

PROGRAM INFORMATION:

Program Title:	Crisis Stabilization Voluntary Services	Provider:	Exodus Recovery, Inc.
Program Description:	Exodus Recovery operates an LPS designated Crisis Stabilization Center (CSC) providing psychiatric stabilization services to youth consumers up to 18 years of age and adult consumers 18 years of age and older who would otherwise be taken to or access care in an emergency room. Individuals who experience a mental health crisis or are in imminent danger of presenting a risk to themselves, others or becoming gravely disabled are able to immediately access care 24/7, 365 days per year at the Exodus CSC.	MHP Work Plan:	4- Behavioral Health Clinical Care
Age Group Served 1:	ALL AGES	Dates Of Operation:	Youth CSC: April 1 st , 2015 - Present Adult CSC: May 4 th , 2012 - Present
Age Group Served 2:	Choose an item.	Reporting Period:	July 1, 2015 - June 30, 2016
Funding Source 1:	Medi-Cal FFP	Funding Source 3:	Other, please specify below.
Funding Source 2:	Realignment	Other Funding:	Private Insurance and Uninsured

FISCAL INFORMATION:

Youth CSC

Program Budget Amount: \$2,649,269.00

Number of Unique Clients Served During Time Period: 1,185

Number of Services Rendered During Time Period: 1,944

Actual Cost Per Client: \$2,235.67

Program Actual Amount: \$2,649,269.00

Adult CSC

Program Budget Amount: \$6,418,893.00

Number of Unique Clients Served During Time Period: 3,324

Number of Services Rendered During Time Period: 6,376

Actual Cost Per Client: \$1,931.07

Program Actual Amount: \$6,418,893.00

CONTRACT INFORMATION:

Program Type:	Contract-Operated	Type of Program:	Crisis Stabilization
Contract Term:	July 1, 2016-June 30, 2019 with extension for July 1, 2020 and June 30, 2021.	For Other:	
Level of Care Information Age 18 & Over:	Intensive Outpatient	Renewal Date:	July 1, 2021
Level of Care Information Age 0- 17:	Intensive Outpatient		

TARGET POPULATION INFORMATION:

Target Population: The target population will include clients from Fresno County, who are exhibiting acute psychiatric symptoms that have been placed on a Welfare and Institution Code (W&IC) 5150 designation or who request admittance to the CSC on a voluntary status.

MHSA CORE CONCEPTS:

Please select MHSA core concepts embedded in services/ program:

Client/Family Driven Program

Community Collaboration

Integrated Service Experience

Recovery/Resiliency Orientation

Please describe how the selected concept (s) embedded :

We have provided a welcoming environment where a person in crisis or with urgent mental health needs will immediately be seen and evaluated by a professional and receive the services he/she needs. Treatment has been client-centered by incorporating the client's input in determining the services and supports that are most effective and helpful for our clients. We have provided ongoing services until the client is successfully connected to community services. A key component of our treatment services is the development of a comprehensive discharge plan designed to transition the client to a less restrictive but supportive level of care, reestablish linkage to their previous service provider, and link clients and their families to a system of relevant community resources. These have included outpatient treatment, crisis residential beds, shelter beds, board and cares, sober living houses and peer programs.

