

PROGRAM INFORMATION:

Program Title:	Kings View Behavioral Health Mental Health Services Act Peer and Family Support Youth Empowerment Centers (YEC) Program	Provider:	Kings View Behavioral Health
Program Description:	Prevention and Early Intervention	MHP Work Plan:	2-Wellness, recovery, and resiliency support
Age Group Served 1:	CHILDREN	Dates Of Operation:	January 2016 – June 30, 2021
Age Group Served 2:	TAY	Reporting Period:	July 1, 2015 - June 30, 2016
Funding Source 1:	Prevention (MHSA)	Funding Source 3:	Choose an item.
Funding Source 2:	Early Intervention (MHSA)	Other Funding:	

Current contract is effective January 1, 2016 through June 30, 2016; however this report includes information from July 1, 2015 through December 31, 2015 also to cover a full 12-month reporting period. Effective July 1, 2016, the Agreement shall continue for an additional three (3) year term upon the same terms and conditions. After three (3) years, the Agreement may be renewed for up to two (2) additional, successive twelve (12) month periods upon the same terms and conditions.

FISCAL INFORMATION:

Program Budget Amount:	\$439,661.00	Program Actual Amount:	\$341,842.93
Number of Unique Clients Served During Time Period:	398		
Number of Services Rendered During Time Period:	5,270 Duplicated Youth, 702 groups		
Actual Cost Per Client:	\$858.90		

CONTRACT INFORMATION:

Program Type:	Contract-Operated	Type of Program:	
Contract Term:	3 years + 2 optional = 5 years	For Other:	Prevention and Early Intervention
		Renewal Date:	July 1, 2021
Level of Care Information Age 18 & Over:	Traditional Outpatient Treatment (caseload 1:80)		
Level of Care Information Age 0- 17:	Traditional Outpatient Treatment (caseload 1:80)		

TARGET POPULATION INFORMATION:

Target Population:	Children and youth (ages 10-13), and Adolescents (ages 14-17) attending school in Fresno County including the unserved and underserved cultural, ethnic, and linguistic communities. Children and adolescents will participate in peer support driven wellness and recovery activities through education, socialization, life-skills building, and recreational activities.
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MHSA CORE CONCEPTS:

Please select MHSA core concepts embedded in services/ program:

(May select more than one)

Client/Family Driven Program

Community Collaboration

Please describe how the selected concept (s) embedded :

Client/Family Driven Program: Support groups are provided and led by Parent Partners in an open learning environment. While supervised, older peers are encouraged to take the lead in some groups such as Wellness Recovery Action Plan (WRAP) training in order to mentor younger youth. Concepts such as respect, responsibility and accountability are learned through peer interactions and experiences, using role playing and group discussion in a way that is culturally appropriate and age relevant. We discuss a wide variety of mental health issues including stigma reduction, signs and symptoms of depression, bipolar disorder and anger management. Kings View Behavioral Health provides parenting classes and informational resources for youth and family and links them to agencies in the community for evaluation and services.

Three of our Parent Partners have been trained to facilitate Abriendo Puertas parenting groups and do so in the Fresno Unified School District.

Community Collaboration: We collaborate and co-locate with Boys and Girls Clubs of Fresno County; school based counselors; Healthy Start Coordinators/Alternative Education Clovis Unified School District; Proteus, Inc; City of Fresno PARCS; California Health Collaborative; school based Social Emotional Support Specialists; Cold Springs Rancheria of Mono Indians of California; teachers, principals, school board members and staff at several community sites where we hold groups.

We also have one site where grandparents volunteer in rounding up the youth for groups and wait to provide transportation to their grandchildren so they can attend.

PROGRAM OUTCOME GOALS:

1. A minimum of 2,400 (duplicated) youth will participate per year
2. A minimum of 300 completed surveys per quarter will be collected with 350 surveys being distributed

3. A minimum of 20 mental health presentations, servicing 150 youth
4. Client involvement/participation in mini-center activities will improve by 50% based on the pre/post involvement survey
5. 350 unique youth and families will be served
6. 350 one to one contacts will be made
7. 400 peer support groups will be provided

PROGRAM OUTCOME DATA/INDICATORS:

1. YEC program had 5,270 duplicated youth served
2. YEC have collected a total of 1,238 satisfaction surveys throughout the year with a 100% youth satisfaction.
3. YEC did 22 mental health presentations, servicing 98 youth.
4. YEC increased the number of support groups to add 3 additional Middle Schools this past school year and we are going to add an additional 3 more Middle Schools this upcoming year.
5. YEC had 398 unique youth participants.
6. YEC facilitated 702 support groups.

