

# **County of Fresno**

# ADVISORY BOARDS AND COMMISSIONS

#### Fresno County Behavioral Health Board Regular Meeting Minutes July 20, 2016

MEMBERS PRESENT	BEHAVIORAL HEALTH	PUBLIC MEMBERS –
Joanne Cox	Dawan Utecht	Continued
Brandy Dickey	Maryann Le	Tonya Sharp-Rivas
Carolyn Evans	Kathy Anderson	Veronica DeAlba
Renee Stilson	Karen Markland	Fidel Garibay
David Thorne	Kristi Williams	Sharon Ross
Curtis Thornton	Mike Muro	Mitch Collins
Donald Vanderheyden	Lindsey Sorondo	Rachel Ensom
	Yer Her	Ray Banks
ABSENT	Nick Moreno	Valerie Stephens
John Duchscher	Estevan Gonzalez	Paulette Jacobson
David Weber	Lisa Weaver	Elizabeth Escoto
		Jill Shepherd
BOARD OF SUPERVISORS		Leon Hoover
Absent	PUBLIC MEMBERS	Marilyn Bamford
	Mark Leanhart	Krystal Rios
	Suzanne Steele	Barb Breen
	Brenda Kent	Chris Torres
	Jorge Romero	
	Mayra Fuentes	
	Anna Allen	
	Carrie Smithson	
	Connie Clenden	
	Andrea Evans	

# I. Welcome and Opening Remarks

Joanne Cox called the meeting to order and opened meeting with comments regarding current events and stated that the mission of the board is to advocate, eliminate stigma and provide awareness and education on mental health and substance use disorders. Joanne mentioned that a beautiful example was done at the open house of the new Vista Program which is operated by Turning Point. Joanne also mentioned that clients were very satisfied of the program.

# II. Approval of Agenda

Joanne stated that there were a lot of errors on the Agenda and began reading the changes. Joanne stated under New Business, removed the word "Oversight" and under Committee Reports, Item E

should read DBH Cultural Diversity Committee Report – Brandy Dickey and for the Holistic Cultural Education and Wellness Center Report - Carolyn Evans. Joanne asked for any other comments or changes to the Agenda. No other changes were cited. All approved agenda with corrections.

# III. Approval of the June 15, 2016 Minutes

Joanne asked the Board if there were any changes to the minutes. No changes or corrections were made and minutes were accepted as submitted.

# **IV. Update and Program Review**

Dawan Utecht began her DBH update with the following:

# **Construction/New Services Update – SB 82 Projects**

Dawan stated that the conceptional design has been completed of the Adult Crisis Residential Treatment building's budget will need to be reconciled to include increase in cost. This item should be going to the Board of Supervisors in August.

### Sierra Building

Dawan stated that escrow closes August  $6^{th}$  and there are some structural changes that need to take place. Dawan stated that the  $2^{nd}$  floor space will be used as administration, and  $1^{st}$  floor for clinical services. Dawan stated that she will update the Board on the progress.

### Multi Agency Access Point (MAP) Expansion

Dawan stated that the RFP has closed and the a panel has convened. The Department's recommendations will be forthcoming. Dawan stated that the Department is working with BitWise Industries to develop an online universal screening tool and anticipates going to the Board of Supervisors early Fall 2016.

### **Regulatory/Legislative Update**

### **Continuum of Care**

Dawan stated that there is a multi-year plan to reform group homes and foster family agencies with a comprehensive framework that supports children, youth and families across placement settings in achieving permanency. This plan will require close collaboration between the Department of Social Services and Behavioral Health to reform licensing and how services are provided.

### Comprehensive Addiction and Recovery Act of 2016 (CARA)

Dawan stated this federal legislature expands the availability of naloxone (used for heroin/opioid overdose) and improves prescription drug monitoring programs. This legislation will shift resources toward identifying and treating incarcerated people and prohibits the Department of Education from including questions about drug convictions on the Federal financial aid forms. Dawan stated that this bill has passed the House and Senate, but still requires the President's signature.

## Helping Families in Mental Health Crisis Act – (HR 2646/Murphy Bill)

Dawan stated that this bill has passed the House and is currently in the Senate and is competing with the Mental Health Reform Act of 2016 (SB 2680). The difference in these bills is the first one would to eliminate SAMSHA Leadership and provide assisted outpatient treatment (Involuntary Outpatient Treatment). Dawan also stated that the California Legislature is currently in recess so there is no legislative report on the State.