PROGRAM OUTCOME GOALS:**Youth CSC**

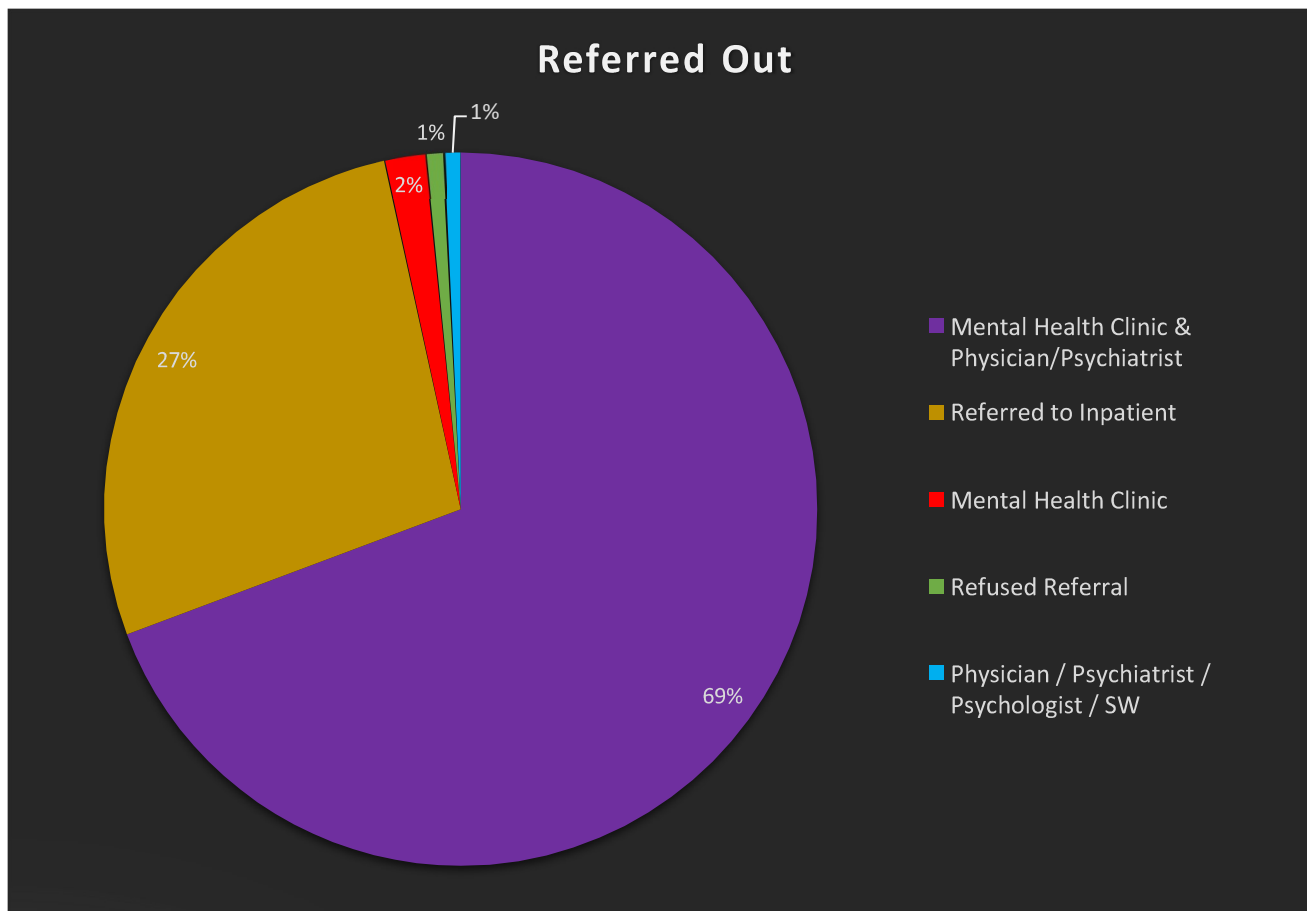
<u>OUTCOME GOAL</u>	<u>OUTCOME DATA</u>
Effectiveness of Discharge Planning as demonstrated by the referral and linkage to other department of Behavioral Health programs, community providers and other community resources	Total adolescent client admissions were 1,944. These clients were referred to the following: Mental Health Clinic & Physician/Psychiatrist: 1,347 (69%) Referred to Inpatient: 531 (27%) Mental Health Clinic: 36 (1.8%) Refused Referral: 16 (0.8%) Physician / Psychiatrist / Psychologist / SW: 14 (0.7%)
Collaborative approach and treatment strategies to reduce readmission of consumers with frequent admissions to the facility.	There were 62 adolescent clients with 3 or more visits between Jul 1, 2015 to Dec 31, 2015 (Baseline Period). Out of those 62 clients, only 24 came back to the CSC between Jan 1, 2016 to June 30, 2016. In addition, total visits for clients with 3 or more admissions during Baseline Period was 274 visits, compared to 61 visits between Jan 1, 2016 to June 30, 2016 for the same set of Baseline clients.
Denial rate for CSU hours that do not meet Medi-Cal medical necessity criteria as determined by the utilization review performed by the Fresno County Mental Health Plan.	Exodus had 0 Medi-Cal denied units for adolescent clients (please see grid break down on page 7).

