

PROGRAM INFORMATION:

Program Title:	Senate Bill 163 Wraparound and Therapeutic Foster Care Services	Provider:	Uplift Family Services (formerly EMQ FamiliesFirst)
Program Description:	Wraparound services, including mental health support services, and Therapeutic Foster Care services to up to 150 children and their families who have a serious mental illness or serious emotional disturbance, and are either at imminent risk of out-of-home placement or are returning from an out-of-home placement. The program philosophy includes developing individualized service plans for each youth and family in order to wrap services around the family which build upon their unique strengths and needs. Traditional and non-traditional support services are provided to participating youth and families with the ultimate goal of stabilizing each youth so that s/he can be successful at home, in school and in his/her community.		
Age Group Served 1:	CHILDREN	MHP Work Plan:	2-Wellness, recovery, and resiliency support
Age Group Served 2:	TAY	Dates Of Operation:	June 2004 to present
Funding Source 1:	Medical FFP	Reporting Period:	July 1, 2016 – June 30, 2017
Funding Source 2:	EPSDT	Funding Source 3:	Other, please specify below
		Other Funding:	County Senate Bill 163 Trust Fund

FISCAL INFORMATION:

Program Budget Amount:	\$4,500,000	Program Actual Amount:	\$4,075,552.99
Number of Unique Clients Served During Time Period:	196		
Number of Services Rendered During Time Period:	12,608		
Actual Cost Per Client:	\$20,793.64		

CONTRACT INFORMATION:

Program Type:	Contract-Operated	Type of Program:	WRAP
Contract Term:	07/01/2015 – 06/30/2018 (07/01/2015 – 06/30/2016 plus two optional twelve month periods)	For Other:	Click here to enter text.
		Renewal Date:	07/01/2018
Level of Care Information Age 18 & Over:	High Intensity Treatment/FSP (caseload 1:12)		
Level of Care Information Age 0- 17:	Intensive Outpatient (TBS, Wrap)		

TARGET POPULATION INFORMATION:

Target Population: Children and Youth (ages 5-21) who are either adjudicated as either a dependent or ward of the juvenile court and would be placed in a Department of Social Services (DSS) licensed group home at a rate classification level (RCL) of 10 or higher; adjudicated as either a dependant or ward and who has experienced three ore more placement moves or psychiatric hospitalizations within the past twenty-four months; in an adoptive placement or has a finalized adoption and qualifies for Adoption Assistance Program benefits and has an urgent and/or intensive mental health need which causes empairment at school, home, and/or in the community; and/or is at imminent risk of placement in a RCL 10 or above, or currently placed in a RCL 10 or above is within sixty days of returning to the community.

CORE CONCEPTS:

- **Community collaboration:** individuals, families, agencies, and businesses work together to accomplish a shared vision.
- **Cultural competence:** adopting behaviors, attitudes and policies that enable providers to work effectively in cross-cultural situations.
- **Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services:** adult clients and families of children and youth identify needs and preferences that result in the most effective services and supports.
- **Access to underserved communities:** Historically unserved and underserved communities are those groups that either have documented low levels of access and/or use of mental health services, face barriers to participation in the policy making process in public mental health, have low rates of insurance coverage for mental health care, and/or have been identified as priorities for mental health services.
- **Integrated service experiences:** services for clients and families are seamless. Clients and families do not have to negotiate with multiple agencies and funding sources to meet their needs.

Please select core concepts embedded in services/ program:

Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services
 Cultural Competency
 Community collaboration

Integrated service experiences
Access to underserved communities

Please describe how the selected concept (s) embedded :

Cultural inclusiveness and family engagement is supported by appropriately trained program staff, including qualified family members, and partnerships with community-based organizations with experience and expertise in cultural, ethnic, and linguistically sensitive services. Focus populations include Latino, Southeast Asian, African American, and Native American cultures, as well as families in specific geographic areas and/or with limited or no means of payment for services. Service goals are to reduce the adverse impact of untreated mental illness and assist families in developing and maintaining stability, safety, and recovery.

A uniform, comprehensive assessment and a multi-disciplinary Individualized Services and Supports Plan (ISSP), which may include a mental health Plan of Care where appropriate, utilized by all partnering service providers ensures coordinated, integrated service delivery that meets the family's needs without duplication or conflict. Changes to the Plan of Care are driven by the family's evolving needs, desires, and achievements, and developed in the context of a multi-system team approach. An integrated financial screening process initiated during the Assessment Center intake ensures that no or limited means of payment does not exclude children and families from services.

Innovative, integrated, high-quality plans are developed one child, one family at a time, ensuring that the process is individualized and unique to the family's beliefs, language, and values. All services are respectful of the family's chosen goals and sensitive to the family's environment, cultural background, and preferences. Holistic service planning addresses the full scope and complexity of the family's needs to maintain health and stability. Facilitators, clinicians and other clinical staff, Social Workers, and Care Managers work with families to ensure that they have complete ownership of the service plan and are invested in its success. The co-location of specific agency staff, collaborative decision-making, and a full range of service and treatment options provide support for families historically unaware, unwilling, or unable to access mental health services in traditional settings.

Through the provision of community-based services, Uplift Family Services is able to bring services to children and families who would not otherwise have access to care, or for whom access is limited due to transportation and other barriers. Additionally, we provide services for all referred individuals regardless of insurance coverage.

The organization directly provides or makes referrals for a comprehensive range of prevention and treatment services, including acute care services when necessary. Informal community and neighborhood resources and supports are an integral part of the program and are utilized in numerous creative, non-traditional ways. On a macro level, leadership from each Uplift Family Services program participates in meetings with senior management representatives from system partners (i.e. child welfare services, children's mental health, juvenile probation, county office of education) to assess and ensure coordination and collaboration across all parts of the larger social service system.

PROGRAM OUTCOME & GOALS:

Effectiveness: Cost Effectiveness, Placement Stability, Juvenile Justice Involvement, Goal Attainment, Family Search and Engagement Outcomes; Efficiency: Improved Family Functioning, Improved Parent Functioning, Improved Child Functioning, Fidelity Outcomes; Access: Services provided to target population; Satisfaction: Client satisfaction

Table 1

Goals/Objectives	Performance Measure	FY17
Cost Effectiveness	1.1) 70% of productivity for Medi-Cal billing. (Source: Finance Department; per contract baseline)	80%
Improved Family Functioning	2.1) 50% of youth will improve in individual and family functioning status. (Source: CANS LDF Family)	65% (n=34/52)
Improved Parent Functioning	3.1) 50% of caregivers will improve ability to provide daily care of youth. (Source: CANS CGSN domain; Improvement is defined as caregiver improving at least 60% of CGSN actionable items to non-actionable)	74% (n=23/31)
	3.2) 50% of caregivers will improve development of natural support system. (Source: CANS CGSN Social Resources)	71% (n=15/21)
Improved Youth Functioning	4.1) 50% of youth will improve Interpersonal skills. (Source: CANS CS Interpersonal)	36% (n=20/55)
	4.2) 50% of youth will improve emotional and behavioral status. (Source: CANS CBEN domain; Improvement is defined as youth improving at least 60% of CBEN actionable items to non-actionable)	52% (n=35/68)
	4.3) 50% of youth will improve clinical condition and quality of life. (Source: CANS Total; Improvement is defined as youth improving at least 60% of Total CANS actionable items to non-actionable)	37% (n=26/70)
	4.4) 70% of youth will improve school attendance or maintain at a minimum attendance average of 3 out of 5 school days. (Source: CEDE Average Number of School Days; Improvement is defined by increase in attendance from less than 3 days per week, at Time 1, to 3+ days at Time 2. Maintenance is defined as youth attending school 3+ days at Time 1 and maintaining school attendance at Time 2.)	80% (n=55/69)
	4.5) 80% of youth will improve Academic Performance. (Source: CANS LDF School Achievement)	50% (n=21/42)
	4.6) 80% of youth will decrease (or maintain at 0) number of expulsions/suspensions during the last 3 months services. (Source: CEDE Expulsion and Suspension)	87% (n=40/46)
Placement Stability	5.1) 80% of youth In-Home at Admit, will remain In-Home or move to a less restrictive setting (not including less restrictive GH setting). (Source: CEDE Predominant Living Situation)	70% (n=14/20)
	5.2) 75% of youth Out-of-Home at Admit, will improve to In-Home or move to a less restrictive setting (not including less restrictive GH setting). (Source: CEDE Predominant Living Situation)	80% (n=17/56)

	5.3) 75% of youth will improve to in-home setting post-discharge. (Source: Wrap 6-Months Post-Discharge Predominant Living Situation; Baseline Source: CEDE at Discharge).	100% (n=4/4)
	5.4) 70% of youth will maintain in-home setting post-discharge. (Source: Wrap 6-Months Post-Discharge Predominant Living Situation; Baseline Source: CEDE at Discharge).	82% (n=14/17)
	5.5) 50% of caregivers will improve ability to manage youth's behaviors. (Source: CANS CGSN Supervision)	64% (n=7/11)
Satisfaction	6.1) 80% of youth and families will be satisfied with Wraparound Services. (Source: YSS, YSS-F, AS; % Satisfied= Mean score of 4.0 or higher on Total Satisfaction)	YSS-F: 81% (n=64/79) YSS: 60% (n=18/30)
Juvenile Justice Involvement	7.1) 80% of youth with no probation violations at Admit will maintain at 0 their number of probation violations during the last 3 months of program participation compared to the prior 3 month period. (Source: CEDE Probation Violations)	97% (n=65/67)
Goal Attainment	8.1) 40% of youth will have positive goal attainment outcomes. (Source: TIER Reason for Discharge: Goal Achievement, Attained Dependency, and Reunification; per program baseline. Exclude LOS <60 Days)	50% (n=35/70)
Family Search and Engagement Outcomes	9.1) 50% of youth participating in FSE services will improve stability of significant relationships in his/her life.* (Source: CANS CS Relationship Permanence, per FSE Committee baseline)	50% (n=2/4)
Fidelity Outcomes	10.1) 75% youth and families will achieve a combined total fidelity score of at least 75% (adequate fidelity). (Source: WFI-4 and WFI-EZ Overall Fidelity)	56% (n=23/41)

Notes: Outcomes/Goals based on FY17 program logic model; (2) The CANS series (CANS 0-4, CANS 5+) are scored on a 4-point Likert scale (0, 1, 2, 3) and are assessed based on Actionable (2, 3) versus Non-Actionable (0, 1) ratings. The former denotes a problem with varying levels of severity, whereas, the latter denotes either no problem or a history of a problem. Improvement is described by moving from an actionable rating to a non-actionable rating from admit to discharge, maintenance is described by maintaining a non-actionable rating from admit to discharge.

APPENDIX: CANS OUTCOMES

Table 2: CANS 5+: Mean Number of Actionable Items by Total and Domain

CANS 5+: Mean Number of Actionable Items by Total and Domain (n=70)			
CANS Domains	Admit	Discharge	Stat Sig.
LDF	4.54	2.79	≤ .001
CS	6.93	4.99	≤ .001
ACCU	.14	.09	n.s.
CGSN	1.14	.79	n.s.
CBEN	3.66	2.30	≤ .001
CRB	.77	1.57	.016
Total CANS	17.19	11.73	≤ .001

Source: CANS 5+ (07/14/17). Notes: (1) n=number of youth discharged in FY17 with paired CANS data. (2) LOS of discharged youth is 60+ days. (3) Actionable items are those with a rating of 2 or 3. (4) Paired data: Admit and Discharge. (5) Paired Sample T-Test. (6) n.s.= not statistically significant.

