706 (559) 485-0501	*Temporarily not accepting new admissions	

SUD Providers Contact Information

WITHDRAWAL MANAGEMENT			
WESTCARE CALIFORNIA 2772 S M.L.K. Jr. Blvd Fresno, CA 93706 (559) 265-4800	BAKERSFIELD RECOVERY SERVICES (MEN) 600 Bernard St. Bakersfield, CA 93305 (661) 325-1817	MENTAL HEALTH SYSTEMS/TURN BEHAVIORAL HEALTH SERVICES 2550 W Clinton Ave Fresno, CA 93705 (559) 365-9665 or (559) 264-7521	
	BAKERSFIELD RECOVERY SERVICES (WOMEN) 2000 Baker Street Bakersfield 93305 (661) 325-1817	COMPREHENSIVE ADDICTION PROGRAMS 2445 W Whitesbridge Ave Fresno CA, 93706 (559) 264-5096	

RECOVERY RESIDENCES			
WESTCARE CALIFORNIA (MEN) 1388 & 1398 E. Bulldog Ln Fresno CA, 93710 (559) 265-4800	TURNING POINT OF CENTRAL CALIFORNIA 2369 S G St Fresno, CA 93721 (559) 233-0515 Ext. 5200 and 5210	MENTAL HEALTH SYSTEMS/TURN BEHAVIORAL HEALTH SERVICES 2550 W Clinton Ave Fresno, CA 93705 (559) 365-9665 or (559) 264-7521	
WESTCARE CALIFORNIA (WOMEN) 4605 E. Liberty Ave Fresno CA, 93706 (559) 265-4800			

Fresno County SUD System of Care Available Treatment Services							
		Fresno County Providers		Out-of-County Providers			
Modality	ASAM LOC	Adult Men	Adult Women	Adolescent	Adult Men	Adult Women	Adolescent
Outpatient	1.0	X	Χ	X			
Intensive Outpatient	2.1	X	Χ				
Residential	3.1	X	X		X	X	X
Residential - Perinatal	3.1		Χ			Χ	
Residential	3.5	X	Χ		X	X	X
Residential – Perinatal	3.5		Χ			Χ	
Withdrawal Management	3.2 WM	X	Χ		X	X	
NTP/OTP	OTP/NTP	X	Χ	X			
MAT	N/A	X	X	X			
Telehealth	N/A	X	X	X			
Recovery Services	N/A	X	X	X			
Recovery Residences	N/A	Χ	Χ				



Eligibility for Services

- DBH primarily serves persons served with Medi-Cal
 - Persons served must reside in Fresno County
 - DBH cannot serve persons served who have Medi-Cal through another county
- DBH has limited funds available to serve persons served with no other health care coverage
 - Cover the same services available under Medi-Cal
 - Same standard of care
- Persons served must be at least 12 years of age



Accessing SUD Services

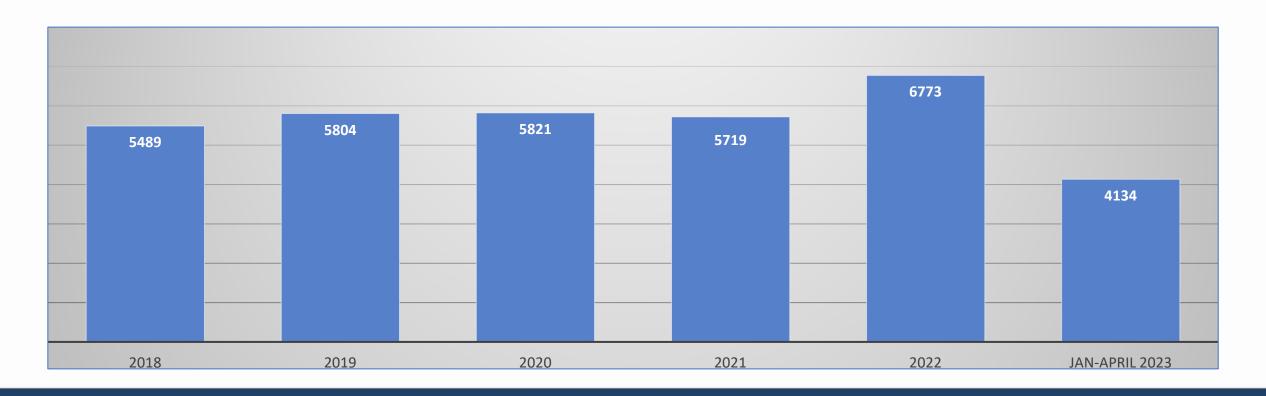
- Programs prioritize screening individuals to determine appropriate level of care required for specific needs
- Care coordination plays a crucial role in assisting individuals in accessing the appropriate level of care and program, ensuring they receive the necessary support
- Establishing strong connections between agencies and organizations is essential in linking them with Substance Use Disorder (SUD) providers
- Building relationships with SUD providers is important, and DBH staff can facilitate introductions between agencies and providers
- DBH Access Line also offers mental health (MH) services, providing a comprehensive range of support
- Release of information (ROI) process and promoting effective sharing of information across programs and agencies is vital