### **DBH Contracts**

Dawan talked about items that will be going to the Board of Supervisors in August which are Primary Care Integration contract, Multi-Agency Access Programs and various contract expansions to address access in key areas.

# **Department Projects**

Dawan stated that inventory for Housing is currently in draft form and will be presented to the Board in August. Dawan mentioned that the Drug Medi-Cal Redesign is still ongoing. The Stepping up/Decarceraton Sequential Intercept Mapping Intercept 1 is complete.

Dawan mentioned that the Reaching Recovery tools being used for tracking of clients has five level of service intensity which are Level 1 Assertive Community Treatment, Level 2 Intensive Case Management, Level 3 Enhanced Outpatient services, Level 4 Outpatient services and Level 5 Psychiatry only. Dawan stated that there are four tools to measure and the next steps to be implemented are the Consumer Recovery Measure and Recovery Marker Inventory which should be in place by October. Champions Training is scheduled to take place early September. Dawan also stated that contracted providers will be required to have Avatar licenses in order to use the Reaching Recovery tools. Dawan stated that the goal is to have all contracted providers use the Reaching Recovery. Dawan mentioned that Turning Point will begin training in August and January 2017 is the target date for everyone else.

### Outcomes

Dawan stated for program outcomes, realignment to the calendar from a 12 month calendar to a fiscal year is complete and routine outcome reporting will be ongoing. Dawan also mentioned that the Behavioral Health Board's requested reviews have resumed. Dawan stated that in the Long term, we are hoping to use the Reaching Recovery tools for outcome reporting, and still looking at Accreditation which will have some and an external evaluation attached.

### Intake process for SUD services:

Dawan talked about intake process for substance use disorder. In the current state- initial intake assessment has no standardized tool but for future use, standardized ASAM criteria will be used. Also there will be a care coordination process to ensure appropriate placement and the ability to manage capacity.

### Blue Sky Wellness Center Update:

Dawan stated that from a previous month's meeting she was asked to give an update on concerns the Board had on Blue Sky. Dawan mentioned the safety/security concerns have been improved by upgrading fencing around the perimeter, the addition of motion sensor lighting and security cameras. Community advertisement is being updated to encourage people to come and received services. Dawan stated that census has increased with an average of 85-90 (high 103) participants. Dawan stated a census increase for the deaf/hard of hearing from 2 to 12 participants and volunteer hours have increased. Dawan also mentioned that there is a consumer volunteer training program, and NAMI holds a support group meeting monthly. Dawan stated that there are new activities such as the new TAY center called the Warehouse which is open. Dawan stated that Blue Sky has received a grant from Resilience,Inc. for Peer Personnel and Placement training for job readiness. It was mentioned that NAMI is a family support group.

# Program Review: Mental Health Systems IMPACT Program

Dawan stated that the IMPACT Program assumed an ongoing service and began operation in 2014. Dawan stated that the review period is from June 1, 2014 to June 30, 2015. The IMPACT program is a full service partnership and offers integrated treatment for clients with co-occurring mental health and substance use disorder diagnoses. Dawan stated that the maximum capacity is 140 clients and offers an on-site medical team including a Psychiatrist, Registered Nurse and a License Vocational Nurse. Clients receive medication management, psychotherapy, drug and alcohol counseling, vocational rehabilitation and peer support. Dawan stated that the annual budget is \$2,159,965 and receives Medi-Cal and MHSA funding. Dawan stated that 126 unique clients were served with an annual cost per client of \$17,143. Dawan mentioned that there has been a 90% reduction in homelessness days, 98% reduction in incarceration days and a 96% reduction in inpatient hospitalization days.

### **MHSA Community Planning Process**

Dawan displayed the timeline for the Community Planning process and stated that focus groups and community meetings started in April and will be moving to stakeholder input sessions to be completed by August. Dawan mentioned the next level is to prioritize data and open the BHB Public hearings by Oct. 19, 2016. Dawan stated that the final process will be presenting to the Board of Supervisors and MHSOAC for approval by November 30, 2016. Carolyn requested a list of dates and locations. Dawan stated the information is listed on flyer. Dawan stated that under Phase 1, over 700 Community Access and Community Attitude surveys have been received, with 25 focus groups completed or scheduled by July 25. Dawan stated that the next phase and beyond, will be holding eight stakeholder community meetings throughout the county, hold targeted stakeholder populations, sites and times being confirmed and announced this week, and a Plan update draft with a 30 day posting with Public Hearings for October 19, 2016.