Table 3

CANS 5+: Mean Number of Actionable Items by Total and Domain (n=70)			
CANS Domains	Number Actionable Items	Number Improved on Actionable Items	% Improved
LDF	317	173	55%
CS	483	167	35%
ACCU	10	7	70%
CGSN	71	49	69%
CBEN	256	119	46%
CRB	54	25	46%
Total CANS	1191	540	45%

Source: CANS 5+ (07/14/17). Notes: (1) n=number of youth discharged in FY17 with paired CANS data. (2) LOS of discharged youth is 60+ days.; (3) Actionable items are those with a rating of 2 or 3. (4) Paired data: Admit and Discharge. (5) Improvement is defined as an actionable rating (2, 3) at Admit to non-actionable rating (0, 1) at Discharge.

Table 4

CANS 5+: Percent of Youth Improving on 60% of Actionable Items			
CANS Domains	Number of Youth with Paired Data	Number of Youth Improved on 60% of Actionable Items	% Improved
LDF	67	35	52%
CS	70	18	26%
ACCU	6	3	50%
CGSN	31	23	74%
CBEN	68	35	52%
CRB	22	7	32%
Total CANS	70	26	37%

Source: CANS 5+ (07/14/17). Notes: (1) n=number of youth discharged in FY17 with paired CANS data. (2) LOS of discharged youth is 60+ days.; (3) Actionable items are those with a rating of 2 or 3. (4) Paired data: Admit and Discharge. (5) Improvement is defined as an actionable rating (2, 3) at Admit to non-actionable rating (0, 1) at Discharge.

DEPARTMENT RECOMMENDATION(S):

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Fresno
Wraparound
Annual Status
Report

Fiscal Year
2017

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Executive Summary

Uplift Family Services Fresno County Wraparound Program serves families of youth who have a serious mental illness or serious emotional disturbance, and are either at imminent risk of out-of-home placement or are returning from an out-of-home placement. The program philosophy includes developing individualized service plans for each youth and family in order to wrap services around the family which build upon their unique strengths and needs. Traditional and non-traditional support services are provided to participating youth and families with the ultimate goal of stabilizing each youth so that s/he can be successful at home, in school and in his/her community.

This annual status report provides an overall summary of treatment results, focusing on the time period July 1, 2016 through June 30, 2017. The outcomes of service delivery include improvements in family, parent, and youth functioning statuses and key outcomes for youth including placement stability, juvenile justice involvement outcomes, and goal attainment. In addition, satisfaction and wraparound fidelity outcomes are included. Appendixes provided include descriptions of outcome measures (see Appendix A), figures and tables for demographic and intake data (see Appendix B), additional CANS outcomes (see Appendix C), and additional Fidelity outcomes (see Appendix D).

SECTION I: DEMOGRAPHICS AND INTAKE DATA

Number of Youth Served

In FY17, 127 youth were admitted and 114 youth were discharged. As of June 30, 2017, Fresno Wraparound has served 208 (196 unduplicated) youth during the fiscal year.

Age at Program Entry of Admitted Youth

Youth admitted into the program have ranged from young children (ages of 0-5) to young adults (ages 18-25). Majority of youth admitted in FY17 were between the ages of 14-17 at program admission with a mean age of 13.04 years.

Gender of Admitted Youth

Majority of youth admitted in FY17 were male (51%).

Ethnicities of Admitted Youth

In FY17, majority of youth admitted were Hispanic/Latino (44%), followed by African Americans (24%) and Caucasian (21%).

Referral Source of Admitted Youth

Referral source information was available for 127 youth admitted in FY17. Ninety-seven (85%) youth were admitted from Child Welfare.

Living Situation at Program Entry for Admitted Youth

Youth's predominant living situation at program entry in FY17 was foster care (46%).

Clinical Diagnoses for Youth Admitted

The most common mental health or clinical diagnoses of admitted youth was Trauma-Stressor Related Disorders (43%) followed by Disruptive Disorders (26%) and Mood Disorders (24%).

SECTION II: COST EFFECTIVENESS OF PROGRAM

During the FY17 period, Uplift Family Services Fresno Wraparound program billed for \$3,265,788 (80%) of the total billed to Medi-Cal, and \$809,543 (20%) totaled billed for Social Services.

SECTION III: LENGTH OF STAY (LOS)

In FY17, 114 youth were discharged from Fresno Wraparound. The average LOS was 11.97 months (median 9.00). Of the 114 youth discharged, 96 (84%) youth discharged with a LOS greater than 60 days.

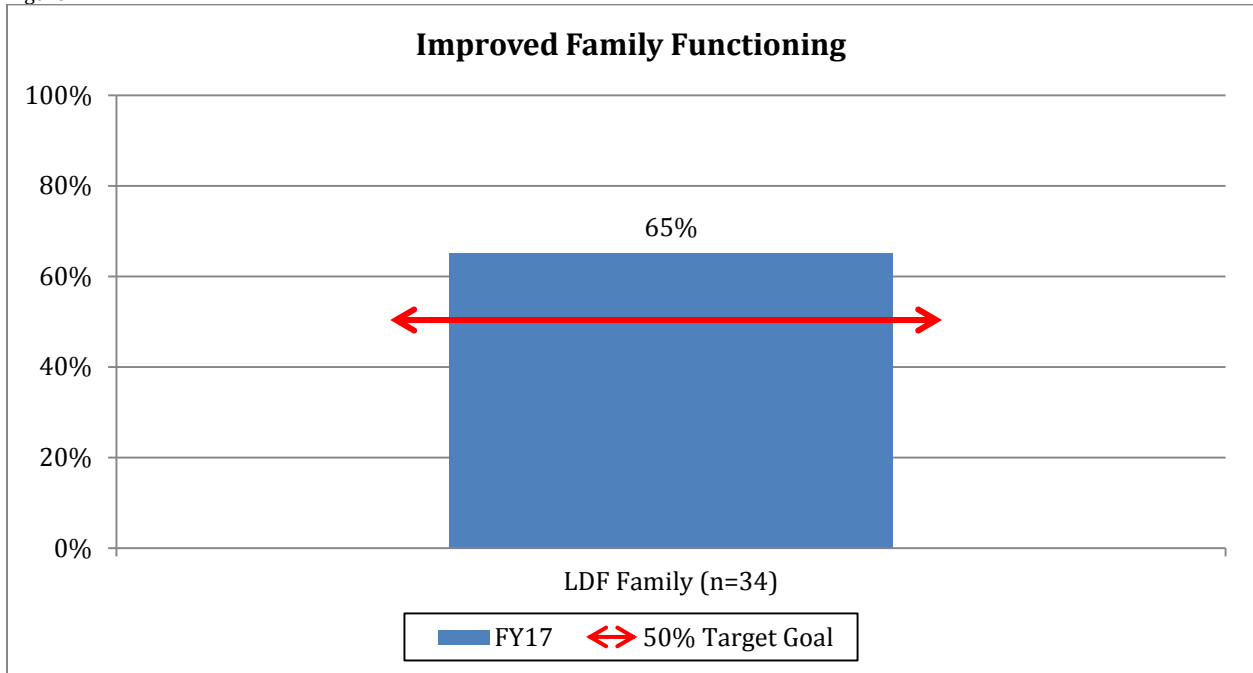
SECTION IV: OUTCOMES FOR DISCHARGED YOUTH

This annual status report includes outcome data on youth with a length of stay greater than 60 days. In FY17, 96 youth (84%) met the LOS 60 days criterion. During FY17, fourteen (twelve met 60 days criterion) Matrix Wraparound youth were discharged from Uplift Family Services Fresno County Wraparound. Six youth participating in Family Search and Engagement services were discharged during FY17. See Appendix C for additional CANS outcomes.

Improved Family Functioning

To assess improvement on family functioning, Uplift Family Services utilizes the CANS measure, specifically the Life Domain Functioning (LDF) Family item. The LDF Family item refers to how the youth is doing with his/her family members. It is our goal that 50% of youth will improve on the LDF Family item. Improvement is defined as an actionable rating (2, 3) at Admit to a non-actionable (0, 1) at Discharge. In FY17, 65% of youth with an actionable rating at admit improved to non-actionable at discharge on the LDF Family item.

Figure 1

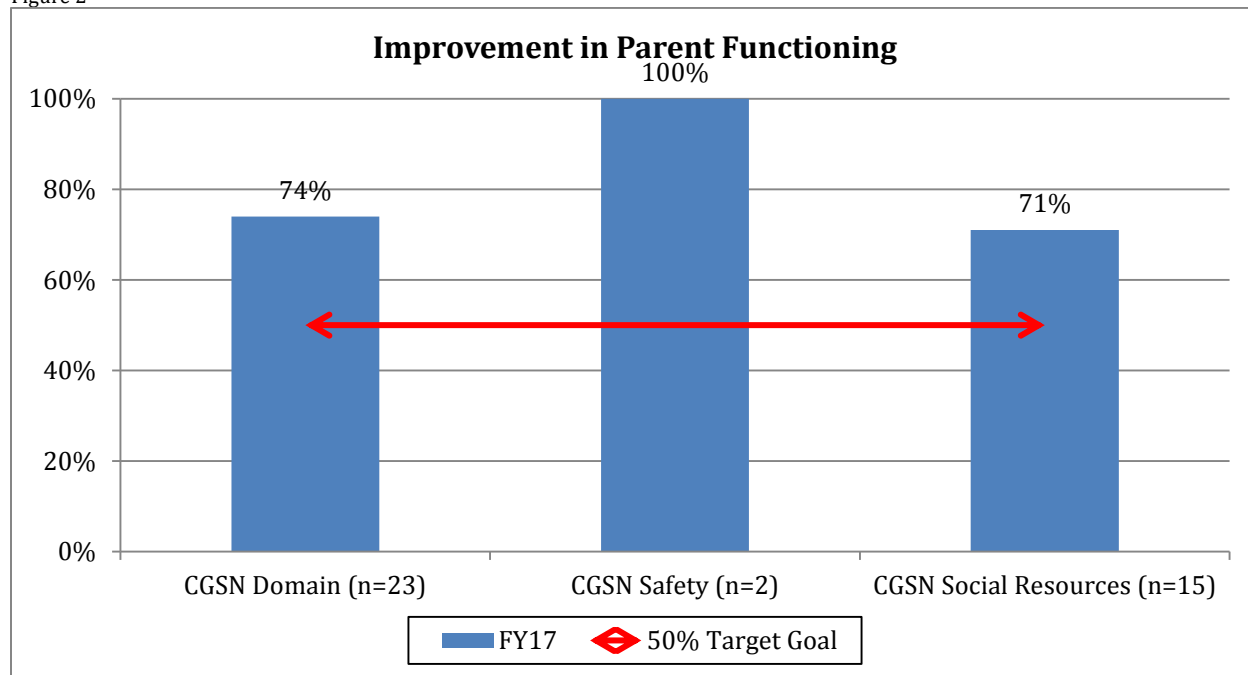


Source: CANS 5+ (07/14/17). Notes: (1) FY17 LDF Family (N=52). (2) CANS Item: N=Number of youth with an actionable rating at Admit. n=number of youth improved to non-actionable at Discharge.

Improved Parent Functioning

To assess parent's ability to provide daily care of their youth, Uplift Family Services utilizes the CANS, specifically the Caregiver Strengths and Needs domain. This domain refers to the parent's needs as well as the parent's strengths in which he/she can be a resource for the youth. It is our goal that 50% of caregivers will improve on at least 60% of their CGSN actionable items. Improvement is defined as an actionable rating (2, 3) at Admit to a non-actionable (0, 1) at Discharge. In addition, it is our goal that 50% of parents will improve on maintaining safety for their youth and improve their development of a natural support system. In FY17, Uplift Family Services Fresno County Wraparound exceeded the CGSN domain goal by 24% and the CGSN Social Resources goal by 21%.

