



FRESNO COUNTY BEHAVIORAL HEALTH BOARD Regular Meeting Minutes May 20, 2015

| <u>MEMBERS PRESENT</u> | <u>BEHAVIORAL HEALTH</u> | <u>PUBLIC MEMBERS</u> |
|--|--|--|
| Carolyn Evans Francine Farber Joanne Cox David Weber Linda Grubb Brian Conway John Duchscher | Dawan Utecht Susan Holt Karen Markland Doua Lor Natasha Hagaman Paula Zapata Kelley Juhrend Adam Balto James Ritchie | Rachael Sedony Jane McCoy Chris Torres LeeAnn Skorohod Ryan Banks Dale White Deanna Kiveltt Yami Rodriguez MaryLou Brauti-Minkler Leon Hoover |
| <u>ABSENT</u> Donald VanDerHeyden | <u>PUBLIC MEMBERS</u> Renee Stilson Mitch Collins Gary Kreaper Sharon Ross Randy Earl Packardsor Connie Ariaz | |
| <u>BOARD OF SUPERVISORS</u> | | |

- I. Call to Order and Opening Remarks – Dawan Utecht
 - A. Dawan Utecht proclaimed May as Mental Health Month, along with this month being recognized as the National Children’s Mental health Month and Perinatal Mood and Anxiety Disorder month. Dawan advised that this month’s meeting may appear slightly ‘behavioral health’ slanted, but future meetings should have equal mental health/substance abuse information in them.
 - B. Dawan presented a public service announcement that was developed by the Behavioral Health Department. Karen Markland then presented, “The Prop 63 Story” video. The video stemmed from a “selfie” book that clients created as a ‘thank you’ to Senator Steinburg for his work on creating Proposition 63. Also shown was the video, “You’re Never Alone;” a suicide prevention video created by Matt Flores. Mr. Flores, a Kingsburg high school student, won a third place “Directing Change” award for his region (includes 20 counties) for his video.
- II. Approval of Agenda
 Motion to approve agenda by Francine Farber and seconded by Joanne Cox. All approved.
- III. Nominations and Election of Interim Chair
 Carolyn Evans nominated Joanne Cox for the position of Interim Chair. Motion made by Carolyn Evans, seconded by Francine Farber, and approved by all.

All present board members introduced themselves, noting that Donald Vanderheyden was not present to introduce himself at this time.

IV. Presentation and Approval of BHB Meeting Regulations

The regulations were updated between the time that the first copy was sent out to all and this meeting. Therefore, the following changes were announced regarding the copy all had on hand. Changes were: 2a – instead of “substance us disorders,” should read, “substance use disorders.”

4c – instead of reading “on week in advance,” should read, “one week in advance.”

Carolyn Evans motioned to accept regulations as corrected, Linda Grubb seconded the motion, and all approved.

V. Update from Department of Behavioral Health – Dawan Utecht, Director

The following includes topics covered by Dawan Utecht during her presentation to the group:

- ❖ The Exodus Adult Crisis Stabilization Unit Expansion is the first California county operational unit using SB82 grant monies.
- ❖ Behavioral health staff will support law enforcement officers responding to calls in the field regarding folks experiencing a mental health crisis. Staff are working with the Police Chiefs' Association to methodically and carefully ensure assistance is provided. There are no staff currently assigned to the rural areas to assist law enforcement.
- ❖ The 16-bed adolescent unit is up and running! The average census is 10-13 children a day. This census includes children coming in from Madera, Fresno and Tulare counties.
- ❖ The Kingsburg Healing Center is the only adult program with a locked facility for longer stays (Mental Health Rehabilitation Center) in Fresno County.
- ❖ The External Quality Review Oversight (EQRO) and Medi-Cal Oversight reviews have been completed with good results for Fresno County. Billing disallowance rates were significantly lower in Fresno County than the state average (54% state average; Fresno County at 25%). The Medi-Cal oversight reviewers had especially high remarks regarding the Children's Services' day treatment program.
- ❖ The department is gearing up for its training on the new DSM 5/ICD-10 regulations.
- ❖ A community collaboration that continues to develop criteria, the Multiagency Access Program (MAP) screens for mental health/substance abuse/housing issues, as well as signing clients up for MediCal, ACA or other benefits and then personally linking them to those services. The MAP in Selma is the result of rural triage efforts. Proposition 47 identified that some justice-involved individuals were, “Falling through the cracks,” resulting in the Courts MAP. The exact location of the Courts MAP is being determined as of this date.
- ❖ MHSA's three-year plan is in the works, and covering the areas of: behavioral health integrated access; wellness, recovery and resiliency supports; cultural/community defined practices; behavioral health clinical care and infrastructure supports.
- ❖ Budget highlights for fiscal year 2015/2016 include capital planning (replacing vehicles, copiers, chairs), staffing (adding 10 new positions), training funds (increasing monies for needed training), and the MHSA three-year plan. Due to the need for additional board agenda items, the Sierra Building and Crisis residential program are not included in budget preparations.
- ❖ Regional implementation meetings will be scheduled for the drug Medi-Cal redesign in order to glean stakeholder input. As one of the state's largest drug Medi-cal counties, Fresno will be one of the test counties for this redesign.
- ❖ The RAND Report, an independent analysis of effectiveness of CalMHSA statewide programs for suicide prevention, analyzed two programs – Know the Signs Campaign and Applied Suicide Intervention skills Training. Long term results of the report are that over 140 lives are saved and 3,600 suicide attempts (over 30 years) are prevented. Dawan stated that this is the type of analysis that is needed for other programs, state-wide.