Children's Hope Scale FUSD Groups September-December 2015

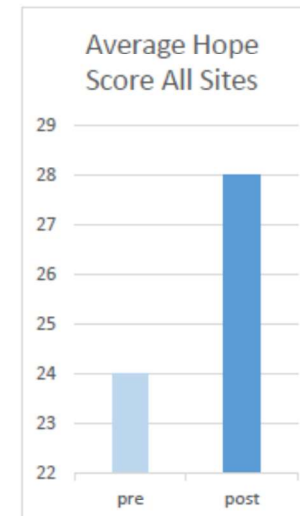


During the fall semester, 32 youth from Fresno Unified participated in the Children's Hope Scale (C.R. Snyder). 105 additional youth also participated WRAP (Wellness Recovery Action Plan) program and the remaining 4 had WRAP concepts, but chose not to fill out a survey or had an incomplete set of surveys which we were not able to evaluate. The surveys evaluated for their "hopefulness" before and after.

The survey consisted of rating how much they related to 6 positive statements on a 1 – 6 scale.

Q1: I think I am doing pretty well.
Q2: I can think of many ways to get the things in life that are most important to me.
Q3: I am doing just as well as other kids my age.
Q4: When I have a problem, I can come up with lots of ways to solve it.
Q5: I think the things I have done in the past will help me in the future.
Q6: Even when others want to quite, I know that I can find ways to solve the problem.

1= None of the time
2= A little of the time
3= Some of the time
4 = A lot of the time
5= Most of the time
6= All of the time



There was an average of 16.33% increase of Hope in the youth.

	Pre Scores	Post Scores	# of Youth	% Change
Tioga Middle	22	27	9	25.26%
Yosemite Middle	23	27	4	17.39%
Duncan High	27	32	5	16.79%
McLane High	27	29	6	10.00%
Sunnyside High	22	24	8	12.21%
Total	24	28	32	16.33%

YOUTH EMPOWERMENT PROGRAM

YOUTH PARTICIPANT SURVEY

Tell us what you think!



This survey is being used to get your ideas about Youth Empowerment Program. It is not a test and there is no right or wrong answers. Please take your time and be sure to answer each question based on what you really think. Your answers are completely private.

1) Please check the box below that is closest to how you feel about Youth Empowerment Program.			
	Yes	Kind of	Not Really
a) There are interesting activities at Youth Empowerment Program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) The activities are fun at Youth Empowerment Program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) I learn about new things at Youth Empowerment Program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) I like coming to Youth Empowerment Program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) There are rules I am expected to follow at Youth Empowerment Program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) I feel safe at Youth Empowerment Program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) I feel like people are happy to see me here	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) I tell my friends to come to Youth Empowerment Program	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

2) Please check the box below that is closest to how you feel about Youth Empowerment Program.			
	Yes	Kind of	Not Really
a) Staff care about me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Staff help me feel important	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Staff give me lots of support	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) Staff spend time with me one-on-one	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) Staff can be trusted	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) I like the staff here	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) Staff expect me to try hard and do my best	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) Staff tell me when I do a good job	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i) I could go to a staff member at Youth Empowerment Program for advice if I had a serious problem	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j) Staff listen to what I have to say	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k) Staff ask me to plan, choose or lead activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l) Staff encourage me to do volunteer work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

m) Staff treat all kids fairly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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3) Coming to the Youth Empowerment Program has helped me to...	Yes	Kind of	Not Really
a) Improve my grades in school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Do better in school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Try harder in school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) Spend more time doing my homework	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) Participate more in class activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) Become more interested in going to school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) Care more about my school	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) Get along better with my classmate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i) Get along better with my teachers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

4) Being involved in Youth Empowerment has helped me to...	Yes	Kind of	Not Really
a) Know more about people of other cultures, races, or ethnic groups	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Care more about young people of other cultures, races or ethnic groups	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Have more respect for young people of other cultures, races or ethnic groups	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) Feel more comfortable with young of other cultures, races or ethnic groups	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) Try harder not to judge people based on skin color	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) Be more aware that I sometimes have ideas about people that are not true (incorrect or mistaken)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

