

County of Fresno

ADVISORY BOARDS AND COMMISSIONS

FRESNO COUNTY BEHAVIORAL HEALTH BOARD

Wednesday, June 21, 2017 at 2:30 PM Department of Behavioral Health, Sierra Building 1925 E. Dakota Avenue - Fresno, CA 93726

Meeting Minutes

MEMBERS PRESENT	BEHAVIORAL HEALTH	<u>PUBLIC MEMBERS – </u>
Brandy Dickey	Dawan Utecht	<u>Continued</u>
Carolyn Evans	Susan Holt	Mayra Fuentes
Renee Stilson	Maryann Le	Rondy Earl Packard
David Thorne	Francisco Escobedo	Rachel Ensom
Donald Vanderheyden	Lesby Flores	Ryan Banks
Dr. Marta Obler	Connie Cha	Deanna Kivett
John Duchscher	Kathy Anderson	Carrie Smithson
Dr. David Weber	Kristi Williams	Lee Ann Skorohod
		Gilberto Rivas
MEMBERS ABSENT	PUBLIC MEMBERS	Anna Monreal
Anna Allen	Stan Lum	Jorge Romero
Curtis Thornton	Fidel Garibay	Jose Manjarrez
Katie Lynn Rice	Sharon Ross	Meso Beta
	Jane McCoy	Rain S.
BOARD OF SUPERVISORS	R. Alonzo	
Sal Quintero (absent)	William Ferguson	
	Scott Hollander	

I. Welcome and Opening Remarks

Meeting was called to order at 2:30 PM. Chair John Duchscher thanked everyone for attending.

John appointed Marta Obler as Chair for the Justice Committee.

II. Approval of Agenda by Board

Approved with changes. Item V (B) was deleted.

III. Approval of Minutes from May 17, 2017

Minutes approved.

IV. Update & Program Review – Department of Behavioral Health – Director Dawan Utecht

Director Dawan Utecht introduced the new Division Manager for Children's Services, Lesby Flores.

Affordable Care Act

No new updates to report on at this time.

Legislative Update

AB 1250: Concern for many counties throughout the state. It would put tremendous administrative burdens on counties, both on established contracted services as well as monitoring, auditing and oversight of contracted services. Fresno County and County Behavioral Health Directors Association (CBHDA) are in opposition of this bill; community based providers are encouraged to learn more about the bill.

AB 1372: Bill supported by CBHDA; it allows Crisis Stabilization Units to keep clients longer than 23 hours.

SB 192: This will reflect how the state treats reversion; state may include as part of budget package.

AB 451: Bill requires all freestanding psychiatric facilities to provide emergency services; the facilities may not be equipped to handle those situations.

Contracts

AB 109 Full Service Partnership (FSP) with Turning Point was extended and approved by the Board of Supervisors on June 20, 2017.

The contract for Supervised Overnight Stay (SOS) was extended for one year. The department is in the midst of planning and executing plans for housing. With the Crisis Residential facility coming in the next year, the department will review resources and look at the gaps to put out an RFP that meets the needs.

Holistic Wellness Center and Child Welfare Specialty Mental Health Services contracts received board approval.

<u>Upcoming Contracts</u>

Working feverishly on Primary Care Integration contract.

Putting out an RFP in the coming months for the Crisis Residential Treatment Facility. It is going in advance of completing construction ideally to have the contract in place by the time the department is ready to occupy the facility.

Department Projects

Housing Assessment: Identified goals; developing implementation plan with timelines of activities and goals. Updates will continue to be provided.

Drug Medi-Cal Redesign: The plan was submitted to the state. There were minor edits, will continue to work with the state on approval.

De-carceration / Stepping-Up: Big focus on hardwiring an algorithm to fortify resources for field based responses. Currently, there are two law enforcement field clinicians in the metro area and some rural triage personnel. Different algorithms for rural and urban areas. Looking at ways to create on-going partnerships with law enforcement.

MAP Expansion: The Open House / Ribbon Cutting will be held in Selma on July 27th at 11:00 AM. Formal invites are forthcoming. The facility is open.

Action Plan: Suicide Prevention

A collaborative meeting was held on June 2nd. All sub-committees have met and are currently working on plans. Further, a webpage is in the works, anticipated to be ready by mid-summer. As part of the collaborative, a training on AB 2246 was held, over 29 school districts attended. The target timeline for the final draft plan is fall 2017.

Program Updates

MHSA Annual Update: Feedback forms were sent to all county department heads. This year the team is taking a different approach; the plan will be discussed during existing meetings, rather coordinating meetings for the purposes of discussing the plan.

Blue Sky Wellness Center: Peer Advisory Committee will review next steps

Cultural Diversity: Deputy Director Maryann Le briefly discussed the training and education that will be dedicated to Cultural Competency Training for the department and providers. Requirements from Department of Health Care Services and national standards were shared. As the department dives further into Cultural Competence Plan Requirements, more information will be shared during future meetings.

DBH is committed to developing a culturally and linguistically competent workforce in an effort to provide quality behavioral health services to its clients.

