



FRESNO COUNTY BEHAVIORAL HEALTH BOARD

Wednesday, **May 17, 2023** at 3:30pm

In-Person Meeting
Health and Wellness Center
1925 E. Dakota
Fresno, CA 93726

Minutes

<u>MEMBERS PRESENT</u> Brooke Frost Carolyn Evans David Thorne Mary Lou Brauti-Minkler Manuel Piceno Debbie Xiong Yolanda Cruz Alan Faulks <u>MEMBERS ABSENT</u> <u>BOARD OF SUPERVISORS</u> Sal Quintero, <i>Supervisor</i> – Present	<u>DEPARTMENT OF BEHAVIORAL HEALTH</u> Susan Holt, <i>Director</i> Tina Young Ahmad Baharami Tina Young Jeannette Dominguez	<u>MEMBERS OF THE PUBLIC</u> Amanda Boone Amber Molina Rosa Martinez Ana Monreal Jessica Underwood Dawn Evans Elizabeth Escoto Sandra Valenton Xixmena Cuyuch Fausto Novello
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I. Welcome and Roll Call

The Chair of the Behavioral Health Board called the meeting to order at 3:33 PM

II. Approval of March 15th and April 19th, 2023 BHB meeting minutes

Motion – Debbie Xiong – Motion to approve March 15th and April 19th meeting minutes as written

Second – Carolyn Evans

Discussion – None

Vote – 9 Aye, 0 Nay, 0 Abstain

Motion Passes

III. Department of Behavioral Health (DBH) Update *Director, Susan Holt*

A. General Updates: DBH Events, Board of Supervisors Items and Legislation

Today the Department Update Presentation was not projected on screen but will resume for the next BHB meeting in June. Director, Susan Holt began the update with the following May

Acknowledgements:

- Mental Health Awareness Month / Mental Health Matters Month
- Asian American and Pacific Islander Heritage Month
- World Maternal Mental Health Day – May 3rd
- Cinco De Mayo
- National Nurse’s Day, May 6th / Nurses week, May 6th – 12th
- National Mental Health Counseling Week, May 10 – 16
- Mother’s Day, May 14th
- Student Mental Health Week, May 8 – 12
- Fentanyl Awareness Day, May 9th
- World Schizophrenia Day, May 24th
- Armed Forces Day, May 20th
- Memorial Day, May 29th

Below are just some of the activities that the Department will participate in during May. Special acknowledgement was given to DBH employee Brian Bishop for his effort and professional work completed in creating the Experiencing Hope project, that included true and powerful stories of resiliency.

- Experiencing Hope premier Event and DBH Lunch and Learn
- Mental Health Awareness and Maternal Mental Health Awareness Proclamations by BOS
- Wellness Town Hall in Huron
- Employee Appreciation Lunch for DBH staff
- NAMI Walks event

Contracts / Board Agenda Items of Note

- May 9th approval of Principal Analyst that will oversee planning, programs and services associated with opioid settlement funds
- May 23rd amendment I to Revenue Agreement 20-340 with the Department of State Hospitals to extend term for pre-trial felony jail diversion grant funding

Legislative Items of Interest

- SB 551 (Portantino) Mental Health Boards
 - If passed will bring new requirements for Board membership
 - Change of BHB composition would require two members to be employed by a local education agency
 - Also require two members to be persons 25 years of age or younger

Suicide Data

- Seven persons of death by suicide
 - Seven being the same number of persons March of this year and March of 2022

SmartCare

Information was shared about SmartCare, the new semi-statewide Electronic Health Record system. The transition in using the system began with DBH Expert Users testing the system, training will roll out in June and the system will go live July 1st. It is anticipated that the system will evolve over time with the following enhancements for:

- Clinical
- Reporting Functions
- User Interface
- Persons served access
- Information exchange and more

Payment Reform

Director, Susan Holt acknowledged the hard work endured by all providers within this transition and will continue to monitor and provide support with targeted coaching, technical assistance, and integrate feedback toward the goal of success for the entire network of care by sharing and learning best practices.

