

## FRESNO COUNTY MENTAL HEALTH PLAN

## OUTCOMES REPORT- Attachment A

### PROGRAM INFORMATION:

<b>Program Title:</b>	<a href="#">Youth Empowerment Center</a>	<b>Provider:</b>	<a href="#">Westside Family Preservation Services Network (WFPSN)</a>
<b>Program Description:</b>	Our program focuses on Prevention and Early Intervention (PEI) to prevent or reduce outcomes from unaddressed mental health issues. WFPSN serves teens and young adults, ages 10 – 24, who are often experiencing significant challenges. Our job is to empower them with the tools, knowledge, and confidence to pursue the role in life that they set for themselves and to support their attainment of their unique dreams.		
<b>Age Group Served 1:</b>	<a href="#">CHILDREN</a>	<b>Dates Of Operation:</b>	<a href="#">September 2021-Present</a>
<b>Age Group Served 2:</b>	<a href="#">TAY</a>	<b>Reporting Period:</b>	<a href="#">July 1, 2021 - June 30, 2022</a>
<b>Funding Source 1:</b>	<a href="#">Prevention (MHSA)</a>	<b>Funding Source 3:</b>	
<b>Funding Source 2:</b>	<a href="#">Early Intervention (MHSA)</a>	<b>Other Funding:</b>	<a href="#">Click here to enter text.</a>

### FISCAL INFORMATION:

<b>Program Budget Amount:</b>	\$358,333.00	<b>Program Actual Amount:</b>	\$296,830.46
<b>Number of Unique Clients Served During Time Period:</b>	<a href="#">482</a>		
<b>Number of Services Rendered During Time Period:</b>	1116	(Includes referrals, activities at the centers and follow ups).	

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Actual Cost Per Client: \$615.83

### CONTRACT INFORMATION:

Program Type: Contract-Operated

Type of Program: Other, please specify below

Contract Term: September 2021-June 2022

For Other: Prevention Early Intervention

Renewal Date:

Level of Care Information Age 18 & Over: Choose an item.

Level of Care Information Age 0- 17: Choose an item.

### TARGET POPULATION INFORMATION:

Target Population: Children and youth ages (10-13), adolescents ages (14-17) and Transitional Age Youth ages (18-24) who reside in the rural westside of Fresno County in communities such as Huron, Coalinga, Kerman, Mendota, and Firebaugh.

### CORE CONCEPTS:

- **Community collaboration:** individuals, families, agencies, and businesses work together to accomplish a shared vision.
- **Cultural competence:** adopting behaviors, attitudes and policies that enable providers to work effectively in cross-cultural situations.
- **Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services:** adult clients and families of children and youth identify needs and preferences that result in the most effective services and supports.
- **Access to underserved communities:** Historically unserved and underserved communities are those groups that either have documented low levels of access and/or use of mental health services, face barriers to participation in the policy making process in public mental health, have low rates of insurance coverage for mental health care, and/or have been identified as priorities for mental health services.

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•**Integrated service experiences:** services for clients and families are seamless. Clients and families do not have to negotiate with multiple agencies and funding sources to meet their needs.

**Please select core concepts embedded in services/ program:**

*(May select more than one)*

Community collaboration

Cultural Competency

Access to underserved communities

Integrated service experiences

**Please describe how the selected concept (s) embedded:**

**Community Collaboration:** Westside Family Preservation’s Youth Empowerment Center provides services in the communities of Huron, Coalinga, Kerman, Mendota, and Firebaugh. We collaborate with Las Deltas Unified School District, Coalinga-Huron Unified School District, and Kerman Unified School District.

**Cultural Competency:** Our organization and program are dedicated to offering culturally sensitive services reflective of our population served.

We provide our services with respect and inclusion, through our dissemination of information and communication with parents. We provide services based on their language needs. In addition, our programs incorporate holidays and celebration of events to celebrate culture and diversity.

**Access to underserved communities:** The communities that we are currently serving include Huron, Coalinga, Kerman, Mendota, and Firebaugh which are rural and often underserved communities when it comes to educational and mental health services. Through our centers we create groups, activities, parent meetings and provide resource and connections to families who might be going through challenging times.

**Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services:** The Youth Empowerment Center Program is a

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Prevention & Early Intervention program that works with families as a system to prevent or reduce negative outcomes from unaddressed mental health issues in youth. Our mission is to bring vision, passion, and humanity to make a difference in the lives of children who today live in rural, farm communities on the West side of Fresno County. Through educational activities and resource connection we assist youth that might be going through a hard time. Aside from assisting to alleviate their stress, we provide tools that might help them in their future to become self-sufficient.

### PROGRAM OUTCOME & GOALS

- **Must include each of these areas/domains:** (1) Effectiveness, (2) Efficiency, (3) Access, (4) Satisfaction & Feedback Of Persons Served & Stakeholder
- **Include the following components for documenting each goal:** (1) Indicator, (2) Who Applied, (3) Time of Measure, (4) Data Source, (5) Target Goal Expectancy

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## FY 21-22 (September-June) Demographics

### Ethnicity Demographics

Hispanic	473 Youth Enrolled	98%
Asian	2 Youth Enrolled	0.004 %
Caucasian	3 Youth Enrolled	0.006%
Multicultural.	1 Youth Enrolled	0.002%
Native American.	1 Youth Enrolled	0.002%

### Age Demographics

Age 10-13 years old	215 Youth Enrolled	45%
Age 14-17 years old	154 Youth Enrolled	32%
Age 18-24 years old	87 Youth Enrolled	18%
Age <10 years old	24 Youth Enrolled	0.05%

### Gender Demographics

Female	245 Youth Enrolled	51%
Male	233 Youth Enrolled	48.6 %
Transgender	2 Youth Enrolled	.004 %

