



THE COUNTY OF FRESNO DEPARTMENT OF BEHAVIORAL HEALTH PRESENTS

Wellness, Hope, and Recovery in Behavioral Health

DESCRIPTION:

The Wellness, Hope, and Recovery Training is a half-day training focused on how to include these concepts in clinical practice as well as in the care provider's life. This training contributes to instilling a workplace culture that values the above principles for persons served who access services as well as for the service providers in our system of care.

Learning Objectives:

- Increase knowledge of the concepts of wellness and recovery in the behavioral health field
- Increase knowledge of why hope is important
- Defining hope and how to instill hope in others
- To develop/discover your own personal wellness

W H E N?

Tuesday, April 22, 2025

Wellness, Hope, and Recovery Training

Training: 8:30 AM - 12:00 PM

W H E R E?

1925 E. Dakota Ave., Fresno, CA

Health and Wellness Center,

Auditorium A & B

Meeting invite will be distributed to attendees via email prior to training.

W H O?

This training is for Fresno County Department of Behavioral Health MH and SUD direct service providers that are part of its System of Care.

HOW MANY?

30 attendees

RSVP

REGISTER NOW

Register for this training at:

<https://Wellness482025.eventbrite.com>

Registration closes at 5pm,

Friday 4/18/2025

For support, email:

dbhstaffdevelopment@fresnocountyca.gov