B. Report on services for transitional Age Youth (TAY)

The County operated TAY services are located at the Air Fresno building (by the airport) and is open from 8am – 5pm Monday through Friday for young adults who are experiencing serious and persistent mental health difficulties, including psychiatric trauma, crisis/hospitalizations, out-of-home placements, and arrests/detentions.

Referrals come from:

- Both County-operated and contracted childrens mental health
- Schools
- Hospitals
- Urgent Care Wellness Center
- Social Services
- Crisis Stabilization Center
- Adolescent PHF
- Adult PHF
- Primary Care Physicians
- Self and family referral
- Other agencies within fresno County

Services available for these young adults are:

- Case management and care coordination
- Group/individual psychosocial rehabilitation and skill-building activities
- Group/individual therapy
- Psychiatry and medication services
- Linkages to supports and resources within the community including housing

During the fiscal year 21 - 22 13,908 services were provided to 764 unique persons with the average cost per person being \$3,147.26

TAY services are also available in the community for 16 – 25 yrs. old through the Full-Service Partnership (FSP) provider, Central Star Behavioral Health. Referrals are received for individuals of whom experience the same conditions as the County operated facility noted above. All referrals are received by DBH to review for the following FSP criteria:

- Aging out of Juvenile Justice System
- At risk of being hospitalized
- At risk of being homeless or incarcerated
- Referred by County Behavioral Health Court

For fiscal year 21 – 22, 157 unique persons were served at a cost of \$11,557.82 per individual. Data presented shows a positive impact on young adult lives with a reduction in homelessness, psychiatric hospitalizations and arrests.

Permanent Supportive and Transitional Supportive housing in Development for TAY Population

Arthur at Blackstone – 41 units specific for eligible TAY youth who are homeless or at risk of homeless with SMI

Avalon Commons – 60 units not specifically designated for TAY population although may be if they are eligible as homeless or at risk of homeless with SMI

C. Patient's Rights Advocates Quarterly Report

Due to difficulties with the data system this report was postponed until the next quarterly report is due.

IV. Public Comment

Question: BHB member asked to receive a detailed explanation of the Huron event.

Response: DBH Public Behavioral Health Division Manager informed the BHB of the plan to do a follow-up, engaging the entire community in about six months

Question: Will providers have to use two methods of record keeping while implementing SmartCare?

Response: Providers who use the current system will use that process as usual until June 30th and starting July 1st will transition to SmartCare, as will the County, from that point forward. The provider network has time to decide whether they will opt in. Funds will be available for providers utilizing the current record management system and providers coming onboard, by

applying for transition optimization one-time funding that will support monitoring the fiscal impact.

V. Old Business

- BHB April site visit report, The Lodge

BHB member gave a brief report describing the Lodge as an Innovation Project as a 30-day stay low barrier shelter of 30 beds. It was noted that there has not been clear research studied on measurement and DBH was asked to speak on how the model can be continued.

DBH responded that the innovation project is meant to be a learning project with the 2-year extension received to study data, evaluation of specifics that make it successful in sustainable funding.

VI. New Business

A. Appoint new BHB Vice Chair

BHB member, Manuel Piceno was appointed as Vice-Chair by BHB Chair, Brooke Frost

B. May Site Visit – Sanger Place

On May 11th the BHB completed a site visit at The Sanger Place. It is a 15-bed voluntary intensive mental health and developmental disability treatment center. BHB reported that it is a modern well-maintained facility. When asked what the program would request as a wish list the program mentioned more funding and more community providers to come onboard to provide services and more acceptance in the community. The program would also like to see more education and training for crisis unit in law enforcement to learn how to identify and understand MH crisis in persons that may be developmentally disabled.

VII. Subcommittee Updates

- Adult Services Committee – Meets on Monday June 5th and will hear from DBH Master Leasing Program
- Children's Services Committee – Received information from Central Stars on April 27th, will meet again on June 22nd, presentation to be determined
- Forensics Committee – Will meet on June 12th
- Substance Use Disorder Committee – Meets on June 8th and will hear about medication assisted treatment from MedMark and BART

VIII. Public Comment

None received

IX. Adjournment

4:48 PM

Next meeting is Wednesday June 21, 2023

This meeting is open to the public under the Ralph M. Brown Act.



