

FRESNO COUNTY
MENTAL HEALTH PLAN
QUALITY IMPROVEMENT WORK PLAN
FISCAL YEAR 2015-16

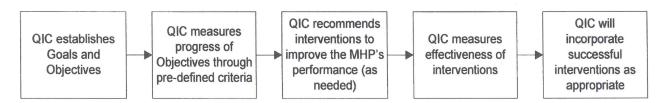
INTRODUCTION

The Fresno County Mental Health Plan (MHP) is operated through the Department of Behavioral Health and its network of contract providers, community partners, clients, family members and stakeholders. The MHP has a commitment toward quality improvement that spans throughout the system of care. The MHP has developed a Quality Management Program in response to the state and federal regulations outlined in the MHP contract. This Quality Management Program is directly accountable to the Mental Health Director. The Quality Improvement Coordinator is tasked to oversee the activities and execution of the Quality Management Program.

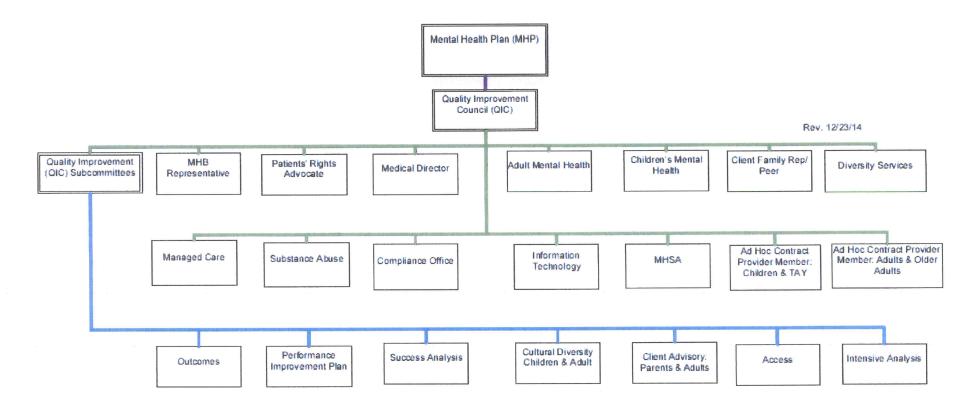
The Quality Improvement Committee (QIC) is responsible for the planning, design and execution of the Quality Improvement (QI) Work Plan. The QI Work Plan provides a roadmap to outline how the MHP is to review the quality of specialty mental health services under its umbrella. The goals and objectives of this QI Work Plan are to guide the QIC and its subcommittees to meet its goals. The QI Work Plan will be reviewed annually and made available to Department of Behavioral Health.

The structure of the QIC is designed to include participation from the Department of Behavioral Health, providers, clients and family members/legal representatives of anyone that has accessed services from the MHP. In addition, the QI Work Plan incorporates input and suggested feedback from External Quality Review Organization (EQRO) and most recently the State Department of Health Care Services (DHCS) Medi-Cal Audit. The QIC is committed to honest dialogue; therefore, the MHP ensures that all individuals participating in the QIC will not be subject to discrimination or any other penalty in their other relationships with the MHP as a result of their roles in representing themselves and their constituencies. The QI Work Plan activities derive from a number of sources of information about quality of care and service issues which include client and family feedback, Department, and State and Federal requirements and initiatives.

The QIC is adhered to the following steps to measure and initiate action within the MHP. Since data are one of the only objective methods of measuring quality improvement, the QIC works closely with Information Technology team to develop a data feedback structure on a timely basis.



