



The Fresno County Probation Department's Juvenile Justice Campus (JJC) offers the following services and social awareness programming opportunities:

DETENTION

Alcoholics/Narcotics Anonymous

AA/NA offers recovery from the effects of addiction through working a twelve-step program, including regular attendance at peer group meetings held at the JJC. The group atmosphere provides help from peers and offers an ongoing support network for youth who wish to pursue and maintain a drug/alcohol-free lifestyle.

Alice M. Worsley School – Fresno County Superintendent of Schools

The court school serves middle and high school students who reside on campus year-round. Curriculum and instructional practices are in alignment with the CA Standards, while maintaining particular attention to the various needs and learning styles represented by students. The school has maintained full accreditation through the Western Association of Schools and Colleges (WASC) for over 20 years. Enrolled students who meet graduation requirements per the Fresno County Superintendent of Schools and the Fresno County Board of Education may earn a high school diploma, and/or may earn a High School Equivalency Certificate, (HiSET). Course offerings include Career Technical Education in Art & Design and Welding. After school and Saturday School learning opportunities are available. In addition, credit recovery through online coursework is available. Services for graduates on campus may include local community college attendance and online enrollment.

Boys & Girls Club

The Boys and Girls Club is an after-school program. Services provided include social and life skill building, leadership skills, vocational and career development, psycho-educational programming, including character development, leadership, sports leagues, recreational opportunities, and excursions to community activities.

Choices

Facilitated by the Evidence Base Practice (EBP) Officer's, this program focuses on helping youth learn skills to manage their risk for reoffending or engaging in negative/inappropriate behavior. Throughout the 12 lessons youth will be taught pro social decision making, expand their problem-solving techniques, and continue cognitive self-change.

Faith-Based Services

Community volunteers provide religious services and guidance to youth within the Juvenile Justice Campus including weekly individual and group meetings, and special presentations. Services include human trafficking groups, bible study groups, excursions to community activities, annual Christmas/Holiday party since 1973; and annual Bill Glass event since 1976.



Focus Forward

Focus Forward provides mentoring services to all youth in the facilities. Social Work Interns and community volunteers provide mentoring services to youth while in custody. The services provided focus on academic assistance, enrichment, recreation, counseling, and civic engagement activities. Focus forward also provides reproductive health education, parenting education, and art instruction. Programs offered are re-entry and family services, general mentoring, placement services and pipeline to opportunity. Curriculum to include nurturing parenting program, baby Elmo, coping and support training (CAST), safe dates, money habitudes, aggression replacement training (ART), break the silence, stop hate and respect everyone, (SHARE) and job readiness.

Girls Circle

Girls Circle is an evidence-based program for adolescent females, proven to reduce delinquency. This model was developed to increase protective factors and reduce risk which includes depression, sexual abuse, substance abuse, dating violence, pregnancy, trafficking, and prostitution and is trauma responsive. It promotes peer support, relational cultural, builds cognitive behavior skills and promotes emotional regulation and critical thinking and self-help coping skills. The program allows for genuine self-expression through verbal sharing and creative activity. Multiple California Probation Departments have developed and implemented this program and have been successful in their outcomes.

HOPE

Teen pregnancy care center (PCC). Educate youth on healthy relationships, teen pregnancy, parenting skills. Pregnancy Care Center exists to make sure that women are provided with the support they need as they face crucial decisions regarding their pregnancy. PCC is a fully licensed medical clinic that offers caring and compassionate help through initial pregnancy-related services including pregnancy testing, limited ultrasounds, prenatal education, options education for both men and women, grief support for reproductive loss, material resources, and referrals. All our services are always free and confidential. An extension to our core services provided at the center includes healthy relationship education provided to our community through the HOPE Team. The HOPE (Healthy Options in Prevention Education) Team is Pregnancy Care Center's prevention education program that exists to equip our community on issues of self-esteem, healthy relationships, and sexual integrity – empowering them to make healthy choices for a better life.

PCC's curriculum teaches Sexual Risk Avoidance Education, based on a primary prevention public health model. We seek to inform and empower young students to make healthy decisions for their future. Our curriculum has been developed by certified Sexual Risk Avoidance Specialists, and includes topics such as Healthy Choices and Goal Setting, STDs, Communication, Refusal Skills, Healthy Relationships, etc. We believe that all students, regardless of their past or present sexual activity or current cultural, economic, or geographical circumstance, deserve to receive information that will give them the best advantage for a life of health and well-being. We desire to equip JJC students with knowledge and tools to achieve optimal holistic health.



Center for Improving Youth Justice (CIYJ)

CIYJ, formerly Performance-based Standards (PbS), is a data-driven improvement model grounded in research that holds juvenile justice agencies, facilities, and residential care providers to the highest standards for operations, programs, and services. The objective of CIYJ is improving the conditions, services and overall operations of juvenile facilities and programs. CIYJ provides technical assistance and tools that promote public safety, offender accountability, and rehabilitation that prevents future crime. CIYJ helps us make policy decisions based on data-driven statistics.

