**The Perinatal Services Update**

News, Announcements, Trainings, Opportunities to Get Involved & ResourcesSeptember 3, 2024

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**September is Food Safety Education Awareness Month**

Pregnant people are at higher risk to become ill when exposed to certain bacteria. Comprehensive Perinatal Services Program (CPSP) and the Centers for Disease Control and Prevention (CDC) have nutritional handouts that address food safety in pregnancy. Visit the links below to learn more.

* [CPSP-Checklist for Food Safety](https://custom.cvent.com/C506006261F8428CB7CCB91AAA9A05B4/files/f1d83abf389047caa9cd8a242c0ac90b.pdf)
* [CPSP-Don't Get Sick from the Food You Eat](https://custom.cvent.com/C506006261F8428CB7CCB91AAA9A05B4/files/aec362ee671f4f2a958b9d4eeada1d04.pdf)
* [CDC Safer Food Choices for Pregnant People](https://www.cdc.gov/food-safety/foods/pregnant-people.html%20)

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**Safe Sleep**

Let’s be honest; Safe Sleep handouts are boring and starting an honest conversation with your patients about Safe Sleep can be hard. One click away on their phone is a fun and easy way to start the chat and reinforce Safe Sleep teaching. Check out the Safe to Sleep Interactive Sleep Room from the National Institute of Child Health and Human Development (NICHD). Scan the QR or

click link below. 

[Safe to Sleep Interactive Sleep Room From the NICHD](https://safetosleep.nichd.nih.gov/reduce-risk/safe-sleep-environment/room%20)

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**7th Annual Maternal Mental Health Symposium**

This virtual event will be held on Friday, September 27th, 2024, and will feature presentations by leaders in the maternal mental health field. There is no charge to attend, and continuing education units will be provided. Click on the [link](https://view.email.elcaminohealth.org/?qs=9abdd333a714f6626bd7393855e014758a663eaec416beddb86e9c843859f1fae150cbaebfc1689c5cc217433dbcebce39f286ba9d9baca5de6405f65aa58ec7d33ed512c3d59d30) to learn more.

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We hope you can join us for our virtual October compassionate roundtable on pregnancy and infant loss.

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Learn about the Community Based-Doula Model program and make a positive difference in maternal healthcare in Fresno County! Please click on the following link to register. <https://forms.gle/J97mGyqGLhyAYrvv8>

**Opportunities to Get Involved**

**Congenital Syphilis Morbidity and Mortality Review**

The goal is to establish a multi-disciplinary team that identifies missed opportunities, which may have directly or indirectly, contributed to the infant up for review being born with Congenital Syphilis.

**Next meeting is** **September 10, 2024, 1:30-3:00pm via MS Teams**

Contact Jennifer Walch, Epidemiologist, at jwalch@fresnocountyca.gov for more information.

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**The Fresno County Tobacco-Free Coalition**

Fresno County Tobacco-Free Coalition welcomes all individuals and organizations interested in preventing tobacco from further harming our community.

Visit <https://dontblowitfresno.com/coalition/> for more information.

**Next meeting is on** **October 2, 2024, at 10:00am held over Zoom**.

To be added to meeting, email Hope Megerdichian at tobaccofreefc@gmail.com

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**Fresno Oral Health Task Force**

The Oral Health Taskforce is dedicated to expanding and enhancing local oral health networks. The purpose of the taskforce includes identifying policy solutions, addressing workforce challenges, and creating sustainable plans for community engagement. By collaborating with dedicated individuals such as yourself, they aim to make a positive impact in Fresno County’s oral health initiatives, enhancing outcomes and reducing oral health disparities.

**Next Meeting is September 19, 2024, 09:00-10:00am via Zoom.**

Contact Rebekah Kirkish at rkirkish@fresnocountyca.gov or

Jodeci Felix at jfelix@fresnocountyca.gov for more information on attending monthly meetings.

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**Provider Resources**

Did you know per the, [Pregnancy-Related Mortality 2018-2020 Annual Report](https://www.cdph.ca.gov/Programs/CFH/DMCAH/Pages/Health-Topics/Pregnancy-Related-Mortality.aspx) the leading causes of pregnancy-mortality were cardiovascular disease (CVD), hemorrhage (HEM), infection (INF), thrombotic

pulmonary embolism (TPE), amniotic fluid embolism (AFE), and hypertensive disorders of pregnancy (HDP). Please visit the links below to access toolkits from the California Maternal Quality Care Collaborative (CMQCC) for the following topics:

* [Improving Health Care Response to Cardiovascular Disease in Pregnancy and Postpartum](https://www.cmqcc.org/resources-toolkits/toolkits/improving-health-care-response-cardiovascular-disease-pregnancy-and%20)
* [OB Hemorrhage Toolkit V3.0](https://www.cmqcc.org/resources-tool-kits/toolkits/ob-hemorrhage-toolkit%20)
* [Improving Diagnosis and Treatment of Maternal Sepsis](https://www.cmqcc.org/resources-toolkits/toolkits/improving-diagnosis-and-treatment-maternal-sepsis%20)
* [Improving Health Care Response to Maternal Venous Thromboembolism](https://www.cmqcc.org/resources-toolkits/toolkits/improving-health-care-response-maternal-venous-thromboembolism)
* [Hypertensive Disorders of Pregnancy](https://www.cmqcc.org/resources-tool-kits/toolkits/HDP)

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**Upcoming Community Resources**

**Fresno Equal Opportunity Community (EOC) Food Distribution**

EOC serves the rural communities of Fresno County by providing food to families. Please visit their website at <https://fresnoeoc.org/food-distributions/> to learn more and explore their upcoming [EOC Food Distribution Calendar](https://fresnoeoc.org/wp-content/uploads/2024/04/Tentative-March-December-2024-Food-Distributions-Calendar-1.pdf%20%20)

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**Fresno County Free Drive-Thru Flu Vaccines**

It’s that time of year again, and the FREE Department of Public Health Drive-Thru Flu Clinic is happening on **Saturday, September 28, 2024, from 8:00am-11:00am.** For more information, please visit [The County of Fresno, Free Drive-Thru Flu Vaccine Event](https://www.fresnocountyca.gov/Departments/Public-Health/Emergency-Services/Public-Health-Emergency-Preparedness-PHEP/Public-Health-Emergency-Preparedness-Event)

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**Perinatal Services Coordinator for the County of Fresno**

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