Quality Improvement Work Plan Components



QI Work Plan includes:

- A. Access To Care: Improve Timeliness of Services, On Demand Provider List, Access Line, Service Delivery Capacity, and Treatment Authorization,
- B. Safety and Quality of Care Concern: Hospitalization Discharge and Hospital Re-Admission, and Intensive Analysis Committee,
- C. Client Satisfaction: Client Satisfaction Survey and Evaluation of Beneficiary Grievances/Appeals/Expedited Appeals,
- D. Quality Assurance: Client Chart Audits and timeliness of Progress Notes,
- E. Staff Engagement and Development: Staff Engagement Survey and Workforce Education and Training,
- F. Transparency: Publication and Department Website, and
- G. Performance and Improvement Projects (PIP's): Non-Clinical and Clinical Performance Improvement Projects

| # | Based on: | Goal: | Indicator/Measure: | Method for Data Collection: | Proposed Interventions: |
|---|------------------------|------------------------------------|--------------------------------|--|---|
| | | | | | |
| | | Area: Access to care | | | |
| 1 | State Required | Improve Timeliness of Service/Care | Number of 1st Request | Avatar and Other Access Data reports. | Regularly evaluate trends, conduct trend analysis, and present at QIC |
| | MC Oversight; | | -1st Service/Assessment | | quarterly |
| | 4c (1-4) | | Within 7 days: | | |
| | 1915(b) Waiver | | Within 30 days: | Resource: 1st 3 reports: Avatar & ISDS Team | Communicate and monitor any interventions implemented by |
| | | | -Number of Referrals to | | clinical operations and other |
| | TAR: Title 9, | | 1st Psych. (Med) Appt. | | operations for improvement. |
| | Section 1820.220 | | -1st Service/Assessment | | |
| | requires the | | Within 7 days: | | |
| | MHP to approve | | Within 30 days: | | |
| | or deny a Treatment | | -Number of 1st post- | Inpatient TAR: Managed Care | |
| | Authorization | | hospital discharge | Impatient TAK: Managed Care | |
| | Request | | appointments | | |
| | (TAR) within 14 | | -1st Service/Assessment | | Ensure timeliness of hospital census |
| | calendar days. | | Within 3 days: | Urgent & afterhours: QI, Contracts | data entry |
| | | | Within 30 days: | Div., Contractors | |
| | | | | | |
| | | | AT 1 C' | I I I I I I I I I I I I I I I I I I I | |
| | | | Number of inpatient | Inpatient TAR: Managed Care | |
| | | | TAR Adjudicated within 14 days | | |
| | | | 14 days | | |
| | | | Number of Urgent | | |
| | | | conditions | | |
| | | | N 1 C C 1 | | |
| | | | Number of afterhours | | |
| | | | care | | |
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| 2 State Required CCR Title 9, section 1810.435(d)(e) requires MHPs to certify and recertify Medi-Cal providers within established timeframes On demand provider list report available in Avatar (programs' profile) and Avatar and posted at the DBH's website The provider list in Avatar track names, credentialing licensure, location, teleph number, non-English lang spoken and options for cultural/linguistic service other relevant specialties Resource: Managed Care, ISDS | collaboration method Monitor timeliness of certification and re-certification. Determine overdue re-certification. Report the overdue re-certification |
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| | _ | | | | |
| 3 | DHCS also recommended that test calls are incorporated in the QIWP. | Monitor the 24-hour Access Line | Ensure the accuracy and quality of the responses at 100% through monthly test calls | Access Line Database (all calls should be logged) https://www.fcmhpaccessline.com Resource: QI, PESC (Contractor), and ISDS as needed | Perform minimum of 7 test calls per month (84 calls per year) during and after business hours, in these three threshold languages (2 Hmong, 3 Spanish, 2 English) and other types of test calls such as: requests for service, grievances, literature requests, and recording of those not leaving a full name. Reflective of cultures such as, but not limited to: client, Veteran, LGBTQ, homeless cultures. Validate the written Access log to ensure that the date of call, name, and disposition of the call were recorded. |
| | | | | | Document findings, collaborate with PESC (Contractor) to resolve findings, and present to QIC and to the Access Committee on a monthly basis for recommendations, and quarterly to DHCS as a mandated submission. |
| 4 | MC Oversight 1915(b) Waiver EQRO | Service delivery capacity | Monitor the Service delivery capacity through Penetration Rate of clients served | Resource: ISDS – report Subject Matter Experts (SMEs) from CDC, QI, Epidemiologist for the criteria CY Large Fresno 2008 6.63% 4.37% 2009 6.25% 4.01% 2010 5.92% 3.60% | Review an internal Penetration Rate report to monitor overall MHP's penetration. Monitor each category (overall number of unique clients served, age, ethnicity, geographical location, language, type of service). Monitor the effects of system of care redesign and programmatic changes on penetration rates and the number |

