PROGRAM INFORMATION:				
Program Title:	Kings View Behavioral Health Peer/Family Support Wellene		Provider:	Kings View Behavioral Health
Program Description:	Sky A prevention and early intervice centered wellness and recove program.	•	MHP Work Plan:	Choose an item. 2-Wellness, recovery, and resiliency support Choose an item.
Age Group Served 1:	ADULT		Dates Of Operation:	January 2016 – June 30, 2021
Age Group Served 2:	Choose an item.		Reporting Period:	July 1, 2017 - June 30, 2018
Funding Source 1:	Early Intervention (MHSA)		Funding Source 3:	Choose an item.
Funding Source 2:	Prevention (MHSA)		Other Funding:	Click here to enter text.
and conditions.				
Program Budget Amount:	1,642,138		Program Actual Amou	unt: 1,639,355
Number of Unique Clients S		727		
Number of Services Render Actual Cost Per Client:	-		Check-Ins: 18,381, Total	Group Check- Ins:15,479
CONTRACT INFORMATION:				
Program Type:	Contract-Operated		Type of Program:	
Contract Term:	3 years + 2 optional = 5 years		For Other: Renewal Date:	Prevention and Early Intervention July 1, 2021
	1000	· · · -		

Level of Care Information Age 18 & Over:

Medium Intensity Treatment (caseload 1:22)

TARGET POPULATION INFORMATION:

Target Population:

Fresno County residents 18 years and older, including the unserved and underserved cultural, ethnic, and linguistic communities. Clients will participate in peer support driven wellness and recovery activities through education, socialization, life skills building (including independent living), recreational activities, employment supports, and

vocational services. This includes individuals with early onset and/or chronic mental illness, co-occurring issues, chronic homelessness, and anyone seeking support for their wellness and recovery. These client driven services are provided for Transitional Age Youth (TAY- now 16-24 years of age at "The Warehouse"); Adults 25-59 years and Older Adults 60 plus years. Blue Sky has averaged 60 consumers or clients per day. Blue Sky leverages the experiences and expert knowledge of consumers and family members and other interested members in the community. Blue Sky provides space and support for the NAMI family run support groups.

CORE CONCEPTS:

· Community collaboration: individuals, families, agencies, and businesses work together to accomplish a shared vision.

• Cultural competence: adopting behaviors, attitudes and policies that enable providers to work effectively in cross-cultural situations.

• Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services: adult clients and families of children and youth identify needs and preferences that result in the most effective services and supports.

• Access to underserved communities: Historically unserved and underserved communities are those groups that either have documented low levels of access and/or use of mental health services, face barriers to participation in the policy making process in public mental health, have low rates of insurance coverage for mental health care, and/or have been identified as priorities for mental health services.

•Integrated service experiences: services for clients and families are seamless. Clients and families do not have to negotiate with multiple agencies and funding sources to meet their needs.

Please select core concepts embedded in services/ program:

(May select more than one)

Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services

Community collaboration

Integrated service experiences

Choose an item.

Please describe how the selected concept (s) embedded :

Individual/Family Driven Program: Blue Sky is a wellness, recovery, and resiliency center that provides peer driven education, stigma reduction, social activities and opportunities, volunteer opportunities, and support activities to address mental illness and/or behavioral health challenges to achieve recovery and wellness. Support for family members and other support persons of individuals living with mental illness is an integral component to the wellness and recovery for client populations being served through MHSA. Blue Sky provides space for the NAMI family support groups. The Peer Advisory Committee (PAC), which meets monthly, steers the planning for groups and activities as well as Revised May 2018

implementation of prevention and early intervention activities from the consumer and family member perspective. Kings View provides curriculum for group leaders to pull from and training on how to lead groups and consumers then take the lead.

