

FRESNO COUNTY MENTAL HEALTH PLAN

OUTCOMES REPORT- Attachment A

PROGRAM INFORMATION:

Program Title:	Community Garden Horticultural Therapeutic Community Center (HTCC)	Provider:	Fresno American Indian Health Project (FAIHP)
Program Description:	A prevention and early intervention program aimed to reduce risk factors, stressors, building protective factors and skills, increase social supports, and overall reduce stigma in the community through a culturally sensitive and linguistically appropriate format.	MHP Work Plan:	3-Culturally and community defined practices Choose an item. Choose an item.
Age Group Served 1:	ALL AGES	Dates Of Operation:	October 2015 - Present
Age Group Served 2:	Choose an item.	Reporting Period:	July 1, 2017 - June 30, 2018
Funding Source 1:	Prevention (MHSA)	Funding Source 3:	Prevention (MHSA)
Funding Source 2:	Early Intervention (MHSA)	Other Funding:	n/a

FISCAL INFORMATION:

Program Budget Amount:	\$37,500	Program Actual Amount:	\$37,500.00
Number of Unique Clients Served During Time Period:	168		
Number of Services Rendered During Time Period:	465		
Actual Cost Per Client:	\$223.21		

CONTRACT INFORMATION:

Program Type:	Contract-Operated	Type of Program:	Other, please specify below
Contract Term:	July 1, 2015 – June 30, 2020	For Other:	n/a
		Renewal Date:	June 30, 2020

Level of Care Information Age 18 & Over: Choose an item.

Level of Care Information Age 0- 17: Choose an item.

Level of Care Information does not apply.

TARGET POPULATION INFORMATION: Children, transitional aged youth, adults, older adults and families.

Target Population: Fresno American Indian Health Project (FAIHP) provides services to American Indian/Alaska Native population in the city of Fresno. FAIHP serves a client population representative of over 120 tribes across the nation, currently residing in the city of Fresno.

CORE CONCEPTS:

- **Community collaboration:** individuals, families, agencies, and businesses work together to accomplish a shared vision.
- **Cultural competence:** adopting behaviors, attitudes and policies that enable providers to work effectively in cross-cultural situations.
- **Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services:** adult clients and families of children and youth identify needs and preferences that result in the most effective services and supports.
- **Access to underserved communities:** Historically unserved and underserved communities are those groups that either have documented low levels of access and/or use of mental health services, face barriers to participation in the policy making process in public mental health, have low rates of insurance coverage for mental health care, and/or have been identified as priorities for mental health services.
- **Integrated service experiences:** services for clients and families are seamless. Clients and families do not have to negotiate with multiple agencies and funding sources to meet their needs.

Please select core concepts embedded in services/ program:

(May select more than one)

Community collaboration

Cultural Competency

Integrated service experiences

Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services

Please describe how the selected concept (s) embedded :

FAIHP continues to collaborate with many community agencies in order to service our community. This year, we collaborated with Sierra Tribal Consortium – Turtle Lodge, the Fresno Discovery Center, Tulare County Master Gardeners, Owens Valley Career Development Center, American Indian Veterans Association, WestCare, and North Fork TANF. All services provided to our community continue to stem from a community needs assessment completed by FAIHP and our local Native community. Our garden located at the Fresno Discovery Center has a total of 12 large plant beds, with 7 planted with various fruits and vegetables. We are currently in the process of expanding our additional 5 plant beds to include medicinal, indigenous, and herbal plants. Currently, all fruits and vegetables are available to our Native community and other visitors at the garden site for the purpose of harvesting food as practiced by our ancestors for generations prior. The site also holds events, activities, and workshops for clients and community members including youth, adults, individuals, families, and

elders. FAIHP has designated a Community Garden Coordinator to oversee the site operations and activities. This individual works with FAIHP behavioral health team and other agency staff, collaborates with local agencies and provides wellness programming at the garden site. She is a certified Master Gardener and is highly knowledgeable about her position, especially with Native plants and collaboration with our local Native community. Since her initial hire in January 2018, she has continued to integrate FAIHP existing programming into garden related events and they continue to weave together smoothly.

PROGRAM OUTCOME & GOALS

- Must include each of these areas/domains: (1) Effectiveness, (2) Efficiency, (3) Access, (4) Satisfaction & Feedback Of Persons Served & Stakeholder

- Include the following components for documenting each goal: (1) Indicator, (2) Who Applied, (3) Time of Measure, (4) Data Source, (5) Target Goal Expectancy

Overall, HTCC outcomes and goals were efficiently met. HTCC demographics information highlights specific age groups served and ethnicity specific to unique/unduplicated numbers are listed below.

