



### FRESNO COUNTY BEHAVIORAL HEALTH BOARD

Wednesday, **March 20<sup>th</sup>**, 2024 at 3:30pm

1925 E. Dakota Fresno, CA 93726

### Minutes

<u>MEMBERS PRESENT</u>	<u>DEPARTMENT OF BEHAVIORAL HEALTH</u>	<u>MEMBERS OF THE PUBLIC</u>
Brooke Frost Manuel Piceno MaryLou Brauti-Minkler Carolyn Evans Debbie Xiong Alan Faulks David Thorne Angel Lopez	Susan Holt, <i>Director</i> Tina Young Dang Xiong Ahmad Bahrami Jeannette Dominguez	Jessica Underwood David Tan Gage Nishi Jacqueline Duenas Tony Leyva Fidel Garibay Jacqui Cavallaro Joe Olivares Adriana Zaragoza Sylvia Rios Chrisitna Long Jessica Heredia
<u>MEMBERS ABSENT</u> Elizabeth Kus		
<u>BOARD OF SUPERVISORS</u> Sal Quintero, <i>Supervisor</i> – Absent		

#### I. Welcome

Behavioral Health Board (BHB) Chair, Brooke Frost called the meeting to order at 3:33 PM

#### II. Approval of February 21<sup>st</sup>, 2024 Behavioral Health Board (BHB) meeting minutes

The February draft minutes were accepted as written

#### III. Department of Behavioral Health (DBH) Update; *Director, Susan Holt*

##### A. General Updates: DBH Events, Board of Supervisors (BOS) items and legislation

##### Board of Supervisors Select Items of note

- March 5<sup>th</sup> – Mental Health Patient’s Rights Advocate termination of agreement
  - New provider already on board
- Reduction of the Prevention and Early Intervention (PEI) Mental Health Services Act Funding to Fresno County Superintendent of Schools, All 4 Youth, focusing on the narrowing of PEI Services.

- March 19<sup>th</sup> – One Board Agenda Item that includes numerous budget resolutions routinely used to increase appropriations related to grant funds and realignment growth

#### Legislative Updates – Items of interest

- Proposition 1 as of this morning – Yes votes: 3,552,958 - No votes: 3531,177
- Still early in the legislative process
- Some of the continued themes of interest are fentanyl, homelessness, LPS and retail theft
- State budget deficit concern - may make it difficult to pass bills that require funding
- Bill Package - “Working Together for a Safer California”, has a focus on fentanyl crisis, retail theft and community-based crime

Director Susan Holt noted that in the future months ahead, she will aim toward speaking on Bills that may be gaining traction within the legislative process, and any Bills upon request from the BHB.

#### Data on Fresno County Deaths by Suicide

- 10 individuals died by suicide in the month of February
- One number higher than the highest year of tracking for February since 2019

#### B. Department of Health Care Services (DHCS) 2022 metrics report review

The BHB asked the Department to present information from the DHCS 2022 metrics report, as they were seeking to gain a better understanding of what the report involves.

Director Susan Holt explained that while in the past the County Behavioral Health agencies Had not been prone to set performance measures, implementing it now, does align with the California commitment to transform the public behavioral health system and integrating it with the other parts of healthcare. Below are a few facts presented:

- Fresno County received their data February 2024
- Calendar year 2022 served as the first year of measurement for County Behavioral Health Plans on Medi-Cal Managed Care Accountability Set Performance Measures
- That 2022 data established the baseline for the set of measures upon which improvements are to be measured

The National Committee for Quality Assurance (NCQA) specified the following Healthcare Effectiveness Data Information Set (HEDIS) for Specialty Mental Health Plans:

- AMM – Acute (antidepressant Medication Management, Acute)
- AMM – Continuation (Antidepressant Medication Management, Chronic)
- FUH – 30\* (Follow-up After Hospitalization for Mental Illness)
- FUM – 30 (Follow-up after Emergency Room Hospitalization for Mental Illness)
- APP\* (Use of First Line Psychosocial care for Children and Adolescents on Antipsychotic)
- SAA (Adherence to Anti-Psychotic Medications for individuals with Schizophrenia)

The State established the performance standard, with the Minimum Performance Level (MPL) defined as the 50<sup>th</sup> percentile benchmark shows data for Fresno County comparing at 17%.