Behavioral Health Board Department Update

Fresno County Department of
Behavioral Health

WHERE
Hope &
HEALING
UNITE

Find
Mental
Health
Support



DEPARTMENT of
BEHAVIORAL
HEALTH

May 17, 2023



Department of
Behavioral Health

Our Mission, Vision and Goals

Vision:

- Health and well-being for our community

Mission:

- DBH, in partnership with our diverse community, is dedicated to providing quality culturally responsive behavioral health services to promote wellness, recovery and resiliency for individuals and families in our community

Goals - Quadruple Aim:

- Delivery quality care
- Maximize resources while focusing on efficiency
- Provide an excellent care experience
- Promote workforce well-being



Land Acknowledgement

The Fresno County Department of Behavioral Health acknowledges that we are on the traditional territory of several nations including the Yokuts, Western Mono/Monache, Eastern Mono/Monache, Numu (Northern Paiute), Ohlone (Amah Mutsun), and Salinan.



May Acknowledgments

- Mental Health Awareness Month / Mental Health Matters Month
- Asian American and Pacific Islander Heritage Month
- World Maternal Mental Health Day - May 3
- Cinco de Mayo - May 5
- National Nurse's Day - May 6 *and* Nurses Week May 6 - 12th
- National Mental Health Counseling Week - May 10-16
- Mother's Day - May 14
 - May 10th is recognized as Mother's Day in Mexico, El Salvador, and Guatemala and in areas with large Mexican communities in the United States
- Student Mental Health Week - May 8 - 12
- Fentanyl Awareness Day - May 9
- World Schizophrenia Day - May 24
- Armed Forces Day - May 20
- Memorial Day - May 29



Sampling of May Activities

- Experiencing Hope Premier Event and DBH Employee Lunch and Learn
- Proclamations by the Board of Supervisors - Mental Health Awareness and Maternal Mental Health Awareness
- Wellness Town Hall in Huron
- Employee Appreciation Lunch for DBH Employees
- NAMI Walks



Mental Health Awareness Month Events



The poster features a large circular logo on the left with the word "Hope" in a stylized script. The outer ring of the logo contains the text "EXPERIENCING" at the top and "STORIES OF RESILIENCY IN FRESNO COUNTY" at the bottom. A small starburst in the center of the logo says "NOW SHOWING". To the right of the logo, the text "WEDNESDAY MAY 3RD, 2023" is displayed in white on a green background. Below this, "TOWER THEATRE" and "DOORS OPEN AT 5:00 PM" are written in white on a green background. At the bottom center, there is a small circular seal of the County of Fresno and the text "Department of Behavioral Health". On the far right, there is a vertical strip showing a photograph of the Tower Theatre building at night.

EXPERIENCING

Hope

NOW SHOWING

STORIES OF RESILIENCY IN FRESNO COUNTY

WEDNESDAY
MAY 3RD, 2023

TOWER THEATRE
DOORS OPEN
AT 5:00 PM

 Department of
Behavioral Health



Department of
Behavioral Health

Upcoming Events



Saturday, May 27, 2023

Location: Woodward Park, Fresno, Ca
13 Acres Shelter, Fort Washington &
Friant entrance
7:30am-12:00pm



Department of
Behavioral Health

Coming Attractions ...

- June 3 - Pride Parade and Festival
 - See email sent by DBH Events on May 10 to express interest in attending and optional T-shirt purchase
- Tour de Recovery June 4
 - DBH will have a table at this event sponsored by TURN Behavioral Health promoting recovery across California



Contracts/Board Agenda - Select items of note

- May 9th

- Approval to add a Principal Analyst to oversee the planning, programs, and services associated with Opioid Settlement Funds
- Approval of Master Behavioral Health Workforce Participation Agreement with the California Mental Health Services Authority, for a variety of workforce, staffing, and training programs, effective April 1, 2023, through December 31, 2027, total not to exceed \$134,250

- May 23rd

- Amendment I to Revenue Agreement 20-340 with Department of State Hospitals (DS) to extend term for pre-trial felony jail diversion grant funding for an additional year through FY 2023-24 to allow DBH to continue to draw down original allocation for community-based treatment and community supervision services

