

HEALTH EQUITY & MULTICULTURAL DIVERSITY TRAINING

Learning Objectives

- Gain insight on the impact of world view beliefs and identity on professional practices.
- Increase knowledge and understanding of cultural identity, values, practices and beliefs related to health, wellness and recovery.
- Develop skills and techniques for effective and appropriate intercultural engagement, assessment practices with individuals and families.
- Understand the rationale for highlighting specific groups.
- Increase awareness of own personal beliefs, worldview and cultural identity.

Course Outline

This training is considered a core competence intended for all levels of behavioral health staff (Clinicians, SUD Specialists, Contracted Providers, Office Support Staff, etc.). It is designed to impact attitude change, to enhance knowledge and to initiate skill development for effective engagement and assessment.

- The HEMCDT training is a free two day experience and is open to all staff. The training format includes lecture, small group discussion and experiential activities.
- Training materials include PowerPoint, activity handouts, and short article references.
- The California Brief Multicultural Competence Scale is used as a pre/post test measure to determine the impact of the training. Other possible outcome measures for impact on service delivery can be explored.
- Capacity is 40 participants per session.

Health Equity and Multicultural Diversity Foundational Training is a generalist approach to multidisciplinary cultural competence. The "broad brush" curriculum addresses the essentials of culturally responsive and appropriate care and includes the following key elements:

- The fundamentals of cultural values, practice and beliefs.
- The impact of cultural perspectives on illness, engagement, intervention, wellness and recovery.
- Clarification of culture, race, and linguistic competences in behavioral health care.
- Cultural identity formulations and cultural humility.
- Understanding provider worldview.
- Impact of provider worldview and bias.

Continued Education Units

This training qualifies for continued education units (CEUs) which can be provided through CE-Classes.com. Certificates are awarded online after completion of the workshop. Participants print their own certificate after registering at CE-Classes.com, entering a key-code, and completing an evaluation form.

Trainer Bio

Khani Gustafson, MSW, is a Senior Associate with the California Institute for Behavioral Health Solutions (CIBHS). She is a member of the Evidence Based Practices Team and project lead for EBP training and implementation including Moral Reconciliation Therapy CBT MRT, Trauma Focused CBT and PIER Model Training for identification and intervention of early psychosis.