Substance Use Disorder (SUD)

All youth on campus are provided the opportunity to participate in substance abuse counseling while in custody. Youth can be referred by Wellpath, probation, court, or self-referred. Youth will work with the counselor to create goals for what they would like to accomplish while receiving services. Youth will receive psychoeducation on drugs and alcohol, identify their triggers and healthy coping skills, begin to discuss relationship issues and family dynamics, and work on relapse prevention. The family will be contacted while services are being provided and the goal is to resume family groups when able. The youth's intensity of services is based on the severity of their diagnosis. Mild diagnosis will be placed in tier 1, moderate tier 2, and severe tier 3. Mild will receive one group and one individual a week, moderate two groups and one individual, and severe three groups and one individual.

When the youth is preparing to be released, they will receive information for our outpatient location, Family and Youth Alternatives, to continue services and will receive a certificate of completion for sessions completed while in custody. Should the youth be in custody long enough to complete their treatment goals, probation will be contacted to provide a certificate of completion to satisfy any required substance abuse treatment on court orders.

Thinking for a Change (T4C)

Due to the transitory nature of the detention population, only the first 10 lessons of T4C are offered in the Detention facility. Juvenile Correctional Officers and partnering agencies administer the program. The T4C curriculum is an evidence-based integrated, behavior change model for offenders that include cognitive restructuring, social skills development, and development of problem-solving skills. The program may be continued to completion once released from custody through the Probation Juvenile Services Division.

Wellpath Health

Wellpath provides comprehensive medical and behavioral health care services including dental and optometry services; behavioral health assessments; psychiatric crisis intervention; psychiatric case management; health education, individual and group psychotherapy; family therapy; life skills groups; mental health treatment plans, and suicide prevention treatment planning and case management.



COMMITMENT

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Counseling and Psychotherapy Center

Curriculum administered by the Counseling and Psychotherapy Center (CPC) to address all components of juvenile sexual offending (JSO) treatment programming for youth committed by the Court with problematic sexual behaviors.

CPC is contracted to provide JSO programming to youth in SYTF regional hub, as well as eligible youth in the general population of the JJC, which would include youth with a history of sexual offending. Services are delivered to youth in-custody, youth being released from the JJC, and youth in the community.

The selected curriculum for group intervention is "I Decide"; Cognitive-Behavioral Intervention to Control; Impulses and Create Identity. Decide targets sexually maladaptive behavior in moderate to high-risk adolescents. It is intended to: (1) promote healthy sexual attitudes and behavior; (2) encourage youth to take responsibility for behaviors; (3) identify and replace risky thinking; (4) learn to manage emotions; (5) develop the ability to take the perspective of others; (6) build social skills to strengthen relationships; (7) support the formation of a positive identity; and (8) strengthen bonds with family members. The curriculum contains a total of 30 sessions that are designed to be delivered in a 1-hour group session format. The group will need to adhere to age-related guidelines and be limited to a maximum of 8 youth. Upon release to the community, structured aftercare and advanced practice sessions related to the intervention may be offered in the community.



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Floyd Farrow Substance Abuse Unit (SAU) Program

The SAU program, administered by Wellpath, serves 30 males and 10 females in residential dual diagnosis treatment program. Youth referred to the program are identified as having both substance abuse and mental health related issues. Each youth is committed to the program through a juvenile court order for up to a 180-day maximum commitment after an assessment has been completed. After completing the six-month program, the youth will attend Aftercare for up to six months. Intensive drug education and intervention counseling is part of the SAU program, with weekly family therapy sessions to aid in the recognition of addictive behaviors and triggers.

Focus Forward

Focus Forward's mentoring program provides mentors year-round to meet with youth weekly during their incarceration at the Juvenile Justice Campus and biweekly in the community during their re-reentry. Focus Forward recruits, trains and oversees mentors using the research-based National Mentoring Toolkit, Elements of Effective Practice for Mentoring, established by the National Mentoring Partnership as well as facility training provided by Fresno County Probation. Mentors are recruited from the community and several local and online university programs. Mentors come from diverse educational and experiential backgrounds including Social Work, Criminology, Psychology, Child Development, and involvement in the criminal justice system. The mentor's role is to be a trusted adult who is both a role model for the youth and a resource to navigate their journey through the juvenile justice system. Mentor's, under the supervision of Focus Forward staff, guide youth to follow their case plans, meet Probation requirements, connect to resources, and engage in a variety of activities based on youth needs. Activities may include rapport-building, self-reflection, direct assistance with case plan goals (writing resumes, practicing interview skills, tutoring, discussing coping skills, how to achieve stages, etc.) self-advocacy and more.

