Z- Codes & The Problem List

June 2023



List of **Z Codes** staff may use when completing the **Problem List** in SmartCare Service Notes and the CalAIM Assessment.

These are the approved Z codes to be used by any licensed or unlicensed staff in the Problem List section of your documentation or by clinicians in the CalAIM Assessment. Staff who are part of the client's treatment team and will be working directly with the client will need to add any of these Social Determinants of Health Codes (Z-Codes) as they apply to the client's conditions/problems. As the problems resolve, staff are to end the codes in the problem list.

ICD Code	Z-Code Description
Z55.0	Illiteracy and Low-Level Literacy
Z55.1	Schooling Unavailable and Unattainable
Z55.2	Failed School Examinations
Z55.3	Underachievement in School
Z55.4	Educational Maladjustment & Discord w/Teachers & Classmates
Z55.5	Less than a Highschool Diploma
Z55.8	Other Problems Related to Education and Literacy
Z55.9*	Academic or Educational Problems
Z55.9	Problems Related to Education and Literacy Unspecified
Z56.0	Unemployment Unspecified
Z56.1	Change of Job
Z56.2	Threat of Job Loss
Z56.3	Stressful Work Schedule
Z56.4	Discord With Boss and Workmates
Z56.5	Uncongenial Work Environment
Z56.6	Other Physical and Mental Strain related to work
Z56.81	Sexual Harassment on the Job
Z56.89	Other Problems Related to Employment
Z56.9	Unspecified Problems Related to Employment
Z57.8	Occupational Exposure to other risk factors
Z57.9	Occupational exposure to unspecified risk factor
Z59.0	Homelessness
Z59.00	Homelessness Unspecified
Z59.01	Sheltered Homelessness

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Z59.02	Unsheltered Homelessness
Z59.1	Inadequate Housing
Z59.2	Discord with neighbor, lodger, or landlord
Z59.3	Problem Related to living in a Residential Institution
Z59.4	Lack of adequate food or safe drinking water
Z59.5	Extreme Poverty
Z59.6	Low Income
Z59.7	Insufficient Social Insurance or Welfare Support
Z59.8	Other Problems Related to Housing and Economic Circumstances
Z59.9	Unspecified Housing or Economic Problems
Z60.0	Phase of Life Problem
Z60.2	Problems Related to Living Alone
Z60.3	Acculturation Difficulty
Z60.4	Social Exclusion and/or Rejection
Z60.5	Target of Perceived Adverse Discrimination or Persecution
Z60.8	Other Problems Related to Social Environment
Z62.0	Inadequate Parental Supervision and Control
Z62. 1	Parental Overprotection
Z62.21	Child in Welfare Custody
Z62.22	Institutional Upbringing
Z62.6	Inappropriate Excessive Parental Pressure
Z62.810*	Personal History (Past History) of Physical Abuse in Childhood
Z62.810*	Personal History (Past History) of Sexual Abuse in Childhood
Z62.810	Personal History of Physical and Sexual Abuse in Childhood
Z62.811	Personal History of Psychological Abuse in Childhood
Z62.812	Personal History of Neglect in Childhood
Z62.819	Personal History of Unspecified Abuse in Childhood
Z62.820	Parent-Child Relational Problem
Z62.821	Parent-Adopted Child Conflict
Z62.822	Parent-Foster Child Conflict
Z62.890	Parent-Child Estrangement NEC
Z62.9	Problem Related to Upbringing
Z63.0	Relationship Distress with Spouse or Intimate Partner
Z63.1	Problems in Relationships with In-Laws

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Z63.31	Absence of Family Member Due to Military Deployment
Z63.32	Other Absence of Family Member
Z63.4*	Uncomplicated Bereavement
Z63.4	Disappearance and Death of Family Member
Z63.6	Dependent Relative Needing Care at Home
Z63.5	Disruption of Family by Separation and/or Divorce
Z63.72	Alcoholism and Drug Addiction in Family
Z63.79	Other Stressful Life Events Affecting Family and Household
Z63.8	High Expressed Emotion Level Within Family
Z63.9	Problem Related to Primary Support Group, Unspecified
Z64.0	Problems Related to Unwanted Pregnancy
Z64.1	Problems Related to Multiparity
Z64.4	Discord with Social Service Provider, Including Probation Officer, Case Manager,
	or Social Service Worker
Z65.0	Conviction in Civil or Criminal Proceedings Without Imprisonment
Z65.1	Imprisonment or Other Incarceration
Z65.2	Problems Related to Release from Prison
Z65.3	Problems Related to Other Legal Circumstances
Z65.4*	Victim of Crime
Z65.4*	Victim of Terrorism or Torture
Z65.4	Victim of Crime and Terrorism
Z65.5	Exposure to Disaster War or Other Hostilities
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^{*}Indicates (DSM 5 Code as well as an ICD-10 code)

** For Pregnant or Post-Partum Clients, Enter Z34.90 (Presentation of Pregnancy-Finding)
Post-partum means 1 year after birth.

If you have any questions, please contact one of QID's Documentation Help Lines.

MH Documentation Helpline: 868-6740 Option #5

SUD Documentation Helpline: 868-6740 Option #6