



Wellness, Hope, and Recovery in Behavioral Health

DESCRIPTION:

The Wellness, Hope, and Recovery Training is a half-day, in-person training focusing on concepts of wellness, hope, and recovery in clinical practice as well as the care provider's life. This training aims to instill a workplace culture that encourages the above wellness principles in the lives of both providers and persons served.

Learning Objectives:

- Increase knowledge of the concepts of wellness and recovery in the behavioral health field
- Increase knowledge of why hope is important
- Defining hope and how to instill hope in others
- To develop/discover your own personal wellness

WHEN?

Tuesday, April 7, 2026

Wellness, Hope, and Recovery Training

Training: **8:30AM - 12:00PM**

Location: **TBD**

Meeting invite will be distributed to attendees via email prior to training.

WHO?

This training is for Fresno County Department of Behavioral Health MH and SUD direct service providers that are part of its System of Care.

HOW MANY?

20 attendees

RSVP

REGISTER NOW

Register for this training at:

<https://Wellness472026.eventbrite.com>

Registration closes at 5pm, March 31, 2026

For support, email:

dbhstaffdevelopment@fresnocountyca.gov