Focus Forward Re-Entry Services launched as a collaborative service model between the Fresno County Probation Department (Probation) and Focus Forward, Focus Forward's staff partners with Probation and community organizations to ensure the effective delivery of services inside the JJC, in homes, and during the in-custody phase as well as in the community for several months following their release while they are on active probation.

Re-Entry Services pairs a Youth Social Worker and Family Support Advocate to youth committed to the JJC and their families. Youth and family clients receive ongoing service geared toward



education, life skills, medical and behavioral health, job training, public safety, and relationships. Focus Forward staff utilize evidence-based programming as well as case management with the goal of lowering recidivism for juveniles in Fresno County.

GEO Group

GEO group administers the following group curriculums for youth committed to SYTF:

Thinking for a Change (T4C)

T4C is a closed group, Cognitive- Behavioral Therapy (CBT) program that includes cognitive restructuring, social skills development, and the development of problem-solving skills. The program is divided into 25 lessons, each lasting approximately 1 to 2 hours. The curriculum is delivered to small groups of 4 to 8 youth (single- gendered). The manually delivered intervention includes some didactic instruction, modeling and role play of skills, a review of previous lessons and homework assignments in which participants practice the skills learned in the group lesson.

Aggression Replacement Training (ART)

ART is a closed group, CBT program that targets improving social skills, moral reasoning, coping with and reducing aggressive behavior using anger control chain. ART is comprised of three coordinated interventions: anger control training, structured learning, and moral reasoning. The program consisting of 30 sessions (delivered 3 times per week), if possible) sessions are based on 1 to 2 hours of content. The curriculum is implemented with small groups of 4 to 8 youth (single-gendered). The manually delivered intervention includes some didactic instruction, modeling and role play of skills, group discussion of scenarios, a review of previous lessons and homework assignments in which participants practice the skills learned in the group lesson.

R1 Learning

The R1 Discovery Cards are structured to “meet people where they are” in terms of background, education, life circumstances, and learning styles. Derived from leading models, and organized into colored categories, each topic module engages, educates, and empowers individuals to concretely process and apply the topic information to their own situations and circumstances. Through use of evidence-based practices such as motivational interviewing (MI) and cognitive behavioral therapy (CBT). This process of internalizing the information (individual activation) motivates individuals toward change to reach their full potential.

Center for Improving Youth Justice (CIYJ)

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Cognitive Behavioral Substance Abuse Programming

Cognitive Behavioral Interventions: Substance Use (CBI-SU) is a modified-closed CBT group that teaches participants strategies or avoiding substance use. The program places heavy emphasis on skill-building activities to assist with cognitive, social, emotional, and coping skill development. The group is designed for youth who are in the juvenile justice system and have a need in the substance abuse domain on the risk assessment. The program includes 39 sessions; each



session will be 1-2 hours long. The curriculum is implemented with small groups of 4 to 8 youth(single-gendered). The manually delivered intervention includes some didactic instruction, modeling and role play of skills, a review of previous lessons and homework assignments in which participants practice the skills learned in the group lesson.

Girls Circle

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HOPE

Teen Pregnancy Care Center (PCC) educates youth on healthy relationships, teen pregnancy, and parenting skills. Pregnancy Care Center exists to make sure women are provided with the support they need as they face crucial decisions regarding their pregnancy. PCC is a fully licensed medical clinic offering care and compassionate help through initial pregnancy-related services including pregnancy testing, limited ultrasounds, prenatal education, options education for both men and women, grief support for reproductive loss, material resources, and referrals. All our services are always free and confidential. An extension to our core services provided at the center includes healthy relationship education provided to our community through the HOPE Team. The HOPE (Healthy Options in Prevention Education) Team is Pregnancy Care Center's prevention education program that exists to equip our community on issues of self-esteem, healthy relationships, and sexual integrity – empowering them to make healthy choices for a better life.

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New Horizons Program (NHP)

Administered by Wellpath the NHP is designed for WIC 707(b) offenders, and offenders of serious or violent crimes. The program serves 30 males in a residential dual-diagnosis treatment program. Each youth is committed to the program through a juvenile court order for 365 days and placed on 18 months' probation after an assessment has been completed. Intensive treatment services provided in a highly structured setting is part of the NHP. Services include but are not limited to school (including academic and vocational evaluations), anger management, life skills, parenting class, medical treatment, psychiatric evaluations, toxicology screenings, substance abuse treatment and 12-step meetings, case management, discharge planning, and supervision. Each



resident has an individualized inter-agency treatment plan, including a discharge/community reintegration plan.

Positive Action Program

The evidence-based *Positive Action* program empowers greatness by teaching youth skills they can use to think, act and feel positive about themselves. By tapping into and fortifying innate self-worth and confidence, Positive Action proves that when people feel confident about themselves, they think accordingly.