SUD Timeliness Standards

Type of Request	Access Standard
Urgent	Within 48 hrs from date of request
Outpatient	Within 10 business days
Residential & Withdrawal Management	Within 10 business days
OTP/NTP	Within 3 business days

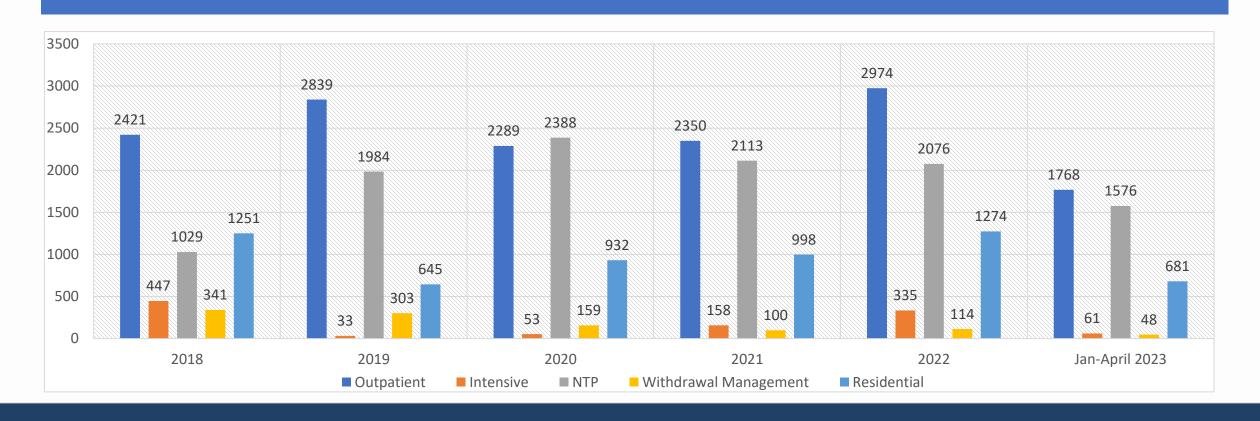


UNIQUE ADMISSIONS BY CALENDAR YEAR





UNIQUE ADMISSIONS BY MODALITY





UNIQUE ADMISSIONS AGE OF PERSONS SERVED





Workforce Updates

- Outpatient providers report general stability in recruitment and retaining counselors and licensed staff.
- Expansion of case management and early intervention services has increased the demand for counselors who serve youth.
- Hard to recruit and retain employees that work with at risk youth in juvenile facilities. Problems are low pay and difficulty of the environment.
- Residential service providers have challenges with hiring and retaining licensed, experienced staff for 24/7 residential sites.
 - Employment candidates seek more traditional work hours.
- Employees routinely seek better employment opportunities which leaves vacancies of counselors and LPHAs.
 - Certified counselor positions and licensed staff are especially difficult to hire due to shortage of eligible candidates.
- Finding candidates experienced with SUD and our target populations can also be challenging.



THANK YOU