<u>Recovery Resiliance Orientation:</u> The unique experience with the mentally ill and co-occurring population at Blue Sky supports the foundation that consumers can and do thrive in recovery and wellness and become contributing members of society when supported and allowed to do so. All team members are trained in teaching and coaching usage of the Wellness Recovery Action Plan (WRAP) model for everyday living. "choices and options" are determined by the consumer with empowerment the goal. Trainers are encouraged to adhere to WRAP values and ethics, including utilization of WRAP in their own lives and practicing self-regulation skills. Peers embrace peers by sharing their experience, strength and hope and by illustrating what recovery looks like and that it is achievable. All Blue Sky members have a safety plan so that they can detect a breakdown in their coping skills to respond before a mental health crisis occurs.

<u>Community Collabroation</u>: Blue Sky collaborates with other agencies to provide the best support and services needed for consumers in the moment. The goal is to support clients and make appropriate initial placement. Some of Blue Sky's collaborative partners are: Turning Point of Central California, West Care, Exodus, CBHC, Housing Authority, Room and Boards, Board and Care, FAX, Handy Ride, IHSS, General Relief (Social Services Dep.), DHHS, Social Security, American Payee, Supportive Employment Education and Employment Services (SEES), Equal Opportunities Commission (EOC)-Work Force Connection and Employment Development Department (EDD), Poverello House, Catholic Charities, and Fresno Rescue Mission.

A case manager position (half time) provides linkage to other services to address basic needs for consumers. Many consumers are linked to the PATH program for an assessment and to access needed mental health case

management, psychotropic medication and housing services. The PATH case managers often co-locate at Blue Sky to expedite needed care.

Ingetgrated Services Experience: Kings View has so far been the first and only provider for Blue Sky Wellness Center since 2008, with the addition of Youth Empowerment Mini-Centers in 2010. In 2016 the TAY portion of Blue Sky was moved to "The Warehouse" at our Ashlan and Willow location so that younger (16 years instead of 18) individuals could benefit from the wellness center activities. Kings View also runs the Oak Wellness Center in Hanford and Porterville Wellness Center in Tulare County.

PROGRAM OUTCOME & GOALS

- Must include each of these areas/domains: (1) Effectiveness, (2) Efficiency, (3) Access, (4) Satisfaction & Feedback Of Persons Served & Stakeholder - Include the following components for documenting each goal: (1) Indicator, (2) Who Applied, (3) Time of Measure, (4) Data Source, (5) Target Goal Expectancy

- 1. 100% of Clients seeking to participate at Blue Sky will complete the intake and assessment process and begin orientation within one (1) operating day.
- 2. Blue Sky will Serve approximately 70 Clients per day.
- 3. Blue Sky will offer a minimum of 20 support group/ activities each week.
- 4. 50% of active volunteers engage in pre-employment/job readiness program.
- 5. 50% Improvement in Client Involvement/ Participation in support Group/Activities.
- 6. 80% of the identified 70 daily adult consumers/ members at Blue Sky engage in their wellness and recovery.
- 7. 80% of Clients state that Services provided by Blue Sky have been a positive influence in their lives.
- 8. 80% of Clients state that Blue Sky is an important factor in maintaining their Wellness and Recovery.

See below Quality Improvement Workplan Summary and Client Satisfaction Results;

DEPARTMENT RECOMMENDATION(S):

Click here to enter text.

Kings View Behavioral Health

Blue Sky Wellness Center Quality Improvement (QI) Workplan Summary

FY 17-18

I. Program Outcome Measures & Goals

Indicators	Goals	Domain	Activities	Performance Measures	Reporting Timeframe
1.1 Timely Client Orientation and Enrollment at Blue Sky	Clients seeking to participate at Blue Sky will complete the intake and assessment process and begin orientation within one (1) operating day.	Efficiency	The QI Department will Monitor and evaluate intake and enrollment process. Blue Sky's intake process takes approximately 15 to 30min. A client becomes a Member the same day/ completes orientation.	assessment process and began orientation within one (1) operating day.	FY 17-18 July 2017 – June 2018
1.2 Access to Services – Number of Consumers Served per Day	Blue Sky will Serve approximately 70 Clients per day.	Access	The QI Department and Program Manager will Collect and Monitor the number of clients served per day. Engage Clients through offering activities, trainings, peer to peer support and other resources.	Average Number of Clients Served Each Day FY 17-18 = 65, Target not Met. Average Number of Clients Served Each Day 100 80 76 - 77 76 - 68 69 - 67 60 60 62 60 62 60 62 75 - 58 55 60 60 60 62 75 - 58 55 60 76 76 76 60 76 62 75 75 60 76 76 76 62 75 75 50 60 76 76 62 75 75 50 60 76 75 75 50 60 76 75 50 75 50 76 76 75 50 76 75 70 76 77 76 76 76 76 76 76 77 76 76 76 77 76 76 77 76 76 77 76 76 77 76 76 77 76 76 77 76 76 77 76 77 76 77 76 76 77 76	FY 17-18 July 2017 – June 2018