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| 5 | MC Oversight: evidence of MHP reviewing Utilization Management activities | Review of a treatment authorization for day treatment and out of county services | Continue to implement mechanisms to ensure 100% consistent application of review criteria for authorization decisions through consistency monitoring of authorizations for day treatment and out of county services. | 2011 5.76% 3.44% 2012 5.77% 3.59% 2013 5.44% 3.74% 2014 Source: EQRO Resource: Managed Care ISDS – modification of the database as needed | served over time. Report to QIC and CDC quarterly with progress on Penetration Rates. Review PR through simultaneous comparison of age, ethnicity and geography to uncover gaps and report on change over time. Conduct consistency monitoring for the authorization of specialty mental health services out of county providers and day treatment intensive with 100% consistency achieved. Make recommendations and changes when consistency monitoring is less than 100% or when a treatment authorization is not completed within the designated timeframe. Maintain the appropriate documentation to show the consistency percentage achieved and recommended actions. Report finding's at the QIC semiannually |
| | B. QIWP Target A | rea: Safety and Quality | of Care Concern | | |
| 6 | 1915(b) Waiver Healthcare Effectiveness Data and Information Set | Monitor the post discharge follow up and hospital readmission rates | Monitor the post discharge follow up and hospital readmission within 30 days | Resource: Clinical Operations – clinical intervention and oversight ISDS – reports generation. | Review the post-discharge follow up within 7 days and 30 days, readmissions within 30 days. Regularly evaluate trends, conduct trend analysis, and communicate |

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| | (HEDIS) | | | | with Clinical Operations. Make reports available at QIC quarterly |
| 7 | M/C Protocol, Section I, 3a. | Implement a medication monitoring system that includes safety and effectiveness of medication practices | 1. Monitor Psychotropic medication monitoring for children/youth 2. Monitor polypharmacy medication | Resource: Medical Team – oversight and report criteria ISDS – prepare report. | Establish a medication monitoring review tool that has both compliance and quality metrics. Monitoring to continue throughout the year. Document action(s) taken related to the identified outlier on the psychotropic medication use report. Make the reports and findings available to QIC annually. |
| 8 | Intensive Analysis Committee: Monitor, track and evaluate all deaths or serious client safety incidents that occur while in the care of the Department | Continue to conduct intensive analyses to evaluate all deaths or serious client safety incidents that occur while in the care of the Department. The Intensive Analysis Chair will | | The Committee will meet with staff and provide feedback to the MHP on issues that have raised potential quality of care concerns The Committee to submit reports to the QIC semi-annually | |

| # | Based on: | Goal: | Indicator/Measure: | Method for Data Collection: | Proposed Interventions: |
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| | | report twice per year on findings and make necessary recommendations. 3. The Medical Director to present twice a year to QIC 2015-16 | | | |
| 9 | C. QIWP Target A MC Oversight EQRO | Improve client self- reported satisfaction | Client satisfaction through the Consumer Perception Survey | Consumer Perception Survey Resource: | Distribution of the POQI in November and May. |
| | | | | Clinical Operations of the MHP (In- House and Contractors) – survey administration QI – Facilitation, data entry, and report preparation | Input surveyed data in the database by program, and analyze the data for improvement. Make analysis available to Access Committee, Cultural Diversity Committee, QIC, MHP, contractors, and public. |
| 10 | MC Oversight MC Protocol: 4a, 4b, 4c, 5a. CA. Code Regs., tit. 9, § 1810.440(a)(5). | Evaluation of beneficiary grievances, appeals, expedited appeals process and timeliness | Tracking of the grievances, appeals, State Fair Hearings and Change of Provider requests | Access database (managed by Managed Care) Resource: Managed Care and PP&SS – share use of the same tracking. In addition, Patient' Rights Advocate (PRA). | Integrate MHSA Resolution Process in the grievance process. Continue to record and resolve all grievances, appeals, Change of Provider requests and State Fair Hearings. |
| | 2020.110(a)(0). | | | ISDS – modification of the database as needed | Monitor the wait time and follow up time. PRA to report to DBH Director on a monthly basis. Make analysis/finding available to Access Committee, QIC, MHP, contractors, and public. |