Figure 2

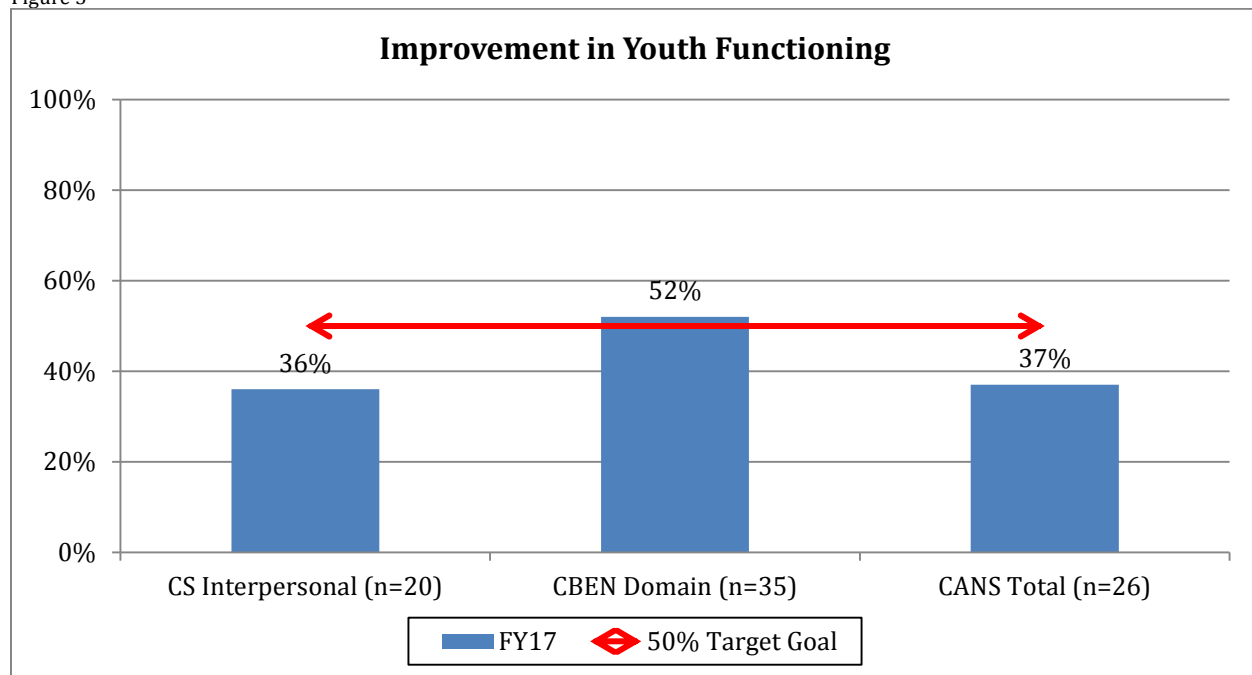


Source: CANS 5+ (07/14/17). Notes: (1) FY17 CGSN Domain (N=31), CGSN Safety (N=2), and CGSN Social Resources (N=21). (2) CANS Item: N=Number of youth with an actionable rating at Admit. n=number of youth improved to non-actionable at Discharge. (3) CANS domain and total: N=Number of youth with paired data, n= number of youth improving on at least 60% of actionable items. (4) CANS Social Resources missing data for 5 youth.

Improved Youth Functioning

Improvement on youth functioning in areas such as development in pro-social skills, addressing their emotional and behavioral needs, and affecting an overall improvement on their clinical condition and quality of life is assessed utilizing the CANS, specifically the CS Interpersonal item, CBEN domain, and CANS total. Improvement is defined as an actionable rating (2, 3) at Admit to a non-actionable (0, 1) at Discharge. In FY17, 52% youth with an actionable rating at Admit improved their emotional and behavioral status to non-actionable at discharge (CANS CBEN domain).

Figure 3

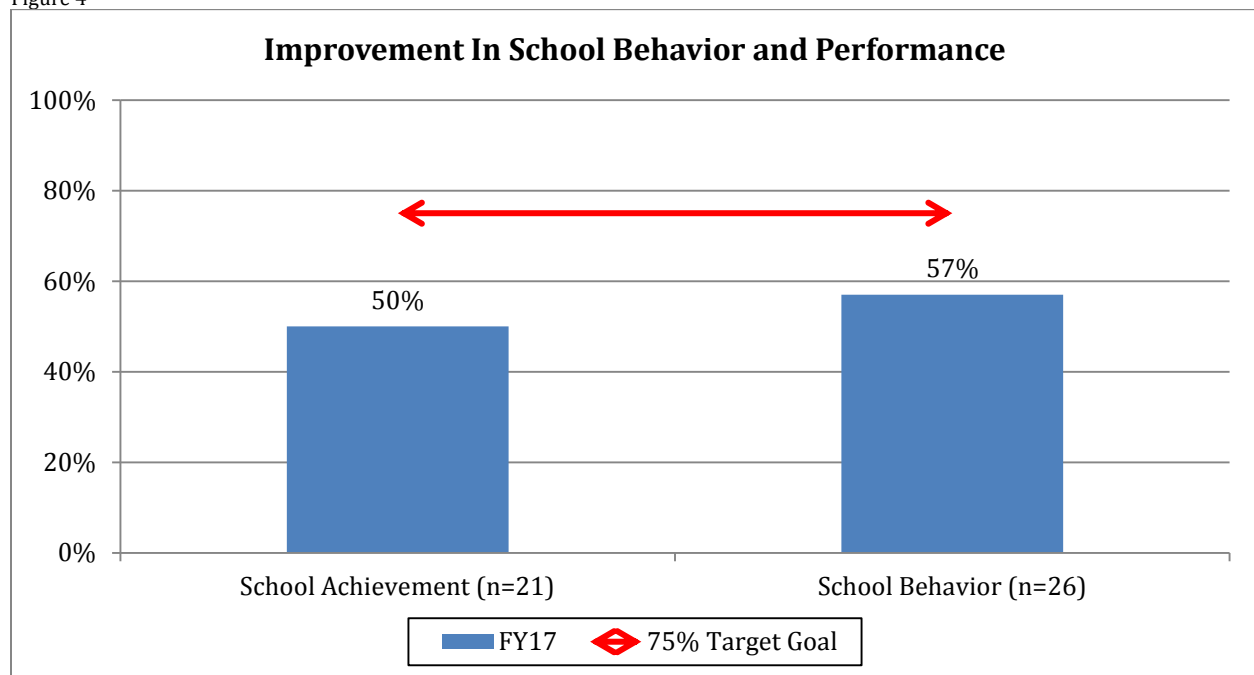


Source: CANS 5+ (07/14/17). Notes: (1) FY17 CS Interpersonal (N=55), CBEN domain (N=68), CANS Total (N=70). (2) CANS Item: N=Number of youth with an actionable rating at Admit. n=number of youth improved to non-actionable at Discharge. (3) CANS domain and total: N=Number of youth with paired data, n= number of youth improving on at least 60% of actionable items.

Improvement in youth's functioning encompasses improvement in school areas such as school attendance, school behavior, and school achievement. In addition, reduction in expulsion/suspension or maintenance of zero expulsion/suspension occurrences, and a decrease in restrictiveness in youth's predominant classroom setting also assess youth's functioning at the end of treatment.

School Behavior and School Achievement is assessed utilizing the CANS. In FY17, of the youth with actionable items at Admit for School Achievement, 21 youth (50%; n = 42) improved to non-actionable at discharge, and in the School Behavior item, 26 (57%; n = 46) youth improved to non-actionable at discharge.

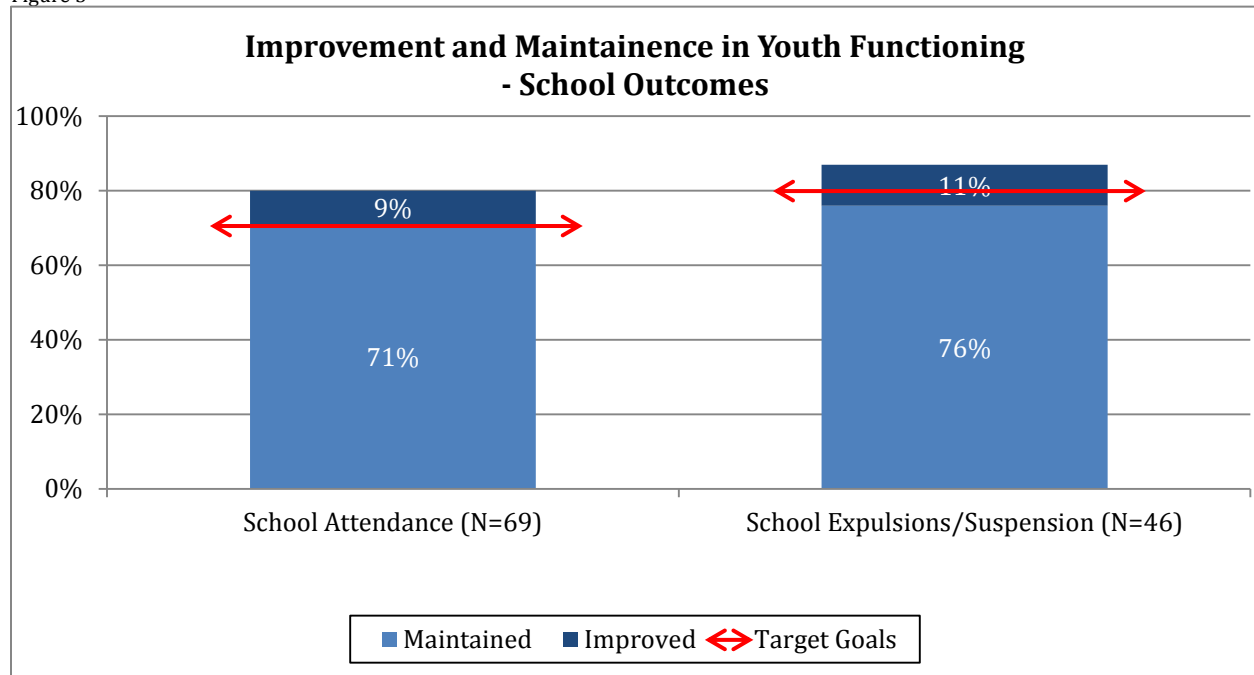
Figure 4



Source: CANS 5+ (07/14/17). Notes: (1) FY17 School Achievement (n=42), and School Behavior (N=46). (2) N=Number of youth with an actionable rating at Admit. n=number of youth improved to non-actionable at Discharge.

In Figure 5, improvement and maintenance in school attendance and expulsion/suspension occurrences are shown, including ten MATRIX youth. Discharged youth met and exceeded 70% target goal of improving or maintaining school attendance at an average of 3+ days per week as well as exceeding the target goal of 80% to reduce or maintain at 0 with expulsion/suspension occurrences, including seven MATRIX youth.

