

# FRESNO COUNTY MENTAL HEALTH PLAN

# OUTCOMES REPORT- Attachment A

## PROGRAM INFORMATION:

<b>Program Title:</b>	<a href="#">Youth Empowerment Center</a>	<b>Provider:</b>	<a href="#">Westside Family Preservation Services Network (WFPSN)</a>
<b>Program Description:</b>	Our program focuses on Prevention and Early Intervention (PEI) to prevent or reduce outcomes from unaddressed mental health issues. WFPSN serves teens and young adults, ages 10 – 24, who are often experiencing significant challenges. Our job is to empower them with the tools, knowledge, and confidence to pursue the role in life that they set for themselves and to support their attainment of their unique dreams.		
<b>Age Group Served 1:</b>	<a href="#">CHILDREN</a>	<b>Dates Of Operation:</b>	<a href="#">September 2021 - Present</a>
<b>Age Group Served 2:</b>	<a href="#">TAY</a>	<b>Reporting Period:</b>	<a href="#">July 1, 2022 - June 30, 2023</a>
<b>Funding Source 1:</b>	<a href="#">Prevention (MHSA)</a>	<b>Funding Source 3:</b>	
<b>Funding Source 2:</b>	<a href="#">Early Intervention (MHSA)</a>	<b>Other Funding:</b>	<a href="#">Click here to enter text.</a>

## FISCAL INFORMATION:

<b>Program Budget Amount:</b>	\$430,000	<b>Program Actual Amount:</b>	\$371,113.30
<b>Number of Unique Clients Served During Time Period:</b>	647		
<b>Number of Services Rendered During Time Period:</b>	4,980	(Includes referrals, activities at the centers and follow ups).	
<b>Actual Cost Per Client:</b>	\$573.59		

## FRESNO COUNTY MENTAL HEALTH PLAN

## OUTCOMES REPORT- Attachment A

### CONTRACT INFORMATION:

<b>Program Type:</b>	Contract-Operated	<b>Type of Program:</b>	Other, please specify below
<b>Contract Term:</b>	July 2022-June 2023	<b>For Other:</b>	Prevention & Early Intervention
		<b>Renewal Date:</b>	7/1/2023
<b>Level of Care Information Age 18 &amp; Over:</b>	Choose an item.		
<b>Level of Care Information Age 0- 17:</b>	Choose an item.		

### TARGET POPULATION INFORMATION:

**Target Population:** Children and youth ages (10-13), adolescents ages (14-17) and Transitional Age Youth ages (18-24) who reside in the rural westside of Fresno County in communities such as Huron, Coalinga, Kerman, Mendota, and Firebaugh.

### CORE CONCEPTS:

- **Community collaboration:** individuals, families, agencies, and businesses work together to accomplish a shared vision.
- **Cultural competence:** adopting behaviors, attitudes and policies that enable providers to work effectively in cross-cultural situations.
- **Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services:** adult clients and families of children and youth identify needs and preferences that result in the most effective services and supports.
- **Access to underserved communities:** Historically unserved and underserved communities are those groups that either have documented low levels of access and/or use of mental health services, face barriers to participation in the policy making process in public mental health, have low rates of insurance coverage for mental health care, and/or have been identified as priorities for mental health services.
- **Integrated service experiences:** services for clients and families are seamless. Clients and families do not have to negotiate with multiple agencies and funding sources to meet their needs.

Please select core concepts embedded in services/ program:

# FRESNO COUNTY MENTAL HEALTH PLAN

# OUTCOMES REPORT- Attachment A

*(May select more than one)*

Community collaboration

Cultural Competency

Access to underserved communities

Integrated service experiences

**Please describe how the selected concept (s) embedded:**

**Community Collaboration:** Westside Family Preservation's Youth

Empowerment Center provides services in the communities of Huron, Coalinga, Kerman, Mendota, and Firebaugh. We collaborate with Las Deltas Unified School District, Coalinga-Huron Unified School District, and Kerman Unified School District.

**Cultural Competency:** Our organization and program is dedicated to offering culturally sensitive services reflective of our population being served.

We provide services with respect and inclusion, through our dissemination of information, communication with parents, and services are provided based on their language. In addition, our programs incorporate holidays and celebration of events to celebrate culture and diversity.