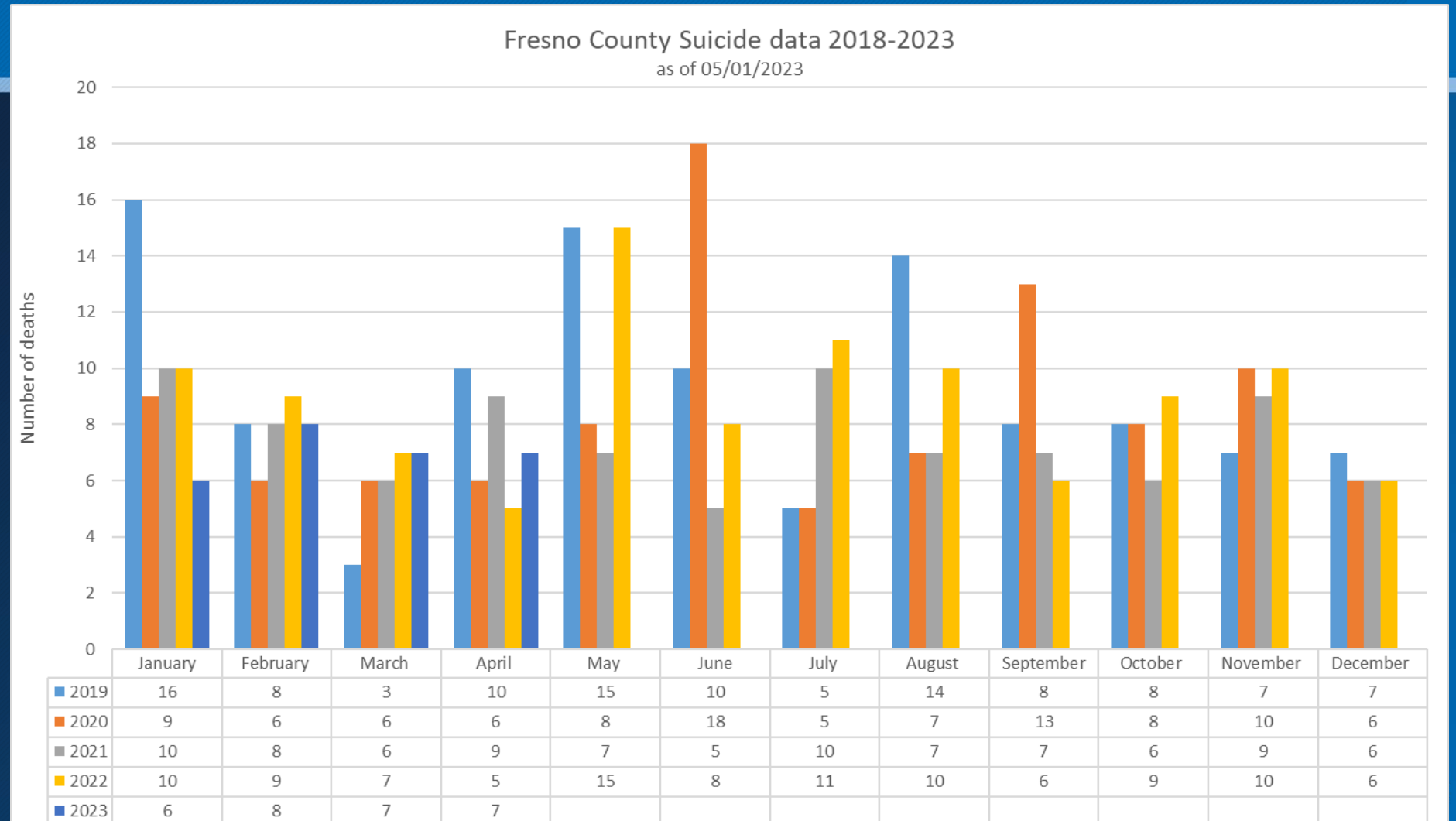


Legislative Updates - Items of Interest

- SB 551 (Portantino) Mental Health Boards
 - Would require new requirements for membership
 - For counties with 500,000 people or more
 - At least 20% of Board membership to be employed by a local educational agency
 - At least 20% of Board membership to be persons 25 years of age or younger
 - For counties between 100,00 and 500,000
 - At least one member for each category
 - For counties under 100,000 strong preference in appointing members from each category



