

MENTAL HEALTH FIRST AID

WHEN

November 17, 2026
8am - 5pm

WHERE

DBH Palm Building,
3rd Floor Training Room
5260 N. Palm Avenue



DBH is offering a Mental Health First Aid course in **November 2026**. An invitation has been extended to **fifteen (15)** interested individuals that would like to attend this upcoming training. Please RSVP below, seating is limited. **

****Anyone that does not register via the Eventbrite RSVP Link will not be admitted into to the training.**

REGISTER HERE!

**DBH INVITES
15 ATTENDEES**

**RSVP DEADLINE:
November 13, 2026**

WHAT IS MHFA?

Mental Health First Aid is an 8-hour course that gives people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis.

WHO SHOULD TAKE THE COURSE?

Mental Health First Aid is intended for all people and organizations that make up the fabric of a community.

MHFA VISION:

Our vision is for Mental Health First Aid to become as common as CPR and First Aid training. That means having regular courses offered in every community across the US.