The NCQA also specified the HEDIS for the Drug Medi-Cal Organized Delivery System (DMC-ODS) that consisted of the following:

- FUA – 30 (follow-up after Emergency Department visit for alcohol and other drug abuse of dependence)
- OUD (Use of Pharmacotherapy for opioid use disorder)
- IET Initiation (Initiation of substance use disorder treatment)
- IET Engagement (Engagement of substance use disorder treatment)
- POD (Pharmacotherapy of opioid use disorder)

Note- . The POD measure was not included, due to very low numbers in many counties

Fresno County rated at the 40% performance level in that report. On the overall data it should be noted that the data covered all Medi-Cal eligible individuals even if they had not received services from DBH or our network of providers. Fresno County did meet compliance for follow-up from hospitalization for mental illness, pharmacotherapy for opioid use disorder. Below are the areas with identifying challenges:

- Historical difficulty establishing comprehensive data exchange processes between local emergency departments and managed care plans for care coordination
- Challenges in navigating records and info privacy rules for SUD which are different from the mental health privacy rules
- Just now in the early stages of developing pharmaceutical monitoring that includes processes for a hybrid county that delivers services with also a large network of partners that also deliver services with prescribing practices must also be monitored

This quality improvement data rating data helped identify areas of improvement needed and brings opportunity for learning, as well as introducing an opportunity to participate in a competitive application process that was recently released that if chosen, the County will participate as a triad applicant along with Anthem Blue Cross and Cal Viva Health/HealthNet in a Medi-Cal behavioral health demonstration learning collaborative that can provide some relief of sanctions through the participation.

#### **IV. Public Comment**

- BHB member hopes to see a big picture of Mental Wellness for all of society

## V. Public Hearing – MHSA Annual Update FY 2024-2025

DBH Public Behavioral Health Division Manager, Ahmad Bahrami began the presentation of the MHSA Annual Update 2024 – 2025 by mentioning that typically the Annual Update doesn't include significant changes as well as with consideration of Proposition 1 pending and the impact it could have on the MHSA Fresno County 3-year Plan. Continuing with a brief review of the MHSA process, requirements and regulations behind the public hearing and he explained the purpose of introducing transparency and how it ensures that the community and all interested stakeholders are encouraged to take part and participate in the opportunity to help drive a plan that covers the needs of the community.

Below are some of the key points and strategy presented in the 2024 – 2025 Annual Update, with a reminder that significant changes don't typically occur in the Annual Update but rather take place within The 3-Year Plan:

- Future revenues for MHSA and the impacts of Prop 1
- Conservative approach while maintaining current sustainability and capacity
- Anticipate Prevention and Early Intervention (PEI) revenues dropping in the upcoming years
- Lowered in-house Department marketing budget
- Community Supports and Services
  - Shifting all Full-Service Partnerships (FSP) to be designed with the criteria of a continuum of care within the one program
  - Currently working on protocols

Innovation Plans often carry the biggest changes in the Annual Update

- The Lodge was approved last year
- All Cove has been paused, not moving forward and in-review
- Justice involved Youth Research project was approved
- The California Reducing Disparities Project – Evolutions (CRDP) extension is currently pending

Reversion – Allowed MHSA money not used that go back to the state

- Ride Well Inn Plan Project
  - Faced COVID challenges in the beginning and no window or capacity for it available anymore based on the rule of the fiscal year money was allotted for
- Sunsetting “Handle with Care Plus Plan”
  - Low number of referrals and other factors not promising
  - Continuing evaluation of program
- All Cove funds shifting to other youth supports

Public Comment information shared

A summary of public comments received and the responses were provided. There was a total of one comment received that included text addressing quite a few pages.

Information on the Department marketing, outreach and engagement efforts was provided and mentioned currently studying possible reasons for a lot of action noticed on some.

Lastly, Ahmad mentioned that the Department will host community meetings regarding the outcomes of Prop 1.

Questions and comments from the BHB

Question: If prop 1 passes in what year would changes affect MHSA?

Answer: 2026 – 2027 new 3- year cycle

Suggestion: Chair suggested to include industry standards

**Action Item – Motion to approve supporting MHSA Annual Update FY 2024 – 2025**

Motion: BHB member Debbie Xiong motioned to support the MHSA Annual Update FY 2024-25

Second: BHB member David Thorne

Discussion: See above

Vote: Eight members in favor

Motion Passes

**VI. Public Comment**

None

**VII. Old Business**

None

**VIII. New Business**

- Site visit report for Exceptional Parents Unlimited (EPU) will be given during the April meeting

**IX. Sub-Committee Updates**

- Adult Services Committee – will meet April 8<sup>th</sup> and has invited Dreamcatchers employment program
- Children’s Services Committee – heard from EPU at their February meeting and will meet again April 25<sup>th</sup> with the Dragon Fly program invited
- Forensics Services Committee – March 1<sup>st</sup> meeting heard from the Fresno County Sheriffs Dept about reasons for the delay in the opening of the new extension of the jail and heard about Cal-Aim and justice involved individuals. Next meeting is Friday June 7<sup>th</sup>
- Substance Use Disorder Committee – Heard a presentation from West Care residential treatment. Next meeting is June 13<sup>th</sup>

**X. Public Comment**

None

**XI. Adjournment**

4:59 PM

This meeting is open to the public under the Ralph M. Brown Act