

# MENTAL HEALTH FIRST AID

**WHEN**  
**July 15, 2026**  
**8am - 5pm**

**WHERE**  
**Palm Building**, 3rd Floor Training Room  
5260 N. Palm Avenue  
Fresno, CA. 93704



DBH is offering a Mental Health First Aid course on **July 15, 2026**. An invitation has been extended to **fifteen (15)** interested individuals that would like to attend this upcoming training. Please RSVP below, seating is limited. \*\*

**\*\*Anyone that does not register via the Eventbrite RSVP Link will not be admitted into to the training.**

**REGISTER HERE!**

**DBH INVITES  
15 ATTENDEES**

**RSVP DEADLINE:  
July 10, 2026**

**WHAT IS MHFA?**  
Mental Health First Aid is an 8-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis.

**WHO SHOULD TAKE  
THE COURSE?**  
Mental Health First Aid is intended for all people and organizations that make up the fabric of a community.

**MHFA VISION:**  
Our vision is for Mental Health First Aid to become as common as CPR and First Aid training. That means having regular courses offered in every community across the US.