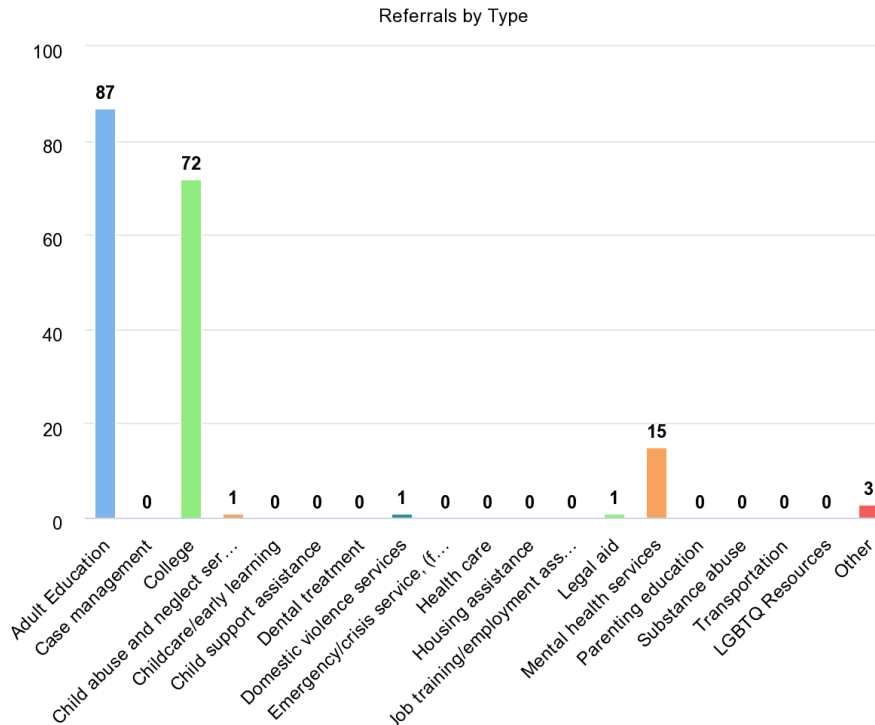
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Indicators	Goals	Domain	Activities	Performance Measures												
1.1 Number of enrolled participants	YEC Program will enroll a total of 450 youth in the first year.	Access - Enrollment	We have been doing outreach in the communities, conducting presentations at the schools as well as to stakeholders.	<p>Total Number of participants enrolled by location at the Youth Empowerment Centers.</p> <p>N= <b>483 - Achieved our Goal</b></p> <div><p>Number of Participants by Location</p><table border="1"><thead><tr><th>Location</th><th>Number of Participants</th></tr></thead><tbody><tr><td>Firebaugh</td><td>147</td></tr><tr><td>Huron</td><td>80</td></tr><tr><td>Mendota</td><td>16</td></tr><tr><td>Coalinga</td><td>115</td></tr><tr><td>Kerman</td><td>125</td></tr></tbody></table></div> <p>FYI 2021-2 has been our first fiscal year. We started with the ramping up of our program and we were able to manage and secure a space in every community. Our Mendota location was the last location to be added.</p>	Location	Number of Participants	Firebaugh	147	Huron	80	Mendota	16	Coalinga	115	Kerman	125
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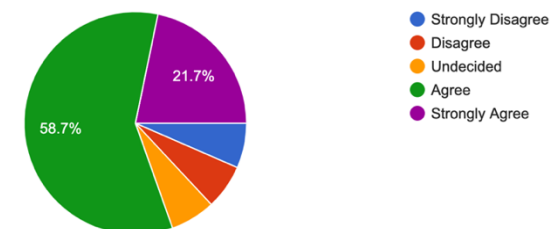
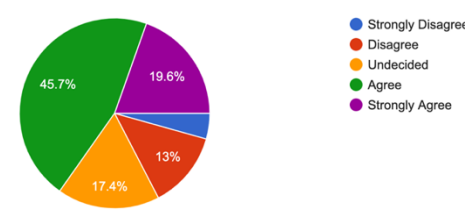
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Indicators	Goals	Domain	Activities	Performance Measures																																								
1.2 Effectiveness of program – number of referrals made.	Youth Empowerment Centers will provide 200 referrals to different services for enrolled participants.	Referrals made from all YEC locations – Effectiveness	Referrals made for participants in all YEC centers.	<div>Total number of referrals made for all sites. N= 178 - <b>Did not achieve our goal</b></div> <div><p>Referrals by Type</p><table><thead><tr><th>Referral Type</th><th>Number of Referrals</th></tr></thead><tbody><tr><td>Adult Education</td><td>87</td></tr><tr><td>Case management</td><td>0</td></tr><tr><td>College</td><td>72</td></tr><tr><td>Child abuse and neglect services</td><td>1</td></tr><tr><td>Childcare/early learning</td><td>0</td></tr><tr><td>Child support assistance</td><td>0</td></tr><tr><td>Dental treatment</td><td>0</td></tr><tr><td>Domestic violence services</td><td>1</td></tr><tr><td>Emergency/crisis services</td><td>0</td></tr><tr><td>Health care</td><td>0</td></tr><tr><td>Housing assistance</td><td>0</td></tr><tr><td>Job training/employment assistance</td><td>0</td></tr><tr><td>Legal aid</td><td>1</td></tr><tr><td>Mental health services</td><td>15</td></tr><tr><td>Parenting education</td><td>0</td></tr><tr><td>Substance abuse</td><td>0</td></tr><tr><td>Transportation</td><td>0</td></tr><tr><td>LGBTQ Resources</td><td>0</td></tr><tr><td>Other</td><td>3</td></tr></tbody></table></div> <div>The number of referrals were made from all YEC locations. Youth that were referred were youth that attend our activities and youth who are assisted with educational services. During the reporting period we expected a higher percentage of referrals for mental health services.</div>	Referral Type	Number of Referrals	Adult Education	87	Case management	0	College	72	Child abuse and neglect services	1	Childcare/early learning	0	Child support assistance	0	Dental treatment	0	Domestic violence services	1	Emergency/crisis services	0	Health care	0	Housing assistance	0	Job training/employment assistance	0	Legal aid	1	Mental health services	15	Parenting education	0	Substance abuse	0	Transportation	0	LGBTQ Resources	0	Other	3
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## FY 21-22 (September – June) Youth Satisfaction