**Access to Underserved Communities:** The communities that we are currently serving are Huron, Coalinga, Kerman, Mendota, and Firebaugh which are rural and often underserved communities when it comes to educational and mental health services. Through our centers we create groups, activities, parent meetings and provide resource and connections to families who might be going through challenging times.

**Individual/Family-Driven, Wellness/Recovery/Resiliency - Focused**

**Services:** The Youth Empowerment Center Program is a Prevention & Early Intervention program that works with families as a system to prevent or reduce outcomes from unaddressed mental health issues in youth. Our mission is to bring vision, passion, and humanity to make a difference in the lives of children who today live in rural, farm communities on the West side of Fresno County. Through educational activities and resource connection we assist youth that might be going through a hard time. Aside from assisting to alleviate their stress, we provide tools that might help youth in their future to become self-sufficient.

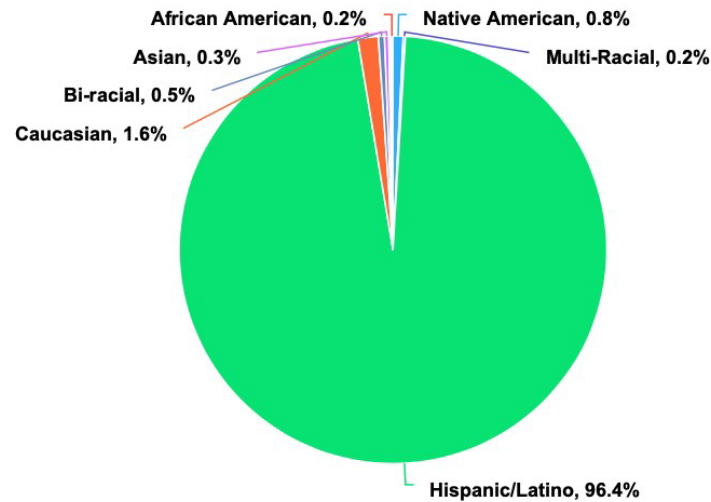
## PROGRAM OUTCOME & GOALS

- **Must include each of these areas/domains:** (1) Effectiveness, (2) Efficiency, (3) Access, (4) Satisfaction & Feedback Of Persons Served & Stakeholder
- **Include the following components for documenting each goal:** (1) Indicator, (2) Who Applied, (3) Time of Measure, (4) Data Source, (5) Target Goal Expectancy

FY 22-23 (July-June) Demographics

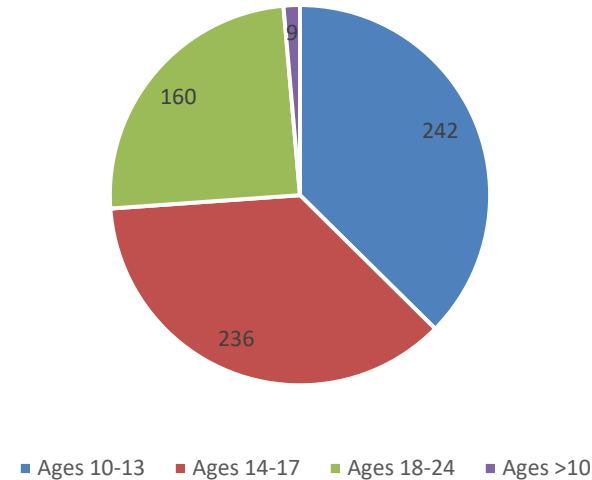
Ethnicity

Ethnicity - All Programs



Participant's Age

Ages



Ethnicity Demographics

Hispanic	624 Youth Enrolled	96.43%
Asian	2 Youth Enrolled	0.31 %
Caucasian	10 Youth Enrolled	1.55%
Bi-racial	3 Youth Enrolled	0.47%
African American	1 Youth Enrolled	0.16%
Arabian	1 Youth Enrolled	0.16%
Multi-racial	1 Youth Enrolled	0.16%
Native American.	5 Youth Enrolled	0.78%