Demographics of the Population Served in FY 2017/2018

Ages Served	Served
0-15	72
16-25	16
26-64	65
65+	15
Unreported	0
Total Served	168

Ethnicity	Served
African American/Black	1
Asian/Pacific Islander	0
Caucasian/White	1
Latino	3
Native American	147
Other Ethnicity	12
Unreported	4
Total Served	168

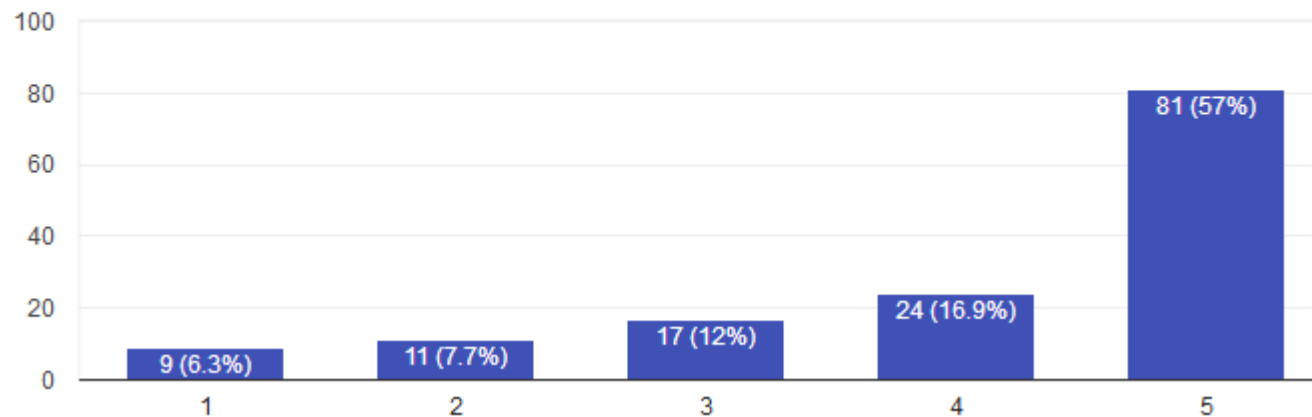
1. Effectiveness

Objective: To increase; community connectedness, social supports, well-being and hopefulness, family functioning, and reduction in isolation.

- **Indicator** – Percentage of satisfaction ratings and oral feedback results.
- **Who Applied** – All community member participating in the FAIHP community garden.
- **Time of Measure** – FY 2017/2018.
- **Data Source** – Collect dated sign in sheets, complete activity reports, and implement Cultural Post Event Survey.
- **Target Goal Expectancy** – To be established with the Department.
- **Outcomes** – Surveys indicated through qualitative open ended questions and observations indicated community members wanted to spend more time at the garden, reporting two (2) hours for events was “not enough.” Effectiveness of garden activities from post event survey indicated large percentages of clients felt more connected to their culture, feel more confident, and feel like their life has more value and worth (survey results below).

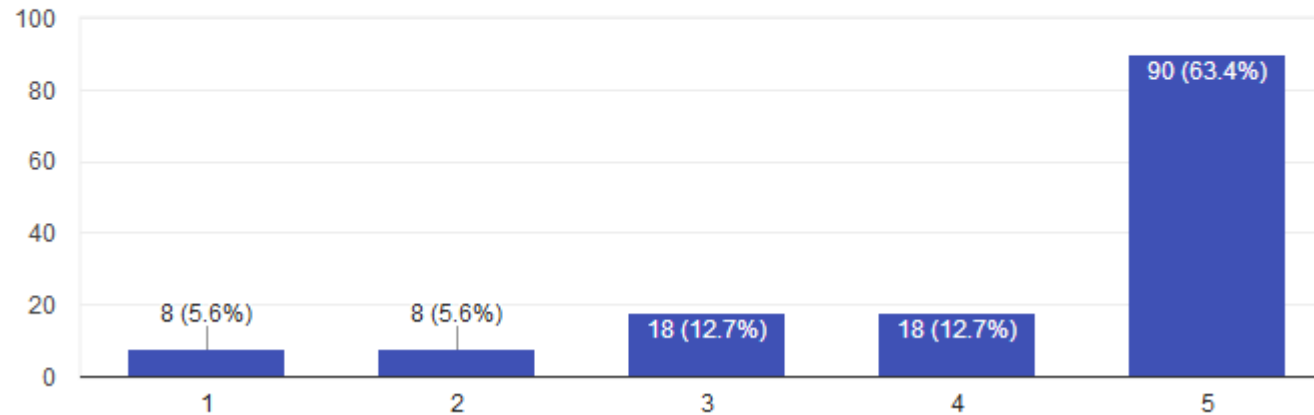
After Event: I feel connected to my culture.

