

MENTAL HEALTH FIRST AID

WHEN
March 3, 2026
8am - 5pm

WHERE
DSS Building 5, Hope Plaza
380 W. Ashlan Avenue
Clovis, CA. 93612



DBH is offering a Mental Health First Aid course on **March 3, 2026**. An invitation has been extended to **fifteen (15)** interested individuals that would like to attend this upcoming training. Please RSVP below, seating is limited. **

****Anyone that does not register via the Eventbrite RSVP Link will not be admitted into to the training.**

REGISTER HERE!

**DBH INVITES
15 ATTENDEES**

**RSVP DEADLINE:
February 27 2026**

WHAT IS MHFA?
Mental Health First Aid is an 8-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis.

**WHO SHOULD TAKE
THE COURSE?**
Mental Health First Aid is intended for all people and organizations that make up the fabric of a community.

MHFA VISION:
Our vision is for Mental Health First Aid to become as common as CPR and First Aid training. That means having regular courses offered in every community across the US.