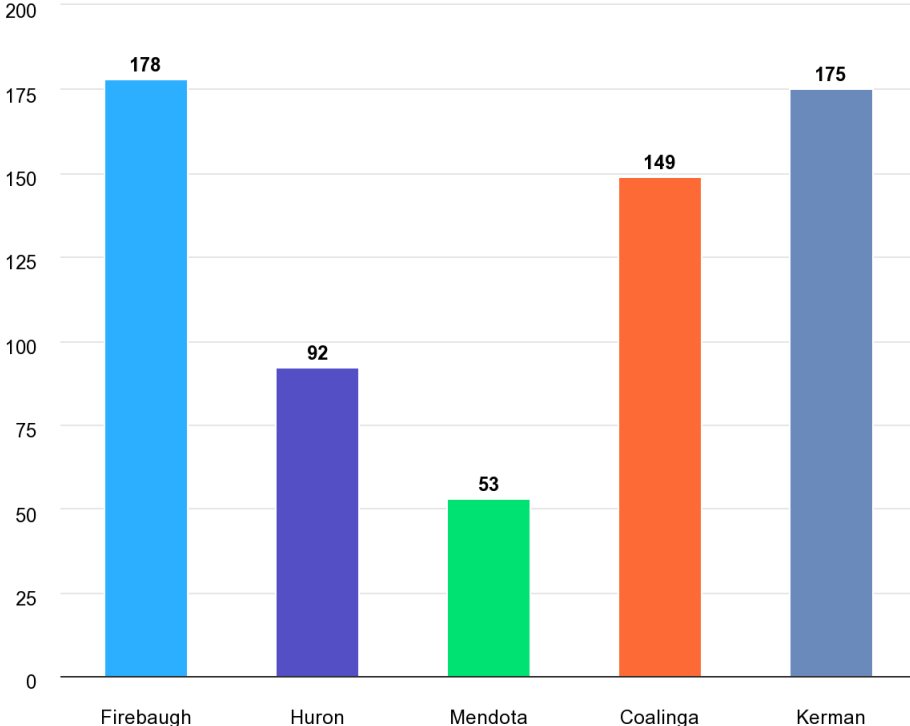
Age Demographics

Age 10-13 years old	242 Youth Enrolled	37%
Age 14-17 years old	236 Youth Enrolled	37%
Age 18-24 years old	160 Youth Enrolled	25%
Age <10 years old	9 Youth Enrolled	1%

FY 22-23 (July-June) Demographics		
<div><div>Gender</div><div><div>Gender Identity - All Programs</div><div><div><div><div><div></div></div><div><div></div></div></div><div><div>Female, 51.7%</div><div>Male, 48.3%</div></div></div></div></div></div>		
<div><div>Gender Demographics</div><div><div>Female334 Youth Enrolled51.7%</div><div>Male313 Youth Enrolled48.3 %</div></div></div>		