Adult CSC

<u>OUTCOME GOAL</u>	<u>OUTCOME DATA</u>
Effectiveness of Discharge Planning as demonstrated by the referral and linkage to other department of Behavioral Health programs, community providers and other community resources	Total adult client admissions were 6,376. These clients were referred to the following: Mental Health Clinic & Physician/Psychiatrist: 4,169 (65%) Referred to Inpatient: 1,753 (27%) Mental Health Clinic: 236 (3.7%) Refused Referral: 179 (2.8%) Physician / Psychiatrist / Psychologist / SW: 35 (0.5%) Referred to Other Community Resources: 4 (0.06%)
Collaborative approach and treatment strategies to reduce readmission of consumers with frequent admissions to the facility.	There were 263 adult clients with 3 or more visits between Jul 1, 2015 to Dec 31, 2015 (Baseline Period). Out of those 263 clients, only 140 came back to the CSC between Jan 1, 2016 to June 30, 2016. In addition, total visits for clients with 3 or more admissions during Baseline Period was 1,398 visits, compared to 525 visits between Jan 1, 2016 to June 30, 2016 from the same set of Baseline clients.
Denial rate for CSU hours that do not meet Medi-Cal medical necessity criteria as determined by the utilization review performed by the Fresno County Mental Health Plan.	Exodus had 0 Medi-Cal denied units (please see grid break down on page 7).

PROGRAM OUTCOME DATA/INDICATORS:**Youth CSC:**

Outcome: Effectiveness of Discharge Planning as demonstrated by the referral and linkage to other department of Behavioral Health programs, community providers and other community resources.