5) Because I am to Youth Empowerment Program...	Yes	Kind of	Not Really
a) I get along better with other people my age	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) I am better at making friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) I am better at telling others about my ideas and feelings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

d) I am better at listening to other people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) I work better with others on a team	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) I make better decisions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) I am better at planning ahead	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h) I am better at setting goals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i) I am better at solving problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j) I am more of a leader	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k) I am better at taking care of problems without violence or fighting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

6) Coming to Youth Empowerment Program has helped me to...	Yes	Kind of	Not Really
a) Better say “no” to things I know are wrong	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Stay out of trouble	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Stay away from violence and fighting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

7) Because I came to Youth Empowerment Program...	Yes	Kind of	Not Really
a) I care more about other people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) I care more about the feelings of other people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) I am better at standing up for what I believe	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) I tell the truth more often even when it is hard	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) I am better at taking responsibility for my actions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) I am more interested in community and world problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g) I am better at speaking up for people who have been treated unfairly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

8) Coming to Youth Empowerment Program has helped me to...	Yes	Kind of	Not Really
a) Feel better about myself	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Feel I have more control over things that happen to me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Feel that I can make more of a difference	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) Learn I can do things I didn't think I could do before	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) Feel better about my future	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f) Feel I am better at handling whatever comes my way	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

9) What do you like best about coming to Youth Empowerment Program?

10) If you could change one thing of Youth Empowerment Program what would it be?

11) When did you start coming to Youth Empowerment (Group)?

- ☐ Spring 2015
- ☐ Fall/Winter 2014
- ☐ Last year 2013/2014
- ☐ Two years ago 2012/2013
- ☐ Three years ago 2011/2012
- ☐ Four years ago 2010/2011

12) How old are you?

- ☐ 10 years old ☐ 11 years old
- ☐ 12 years old ☐ 13 years old
- ☐ 14 years old ☐ 15 years old
- ☐ 16 years old ☐ 17 years old
- ☐ 18 years old

13) Are you a girl/female or boy/male?

- ☐ Girl/Female
- ☐ Boy/male

14) What grade are you in?

- ☐ 5th grade ☐ 6th grade
- ☐ 7th grade ☐ 8th grade
- ☐ 9th grade ☐ 10th grade
- ☐ 11th grade ☐ 12th grade

15) What is your culture/ethnic/race?

Or you may choose from below:

- ☐ Caucasian/White
- ☐ African American/Black
- ☐ Asian/Pacific Islander
- ☐ Latino/Hispanic
- ☐ Native American
- ☐ Bi-racial/Multi-racial

16) Which site are you at?

- ☐ McLane High ☐ King Canyon Middle
- ☐ Edison High ☐ Orange Cove
- ☐ Dickey Youth ☐ Raisin City
- ☐ Duncan High ☐ Sunnyside High
- ☐ Firebaugh ☐ Tehipite Middle
- ☐ FIRM ☐ Tollhouse
- ☐ Gateway High ☐ West Fresno Boys/Girls
- ☐ Heaton Elementary ☐ Yosemite Middle
- ☐ Hoover High ☐ Tioga Middle

If you would like to be contacted for next year's group information, please write down your email address:

~ Thank you for your answers ~

Success Stories

One youth who has been in group for two years, had been struggling with attending school and being responsible about turning in homework. She has been consistently been going to group and shared with the group that she learned how to be responsible and is now a 4.0 student and participates in sports and in other recreational programs

One youth in 3 of our sites participated in the Directing Change video competition and were able to be recognized at the event at the Tower Theatre. This youth had a chance to help break the stigma against mental health and empower others

One youth from a rural site graduated from High School this past year, she went through a crisis at the beginning of the school year but YEC staff kept in contact with her and when she was ready, she returned to the group. The youth invited staff to her graduation finishing 5th in her class and shared “being in group really helped me see that the younger youth were cheering me on and encouraging me to keep going and it really helped me use my wellness tools to get better and I love seeing that you guys came to my graduation to support me all the way through”

DEPARTMENT RECOMMENDATION(S):

Click here to enter text.