Indicators	Goals	Domain	Activities	Performance Measures												
1.3 Youth Satisfaction-Creativity	At least 75% felt encouraged to express their creativity through the activities in the YEC program.	Satisfaction	Activities that focus on arts and crafts, sports, nutrition and fitness, mental health, social connections, and exposure to different environments.	<p>Percentage of youth who were surveyed and expressed being encouraged to express their creativity.</p> <p>N= 37/43= 86% <b>Achieved our Goal</b></p> <p>The activities encourage me to express my creativity? 46 responses</p>  <table><tr><th>Response</th><th>Percentage</th></tr><tr><td>Strongly Disagree</td><td>2%</td></tr><tr><td>Disagree</td><td>7%</td></tr><tr><td>Undecided</td><td>13%</td></tr><tr><td>Agree</td><td>58.7%</td></tr><tr><td>Strongly Agree</td><td>21.7%</td></tr></table>	Response	Percentage	Strongly Disagree	2%	Disagree	7%	Undecided	13%	Agree	58.7%	Strongly Agree	21.7%
Response	Percentage															
Strongly Disagree	2%															
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1.4 Youth Satisfaction-Social Connection	At least 70% of the youth are socially connected with their peers.	Youth Satisfaction-Social Connections	Activities that focus on arts and crafts, sports, nutrition and fitness, mental health, social connections, and exposure to different environments.	<p>Percentage of youth who reported being helped with being socially connected with their peers.</p> <p>N= 37/43= 86% <b>Achieved our Goal</b></p> <p>The Youth Empowerment Center helps me to socially connect better with my peers? 46 responses</p>  <table><tr><th>Response</th><th>Percentage</th></tr><tr><td>Strongly Disagree</td><td>5.3%</td></tr><tr><td>Disagree</td><td>13%</td></tr><tr><td>Undecided</td><td>17.4%</td></tr><tr><td>Agree</td><td>45.7%</td></tr><tr><td>Strongly Agree</td><td>19.6%</td></tr></table>	Response	Percentage	Strongly Disagree	5.3%	Disagree	13%	Undecided	17.4%	Agree	45.7%	Strongly Agree	19.6%
Response	Percentage															
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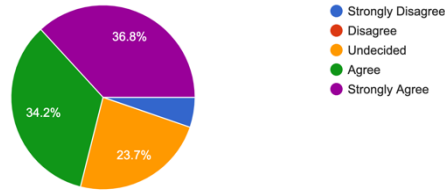
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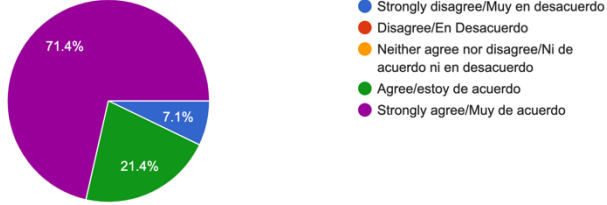
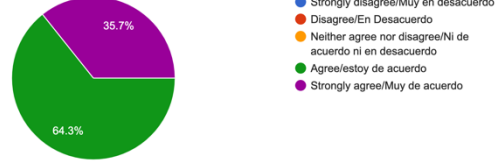
Indicators	Goals	Domain	Activities	Performance Measures												