Program Review: Horticultural Therapeutic Community Centers (HTCC Community Gardens)

The program was identified through a concept of outreach and engagement in hopes of bringing individuals, both unserved and underserved, to a comfortable setting where they can work and engage. Currently there are nine sites.

Contract providers of the Master agreement include: Fresno American Indian Health Project (FAIHP), Fresno Center for New American (FCNA), Fresno Interdenominational Refugee Ministries (FIRM), Sarbat Bhala, Inc., and West Fresno

Family Resource Center (WFFRC).

The contract ends in June 2020. At the time of renewal, consideration will be taken on expanding the program funds.

V. Old Business

A. Site visit: June site visit to FIRM

The BHB members that were able to visit the Gardens at FIRM, gave positive feedback. Gardeners share their produce with other gardeners and community members. Concerns expressed included lack of eligibility criteria and lack of a process for gardeners to rotate out; therefore, there's a waiting list for limited space. Those unable to acquire space are encouraged to attend presentations and peer support meetings. Gardeners are encouraged to reduce their own space and to mentor new gardeners.. Some of the space is provided through land leases and from donations through churches.

B. Committees discussion

1. Template

John developed a template which will be used for site visits. The template will be reviewed by members and voted on at the next BHB meeting.

2. Policy discussion

The recently approved guidelines and minute template for BHB committee meetings will not be added to the BHB by-laws. Each committee is not required to use template, Chairs may develop their own method for keeping notes / minutes of their respective committee meetings. Upon completing the notes / minutes, they will be forwarded to the designated Administrative / Executive Assistant to assist with formatting and posting.

C. Reports on visits with Board of Supervisors

Vice Chair Carolyn Evans discussed their visit with Supervisor Mendes. The visit went well, they discussed their recommendations and list of department's recommendations / goals for 2017.

The Visit with Supervisor Pacheco also went well, members that attended that meeting included, John, Carolyn, Katie Rice, and David Thorne. Supervisor Pacheco spoke positively of their report and the work of the BHB.

Supervisor Magsig also met with the BHB, he was attentive to the needs of the county and people served. He inquired about work being done on suicide prevention, and also showed concern for families affected by substance use disorders that are sometimes broken up. As requested, Brandy Dickey on behalf of the BHB, provided a write up on the matter.

David Weber asked if members can meet with the Board of Supervisors (BOS) more than once per year, or possibly schedule the meetings one year in advance. It was noted that members of the community are able to contact the BOS offices to schedule appointments; however, the department will continue to provide

assistance with those appointments.

VI. New Business

A. Future site visits: Lock It Up

The next site visit will be the Lock It Up Project through California Health Collaborative. Date to be announced.

B. Discuss future educational presentations by BHB

1. September, David Weber

David will present in September. At this time there are no other educational BHB Presentations scheduled beyond September.

VII. Committee Reports

A. Adult Services

Carolyn reported on the June meeting. The focus was on housing, there was a presentation given by the Housing Task Force. Concerns include no oversight required for room and board homes; however, the department is willing to evaluate the homes. Clients have difficulty working through the paperwork for Shelter Plus vouchers. DBH staff will assist with the paperwork as needed. They also are assisting with deposit assistance for those with a treatment plan and a housing plan in place.

The Adult Committee will not meet in July; next meeting August 7th at Blue Sky.

B. Children's Services

At the May meeting for Children's Services, they discussed the report provided by CCR Act for mental health services for foster care children. Caregivers will be given guidance on note taking. The goal is to reunify children, who are placed in short care homes, with their families or to move them to a home like setting.

The next Children's meeting is scheduled for June 22nd. Marilyn Bamford was named as Co-Chair for the Children's Committee, representing the Foster Care Standards and Oversite Commission.

John asked the committee to report back the following to the BHB: What is the average time it takes to have a child in foster care assessed by a county psychiatrist for mental health issues?

C. Justice Services

Marta Obler was announced as the Justice Chair. The next meeting is scheduled for July 10th.

D. Substance Use Disorders

John noted that the first part of the meeting includes providers only the second half of the meeting is open to the public, providers, county employees, etc. Training from the County on ASAM will be provided. They discussed access to services of MAP Point. DBH is waiting on approval of the Drug Medi-Cal waiver from Department of Health Care Services (DHCS.)

E. Other reports or announcements

The next community forum is tentatively scheduled for September 9th in Sanger. Location and time to be announced. The forum will be led by Anna Allen.

VIII. Educational Presentation – SUD Overview (Part 3)
John gave the 3rd SUD overview which focused on the families affected by addiction. Points on the affects on families and children of parents that are addicted were sited. He noted the difficulty in measuring which treatment works best for individuals suffering from addiction. Length of stay in treatment seems to provide the only measurement and is vital to treating addiction. Some information shared was referenced from the National Association for Children of Alcoholics.

IX. Public Comment

David T. commented on the services and assistance he and other individuals receive from Blue Sky Wellness Center. The Peer Advisory Committee will continue to discuss current issues. Peer Advisory meetings are held the last Tuesday of the month at Blue Sky.

Kristi W. commented to the SUD presentation.

X. Adjournment Meeting adjourned at 4:10 PM.

This meeting is open to the public under the Ralph M. Brown Act.