FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH

OUTCOMES REPORT- Attachment A

PROGRAM INFORMATION:

Program Title: Fresno Family Connections Provider: Mental Health Systems, Inc.

Program Description: Outpatient specialty mental health MHP Work Plan: 4-Behavioral health clinical care

services for children and youth with serious emotional disturbances and aprents with serious mental illness and court specific services to children and families in Fresno County's Child Welfare

Services system.

Age Group Served 1:CHILDRENDates Of Operation:July 29, 2014 - PresentAge Group Served 2:ADULTReporting Period:July 1, 2015 - June 30, 2016Funding Source 1:Medical FFPFunding Source 3:Other, please specify below

Funding Source 2: EPSDT Other Funding: DSS

FISCAL INFORMATION:

Program Budget Amount: \$3,002,500 Program Actual Amount: \$2,388,139.34

Number of Unique Clients Served During Time Period: 877

Number of Services Rendered During Time Period: 15,505

Actual Cost Per Client: \$2,723.07

CONTRACT INFORMATION:

Program Type: Contract-Operated Type of Program: Outpatient

Contract Term: 07/29/2014 - 06/30/2019 (07/29/2014 - For Other: Click here to enter text.

06/30/2017 plus two optional one-year

extensions)

Renewal Date: 07/01/2019

Level of Care Information Age 18 & Over: Medium Intensity Treatment (caseload 1:22)

Level of Care Information Age 0- 17: Outpatient Treatment

TARGET POPULATION INFORMATION:

Target Population: All referred children, youth, parents, guardians, and foster parents of children with an open Child Welfare case. This

target population includes children and youth referred to in the Katie A. Settlement Agreement as members of the

"class" and "subclass."

MHSA CORE CONCEPTS:

Please select MHSA core concepts embedded in services/ program:

(May select more than one)
Community Collaboration

Choose an item.

Choose an item.

Choose an item.

Please describe how the selected concept (s) embedded:

Fresno Family Connections consistently collaborated with community partners including DSS, EMQ's Wraparound, and JDT's Theraputic Behavioral Serivces, to provide a high quality of service to each client. Additionally, FFC collaborated with community partners while providing referrals and linkages to clients upon discharge from the program.

PROGRAM OUTCOME GOALS:

1. Improve child and family functioning 2. Reduce caregiver challenges & strain 3. Reduce child maltreatment 4. Reduce out of home placements and high end service utilizations

PROGRAM OUTCOME DATA/INDICATORS:

For the period of January 2016 through June 2016, Fresno Family Connections received 360 new referrals; 212 of the referrals were for children and 148 referrals were for adults. In the month of January, Fresno Family Connections (FFC) severed 400 clients, 276 children and 124 adults. In February FFC serviced 305 children, 125 adults. Numbers continued to increase in March when FFC severed 312 children and 141 adults for 453 total clients. In April, the program serviced 412 clients; 287 children and 125 adults. In May 273 children were seen and 109 adults were serviced for 382 total clients and in June 391 clients were provided services; 277 children and 114 adults.

During the period of January 1, 2016 to June 30, 2016 Fresno Family Connections was requested to provide services in three time frames; 1) standard to be scheduled within 30 days; 2) priority to be scheduled within 14 days; and 3) crisis to be scheduled within 3 days. In the month of January FFC scheduled met the timeframe for 2 out of 2 crisis referrals, 16 out of 24 priority referrals and 14 out of 27 standard referrals. In February FFC scheduled 2 out of 7 crisis referrals, 8 out of 16 priority referrals and 12 out of 39 referrals within the timeframes. In March 0 crisis referrals were received, 5 out of 12 priority referrals were scheduled within the timeframe and 6 out of 9 standard referrals were scheduled. In April, FFC scheduled 0 out of 1 crisis referral within the timeframe, 4 out of 8 priority, and 3 out of 10 standard within the timeframe. In May 1 out 1 crisis, 13 out of 13 priority and 18 out of 18 standard referrals were scheduled within the timeframe. In June 1 out of 1 crisis referral was scheduled within the time frame, 7 out of 7 priority and 17 out of 17 standard were scheduled within the timeframe.

Fresno Family Connections provided a variety of services during the January 1, 2016 to June 30, 2016 period, including individual and family therapy, collateral, rehabilitation, case management, intensive home based services, and intensive care coordination. During the reporting period, clients that received therapy, received an average of 2.59 sessions per month. Clients that received collateral, received an average of 1.34 sessions per month. Clients that received rehabilitation services, received an average of 1.69 sessions per month while clients who received IHBS

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received an average of 2.45 sessions per month. Clients who received intensive care coordination received 2.38 sessions per month.

All clients that are serviced at Fresno Family Connections are offered the option of being seen in the home/community or coming to the office to receive services. During the January 1, 2016 to June 30, 2016 period 65% of clients elected to be seen in the field, while an average of 35% of clients were seen in the office.

During the reporting period, 104 clients were successfully discharged from the Fresno Family Connections program. 61 of the successfully discharges were children, while 43 of the successful discharges were adults. During the period, 134 total children were discharged, of the children that were not discharged successfully, 67 were discharged due to their parent's child welfare cases being successfully dismissed prior to the children meeting their mental health treatment goals. The remainder aged out of the system or were AWOL at the time of discharge.

The Child and Adolescent Needs and Strengths (CANS) tool was used to assess the improvements to functioning for children and their parents. During this period, the tool was administered at intake and discharge, which provided a sample size for approximately 10% of the average census at Fresno Family Connections. Based on reported data, 86.8% of children showed improved functioning or maintained appropriate functioning with their family. 84.2% of caregivers improved or maintained their social supports and resources in order to reduce strain and challenges, as assessed in the caregiver section of the CANS. 3. N/A no data collected that would accurately measure a reduction in child maltreatment. 4. 85 of 113 discharged children were placed with their biological parents at the close of services.

DEPARTMENT RECOMMENDATION(S):

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