Figure 5



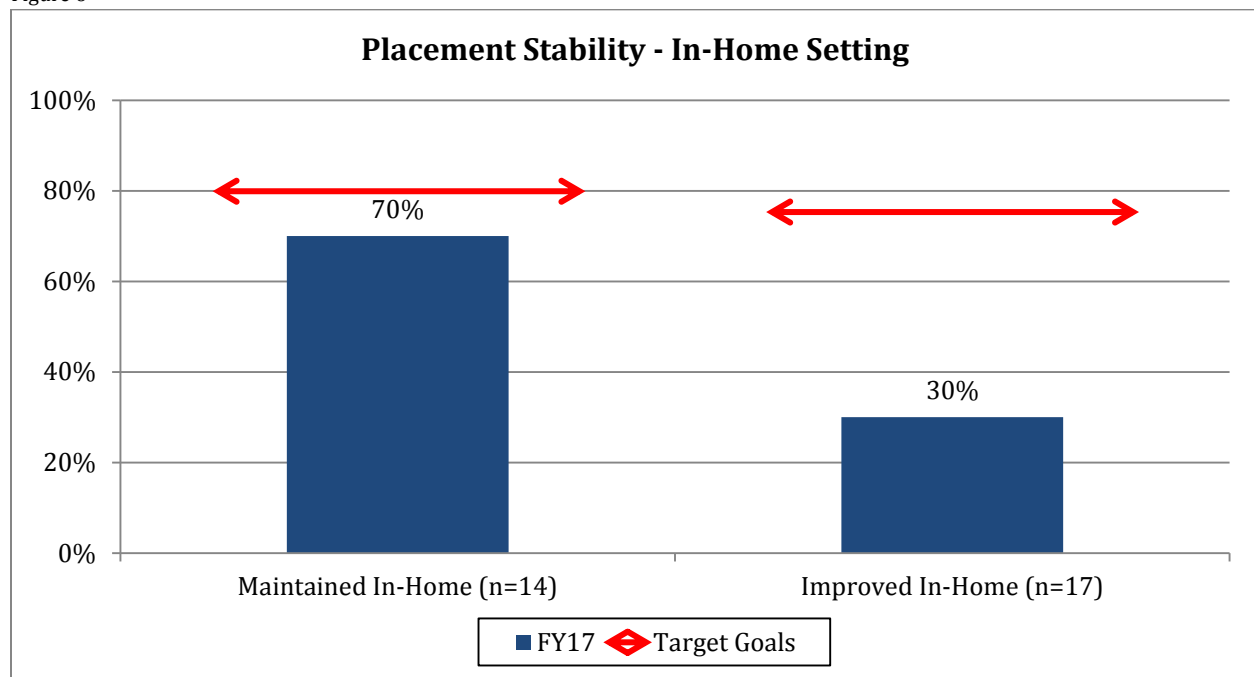
Source: CEDE (07/14/17). Notes: (1) Paired CEDE (Admit and Discharge), includes youth with a LOS greater than 60 days. (2) N=total number of youth with paired data. (3) Number of Youth improved and maintained: School Attendance, n=55; School Expulsions/Suspension, n=40; (4) Target Goals: School Attendance =70% and School Expulsion/Suspensions =80%.

Placement Stability

Uplift Family Services Fresno County Wraparound has identified three goals to assess youth's placement stability. It is our goal that 80% of youth will remain in an in-home setting or move to a less restrictive setting (not including less restrictive group home setting). In addition, 50% of caregivers will improve ability to manage youth's behaviors. Lastly, 70% of youth will improve to an in-home setting or maintain their in-home setting six months post discharge.

An in-home setting includes youth living with biological/adoptive parents, kinship, independent living, foster care, mentor, family friend, or guardianship. Figure 6 illustrates that 70% (14 of 20) of youth discharged in FY17 maintained an in-home placement from Admit to Discharge. In addition, of the youth living in a non-in-home setting at Admit, 30% (17 of 56) youth improved their predominant living situation placement by living in an in-home placement at Discharge.

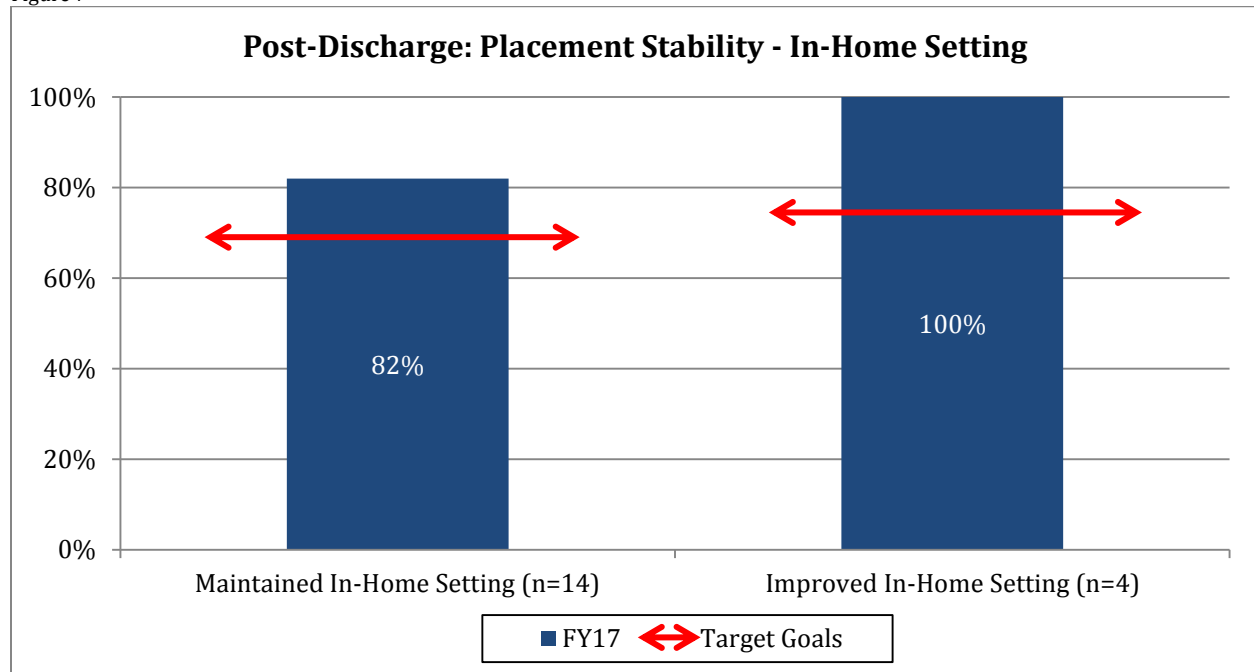
Figure 6



Source: CEDE (07/14/17). Notes: (1) Paired CEDE (Admit and Discharge), includes youth with a LOS greater than 60 days. (2) Number of youth with paired data: In-Home at Admit = 20, Out of home at Admit=56 (3) n= number of youth improved and maintained; (4) Target Goals: Maintained In-Home =80% and Improved In-Home=75%.

In FY17, paired CEDE (last completed) and 6 Months Post Discharge data was available for 21 youth. Eighty-two percent of youth that discharge with an in-home setting maintained in-home settings from discharge to post discharge and 100% of youth discharge with an out-of-home setting improved to in-home settings living situation post discharge.

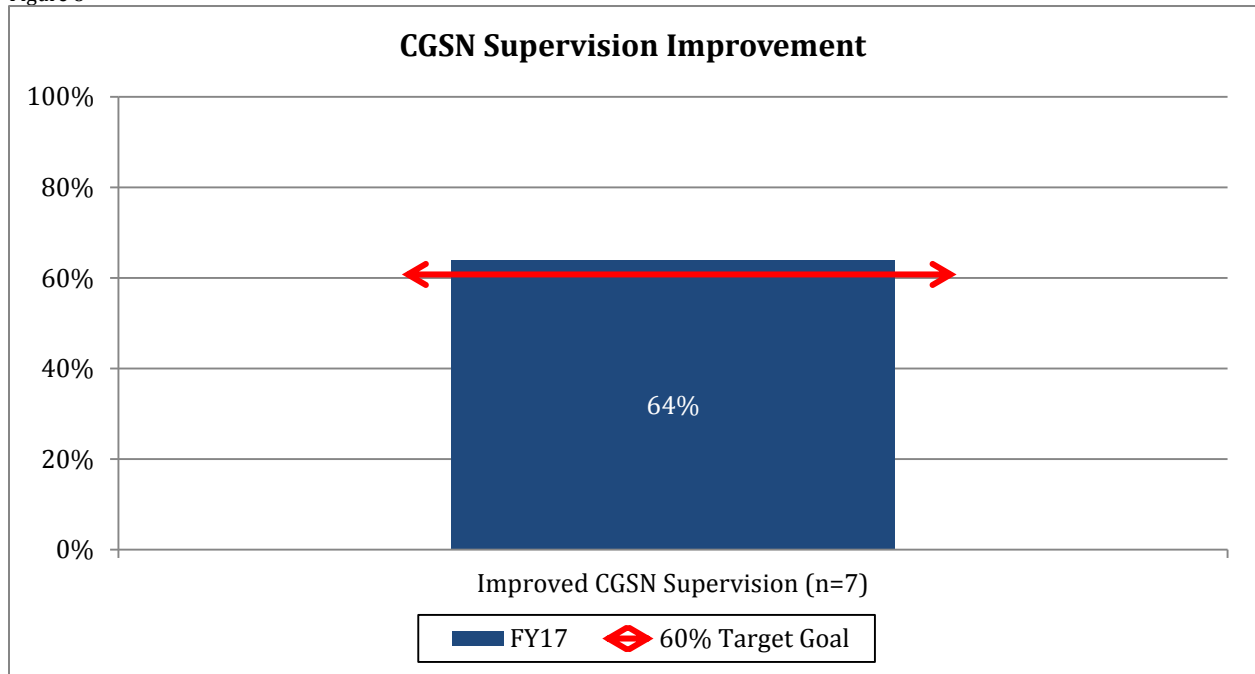
Figure 7



Source: CEDE & 6-Months Post-Discharge (07/14/17). Notes: (1) FY17: Number of Youth In-Home at Discharge = 17. Number of Youth Out of Home at Discharge = 4. n=number of youth improved or maintained. (2) Target Goals: Improvement =75%, Maintained=70%.

To assess improvement on caregiver's ability to manage youth's behaviors, Uplift Family Services analyzed the CANS CGSN Supervision item. Improvement is defined by an actionable rating (2, 3) at Admit to a non-actionable rating (0, 1) at Discharge. In FY17, 7 (64%) caregivers rated as actionable at Admit improved their ability to manage youth's behaviors, meeting the target goal of 60%.

Figure 8

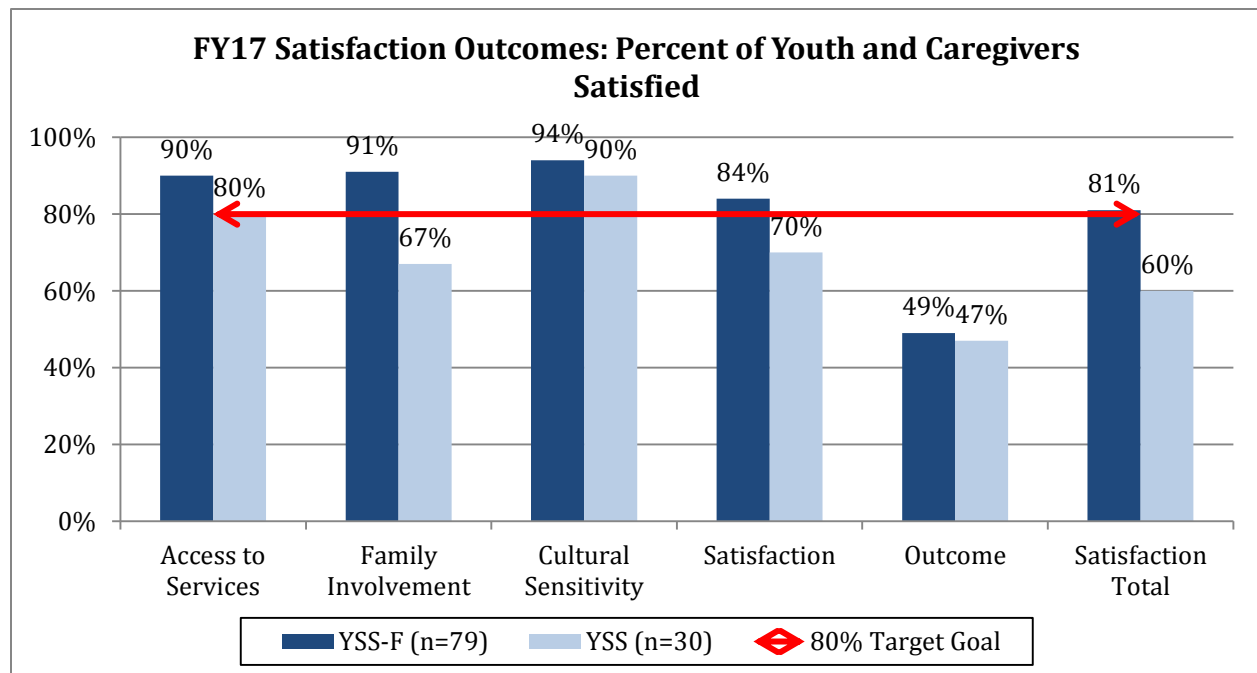


Source: CANS (07/14/17). Note: (1) FY17: Number of Youth Actionable at Admit N = 11. n=number of youth improved.