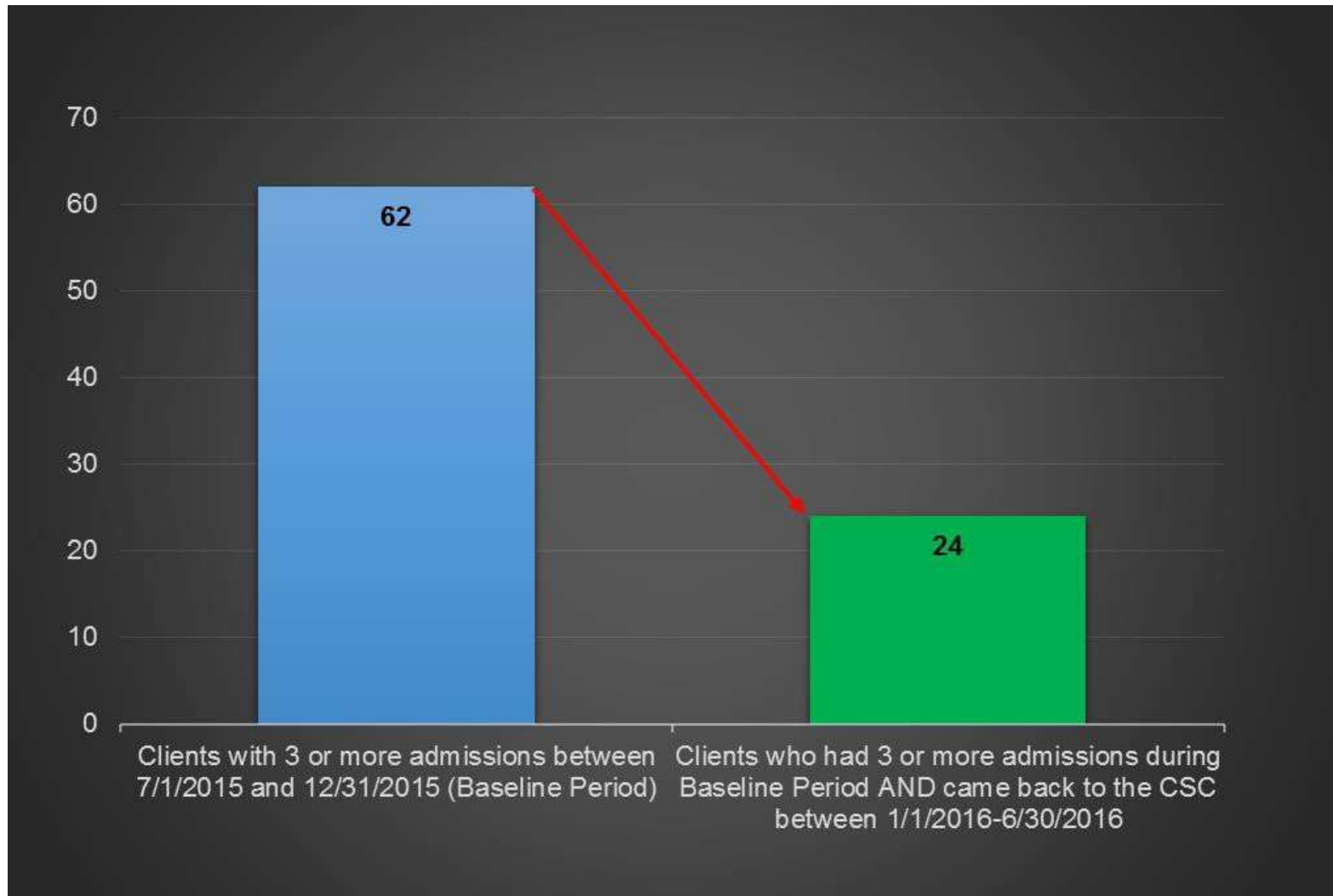


Referral Out Type	Clients
Mental Health Clinic & Physician/Psychiatrist	1,347
Referred to Inpatient	531
Mental Health Clinic	36
Refused Referral	16
Physician / Psychiatrist / Psychologist / SW	14