The *Positive Action* program consists of two elements: the underlying philosophy of the whole program and the tools necessary for implementing that philosophy. The philosophy governing both is "We feel good about ourselves when we do positive actions, and there is a positive way to do everything."

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Transition / Re-entry Services

Reentry is a process that begins when a youth is first confined. At booking, each youth is administered the Pre - Positive Achievement Change Tool (Pre-PACT) to assess criminogenic risks/needs. The Pre-PACT information is used within the JJC to assist with case plan development while the youth is in custody. Each youth released from the JJC following at least a 45-day commitment receives formalized transition services. Cooperatively, JJC and Juvenile



Services Probation Officers are responsible for administering the full PACT and case plan development in preparation for re-entry to the community. Transition case plans incorporate an analysis of criminogenic risk and needs, court ordered activities, school requirements, family needs, and employment readiness in preparation for reintegration into the community.

Transition meetings are held prior to the release date of each individual youth, parents/guardians are advised and encouraged to attend. During the meeting the youth is advised of any court ordered requirements, terms and conditions of probation, school requirements and reenrollment procedures. The youth receive information on the location and continuation of resources/services from agencies and organizations with whom the youth participated with while at JJC. This includes mental health resources, reentry services, faith-based community mentors and other community program or providers who will engage the youth by providing specific treatment and employment goals, or other pro-social supports for the youth's reintegration into the community.

Truly Reviving Our Youth (TROY) Center

TROY Center utilizes the Real Necessary Solutions (RNS) curriculum which equips youth with essential life skills to navigate personal, social, and professional challenges. Lessons are designed to foster self-awareness, critical thinking, and interpersonal growth while providing tools for practical problem-solving, building relationships, and planning for the future.

Wellpath Health

Wellpath provides comprehensive medical and behavioral health care services including dental and optometry services; behavioral health assessments; psychiatric crisis intervention; psychiatric case management; health education, individual and group psychotherapy; family therapy; life skills groups; mental health treatment plans, and suicide prevention treatment planning and case management.

SECURE YOUTH TREATMENT FACILITY

Cultivating Healthy Choices and Independence (CHI)/ Secure Youth Treatment Facility (SYTF)

California's Juvenile Justice Realignment, mandated by Senate Bill 823, has drastically changed the approach to addressing serious juvenile offenders. These youth would have previously been committed to, and managed by, the California Department of Corrections and Rehabilitation—Division of Juvenile Justice (DJJ). Beginning July 1, 2021, this responsibility was shifted to the County Probation Departments through the required creation of Secure Youth Treatment Facilities (SYTF). These are youth who have committed 707(b) serious or violent offenses and are serving a baseline commitment term, ordered by the court.

Fresno County Probation's response to this challenge was the creation of the Cultivating Healthy Choices and Independence (CHI) program, within the JJC. Probation aims to exceed enforcing orders of Court orders and seeks to support each youth's achievement of successful re-entry.

Fresno County SYTF/ CHI is a program-based commitment for youth 14 years of age or older, whose most recent offense, for which they have been adjudicated, is listed in WIC 707(b). In determining whether a commitment to SYTF is appropriate, consideration should be given as to whether a less-restrictive alternative disposition is suitable in providing rehabilitation to the youth.



Youth committed to SYTF shall be provided with evidence-based programs, education, vocation opportunities, family re-unification, re-entry services, mental health service, medical services, substance abuse services, and structure to prepare for their transition back into the local community. Within the first 30 days of commitment, a multi-disciplinary team consisting of Probation, Wellpath, Fresno County Superintendent of Schools, Focus Forward and other applicable supports and agencies will contribute to the development of an initial Individual Rehabilitation Plan (IRP) designed to identify and address potential rehabilitative needs.

The core programming for CHI which is administered by the GEO group and/or co-facilitated with probation personnel, is the Free Your Mind curriculum. The curriculum is based on a trauma-informed, cognitive behavioral model and incorporates various strategies including behavioral interventions, cognitive restricting, emotion regulation skills, a streamlined approach to structured skill building, motivational interviewing, and mindfulness techniques. The completion of Free Your Mind modules will assist youth in reintegrating back into the community by addressing criminogenic needs.

At the end of the baseline term, the court must review the youth's progress toward meeting rehabilitative goals outlined in their IRP, as well as the recommendations of counsel, probation and any other agency or individuals having information the court deems necessary for discharge. To allow Juvenile Courts to provide the same extended supervision as was previously held by California Department of Corrections and Rehabilitation, Division of Juvenile Justice (DJJ), the jurisdiction of the court over the youth has been extended from age 21 to age 23 and to age 25 if the offense has an adult sentence of seven years or more.