Satisfaction Outcomes

In November 2016 and May 2017, Uplift Family Services Fresno County Wraparound participated in the POQI State Consumer Perception Survey administration. In addition, the Youth Services Survey was administered to youth (ages 13+) and caregivers at the discharge timeframe. FY17 Respondents included 30 youth (ages 13+) and 79 caregivers. A positive rating is an average score of 4.0 or higher. It is an agency-wide key performance indicator that 80% of youth and families will be satisfied of services. Uplift Family Services Fresno County Wraparound did exceed the goal for the caregiver (90%; MATRIX – 81%), but not for the youth (60%; MATRIX – 25%) total satisfaction. Figure 8 illustrates the percent of caregivers (YSS-F) and percent of youth (YSS) that are satisfied with services in all satisfaction domains and total.

Figure 9



Source: Consumer Perception Survey and Satisfaction at Discharge 07-24-17.

Juvenile Justice Outcomes

In FY17, 97% (65 of 67; including ten MATRIX youth) of discharged youth with zero probation violations at Admit maintained at zero probation violations at Discharge, and 21% (4 of 19) of discharged youth decreased their number of probation violations from Admit to Discharge exceeding our 80% target by 17%.

Goal Attainment

Positive goal attainment is defined as reason for discharge due to goal achievement, reunification, and attained dependency. It is our goal that 40% of youth has positive goal attainment at program discharge. In FY17, 47 (49%; n=96) youth discharged, with a LOS greater than 60 days, including ten MATRIX youth, reached positive goal attainment.

Family Search and Engagement (FSE) Outcomes

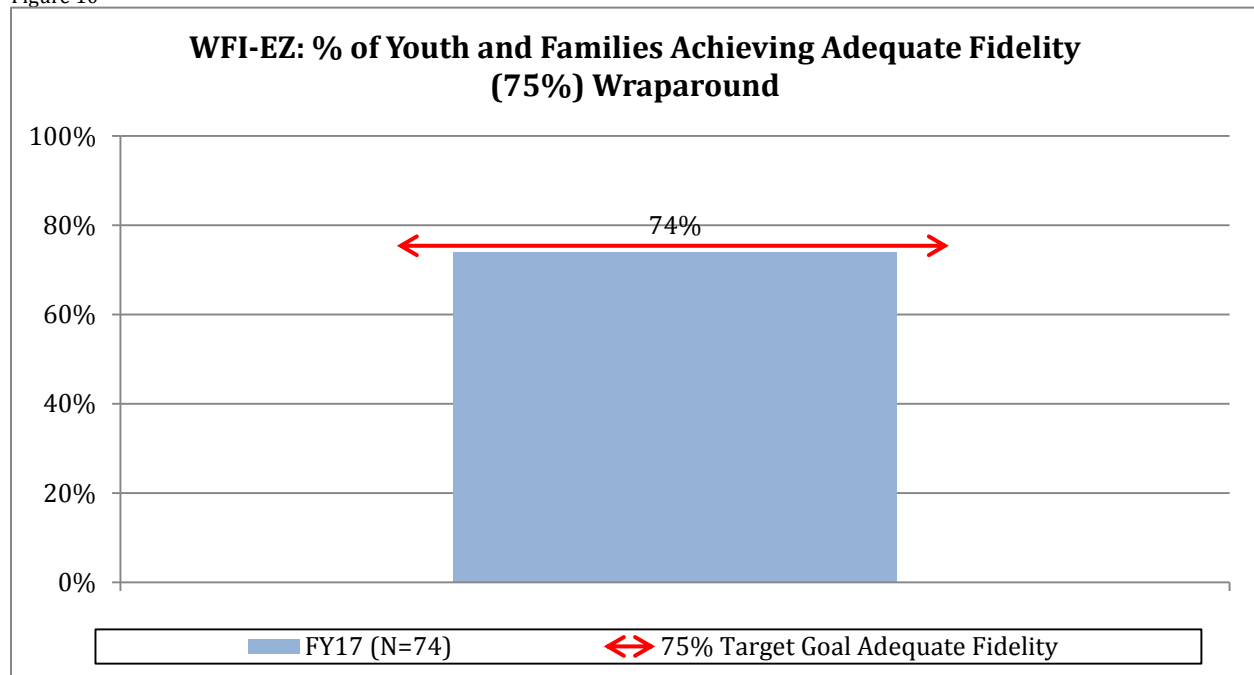
Youth who participate in Uplift Family Services' Family Search and Engagement services are expected to improve their relationship permanence. It is our goal that 50% of youth improve in relationship permanence at the end of FSE services. In FY17, paired FSE start and FSE end data was

available for six customers. Four youth had paired CANS data and two youth (50%) improved in the relationship permanence item. Sixty-seven percent of youth both increased the number of relationships and formed sustainable relationships. All youth were connected and in contact with their family member at the end of FSE services.

Fidelity Outcomes

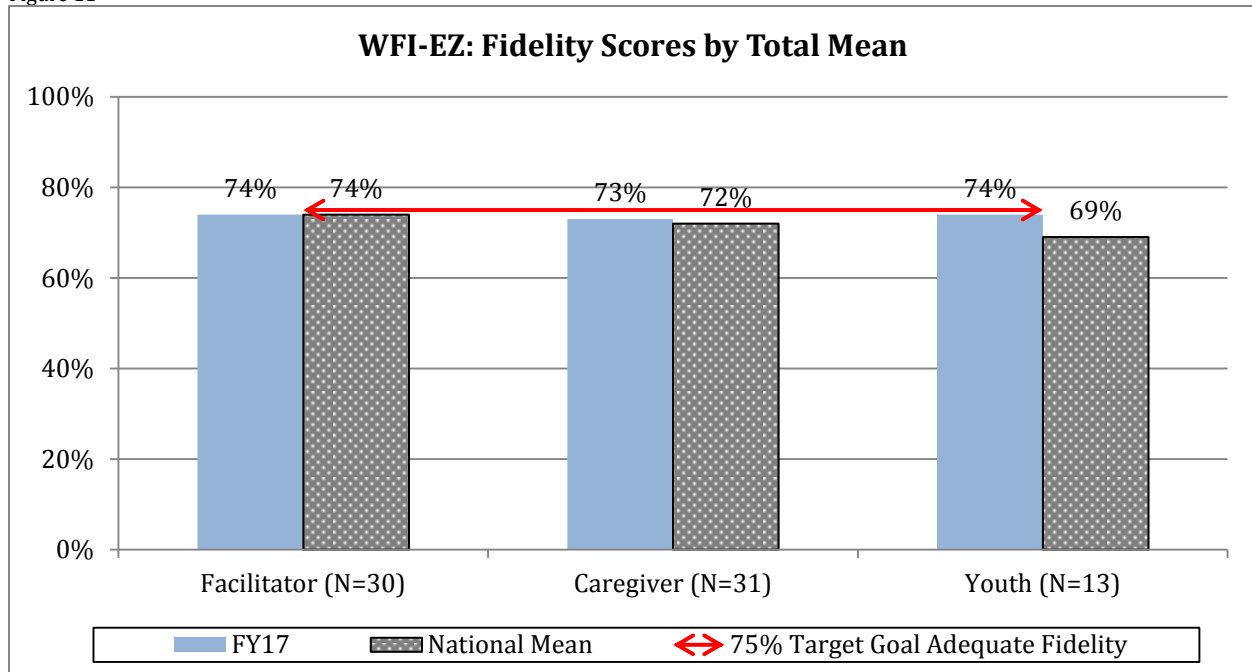
In 2008, Uplift Family Services implemented the Wraparound Fidelity Index 4.0 (WFI-4) and in 2016, the Wraparound Fidelity Index Short Version (WFI-EZ) was implemented in which both measures the fidelity and program outcomes. It is the goal of Uplift Family Services Fresno County Wraparound that 75% of youth and families will have a combined total fidelity score of at least 75%, indicating adequate fidelity. Figure 10 shows the WFI-EZ Mean total score for all respondents. See Appendix D for WFI-EZ Fidelity by Key Elements.

Figure 10



Source: WFI-EZ Wrap Track Report (08/01/17). Note: (1) N= number of youth.

Figure 11



Source: WFI-EZ Wrap Track Report (08/01/17). Notes: (1) FY17: Facilitator (n=30), Caregiver (n=31), Youth (n=13), and Combined Respondents (n=74). (2) Fresno Wraparound began utilizing the WFI-EZ on February 1, 2016. (3) National Means are represented by respondent.

SECTION IV: SUMMARY OF PROGRAM OUTCOMES

Goals/Objectives	Performance Measure	FY17
Cost Effectiveness	1.1) 70% of productivity for Medi-Cal billing. (Source: Finance Department; per contract baseline)	80%
Improved Family Functioning	2.1) 50% of youth will improve in individual and family functioning status. (Source: CANS LDF Family)	65%
Improved Parent Functioning	3.1) 50% of caregivers will improve ability to provide daily care of youth. (Source: CANS CGSN domain; Improvement is defined as caregiver improving at least 60% of CGSN actionable items to non-actionable)	74%
	3.2) 50% of caregivers will improve development of natural support system. (Source: CANS CGSN Social Resources)	71%
Improved Youth Functioning	4.1) 50% of youth will improve Interpersonal skills. (Source: CANS CS Interpersonal)	36%
	4.2) 50% of youth will improve emotional and behavioral status. (Source: CANS CBEN domain; Improvement is defined as youth improving at least 60% of CBEN actionable items to non-actionable)	52%
	4.3) 50% of youth will improve clinical condition and quality of life. (Source: CANS Total; Improvement is defined as youth improving at least 60% of Total CANS actionable items to non-actionable)	37%
	4.4) 70% of youth will improve school attendance or maintain at a minimum attendance average of 3 out of 5 school days. (Source: CEDE Average Number of School Days; Improvement is defined by increase in attendance from less than 3 days per week, at Time 1, to 3+ days at Time 2. Maintenance is defined as youth attending school 3+ days at Time 1 and maintaining school attendance at Time 2.)	80%
	4.5) 80% of youth will improve Academic Performance. (Source: CANS LDF School Achievement)	50%
	4.6) 80% of youth will decrease (or maintain at 0) number of expulsions/suspensions during the last 3 months services. (Source: CEDE Expulsion and Suspension)	87%
Placement Stability	5.1) 80% of youth In-Home at Admit, will remain In-Home or move to a less restrictive setting (not including less restrictive GH setting). (Source: CEDE Predominant Living Situation)	70%
	5.2) 75% of youth Out-of-Home at Admit, will improve to In-Home or move to a less restrictive setting (not including less restrictive GH setting). (Source: CEDE Predominant Living Situation)	80%
	5.3) 75% of youth will improve to in-home setting post-discharge. (Source: Wrap 6-Months Post-Discharge Predominant Living Situation; Baseline Source: CEDE at Discharge).	100%
	5.4) 70% of youth will maintain in-home setting post-discharge. (Source: Wrap 6-Months Post-Discharge Predominant Living Situation; Baseline Source: CEDE at Discharge).	82%
	5.5) 50% of caregivers will improve ability to manage youth's behaviors. (Source: CANS CGSN Supervision)	64%
Satisfaction	6.1) 80% of youth and families will be satisfied with	YSS-F: 81%

	Wraparound Services. (Source: YSS, YSS-F, AS; % Satisfied= Mean score of 4.0 or higher on Total Satisfaction)	YSS: 60%
Juvenile Justice Involvement	7.1) 80% of youth with no probation violations at Admit will maintain at 0 their number of probation violations during the last 3 months of program participation compared to the prior 3 month period. (Source: CEDE Probation Violations)	97%
Goal Attainment	8.1) 40% of youth will have positive goal attainment outcomes. (Source: TIER Reason for Discharge: Goal Achievement, Attained Dependency, and Reunification; per program baseline. Exclude LOS <60 Days)	49% (n=96)
Family Search and Engagement Outcomes	9.1) 50% of youth participating in FSE services will improve stability of significant relationships in his/her life.* (Source: CANS CS Relationship Permanence, per FSE Committee baseline)	50%
Fidelity Outcomes	10.1) 75% youth and families will achieve a combined total fidelity score of at least 75% (adequate fidelity). (Source: WFI-4 and WFI-EZ Overall Fidelity)	74%

Note: Outcomes/Goals based on FY17 program logic model.