Indicators	Goals	Domain	Activities	Performance Measures	Reporting Timeframe
1.3 Access to Services – Number of Client Support Group/ Activities	Blue Sky will offer a minimum of 20 support group/ activities each week.	Access	Develop and maintain a monthly calendar of planned support group/ activities for Clients to participate.	FY 17-18 July 2017 – June 2018	
1.4 Client Engagement in Pre- Employment/ Job Readiness	50% of active volunteers engage in pre- employment/job readiness program.	Effectiveness	Engage Volunteers to participate in pre- employment/job readiness programs. The QI Department and Program Coordinator will Collect and Monitor Client participation.	FY 17-18 July 2017 – June 2018	

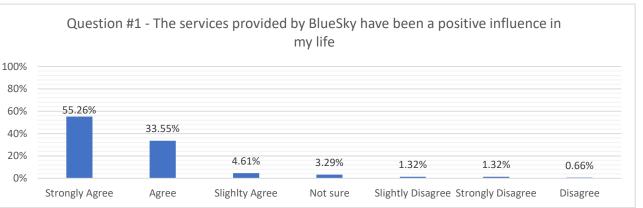
Indicators	Goals	Domain	Activities	Performance Measures	Reporting Timeframe
1.5 Client Involvement in Support/ Group Activities	50% Improvement in Client Involvement/ Participation in support Group/Activities		Engage Clients to participate in Support Group/ Activities through News Letters, Flyers, posted schedules of Activities.	Percentage Improvement in Client Involvement/ Participation in Support Group/ Activities FY 17-18 N =15,479, 53.61% Increase. Target Met Group Check-Ins 20,000 15,000 15,000 0 FY 16-17 Data Source: Member Ties	FY 17-18 July 2017 – June 2018
Wellness and Recovery	80% of the identified 70 daily adult consumers/ members at Blue Sky engage in their wellness and recovery.		Engage Clients to participate in Support Group/ Activities to maintain their wellness and recovery.	Percentage of Clients who engaged in their wellness and recovery FY 17-18 N = 15,479, 84% Compliance. Target Met Blue Sky Total Check-ins 18,381 Blue Sky Group Check-ins 15,479 Data Source: Member Ties Note: In addition to the various Wellness and Recovery Support Groups/Activities, WRAP Training is offered to Consumers Semi – Monthly on a voluntary basis.	FY 17-18 July 2017 – June 2018

Indicators	Goals	Domain	Activities	Performance Measures	Reporting Timeframe
1.7 Client Satisfaction Surveys – Satisfaction with Services Provided	80% of Clients state that Services provided by Blue Sky have been a positive influence in their lives.	Satisfaction & Feedback	Distribute and Collect and minimum of 300 Clients satisfaction surveys. The QI Department and Program Manager will Collect and Monitor the number of Surveys completed	Percentage of Clients who responded "Agree" or "Strongly Agree" to a positive Influence in their live FY 17-18, 133/152 = 87.50%, Target Met Percentages Strongly Agree 55.26% Agree 33.55% Slightly Agree 4.61% Not sure 3.29% Slightly Disagree 1.32% Strongly Disagree 0.66% Data Source: FY 17-18 Client Satisfaction Surveys	FY 17-18 ^S July 2017 – June 2018
1.8 Client Satisfaction Surveys – Maintaining Wellness and Recovery	80% of Clients state that Blue Sky is an important factor in maintaining their Wellness and Recovery.	Satisfaction and Feedback	Distribute and Collect and minimum of 300 Clients satisfaction surveys. The QI Department and Program Manager will Collect and Monitor the number of Surveys completed	Percentage of Clients who responded "Agree" or "Strongly Agree" to maintaining Wellness and Recovery FY 17-18, 135/152 = 88.81%, Target Met Percentages Strongly Agree 60.53% Agree 28.29% Slighty Agree 3.95% Not Sure 3.29% Strongly Disagree 0.66% Slightly Disagree 0% Data Source: FY 17-18 Client Satisfaction Surveys	FY 17-18 July 2017 – June 2018