| # | Based on: | Goal: | Indicator/Measure: | Method for Data Collection: | Proposed Interventions: |
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| | D OIMP Target A | rea: Quality Assurance | | | |
| 11 | State required Medi-Cal Oversight | Continue to conduct outpatient chart audits throughout the MHP to ensure medical necessity criteria are met and documentation of services is appropriate | Findings of reviewed charts | Charts reviewed by Utilization Review Specialist Resource: Managed Care | Conduct outpatient chart audits throughout the MHP. Make the findings available to the Compliance Office regularly. Compliance Office makes the summarized findings available to QIC semi-annually. QIC to recommend training needs and MHP-wide standards when necessary |
| 12 | State required MC Oversight | Timeliness of clinical documentation | Findings of Progress Notes timeliness monitoring | Avatar Resource: QI | Prepare reports on timeliness every month, and analyze the trend. Make a report available to QIC and Leadership on a quarterly basis and to Clinical Supervisors monthly. |
| | E. QIWP Target A | rea: Staff Engagement | and Development | | |
| 13 | DBH Work Plan: Infrastructure and Support | Administer the Staff Engagement Survey and provide feedback to promote ongoing staff support, training and engagement as indicated | Staff Engagement Survey | Resource: QI Team February 2013 survey, average. score, 5 being highest possible point: Item: DBH Avg. Materials and equipment to do my work right In the last 7 days, received recognition or praise Resource: QI Team DBH Others Avg. 3.46 3.95 3.43 3.64 | Solicit participation from MHP and organizational providers in the Staff Engagement Survey. Use Gallop survey. Work with Gallop to analyze results of survey and distribute to all agencies that participated. Make survey results available to QIC and employees. |

| # | Based on: | Goal: | Indicator/Measure: | Method for Data Collection: | Proposed Interventions: |
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| 14 | | 1. Increase Workface Education and Training staff participation 2. Identify Department and Staff needs | Workforce Shortages Assessment (WET) | The mission/ purpose makes me feel my job is important In the last 6 mo's, someone has talked to me about my progress Workface Education and Training Coordinator | Mandatory that at least 75% of DBH staff members shall attend Cultural Competence Training. Create comprehensive training curriculum tied to core competencies and mandated trainings. WET lead workforce shortages assessment and provide information for MHSA Annual Update. |
| 15 | | Create transparency through publication on the Department's Website | New Department Websites up/Go-Live July 2016 | New website Resource: PP&SS – lead the content component Subject Matter Experts from various areas | Participate in the DBH-IT sub- committee to collaborate on content Individual areas publish the information once available Make status available to QIC |

| # Based | l on: | Goal: | Indicator/Measure: | Method for Data Collection: | Proposed Interventions: |
|---------|------------------------|--------------------------------------|--|---|---|
| | WP Target A | Area: Performance Imp | rovement Project (PIP) Non-Clinical PIP: | Avatar and non-Avatar | Review improvement needed in |
| МНРО | MHP Contract with DCHS | Clinical PIP and one Clinical PIP | Grievances, Process and Division Integration | Resource: Subject Matter Experts from various areas | areas of MHP operations. Select areas of improvement for PIP for Clinical and Non-Clinical. |
| | | | <u>Clinical PIP</u> Hospital Discharge Follow-up Timeliness- | various areas | Report status update Quarterly to QIC and other committees. |
| | | | Children's Mental Health | | Use the PIP Template provided by EQRO. |
| | | | | | Make status available to QIC |