SECTION V: CONCLUSIONS

Based on the outcomes of the youth discharged to date, they are increasingly effective at meeting behavioral and functioning achievements as evidenced by the improvements in CANS outcomes measures for youth, caregivers and families served in the Uplift Family Services Fresno County Wraparound Program. Youth are primarily maintaining in an in-home placement or discharging to a less restrictive living situation. They are improving their school attendance, improving their performance and in-school behaviors, and reducing their suspension/expulsions. Youth and families indicate satisfaction with the services rendered by Uplift Family Services Fresno County Wraparound. Youth are also maintaining reduced interactions with the Juvenile Justice system. Families are feeling supported and enabled to meet their own needs, and the program is being delivered in accordance with national High Fidelity Wraparound standards. These results indicate that the program is effective in helping youth and families to achieve their goals.

Future reports will include the following, additional items:

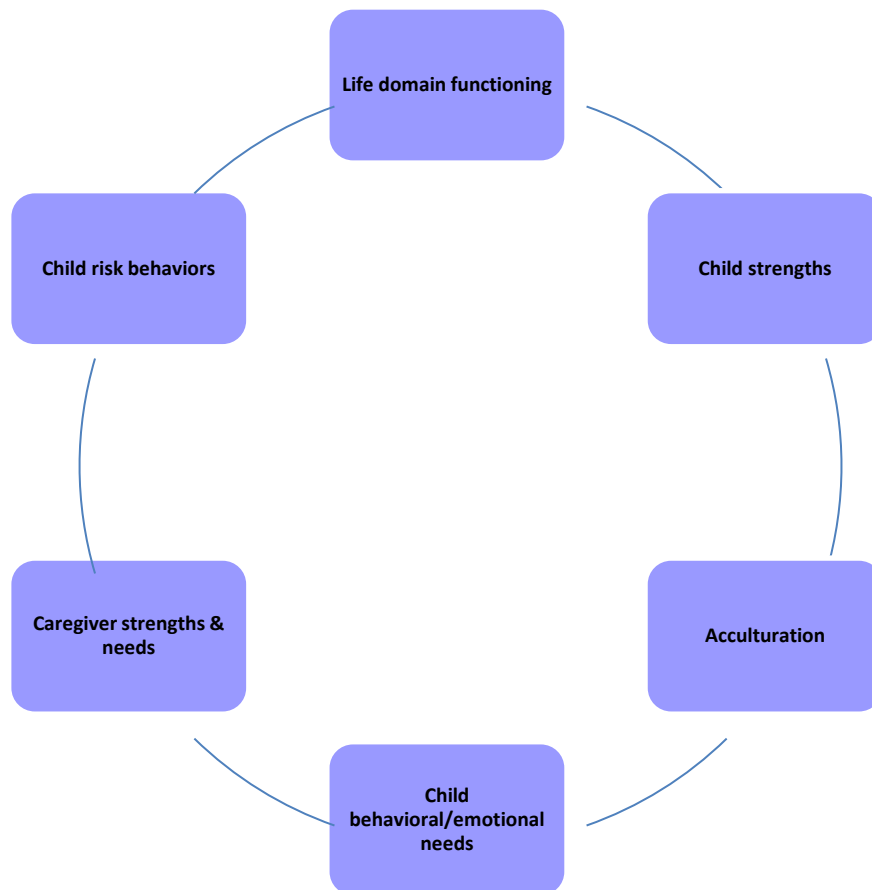
Team Observation Measure (TOM)

The TOM has not been used continuously since initial implementation of February 1, 2010. The Outcomes and Evaluations department at Uplift Family Services will collaborate with clinical director and program managers in regards to training needs. Implementation has been delayed until O&E Department staffing concerns have been addressed.

APPENDIX A: OUTCOME MEASURES

Child and Adolescent Needs and Strengths (CANS)

Uplift Family Services implemented the Child and Adolescent Needs and Strengths (CANS) measure in 2011. The CANS organizes clinical information collected during a behavioral health assessment in a consistent manner to improve communication among those involved in planning care for a child or adolescent. Each CANS item suggests different pathways for service planning. The CANS is administered and completed by the youth and family at program entry and program discharge, in addition to six month intervals in order to assess changes in needs while youth is enrolled in the program.



APPENDIX A: OUTCOME MEASURES

Each item is scored on a four-level scale. The scale definitions are designed to translate into the following action levels:

For needs:

- 0 No evidence
- 1 Watchful waiting/prevention
- 2 Action
- 3 Immediate/Intensive Action

For strengths:

- 0 Centerpiece strength
- 1 Strength that you can use in planning
- 2 Strength has been identified-must be built
- 3 No strength identified

Items on the CANS (0-4) are grouped into eight core domains:

- **Life Domain Functioning** - This domain rates how they are functioning in the individual, family, peer, school, and community realms.
- **Child Strengths** - This domain is designed to describe the youth's assets that can be used to advance healthy development.
- **Acculturation** - The Acculturation items describe possible issues that adolescents may encounter regarding their membership in any cultural group.
- **Caregiver Strengths** - This domain is designed to describe the caregiver's assets.
- **Caregiver Needs** - The items in this section represent potential areas of need for caregivers while simultaneously highlighting the areas in which the caregivers can be a resource for the youth.
- **Child Behavioral/Emotional Needs** - This domain relates information regarding a youth's behavioral and emotional issues.
- **Child Risk Factors** - The section of the CANS asks about whether or not the youth are at risk.
- **Child Risk Behaviors** - The section of the CANS asks about whether or not the youth currently behaves in ways that could prove to be dangerous to themselves or to others.

Items on the CANS (ages 5+) are grouped into six core domains:

- **Life Domain Functioning** - This domain rates how they are functioning in the individual, family, peer, school, and community realms.
- **Child Strengths** - This domain is designed to describe the youth's assets that can be used to advance healthy development.
- **Acculturation** - The Acculturation items describe possible issues that adolescents may encounter regarding their membership in any cultural group.
- **Caregiver Strengths & Needs** - The items in this section represent potential areas of need for caregivers while simultaneously highlighting the areas in which the caregivers can be a resource for the youth.
- **Child Behavioral/Emotional Needs** - This domain relates information regarding a youth's behavioral and emotional issues.
- **Child Risk Behaviors** - The section of the CANS asks about whether or not the youth currently behaves in ways that could prove to be dangerous to themselves or to others.

The CANS is analyzed in the following manner:

APPENDIX A: OUTCOME MEASURES

- Using paired CANS (Admit and Discharge with 60 days between timeframes) the mean number of actionable items (rating of 2, 3), as well as the standard deviations by domain and CANS overall total overall. Uplift Family Services provides statistical significance on these paired data to strengthen our clinical significance in a decrease of actionable items at Admit and Discharge.
- Secondly, improvement is shown for those youth who had actionable items (rating of 2 or 3) identified at Admit to non-actionable at Discharge (rating of 0, 1). CANS improvement is shown by item, by domain, and by total.
- Mean CANS scores by domain and total.

Core Evaluation Data Elements (CEDE)

Beginning in January 2011, Uplift Family Services implemented a new internal evaluation tool called the Core Evaluation Data Elements (CEDE). The CEDE is completed at the time of program entry, six months intervals, and at the time of discharge from the program. It provides information on key outcomes for youth, including living situation placement, school attendance, expulsions and suspensions, and juvenile justice data.

Indicators:

In Home: Youth's predominant living situation placement is in a community setting (home, family friend, foster care, guardianship, independent living, or kinship).

In School: Youth is attending 3+ days per week.

Out of Trouble: Youth has 0 probation violations.

Wraparound 6 Months Post-Discharge Survey

In February 2011, Uplift Family Services began the implementation and administration of a Wraparound 6-Month Post-Discharge Study. Data is collected across all Uplift Family Services traditional Wraparound programs. The study aims to assess the long-term effectiveness of our services by assessing youth's living situation placement, school attendance, juvenile justice involvement, and overall satisfaction of services post discharge. Six months after discharge from the program, caregivers or youth are contacted: via phone, in person, or through mail. Response rates were higher at six months post-discharge. Uplift Family Services' CEDE, at discharge timeframe, serves as the youth's baseline when analyzing post-discharge outcomes.

Youth Satisfaction Survey (YSS)

To measure youth and caregiver satisfaction Uplift Family Services utilizes the Youth Services Survey for Families (YSS-F), the Youth Services Survey (YSS) and Adult Survey (AS). Satisfaction surveys are administered at the time of program discharge. In addition to discharge timeframe, satisfaction is collected during the POQI State-Wide administration period. The surveys ask caregivers and youth to rate to what extent they disagree or agree with statements on a 5-point Likert-type scale, ranging from "Strongly Disagree" (1) to "Strongly Agree" (5), with a score of 5 indicating the highest level of satisfaction. Uplift Family Services has defined a positive response as a rating of 4.0. The percent satisfied is defined by the percentage of youth and caregivers with a mean score of 4.0 or higher by domain and satisfaction total.

The initial 15 items in the YSS-F and YSS are grouped into five domains:

- Access to Services
- Family Involvement
- Cultural Sensitivity

APPENDIX A: OUTCOME MEASURES

- Satisfaction
- Outcome

Wraparound Fidelity Index – Short Version (WFI-EZ)

In February 2016, Uplift Family Services Fresno Wraparound program transitioned to the Wraparound Fidelity Index – Short Version from the Wraparound Fidelity Index 4.0 (WFI-4).

The Wraparound Fidelity Index, Short Version (WFI-EZ) is a brief, self-administered survey that measures adherence to the Wraparound principles. The WFI-EZ was developed in 2011 to offset the burden of conducting lengthy interviews for the full WFI-4 protocol, and to include items that assess satisfaction. Respondents (caregivers, youth, facilitators, and team members) answer questions in three categories: Experiences in Wraparound (25 items), Satisfaction (4 items), and Outcomes (9 items).