# FRESNO COUNTY MENTAL HEALTH PLAN

# OUTCOMES REPORT- Attachment A

Indicators	Goals	Domain	Activities	Performance Measures												
1.1 Number of enrolled participants	YEC Program will have a total of 700 youth in the second year.	Access - Enrollment	We have been doing outreach in the communities, conducting presentations at the schools as well as to stakeholders.	<p>Total Number of participants enrolled by location at the Youth Empowerment Centers:</p> <p>N= 647 - <b>Did not meet our goal</b></p> <div><p>Number of Participants by Location</p><table><thead><tr><th>Location</th><th>Number of Participants</th></tr></thead><tbody><tr><td>Firebaugh</td><td>178</td></tr><tr><td>Huron</td><td>92</td></tr><tr><td>Mendota</td><td>53</td></tr><tr><td>Coalinga</td><td>149</td></tr><tr><td>Kerman</td><td>175</td></tr></tbody></table></div> <p>FY 2022-23 is our second contracted fiscal year. Our Mendota location was the last location to be added.</p>	Location	Number of Participants	Firebaugh	178	Huron	92	Mendota	53	Coalinga	149	Kerman	175
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Firebaugh	178															
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Indicators	Goals	Domain	Activities	Performance Measures																																								
1.2 Access to Services – number of referrals made.	Youth Empowerment Centers will provide 200 referrals to different services for enrolled participants.	Effectiveness - Referrals made from all YEC locations	Referrals made for participants in all YEC centers.	<div>Total number of referrals made for all sites: N= 46 - <b>Did not achieve our goal</b></div> <div><p>Referrals by Type</p><table><thead><tr><th>Service Type</th><th>Number of Referrals</th></tr></thead><tbody><tr><td>Adult Educa...</td><td>14</td></tr><tr><td>Case management</td><td>1</td></tr><tr><td>College</td><td>26</td></tr><tr><td>Child abuse and neglect ser...</td><td>0</td></tr><tr><td>Childcare/early learning</td><td>0</td></tr><tr><td>Child support assistance</td><td>0</td></tr><tr><td>Dental treatment</td><td>0</td></tr><tr><td>Domestic violence services</td><td>0</td></tr><tr><td>Emergency/crisis service, (f...</td><td>0</td></tr><tr><td>Health care</td><td>0</td></tr><tr><td>Housing assistance</td><td>0</td></tr><tr><td>Job training/employment as...</td><td>1</td></tr><tr><td>Legal aid</td><td>0</td></tr><tr><td>Mental health services</td><td>4</td></tr><tr><td>Parenting education</td><td>0</td></tr><tr><td>Substance abuse</td><td>0</td></tr><tr><td>Transportation</td><td>0</td></tr><tr><td>LGBTQ Resources</td><td>0</td></tr><tr><td>Other</td><td>0</td></tr></tbody></table></div> <div>The number of referrals were made from all YEC locations. Participants referred were youth that attend our activities and youth who are assisted with educational services. We expected a higher percentage of referrals for mental health services.</div>	Service Type	Number of Referrals	Adult Educa...	14	Case management	1	College	26	Child abuse and neglect ser...	0	Childcare/early learning	0	Child support assistance	0	Dental treatment	0	Domestic violence services	0	Emergency/crisis service, (f...	0	Health care	0	Housing assistance	0	Job training/employment as...	1	Legal aid	0	Mental health services	4	Parenting education	0	Substance abuse	0	Transportation	0	LGBTQ Resources	0	Other	0
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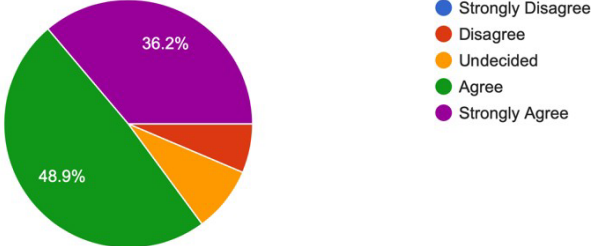
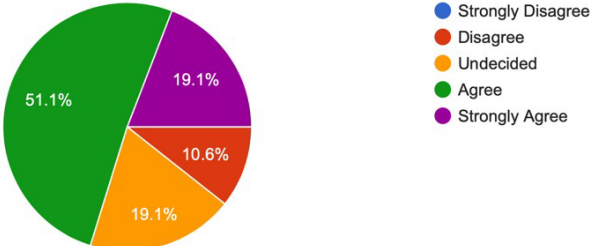
# OUTCOMES REPORT- Attachment A

FY 22-23 (July-June) Youth Satisfaction

Indicators	Goals	Domain	Activities	Performance Measures
1.3 Youth satisfaction-creativity	At least 75% of youth feel encouraged to express their creativity through the activities in the YEC program.	Satisfaction-creativity	Activities that focus on arts and crafts, sports, nutrition and fitness, mental health, social connections, and exposure to different environments.	<p>Percentage of youth who were surveyed and expressed being encouraged to express their creativity:</p> <p>N= 40/47= 85% - <b>Achieved our Goal</b></p> <p>The activities encourage me to express my creativity? 47 responses</p> <p>Data source: Youth Survey results</p>
1.4 Youth satisfaction-social connection	At least 70% of the youth are socially connected with their peers.	Youth satisfaction-social connections	Activities that focus on arts and crafts, sports, nutrition and fitness, mental health, social connections, and exposure to different environments.	<p>Percentage of youth who reported being helped by YEC to be socially connected with their peers:</p> <p>N= 40/47= 85% - <b>Achieved our Goal</b></p> <p>The Youth Empowerment Center helps me to socially connect better with my peers? 47 responses</p> <p>Data source: Youth Survey results</p>