# V. Old Business

Mental Health System's IMPACT Program Site Visit - Joanne stated members visited the Mental Health System's IMPACT program. Carolyn thanked the program for the nice visit and not just the IMPACT, but other programs on the campus. Carolyn stated she was impressed with the vocational component, and their taking clients into the community to participate in activities. Carolyn asked what the actual title of the program and it was stated as the Integrated Multi-Service Partnership Assertive Community Treatment. Brandy was impressed with the size of the program and all the activities that were going on. Brandy also mentioned that she was impressed with a clinician who went outside of the box to help a client become clean and sober for 6 months now. Renee also felt this program was very supportive to clients and saw the potential for clients to be successful through the program. Joanne also thought DBH was doing a good job in referring clients.

# VI. New Business

# **Program Review Discussion**

Curt Thornton commented regarding Dawan's comment of the board not receiving outcomes reports. Dawan stated that it was an oversight that the reports were omitted from the BHB packets when there was a staffing change. Curt would like programs to give their program update, instead of their being part of the Director's report. Dawan gave a response to the question by saying that when she first came on board and met with providers, the providers felt very uncomfortable presenting to the BHB and mentioned a lot of negativity during their presentations. Dawan felt that the sub-committees could be used for provider's presentations as a platform, and mentioned that she decided that she would do the presentations on behalf of the providers. Curt answered by saying he would still like to have provider do the presentations. Joanne stated she agreed with the use of the subcommittee as a platform for presentations to board members. Carolyn agreed with Joanne, as long as the providers are present to answer any questions from the Board and to identify themselves to the Board. Carolyn stated that more board members should attend the subcommittee meetings. Renee stated that she doesn't have the past experience of the provider presentation, and she felt that it was the Board's job to listen and advise on behalf of the providers. Joanne asked to move the discuss to the Executive Meeting. Carolyn asked the staff from the IMPACT program to introduce themselves; Carrie Smithson, and Anna Allen did so.

Joanne announced the next site visit for August will be at the Urgent Wellness Center/Integrated Discharge Team on August 10<sup>th</sup> at 12:00 pm and a site visit to Comprehensive Addiction Program will be scheduled in September.

# VII. Committee Report Adult Committee – No Report, next meeting August 1, 2016

**Children's Committee** - Carolyn stated that a presentation from MHS on their Substance Use Disorder service for children and adolescent in the Juvenile Justice Campus. Carolyn stated that at their July 28<sup>th</sup> meeting, the committee will hear a presentation on SUD services by the Department for children and young adults. Carolyn announced that the next month's meeting will be on August 25<sup>th</sup> at the Senior Resource Center.

**Justice Committee -** Joanne stated that the committee received a presentation regarding Veterans' Court by Judge Hiliary Chittick, Ed Crossman from Corizon spoke about their services at the Jail. Joanne also mention that Michelle LeFlors with the Fresno County Sheriff's Department gave a presentation of their Stand Down program located in the Jail. Joanne announced the next meeting will be on September 12<sup>th</sup> at 1:30 at Blue Sky.

# SUD Committee- No Report

**Cultural Diversity Committee** - Brandy Dickey mentioned the next meeting will be August 24<sup>th</sup> at 2:30 pm and will hear a presentation from Angelia Alan with the Blue Sky Wellness Center and will present on the Deaf culture.

**Holistic Cultural Education and Wellness Center** - Carolyn stated that the Board of Supervisors extended their contract for one more year. Since she is part of their advisory council, she receives reports on the work that is being done and was very pleased with progress that is taking place. Carolyn also stated that she is looking forward to the Request For Proposals after this year, hoping it will include ideas that are just being explored but the HCEWC is unable to provide at this point.

Curt commented that he had heard a report from a family member about their family member who was the first graduate of the Mental Health Court and while this person has had a few bumps, he is doing better than ever currently. Curt was very appreciative of the process this person has taken to change his life.

### **VIII. Public Comment**

Connie Clenndon, Director of Valley Teen Ranch asked what the results of the last months survey that was completed. Dawan stated that the survey is part of a process for the MHSA Community Planning process.

Mayra Fuentes from the TAY center announced they are now open from 10:00 am to 3 pm every day. David Thorne asked if this was a drop in center. Mayra answered "Yes." Valerie Stephenson who participates in Blue Sky commented on the new TAY center and is pleased about the services available to 16-24 year olds.

Sharon Ross with Turning Point stated that the Vista Program is open and extended an invitation to visit to the program.

### IX. Adjournment

Joanne adjourned the meeting at 3:56 PM