Grand Total	1,944

NOTES:

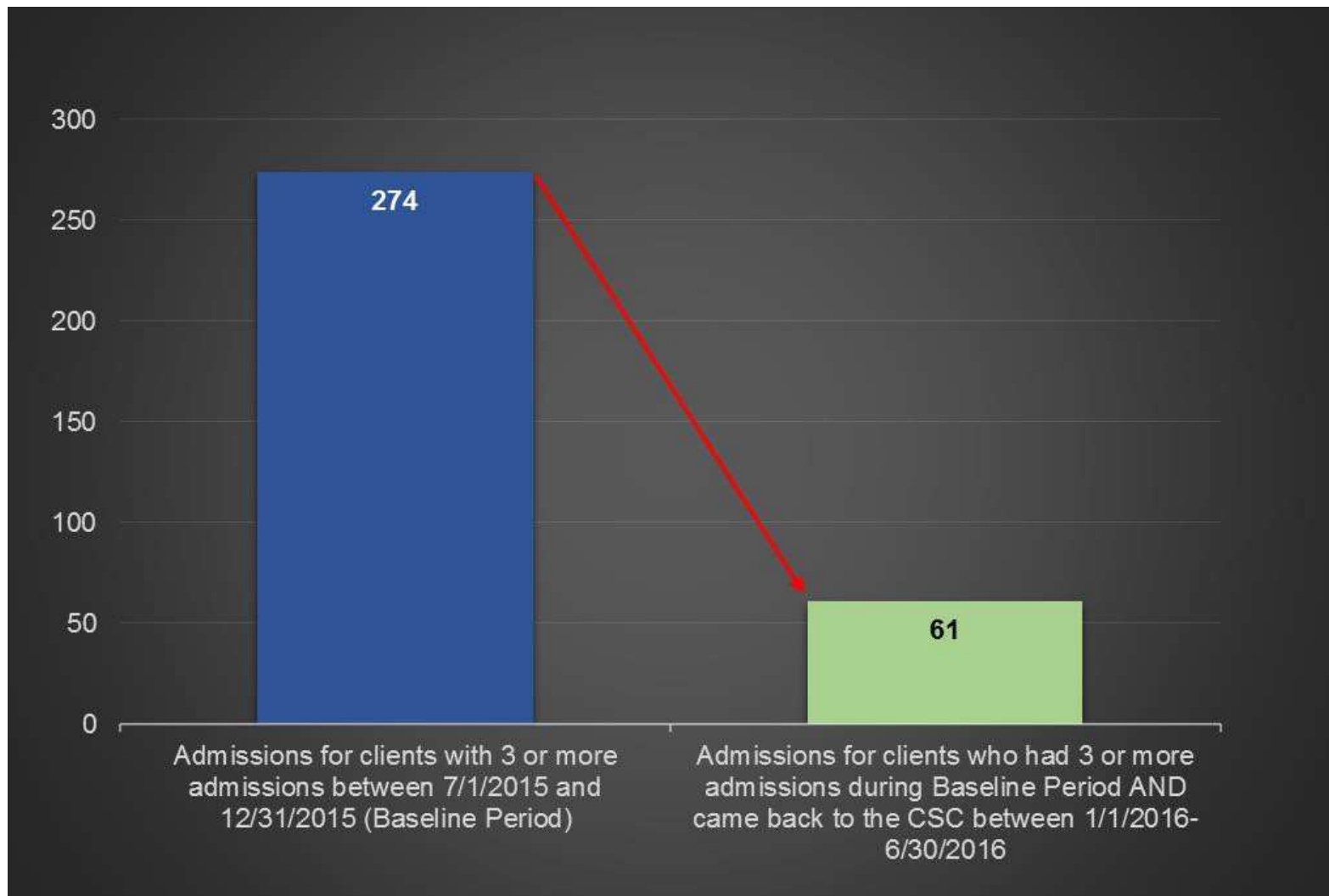
- Data extracted from Exodus' Fresno CSC Admissions Log
- Includes Admissions from July 1, 2015 to June 30, 2016
- Includes adolescents 17 years of age and younger

