PROGRAM INFORMATION:

Program Title: Therapeutic Behavioral Services

Program Description: One-to-one mental health services for

children and youth up to age 21 that focuses on resolution of target behaviors or symptoms which jeopardizes existing placements, are a barrier to transitioning to a lower level of residential placement, and are barriers to the completion of

specific treatment goals.

Age Group Served 1: CHILDREN

Age Group Served 2: TAY

Funding Source 1: Medical FFP

Funding Source 2: Behavioral Health Realignment

Dates Of Operation: July 1, 2013 - Current

**Reporting Period:** July 1, 2015 - June 30, 2016

**Funding Source 3:** 

Other Funding:

Provider:

MHP Work Plan:

Dates of Operation. July 1, 2015 - Current

Choose an item.

JDT Consultants, Inc.

1-Behavioral Health Integrated Access

**FISCAL INFORMATION:** 

Program Budget Amount: \$3,325,000

Number of Unique Clients Served During Time Period: 339
Number of Services Rendered During Time Period: 9,902

Actual Cost Per Client: \$314.85

**Program Actual Amount:** \$3,117,680

**CONTRACT INFORMATION:** 

Program Type: Contract-Operated Type of Program: FSP

Contract Term: July 1, 2013 – June 30, 2018 For Other:

This is a five-year base contract with no Renewal Date: July 1, 2018

additional optional contract periods.

Level of Care Information Age 18 & Over: Intensive Outpatient (TBS, Wrap)

Level of Care Information Age 0-17: Intensive Outpatient (TBS, Wrap)

#### TARGET POPULATION INFORMATION:

### **Target Population:**

Children and/or youth up to age 21 experiencing emotional or behavioral challenges in their current living environment or experiencing a stressful life transition. TBS is only available to those children/youth with full-scope Medi-Cal benefits who are receiving ongoing mental health services, members of the Katie A. subclass, and/or meet one or more of the following criteria:

- 1. Experiencing behaviors that they find hard to manage and may jeopardize their placement;
- 2. Currently living in a group home;
- 3. At risk of psychiatric hospitalization, or have been hospitalized, within the last 25 months; and
- 4. Transitioning to a lower level place.

#### MHSA CORE CONCEPTS:

Please select MHSA core concepts embedded in services/ program:

(May select more than one)
Client/Family Driven Program

**Cultural Competence Orientation** 

**Community Collaboration** 

**Integrated Service Experience** 

Recovery/Resiliency Orientation

# Please describe how the selected concept (s) embedded:

JDT works intensively with both the child referred and caregiver(s) in urban and rural areas of Fresno County to reduce target behaviors. JDT matches coaches to the linguistic and cultural needs of the families, and partners with referral sources as well as community resource providers to meet the unique needs of the service population. JDT collaborates with a myriad of community-based agencies, including mental health, physical health, ACT, WRAP, Katie A., schools, Probation, and TAY, and encourages all of these team members to participate in monthly Treatment Team Meetings.

#### PROGRAM OUTCOME GOALS:

Program goals are to stabilize high-risk youth by preventing placement disruption, out of home placement, hospitalization, and incarceration. Additionally, to assist caregivers in learning techniques to effectively parent high-risk youth to accomplish the primary goal above in the long-term, following program completion, and are measured by the objectives below.

- 1. 75% TBS Graduation Rate.
- 2. 70% of consumers placed in a less restrictive living environment.
- 3. Overall 70% satisfaction rating with Caregivers.
- 4. 75% decrease in Target Behavior Frequency as reported by Caregivers.
- 5. After Care Goal: 80% of consumers who are tracked for 24 months maintained placement or moved to a less restrictive placement.

# **PROGRAM OUTCOME DATA/INDICATORS:**

## FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH

- 1. Out of the 339 clients served, 292 clients discharged from TBS services, of which 220 were discharged with a Graduation/Success Status, which indicates a 65% clients Graduation Rate.
- 2. 78% of clients transitioned to a less restrictive living environment (Biological Home, Relative Placement, Adoptive Placement, Legal Guardian, or Transitional Living).
- 3. 67 caregivers responded to JDT Satisfaction Survey's (Post-Service Surveys), and 88% of these polled caregivers were satisfied with services.
- 4. Through the JDT Satisfaction Surveys at the completion of services, 85% of caregivers stated they saw a decrease in the clients' target behaviors.
- 5. 84.4% of consumers who were tracked up to 24 months after care maintained placement or moved into a less restrictive environment.

## **DEPARTMENT RECOMMENDATION(S):**

Click here to enter text.