1.5 Youth satisfaction-Safety	At least 85% of the youth will report feeling safe to be themselves.	Youth Satisfaction-Safety	Activities that focus on arts and crafts, sports, nutrition and fitness, mental health, social connections, and exposure to different environments.	<p>Percentage of youth who expressed feeling safe to be themselves</p> <p>N= 37/43= 86% <b>Achieved our Goal</b></p> <p>The Youth Empowerment Center is a safe place where I can be myself.</p> <p>46 responses</p> <table><thead><tr><th>Response</th><th>Percentage</th></tr></thead><tbody><tr><td>Strongly Disagree</td><td>3.3%</td></tr><tr><td>Disagree</td><td>0.0%</td></tr><tr><td>Undecided</td><td>15.2%</td></tr><tr><td>Agree</td><td>54.3%</td></tr><tr><td>Strongly Agree</td><td>26.1%</td></tr></tbody></table>	Response	Percentage	Strongly Disagree	3.3%	Disagree	0.0%	Undecided	15.2%	Agree	54.3%	Strongly Agree	26.1%
Response	Percentage															
Strongly Disagree	3.3%															
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Strongly Agree	26.1%															
1.6 Youth satisfaction-Positivity	At least 80% of the youth have a positive outlook	Youth Satisfaction-Positivity	Activities that focus on arts and crafts, sports, nutrition and fitness, mental health, social connections, and exposure to different environments.	<p>Percentage of youth who expressed having a positive outlook</p> <p>N 31/43= 72% <b>Did not achieve our goal</b></p> <p>The activities have effectively and positively helped me to have a positive outlook</p> <p>46 responses</p> <table><thead><tr><th>Response</th><th>Percentage</th></tr></thead><tbody><tr><td>Strongly Disagree</td><td>3.3%</td></tr><tr><td>Disagree</td><td>3.3%</td></tr><tr><td>Undecided</td><td>28.3%</td></tr><tr><td>Agree</td><td>41.3%</td></tr><tr><td>Strongly Agree</td><td>26.1%</td></tr></tbody></table>	Response	Percentage	Strongly Disagree	3.3%	Disagree	3.3%	Undecided	28.3%	Agree	41.3%	Strongly Agree	26.1%
Response	Percentage															
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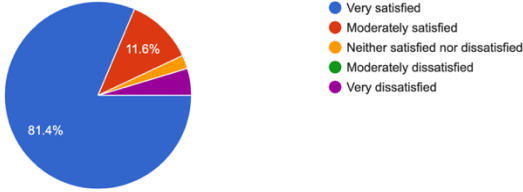
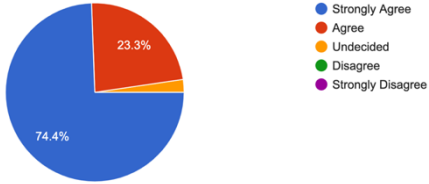
Indicators	Goals	Domain	Activities	Performance Measures										
1.7 Youth Satisfaction- Recommend to other youth	75% of youth state they would recommend Youth Empowerment Center to other youth	Satisfaction & Feedback	Distributed a survey to the youth.	<p>Percentage of youth who recommend the YEC center to other youth.</p> <p>N= 27 /36 = 75% <b>Achieved our goal</b></p> <p>I would highly recommend the Youth Empowerment Center to other youth? 38 responses</p>  <table><thead><tr><th>Response</th><th>Percentage</th></tr></thead><tbody><tr><td>Strongly Agree</td><td>36.8%</td></tr><tr><td>Agree</td><td>34.2%</td></tr><tr><td>Undecided</td><td>23.7%</td></tr><tr><td>Strongly Disagree</td><td>3.3%</td></tr></tbody></table>	Response	Percentage	Strongly Agree	36.8%	Agree	34.2%	Undecided	23.7%	Strongly Disagree	3.3%
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Strongly Disagree	3.3%													