142 responses



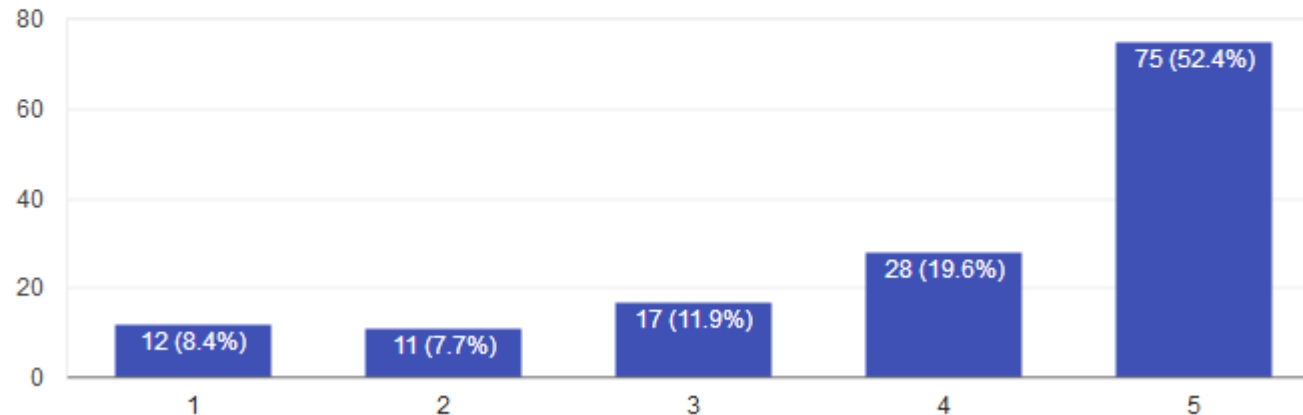
After Event: I feel my life has value and worth.

142 responses



After Event: I am confident.

143 responses



2. Efficiency

FAIHP did not have a measurement to track program efficiency this fiscal year. FAIHP will coordinate with the Department to develop efficiency measurements for next fiscal year.

3. Access

Objective: To improve access to care and knowledge of care options, access to the community garden, and prevention and early intervention activities that are directed at culture specific communities who are un-served and underserved.

- **Indicator** – Number of referrals and linkages, outreach events, program activities, and services.
- **Who Applied** – Any community member.
- **Time of Measure** – FY 2017/2018.
- **Data Source** – Sign-in Sheets, activity logs, and community outreach logs.
- **Target Goal Expectancy** - To be established with the Department.
- **Outcomes** – FAIHP relocated their community garden in July 2017 and partnered with Fresno Discovery Center. FAIHP secured a covered shelter and resources to continue providing services. Six garden plots were initially developed at the new site and traditional culturally specific crops were planted and harvested. FAIHP provided a total of 465 services to 168 unique individuals. Due to challenges

with staffing for the Coordinator position, garden programming did not operate at optimal capacity for at least 6 months, therefore, numbers were lower than prior years. However, since a coordinator was hired numbers have continued to increase.

4. Satisfaction and Feedback

Objective: To receive consistent feedback from clients in regards to programming satisfaction.

- **Indicator** – Percentage of satisfaction ratings and oral feedback results.
- **Who Applied** – All clients and community members.
- **Time of Measure** – FY 2017/2018.
- **Data Source** – Cultural post event survey, annual client satisfaction surveys.
- **Target Goal Expectancy** - To be established with the Department.
- **Outcomes** – Individuals and persons served consistently provide feedback via post event surveys. In reviewing survey results, clients express enjoyment in garden programming.

FAIHP will continue to work with the Department to develop outcomes as well as target goal expectancies in the next reporting cycle.

DEPARTMENT RECOMMENDATION(S):