Data result in quantitative summaries of Total Fidelity, Key Element Fidelity Scores (Effective Teamwork, Needs-Based, Natural & Community Supports, Strength and Family Driven, and Outcomes-Based), Satisfaction, and Outcomes.¹

The Uplift Family Services Outcomes and Evaluations department administered the WFI-EZ across all Uplift Family Services traditional Wraparound programs. Interview data was entered into an online data entry and reporting system maintained by the Wraparound Evaluation and Research Team, the accountability and evaluation wing of the NWI. Reports from this system provide an analysis of this data, which is intended to be used to guide program planning, training, and quality assurance. Benchmarking data indicates that scores of 75% or above is considered adequate fidelity Wraparound.

¹ The Wraparound Fidelity Index, Short Version (WFI-EZ) Description and Uses.
<https://depts.washington.edu/wrapeval/content/quality-assurance-and-fidelity-monitoring>

APPENDIX B: DEMOGRAPHIC AND INTAKE DATA

Table 1: Number of Youth Served

Number of Youth Served	FY17
Active Youth as of 06/30/17	94
Youth Admitted in FY17	127
Youth Discharged in FY17	114
Youth Discharged in FY17 with LOS greater than 60 days*	96
Total Youth Served Unduplicated	196
Total Youth Served	208

Source: TIER Masterclient Extract 07/24/17. Note(s): (1) *Outcomes only include youth discharged with a LOS greater than 60 days.

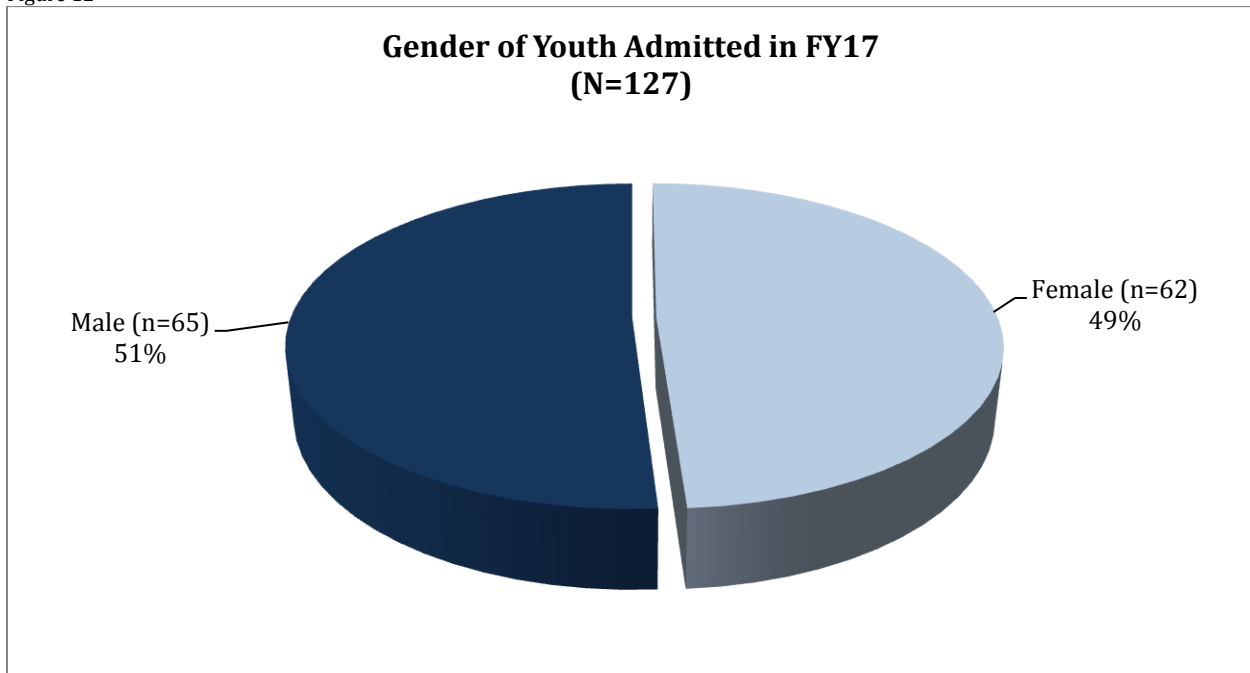
Table 2: Age at Program Entry of Youth Admitted in FY17

	FY17 (N=127)
0 to 5	10 (8%)
6 to 10	23 (18%)
11 to 13	28 (22%)
14 to 17	64 (51%)
18 to 25	1 (1%)
Range	3.20-20.10
Mean	13.04
Median	14.14

Source: TIER Masterclient Extract 07/24/17. Note: Missing data for 1 youth.

APPENDIX B: DEMOGRAPHICS AND INTAKE DATA

Figure 12



Source: TIER Masterclient Extract 07/24/17.

Table 3: Ethnicity of Youth Admitted in FY17

	FY17 (N=127)
African American	30 (24%)
Asian	3 (2%)
Caucasian	26 (20%)
Hispanic/Latino	56 (44%)
Native American	2 (2%)
Multi-Ethnic	8 (6%)
Unknown	2 (2%)

Source: TIER Masterclient Extract 07/24/17.

Table 4: Referral Source of Youth Admitted in FY17

	FY17 (n=107)
AAP	0
Child Welfare	82 (77%)
Probation	25 (23%)

Source: TIER Masterclient Extract and Program Tracking 07/24/17. Notes: (1) Child Welfare includes CPS, DCFS, and Dept. of Social Services; (2) Missing data for 20 youth.

APPENDIX B: DEMOGRAPHICS AND INTAKE DATA

Table 5: Living Situation at Program Admit of Youth Admitted in FY17

	FY17 (n=114)
Bio/Adopt Parents	21 (18%)
Foster Care/FFA	53 (46%)
Kinship	15 (13%)
Guardianship	1 (1%)
Group Home (RCL 14)	1 (1%)
Group Home (RCL 12)	6 (5%)
Group Home (RCL 1-9)	2 (2%)
Incarcerated	11 (10%)
Hospitalization	1 (1%)
Unknown	3 (3%)

Source: CEDE 07/14/17. Notes: (1) Predominant Living Situation at Admit. (2) Missing data for 13 youth.

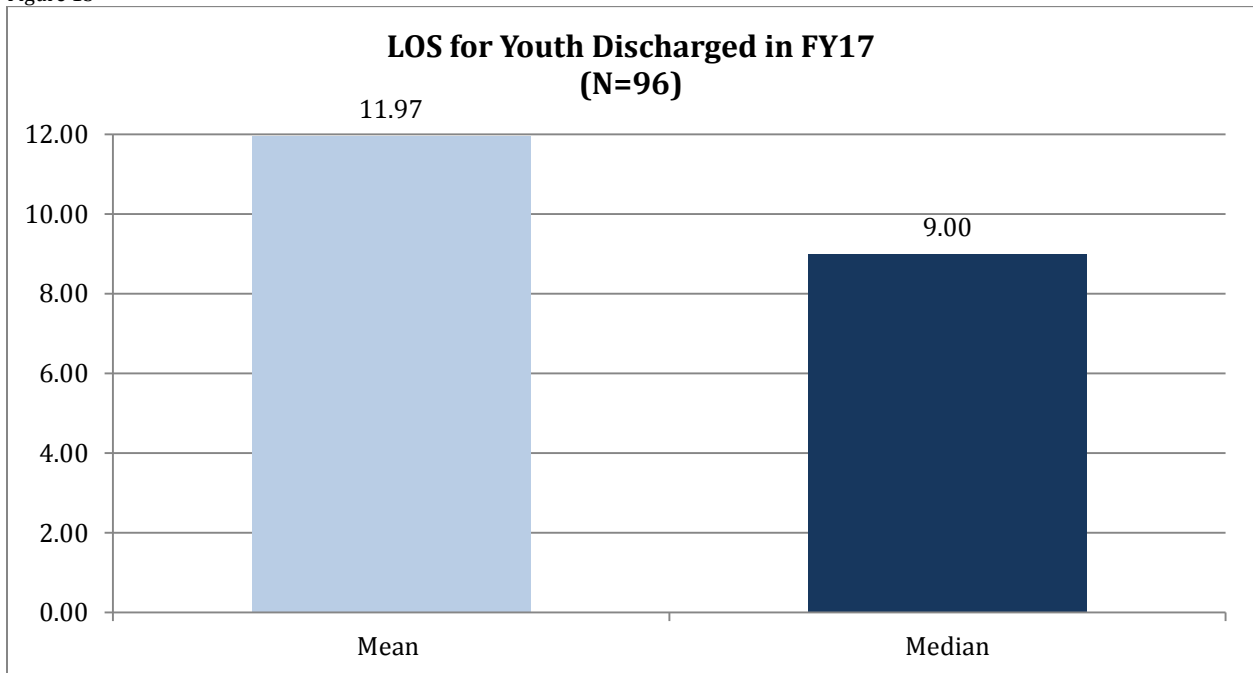
Table 6: Clinical Diagnosis at Program Admit of Youth Admitted in FY17

	FY17 (n=113)
Neurodevelopment Disorders	7 (6%)
Mood Disorders	27 (24%)
Trauma – Stressor Related Disorders	48 (42%)
Disruptive Disorders	29 (26%)
Other	2 (2%)

Source: TIER Masterclient Extract 07/24/17. Notes: (1) Diagnoses source: DSM-5, ICD-10. (2) Other includes: Encounter for observation for other suspected diseases and conditions ruled out circumstances (n=3). (3) Missing data for 14 youth.

APPENDIX B: DEMOGRAPHICS AND INTAKE DATA

Figure 13



Source: TIER Masterclient Extract 07/24/17. Notes: (1) LOS is shown in months.

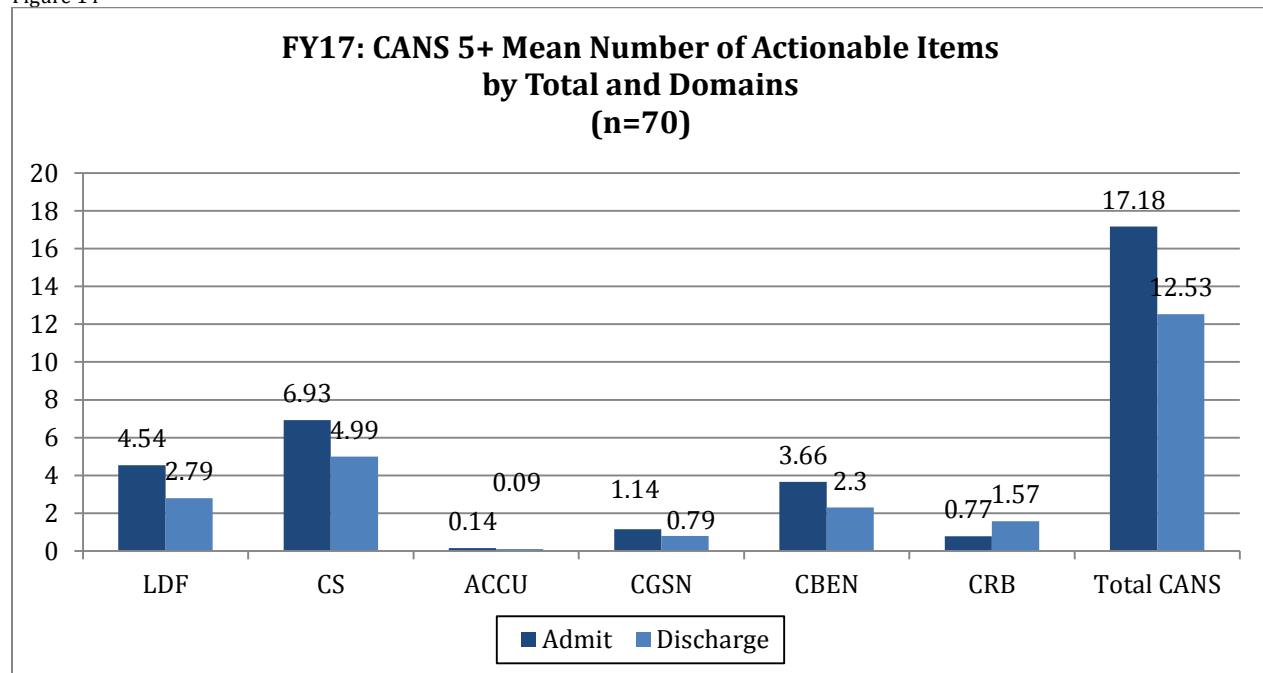
APPENDIX C: CANS OUTCOMES

Table 7 : CANS 5+: Mean Number of Actionable Items by Total and Domain

CANS 5+: Mean Number of Actionable Items by Total and Domain (n=70)			
CANS Domains	Admit	Discharge	Stat Sig.
LDF	4.54	2.79	≤ .001
CS	6.93	4.99	≤ .001
ACCU	.14	.09	n.s.
CGSN	1.14	.79	n.s.
CBEN	3.66	2.30	≤ .001
CRB	.77	1.57	.016
Total CANS	17.18	12.53	≤ .001

Source: CANS 5+ (07/14/17). Notes: (1) n=number of youth discharged in FY17 with paired CANS data. (2) LOS of discharged youth is 60+ days. (3) Actionable items are those with a rating of 2 or 3. (4) Paired data: Admit and Discharge. (5) Paired Sample T-Test; (6) n.s.= not statistically significant.

