



## Holistic Cultural and Education Wellness Center

A program of Fresno Center for New Americans and its partners

# 2014

### Policy Procedure Guide for Alternative Holistic Healers Internal Process for Establishing and Maintaining Eligibility List



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September 15, 2014  
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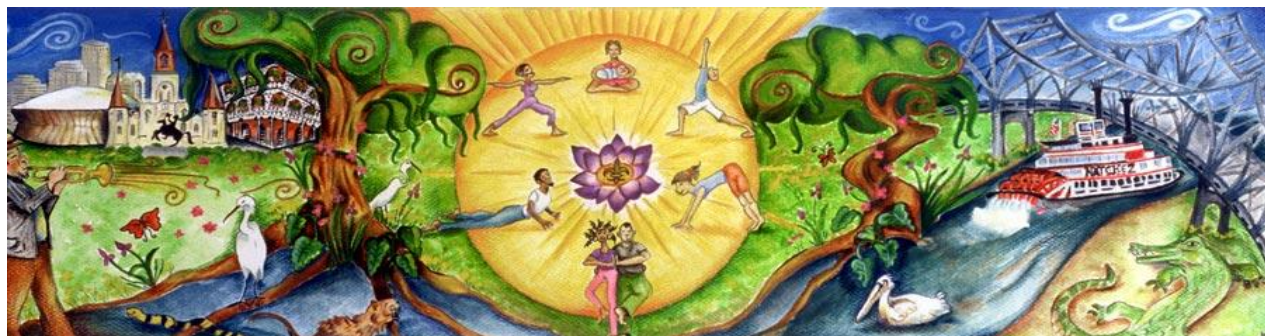
May 15, 2014



The Holistic Cultural and Education Wellness Center addresses mental health related issues for clients who choose alternative cultural and ethnically focused wellness and recovery practices. Alternative types of cultural practice and healing based around wellness and recovery are used to create positive change and meet the unique needs of individual and community groups. The Center offers education, awareness, and information regarding alternative healing and accessibility to targeted populations such as Native Americans, Asians, African Americans, Latinos, LGBTQ, Veterans, and members of other cultures that use traditional healers such as Curanderos, Shamans, Spiritual Healers, Sweat Lodge Leaders, Faith-Based Leaders, Meditation Gurus and other cultural healers that focus on healing the whole person as opposed to just mental health. The Center is a holistic wellness organization comprised of representatives from various cultural/ethnic groups that address alternative forms of healing.

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### **PURPOSE OF THIS POLICY AND PROCEDURE GUIDE:**

To ensure the Center provides consumers with a current list of individual community recognized Alternative Holistic Healers. The Center will assist consumers in accessing “cultural based alternative healing,” defined as anyone who can provide a service that helps keep someone well.

### **POLICY:**

The Holistic Cultural and Education Wellness Center of the Fresno Center for New Americans and Partners recognizes and values the diversity of the consumer population to work with cultural based alternative healers as part of their treatment and recovery

This policy ensures the Holistic Cultural and Education Wellness Center is able to provide consumers with a Resource List of recognized and criteria-eligible individual Alternative Holistic Healers.

### **PROCEDURE:**

A Resource List of identified individuals who meet specified criteria who can provide alternative holistic treatment, will be developed, maintained, and updated bi-annually by the Center. Identified healers will be given opportunity to apply for placement on the Resource List, which consists of completing an Application Form as well as meeting established community-standard criteria. The Resource List will be generated by an ad-hoc task force from each population served, and kept updated and current on a no less than bi-annual basis by Center staff. The Resource List will be made available and distributed to all mental health service providers in Fresno County. Contracted clinical providers will also have access to the Resource List.

When a consumer requests a cultural based alternative holistic healer, the following shall occur:

- Provide consumer the Reference List of identified healers
- Document the request in the case file
- Link consumer with the chosen healer
- Ensure confidentiality on the part of the Center

**PROCEDURE (CONTINUE):**

For individuals to be included on the Reference List of Alternative Holistic Healers, the following criteria are established. Each individual included on the Resource List will be required to meet each of these criteria.

1. Individual must be a recognized and respected community member from the various cultural groups
2. Individual must have good standing in the respective community of the Healer, based on that community's standards and norms
3. Individual must practice elective cultural holistic practices, as defined and accepted by the respective populations served

A current Alternative Healers Resource List will be maintained by the Center. Individuals who desire to be included on the Resource List shall submit a request on the Center's Application Form, and shall include recommendations by no less than two recognized community leaders in the represented population. Applicants will be notified within 30 days of filing application whether they are accepted for inclusion on the Resource List.

The final Resource List shall be approved by the Holistic Center Advisory Council, and any appeals to the efficacy or acceptability of any Alternative Healer on said list shall be referred to the Advisory Council for determination and final action.

The Resource List will be vetted by Center staff to assure they are current no less than twice annually.

**CONFLICT OF INTEREST:**

It is the policy of the Holistic Center to prevent any Conflict of Interest. As such, no referrals shall be made by any Center staff to any specific alternative healers. Rather, any inquiries or requests for alternative healers made by a consumer shall be responded to with the established Resource List of approved healers, in accordance with this Policy and Procedure Guide.