## FY 21-22 (September – June) Educational Assistance

Indicators	Goals	Domain	Activities	Performance Measures
1.8 Youth Survey-Educational	At least 80% of youth feel confident about their future.	Satisfaction - Confidence in their future	Provided surveys to students who are enrolled in college or are in the path of obtaining an education. Includes youth who have been referred for mental health services.	<p>Percentage of youth who shared feeling confident about their future. N=13/14= 93% <b>Achieved our goal</b></p> <p>Receiving educational assistance from the YEC Program, makes me feel confident about my future. Recibir asistencia educativa del Programa YEC me hace sentir seguro para mi futuro. 14 responses</p>  <ul style="list-style-type: none"> <li>Strongly disagree/Muy en desacuerdo</li> <li>Disagree/En Desacuerdo</li> <li>Neither agree nor disagree/Ni de acuerdo ni en desacuerdo</li> <li>Agree/estoy de acuerdo</li> <li>Strongly agree/Muy de acuerdo</li> </ul>
1.9 Youth Survey-Educational	At least 75% of youth report feeling less stressed	Satisfaction - Stress Reduction	Provided surveys to students who are enrolled in college or are in the path of obtaining an education. Includes youth who have been referred for mental health services.	<p>Percentage of youth who expressed feeling less stressed N= 14/14= 100% <b>Achieved our goal</b></p> <p>Receiving assistance from the YEC Program, helps me to be less stressed. Recibir asistencia del Programa YEC me ayuda a estar menos estresado. 14 responses</p>  <ul style="list-style-type: none"> <li>Strongly disagree/Muy en desacuerdo</li> <li>Disagree/En Desacuerdo</li> <li>Neither agree nor disagree/Ni de acuerdo ni en desacuerdo</li> <li>Agree/estoy de acuerdo</li> <li>Strongly agree/Muy de acuerdo</li> </ul>

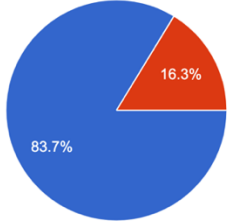
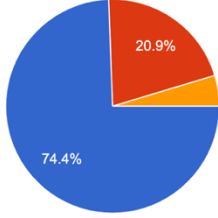
\*\*Satisfaction data above received from survey distributed to youth participants

## FY 21-22 (September – June) Parent Satisfaction

Indicators	Goals	Domain	Activities	Performance Measures
2.0 Parent satisfaction with the program	85% of parents will report satisfaction with the services they receive from YEC	Parent satisfaction	Provided and collected surveys from parents.	<p>N=40/43 = 93% <b>Achieved our goal</b></p> <p>On a scale from 1- 5, how satisfied are you with the Youth Empowerment Center Program?Untitled Question 43 responses</p>  <p>Legend:</p> <ul style="list-style-type: none"> <li>Very satisfied</li> <li>Moderately satisfied</li> <li>Neither satisfied nor dissatisfied</li> <li>Moderately dissatisfied</li> <li>Very dissatisfied</li> </ul> <p>Data source: Parent Survey results</p>
2.1 Parent satisfaction-socialization skills	90% of parents will report improvement in their child's socialization skills	Effectiveness – Youth socialization skills.	Provided and collected surveys from parents.	<p>N=42/43 = 98% <b>Achieved our goal</b></p> <p>My child's socialization skills have improved by attending this program. 43 responses</p>  <p>Legend:</p> <ul style="list-style-type: none"> <li>Strongly Agree</li> <li>Agree</li> <li>Undecided</li> <li>Disagree</li> <li>Strongly Disagree</li> </ul> <p>Data source: Parent Survey results</p>

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Indicators	Goals	Domain	Activities	Performance Measures
2.2 Parent Satisfaction – safety	95% of parents will report they are satisfied with their child’s safety.	Satisfaction and Feedback	Provided and collected surveys from parents.	<p>N=43/43 = 100% <b>Achieved our goal</b></p> <p>The YEC program is a safe place where my child is well treated. 43 responses</p>  <ul style="list-style-type: none"> <li>Strongly Agree</li> <li>Agree</li> <li>Undecided</li> <li>Disagree</li> <li>Strongly Disagree</li> </ul> <p>Data source: Parent Survey results</p>
2.3 Parent satisfaction- child’s communication skills	85% of parents will report improvement in their child’s communication skills.	Effectiveness - Communication skills and feedback.	Provided and collected surveys from parents.	<p>N=41/43 = 95% <b>Achieved our goal</b></p> <p>My child’s communication skills have improved by attending this program. 43 responses</p>  <ul style="list-style-type: none"> <li>Strongly Agree</li> <li>Agree</li> <li>Undecided</li> <li>Disagree</li> <li>Strongly Disagree</li> </ul> <p>Data source: Parent Survey results</p>

**DEPARTMENT RECOMMENDATION(S):**

Click here to enter text.