Suicide Data



Transition to SmartCare

- DBH is joining the semi-statewide Electronic Health Record known as SmartCare
- DBH Expert Users in all areas of DBH are testing the system
- Training will rollout in June
- Expert Users will be ready to assist colleagues at Go-Live
- "Help Line" type resources will also be available at Go-Live
- Definitely bare bones EHR to start And it will evolve with enhancements over time
 - Clinical enhancements
 - Reporting functions
 - User interface
 - Persons served access
 - Information exchange
 - And more



Transition to Payment Reform - Update

- Whirlwind journey for everyone in Finance and Contracts Management AND our network of partner organizations and providers
 - “MEGA BAI” in June
- CPT (Current Procedural Terminology) transition
- Office Hours for Provider Network
- Year one goals:
 - Celebrate successes and learn – share best practices
 - Gain efficiencies in processes
 - Targeted coaching and technical assistance
 - Integrate feedback, adjust as needed, plan for year two



Patients' Rights - Quarterly Report



Department of
Behavioral Health

Transition Age Youth - County-Operated Program

- Address: 2719 N Air-Fresno Drive, Fresno, CA 93727
- Hours of Operation: Monday - Friday from 8 AM - 5 PM
- Age Group: 17.5 - 23
- Target Population: Young adults ages 17-23 at enrollment with serious and persistent mental health difficulties, including psychiatric trauma, crisis/hospitalizations, out-of-home placements, arrests/detentions, etc. Many have psychotic spectrum conditions.



Transition Age Youth - County-Operated Access

Referrals come from:

- DBH Children Mental Health - County-operated and Contracted
- Schools
- Hospitals
- Urgent Care Wellness Center
- Social Services
- Crisis Stabilization Center
- Adolescent PHF
- Adult PHF
- Primary Care Physicians
- Self-referral and Family-referral
- Other agencies within Fresno County



Transition Age Youth - County-Operated Services

Services available include:

- Case management and care coordination
 - Group/individual psychosocial rehabilitation and skill-building activities
 - Group/individual therapy
 - Psychiatry and medication services
 - Linkages to supports and resources within the community
 - Connection to housing
-
- 13,908 services were provided to 764 unique persons during FY 21/22.
 - Average Cost per Person Served: \$3,147.26



Transition Age Youth - County-Operated Activities

Activities offered:

- Drop-in Center
- Group Sessions
- Field Team Engagements
- Person Served Celebrations
- Volunteer Work



Transition Age Youth Services - Contracted FSP

- Agency: Central Star Behavioral Health, Inc.
- Location: 2416 W. Shaw Avenue, Suite 114, Fresno, CA 93711
- Hours of Operation: Monday - Friday from 8 AM - 5 PM and after business hours as needed
- Provides Full-Service Partnership (FSP) services
- Age Group: 16 - 25
- Referrals are reviewed and approved by DBH
- Criteria for FSP:
 - ✓ Aging out of Juvenile Justice System
 - ✓ At risk of being hospitalized
 - ✓ At risk of being homeless or incarcerated
 - ✓ Referred by County Behavioral Health Court