VI. New Business

- A. Members of *Ad Hoc* Committee to write by-laws – Chair Joanne Cox, Linda Grubbs, Carolyn Evans and Brian Conway
- B. Members of *Ad Hoc* Committee to create vision and mission statements – Chair Francine Farber, David Weber, Brian Conway and Linda Grubb
- C. Committees – **Adult Services** (Chair Carolyn Evans); **Children’s Services** (Interim Chair David Weber, members Francine Farber, Brian Conway); **Justice** (Chair Joanne Cox, members Brian Conway); **Substance Use Disorders Services** (Chair John Duchscher, members Linda Grubb, Brian Conway)
- D. Appointment of Chairs and Assignment of Members to Committees – All approved.

Note:

- a. *Ad Hoc* committee draft reports are due by the date of the next BHB meeting.
- b. **Adult** committee will meet 1st Monday of the month at 10:00 a.m. at Blue Sky Wellness Center in the Big Sky Room. **Children’s** committee will meet 4th Thursday of the month from 9-10:30a.m. at CYS located at Shields and Millbrook Avenues. The **Justice** committee will meet the 2nd Monday of the month (beginning July 13th) at 1p.m., every other month (Joanne to find a location). **Substance Use Disorder** committee will meet the first Wednesday of each month (beginning in August) at 10a.m. at the Fresno County Elections Training Room (Secretary Kelley Juhrend to schedule a special meeting before August).
- c. There was discussion regarding notification efforts for the different committees and possible budgeting for same. Dawan was open to suggestions on encouraging a greater number of attendees. Francine suggested having business cards distributed with the committee hearing stats, but discussion ensued regarding whether the information could become outdated before cards were fully distributed.

VII. Public Comment

- A. Karen Markland displayed flyers at the back of the room for the upcoming presentation by quarterback Eric Hipple, author of the book, *Real Men Do Cry*. Mr. Hipple will be speaking at the Fresno State University’s Satellite Student Union on Thursday, May 28th, from 3-4:30 p.m. This function is free to the public.
- B. David Weber took the opportunity to thank Director Dawan Utecht for her public service announcement and video. Dawan then thanked Brian Bishop of the Behavioral Health Department for his work on the videos, and advised that they would be available for viewing on the department’s website as well.
- C. MaryLou Brauti-Minkler invited all present to the upcoming NAMI Walks function scheduled to occur May 23rd at 9:00 out at Woodward Park. It is MaryLou’s hope that the mental health communities continue to support this function.

VIII. Adjournment

The meeting adjourned at 4:03 PM. The minutes were recorded by Dawn Garcia, secretary, DBH, and submitted to the MHB Executive Committee.

FUTURE MEETINGS

| | |
|---|---|
| <u>Executive Committee/Membership Committee</u> Usually 1st Monday at 11:30 AM | Joanne Cox, Chair Blue Sky Wellness Center Monday, July 6, 2015 @ 11:30 AM |
| <u>Adult Services Committee</u> Usually 1st Monday @ 10:00 AM | Carolyn Evans, Chair Blue Sky Wellness Center 1617 E. Saginaw, Fresno Monday, July 6, 2015 @ 10:00 AM |
| <u>Children's Services Committee</u> Usually 4th Thursday @ 9:00 AM | David Weber, Interim Chair Comprehensive Youth Services 3747 East Shields, Fresno Thursday, June 25, 2015 @ 9:00 AM |
| <u>Justice Committee</u> Bimonthly 2nd Monday @ 1:00 PM | Joanne Cox, Chair Location to be determined Monday, July 13, 2015 @ 1:00 PM |
| <u>Substance Abuse Disorder Committee</u> Usually 1st Monday @ 10:00 AM | John Duchscher, Chair Fresno County Elections Training Room 4525 East Hamilton Avenue Monday, August 5, 2015 @ 10:00 AM |
| <u>Behavioral Health Board</u> Usually 3rd Wednesday @ 2:30 PM | Blue Sky Wellness Center Wednesday, June 17, 2015 @ 2:30 PM |