Outcome: Collaborative approach and treatment strategies to reduce readmission of consumers with frequent admissions to the facility.



NOTES:

- Data extracted from Exodus' Fresno CSC Admissions Log
- Includes Admissions from July 1, 2015 to June 30, 2016
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FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH

OUTCOMES REPORT- Attachment A

Outcome: Denial rate for CSU hours that do not meet Medi-Cal medical necessity criteria as determined by the utilization review performed by the Fresno County Mental Health Plan.

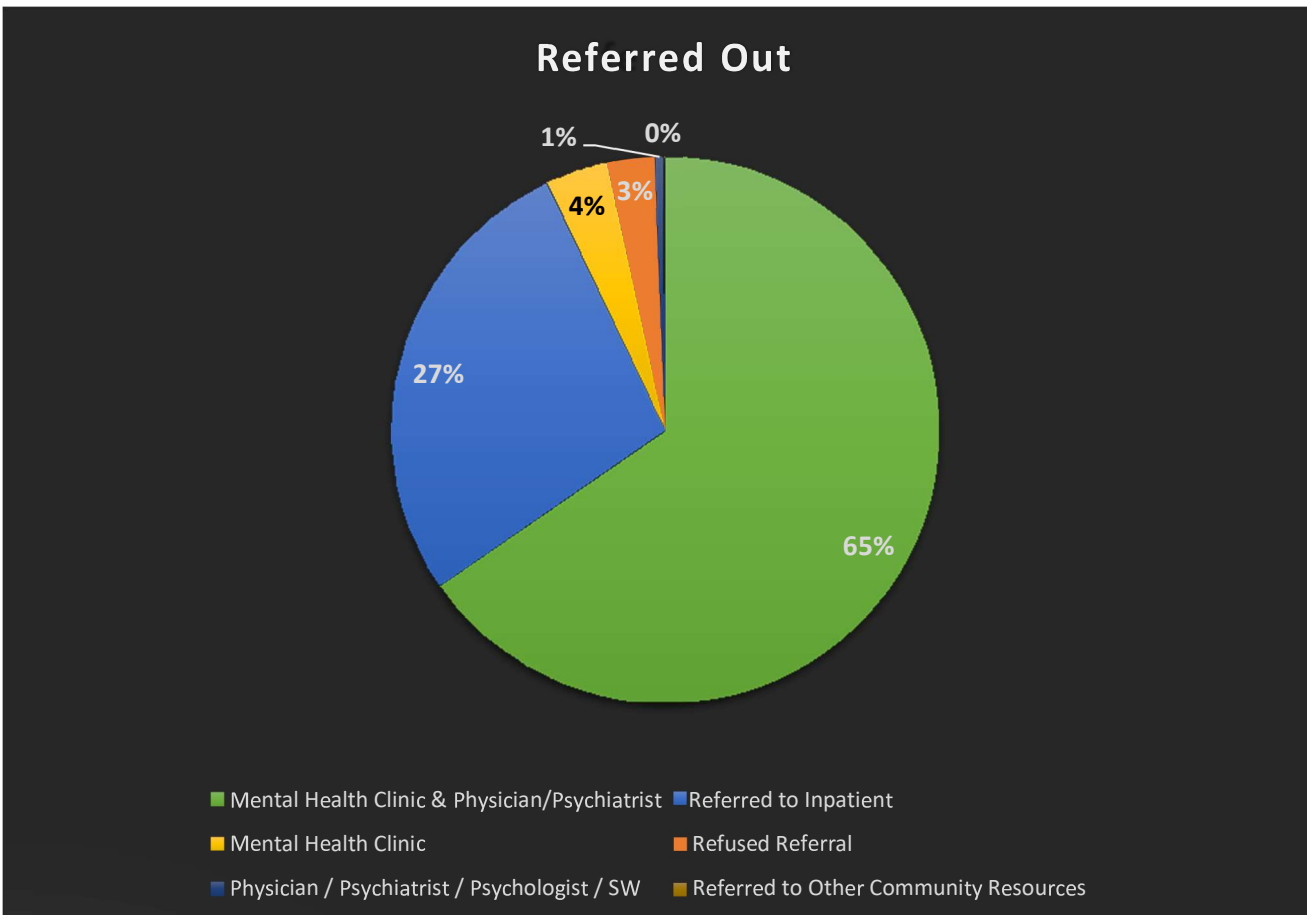
Mode of Service Number	Service Function Code	Sum of Grand Total All	Sum of Total Approved Medi-Cal Cost Report Units	Sum of Total Pending Cost Report Units for	Sum of Total Unbilled Cost Report Units for	Sum of Total Denied Cost Report Units for
10	24	27,340	12,089	181	13,890	0
10 Total		27,340	12,089	181	13,890	0
Grand Total		27,340	12,089	181	13,890	0

NOTES:

- Data extracted from the Fresno County Legal Entity SD/MC Cost Report
- Includes Admissions from July 1, 2015 through June 30, 2016

Adult CSC

Outcome: Effectiveness of Discharge Planning as demonstrated by the referral and linkage to other department of Behavioral Health programs, community providers and other community resources.