Transition Age Youth Services - Contracted FSP

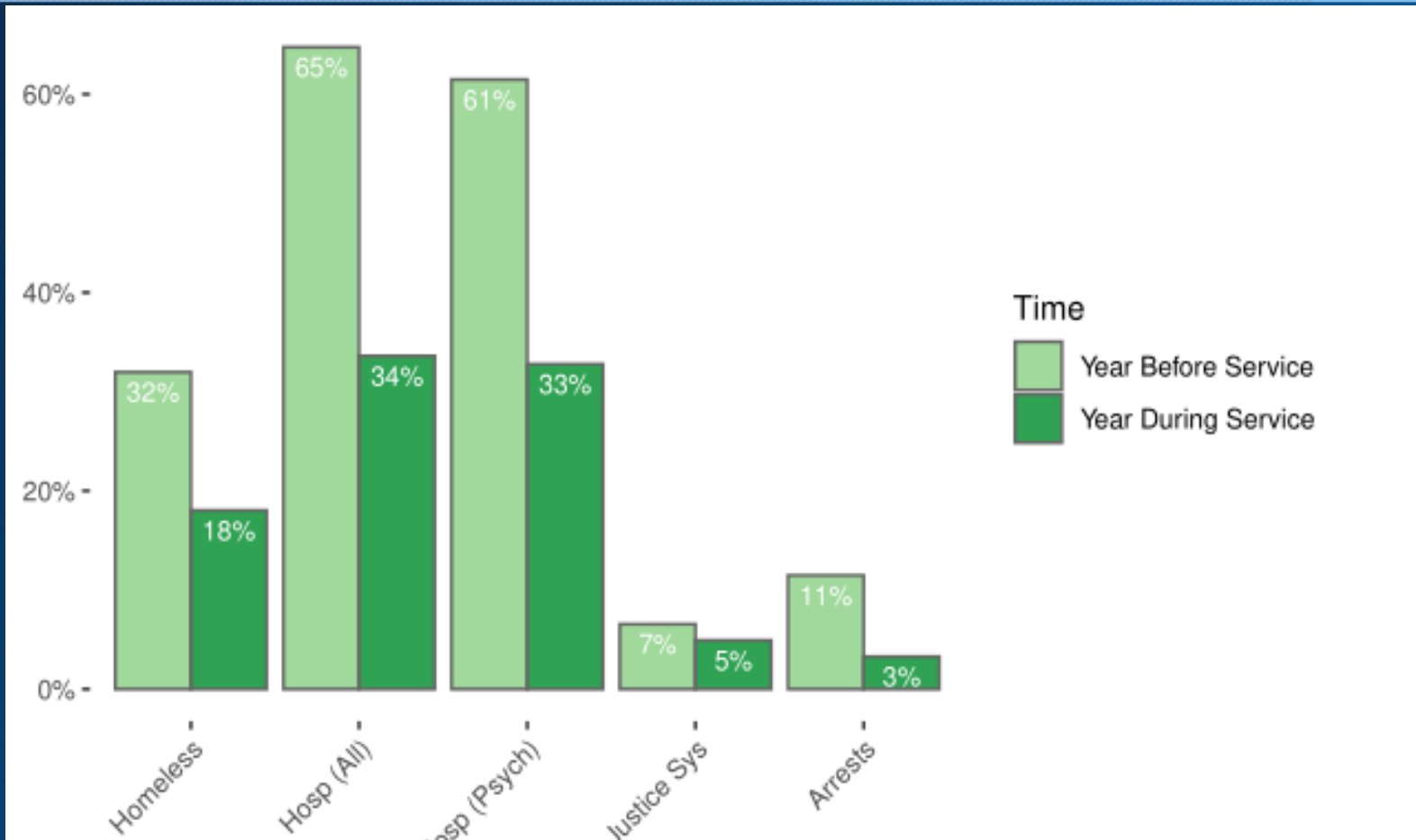
- Number of Unique Persons Served FY 21-22: 157
- Cost per individual: \$11,557.82
- Target Population: Young adults ages 16 thru 25 at enrollment with serious and persistent mental health difficulties, including histories with one or more human service sectors and life events including psychiatric trauma, crisis/hospitalizations, out-of-home placements, arrests/detentions, etc. Many have psychotic spectrum conditions.



Transition Age Youth Services - Contracted FSP

Reductions in:

- Homelessness
- Psychiatric hospitalizations
- Arrests
- Average number of incarcerations both in the year prior to enrollment and per year of enrollment was extremely low (0.07 and 0.08), reducing the program's ability to detect a statistically significant change.
- Central Star's TAY FSP team's positive impacts on young adult lives are evident in these impressive outcomes.



Permanent Supportive and Transitional Supportive Housing In Development

- Arthur at Blackstone
 - 41 Units
 - Homeless, At Risk of Homeless with SMI & are Transitional Age Youth are Eligible
 - NPLH Award - \$3,499,685
- Avalon Commons
 - 60 Units
 - Homeless, At Risk of Homeless with SMI are Eligible
 - NPLH Award - \$2,183,000



THANK YOU



Department of
Behavioral Health