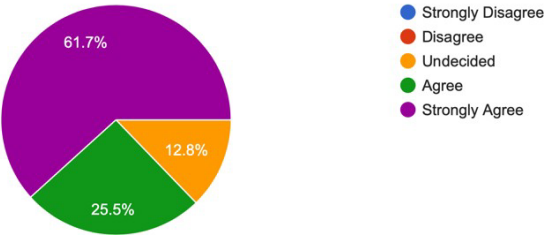
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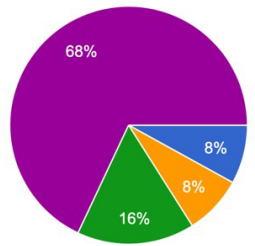
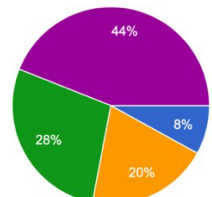
Indicators	Goals	Domain	Activities	Performance Measures
1.5 Youth satisfaction-safety	At least 85% of the youth feel safe to be themselves.	Youth satisfaction-safety	Activities that focus on arts and crafts, sports, nutrition and fitness, mental health, social connections, and exposure to different environments.	<p>Percentage of youth who shared feeling safe to be themselves: N= 40/47= 85% - <b>Achieved our Goal</b></p> <p>The Youth Empowerment Center is a safe place where I can be myself. 47 responses</p>  <p>Data source: Youth Survey results</p>
1.6 Youth satisfaction-positivity	At least 80% of the youth have a positive outlook.	Youth satisfaction-Positivity	<p>Activities that focus on arts and crafts, sports, nutrition and fitness, mental health, social connections, and exposure to different environments.</p> <p>Distributed a survey to the youth.</p>	<p>Percentage of youth who expressed having a positive outlook: N 33/47= 70% - <b>Did not achieve our goal</b></p> <p>The activities have effectively and positively helped me to have a positive outlook 47 responses</p>  <p>Data source: Youth Survey results</p>

# FRESNO COUNTY MENTAL HEALTH PLAN

# OUTCOMES REPORT- Attachment A

Indicators	Goals	Domain	Activities	Performance Measures
1.7 Youth Satisfaction-Recommend to other youth	At least 75% of youth state they would recommend Youth Empowerment Center to other youth.	Satisfaction & Feedback	Distributed a survey to the youth.	<p>Percentage of youth who recommend the YEC to other youth:  N= 41 /47 = 87% - <b>Achieved our goal</b></p> <p>I would highly recommend the Youth Empowerment Center to other youth?  47 responses</p>  <p>Data source: Youth Survey results</p>

## FY 22-23 (July-June) Educational Assistance in Transitional Age Youth

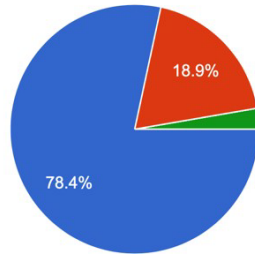
Indicators	Goals	Domain	Activities	Performance Measures
1.8 Youth Survey-Educational	At least 80% of youth state they feel confident about their future.	Satisfaction - Confidence on their future	Provided surveys to students who are enrolled in college or are in the path of obtaining an education. Includes youth who have been referred for mental health services.	<p>Percentage of youth who shared feeling confident about their future: N=21/25= 84% - <b>Achieved our goal</b></p> <p>Receiving educational assistance from the YEC Program, makes me feel confident about my future. Recibir asistencia educativa del Programa YEC me hace sentir seguro para mi futuro. 25 responses</p>  <ul style="list-style-type: none"> <li>Strongly disagree/Muy en desacuerdo</li> <li>Disagree/En Desacuerdo</li> <li>Neither agree nor disagree/Ni de acuerdo ni en desacuerdo</li> <li>Agree/estoy de acuerdo</li> <li>Strongly agree/Muy de acuerdo</li> </ul> <p>Data source: Youth Survey results</p>
1.9 Youth Survey-Educational	At least 75% of youth will report feeling less stressed.	Satisfaction - Stress Reduction	Provided surveys to students who are enrolled in college or are in the path of obtaining an education. Includes youth who have been referred for mental health services.	<p>Percentage of youth who expressed feeling less stressed: N= 18/25= 72% - <b>Did not achieve our goal</b></p> <p>Receiving assistance from the YEC Program, helps me to be less stressed. Recibir asistencia del Programa YEC me ayuda a estar menos estresado. 25 responses</p>  <ul style="list-style-type: none"> <li>Strongly disagree/Muy en desacuerdo</li> <li>Disagree/En Desacuerdo</li> <li>Neither agree nor disagree/Ni de acuerdo ni en desacuerdo</li> <li>Agree/estoy de acuerdo</li> <li>Strongly agree/Muy de acuerdo</li> </ul> <p>Data source: Youth Survey results</p>