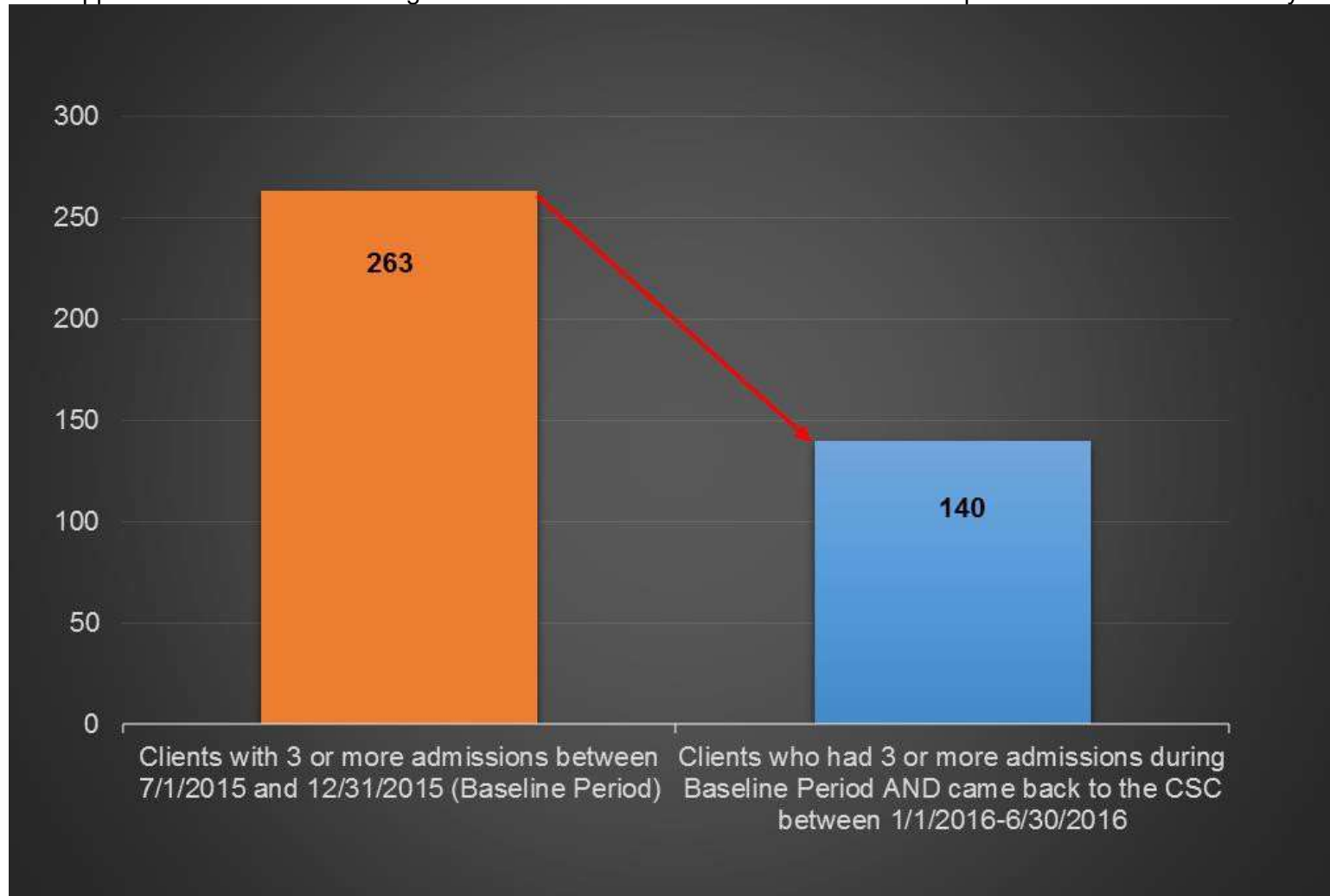


Referral Out Type	Clients
Mental Health Clinic & Physician/Psychiatrist	4,169
Referred to Inpatient	1,753
Mental Health Clinic	236
Refused Referral	179
Physician / Psychiatrist / Psychologist / SW	35
Referred to Other Community Resources	4
Grand Total	6,376

NOTES:

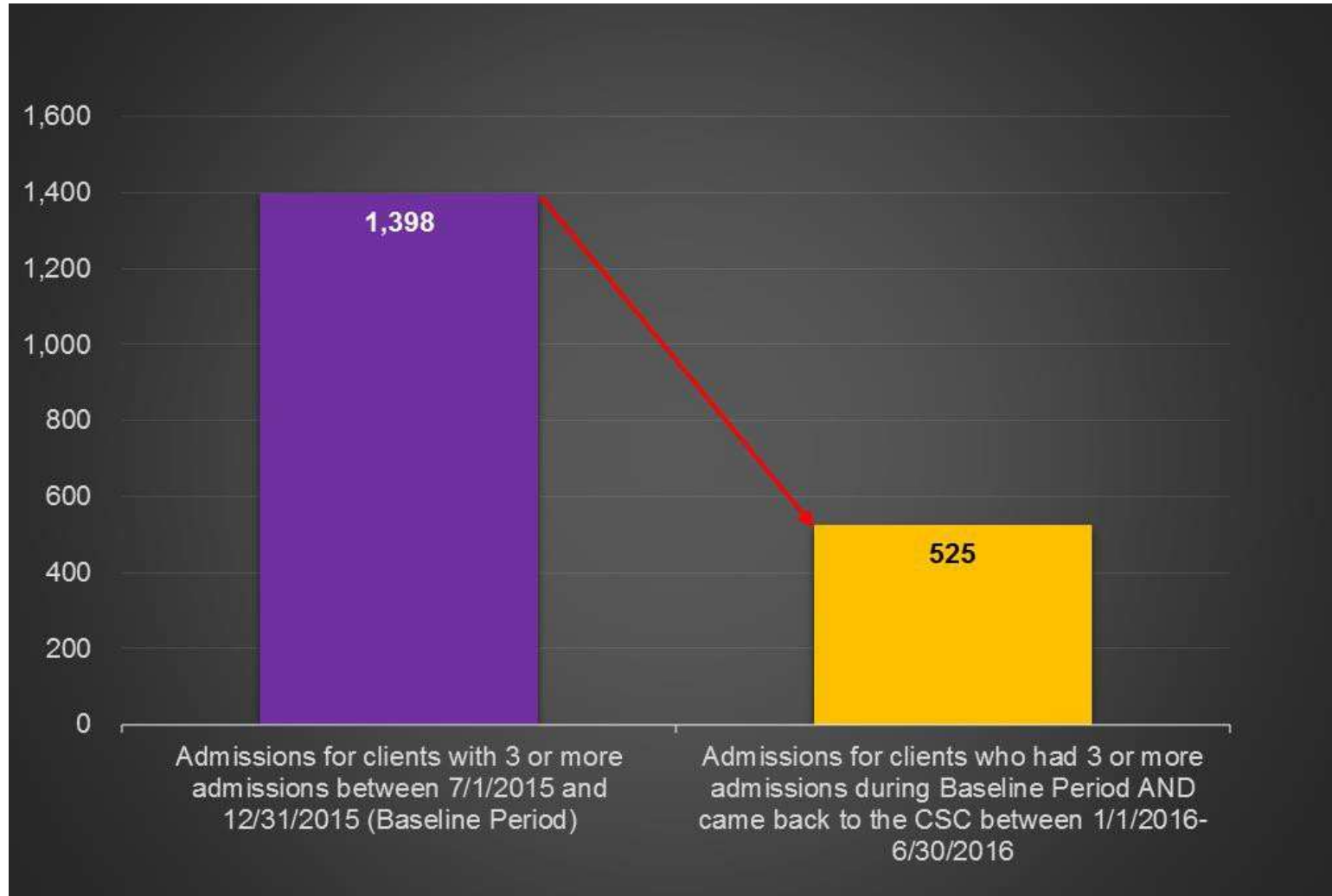
- Data extracted from Exodus' Fresno CSC Admissions Log
- Includes Admissions from July 1, 2015 to June 30, 2016
- Includes adults 18 years of age and older

Outcome: Collaborative approach and treatment strategies to reduce readmission of consumers with frequent admissions to the facility.



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FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH

OUTCOMES REPORT- Attachment A

Outcome: Denial rate for CSU hours that do not meet Medi-Cal medical necessity criteria as determined by the utilization review performed by the Fresno County Mental Health Plan.

Mode of Service	Service Function Code	Sum of Grand Total All Units	Sum of Total Approved Medi-Cal Cost Report Units	Sum of Total Pending Cost Report Units for Medi-Cal	Sum of Total Unbilled Cost Report Units for	Sum of Total Denied Cost Report Units for
10	24	88388	4113	34686	41370	0
10 Total		88,388	4,113	34,686	41,370	0
Grand Total		88,388	4,113	34,686	41,370	0

NOTES:

- Data extracted from the Fresno County Legal Entity SD/MC Cost Report
- Includes Admissions from July 1, 2015 through June 30, 2016

DEPARTMENT RECOMMENDATION(S):

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