



UCSF Office of Opportunity
and Outreach

Asian American Mental Health: Resilience and New Directions



Thursday, May 21, 2026 1:30-3:00 PM PT



Jei Africa, PsyD
San Mateo County Health



Anna Lau, PhD
UCLA Dept of Psychology



Kao Saechao, LCSW
Asian Health Services

In celebration of AANHPI Heritage Month, webinar panelists will share their diverse expertise in research, direct clinical services, workforce development, and community perspectives to foster dialogue on the current state and future trajectories of Asian American mental health.

This webinar is supported by the UCSF Division of General Internal Medicine and Virstan Choy & Marina Lew.

Register for the webinar:

<https://tiny.ucsf.edu/ARChPanelMay2026>

For questions, email arch@ucsf.edu