Figure 14



Source: CANS 5+ (07/14/17). Notes: (1) n=number of youth discharged in FY17 with paired CANS data; (2) LOS of discharged youth is 60+ days; (3) Actionable items are those with a rating of 2 or 3. (4) Paired data: Admit and Discharge or timeframe closest to discharge.

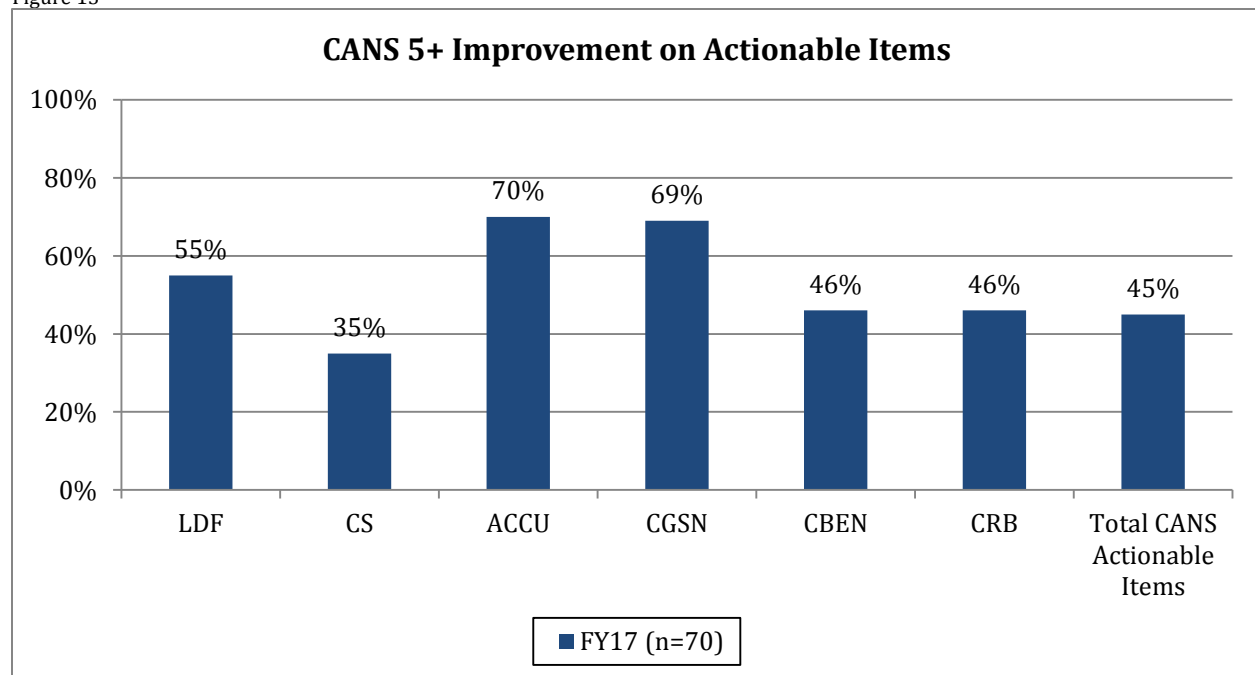
APPENDIX C: CANS OUTCOMES

Table 8

CANS 5+: Mean Number of Actionable Items by Total and Domain (n=70)			
CANS Domains	Number Actionable Items	Number Improved on Actionable Items	% Improved
LDF	317	173	55%
CS	483	167	35%
ACCU	10	7	70%
CGSN	71	49	69%
CBEN	256	119	46%
CRB	54	25	46%
Total CANS	1191	540	45%

Source: CANS 5+ (07/14/17). Notes: (1) n=number of youth discharged in FY17 with paired CANS data. (2) LOS of discharged youth is 60+ days. (3) Actionable items are those with a rating of 2 or 3. (4) Paired data: Admit and Discharge. (5) Improvement is defined as an actionable rating (2, 3) at Admit to non-actionable rating (0, 1) at Discharge.

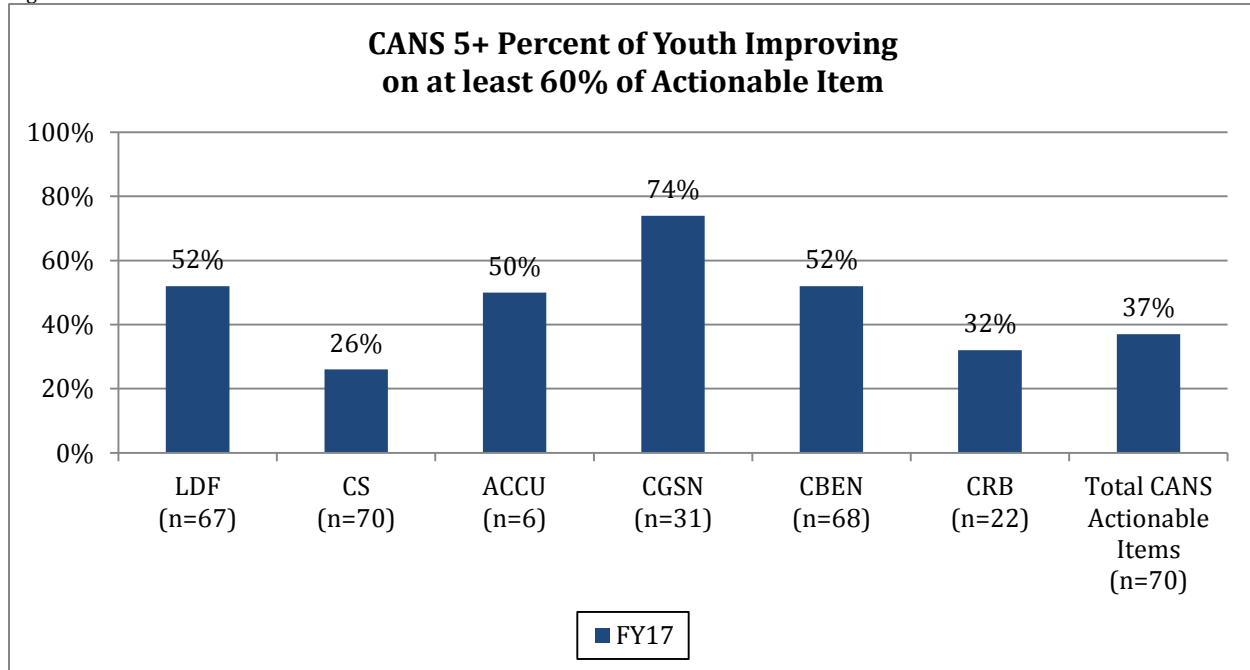
Figure 15



Source: CANS 5+ (07/14/17). Notes: (1) n=number of youth discharged in FY17 with paired CANS data. (2) LOS of discharged youth is 60+ days. (3) Actionable items are those with a rating of 2 or 3. (4) Paired data: Admit and Discharge. (5) Improvement is defined as an actionable rating (2, 3) at Admit to non-actionable rating (0, 1) at Discharge.

APPENDIX C: CANS OUTCOMES

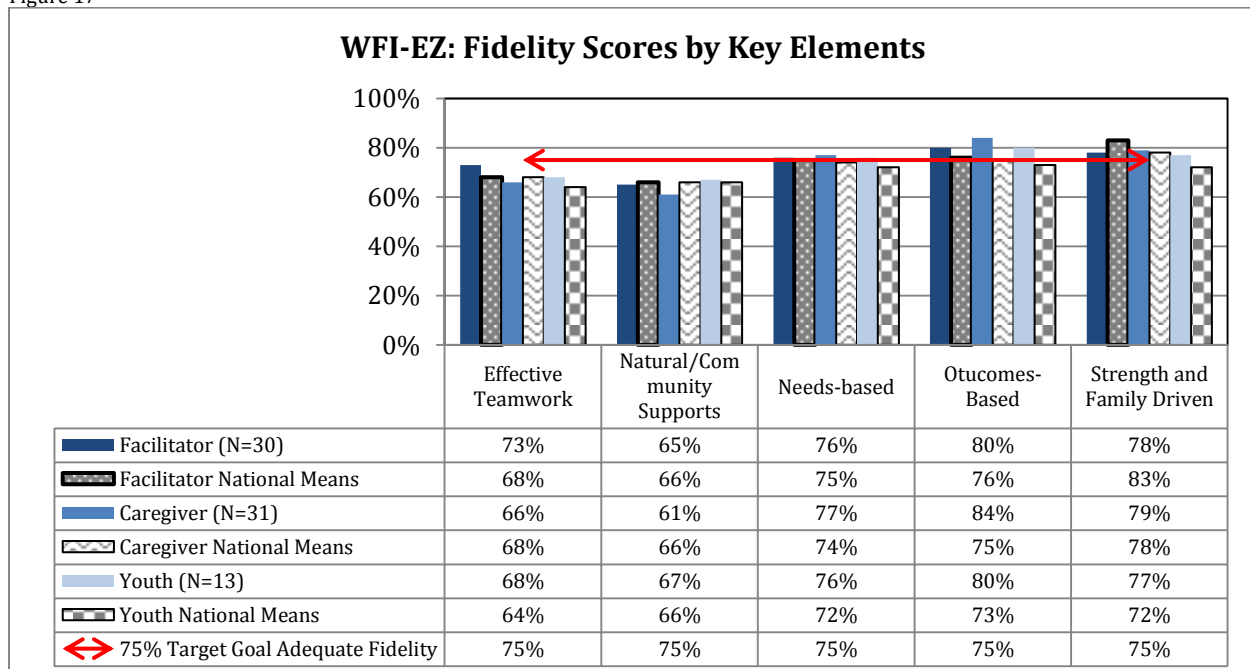
Figure 16



Source: CANS 5+ (07/14/17). Notes: (1) n=number of youth with at least one actionable item. (2) LOS of discharged youth is 60+ days; (3) Actionable items are those with a rating of 2 or 3. (4) Paired data: Admit and Discharge. (5) Improvement is defined as an actionable rating (2, 3) at Admit to non-actionable rating (0, 1) at Discharge.

APPENDIX D: WFI OUTCOMES

Figure 17



Source: WFI-EZ Wrap Track Report (08/01/2017). Note: (1) Fresno Wraparound began utilizing the WFI-EZ on February 1, 2016. (2) National Means are represented by respondent.