## FY 22-23 (July-June) Parent Satisfaction

Indicators	Goals	Domain	Activities	Performance Measures
2.0 Parent satisfaction with the program	At least 85% of parents will report satisfaction with the services they receive from YEC.	Parent satisfaction	Provided and collected surveys from parents.	<p>Percentage of parents reporting satisfaction with services they receive:  <math>N=37/37 = 100\%</math> - <b>Achieved our goal</b></p> <p>On a scale from 1- 5, how satisfied are you with the Youth Empowerment Center Program? En una escala del 1 al 5, ¿qué tan satisfecho está con el Programa del Centro de Empoderamiento Juvenil?  37 responses</p> <ul style="list-style-type: none"> <li>Very satisfied/Muy satisfecho/a</li> <li>Moderately satisfied/Moderadamente satisfecho/a</li> <li>Neither satisfied nor dissatisfied/Ni satisfecho ni insatisfecho/a</li> <li>Moderately dissatisfied/Moderadamente insatisfecho/a</li> <li>Very dissatisfied/ Muy insatisfecho/a</li> </ul> <p>Data source: Parent Survey results</p>

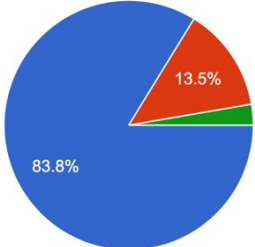
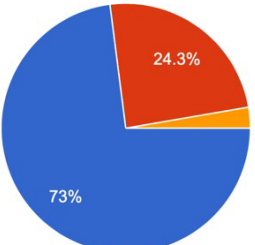
# FRESNO COUNTY MENTAL HEALTH PLAN

# OUTCOMES REPORT- Attachment A

2.1 Parent satisfaction-socialization skills	At least 90% of parents will report improvement in their child's socialization skills.	Effectiveness – Youth socialization skills.	Provided and collected surveys from parents.	<p>Percentage of parents who reported improvement in their child's socialization skills:  <math>N=36/37 = 97\%</math> - <b>Achieved our goal</b> Data source: Parent Survey results</p> <p>My child's socialization skills have improved by attending this program. Las habilidades de socialización de mi hijo han mejorado al asistir a este programa.</p> <p>37 responses</p>  <ul style="list-style-type: none"> <li>Strongly Agree/Totalmente de acuerdo</li> <li>Agree/De acuerdo</li> <li>Undecided/Indeciso/a</li> <li>Disagree/No estoy de acuerdo</li> <li>Strongly Disagree/Totalmente en desacuerdo</li> </ul> <p>Data source: Parent Survey results</p>
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# FRESNO COUNTY MENTAL HEALTH PLAN

# OUTCOMES REPORT- Attachment A

Indicators	Goals	Domain	Activities	Performance Measures
2.2 Parent Satisfaction – safety	At least 95% of parents will report they are satisfied with their child’s safety.	Satisfaction - Safety	Provided and collected surveys from parents.	<p>Percentage of parents that reported they are satisfied with their child’s safety: 36/37= 97% - <b>Achieved our goal.</b></p> <p>The YEC program is a safe place where my child is well treated. El programa YEC es un lugar seguro donde mi hijo/a recibe un buen trato. 37 responses</p>  <ul style="list-style-type: none"> <li>Strongly Agree/Totalmente de acuerdo</li> <li>Agree/De acuerdo</li> <li>Undecided/Indeciso/a</li> <li>Disagree/No estoy de acuerdo</li> <li>Strongly Disagree/Totalmente en desacuerdo</li> </ul> <p>Data source: Parent Survey results</p>
2.3 Parent satisfaction-child’s communication skills	At least 85% of parents will report improvement in their child’s communication skills.	Effectiveness - Communication skills and feedback.	Provided and collected surveys from parents.	<p>Percentage of parents reporting improvement in their child’s communication skills: 36/37= 97% - <b>Achieved our goal</b></p> <p>My child’s communication skills have improved by attending this program. Las habilidades de comunicación de mi hijo/a han mejorado al asistir a este programa. 37 responses</p>  <ul style="list-style-type: none"> <li>Strongly Agree/Totalmente de acuerdo</li> <li>Agree/De acuerdo</li> <li>Undecided/Indeciso/a</li> <li>Disagree/No estoy de acuerdo</li> <li>Strongly Disagree/Totalmente en desacuerdo</li> </ul> <p>Data source: Parent Survey results</p>

**DEPARTMENT RECOMMENDATION(S):**

Click here to enter text.