BlueSky Wellness Center Client Questionaire Survey Summary

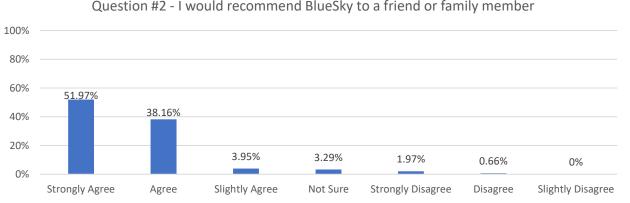
	Agree	Disagree	Not sure	Slightly Agree	Slightly Disagree	Strongly Agree	Strongly Disagree	Grand Total
1. The services provided by Blue Sky have been a positive								
influence in my life	51	1	5	7	2	84	2	152

Percentages	
Strongly Agree	55.26%
Agree	33.55%
Slighlty Agree	4.61%
Not sure	3.29%
Slightly Disagree	1.32%
Strongly Disagree	1.32%
Disagree	0.66%
	1009



	Agree	Disagree	Not sure	Slightly Agree	Strongly Agree	Strongly Disagree	Grand Total
2. I would recommend Blue Sky							
to a friend or family member	58	1	5	6	79	3	152

Percentages	
Strongly Agree	51.97%
Agree	38.16%
Slightly Agree	3.95%
Not Sure	3.29%
Strongly Disagree	1.97%
Disagree	0.66%
Slightly Disagree	0%
	100%



Question #2 - I would recommend BlueSky to a friend or family member

BlueSky Wellness Center Client Questionaire Survey Summary

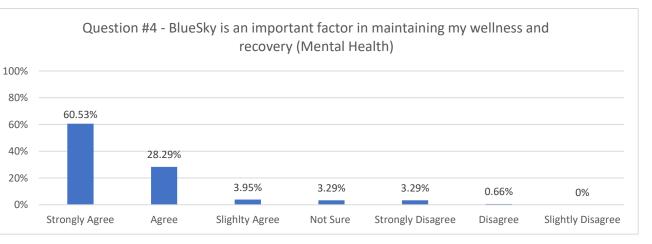
	Agree	Disagree	Not Sure	Slightly Agree	Slightly Disagree	Strongly Agree	Strongly Disagree	Grand Total
3. I am satisfied with the								
services I have received from								
Blue Sky	54	2	1	11	1	79	4	152

Percentages		100%							
Strongly Agree	51.97%								
Agree	35.53%	80%							
Slighlty Agree	7.24%	60%	51.97%						
Strongly Disagree	2.63%	40%		35.53%					
Disagree	1.32%								
Slightly Disagree	0.66%	20%			7.24%	2.63%	1.32%	0.66%	0.66%
Not Sure	0.66%	0%							
	100%	_	Strongly Agree	Agree	Slighlty Agree	Strongly Disagree	Disagree	Slightly Disagree	Not Sure

Question #3 - I am satisfied with the services I have received from BlueSky

	Agree	Disagree	Not Sure	Slightly Agree	Strongly Agree	Strongly Disagree	Grand Total
4. Blue sky is an important							
factor in maintaining my							
Wellness and Recovery (Mental							
Health)	43	1	5	6	92	5	152

Percentages	
Strongly Agree	60.53%
Agree	28.29%
Slighlty Agree	3.95%
Not Sure	3.29%
Strongly Disagree	3.29%
Disagree	0.66%
Slightly Disagree	0%
	100%



BlueSky Wellness Center Client Questionaire Survey Summary

	Agree	Disagree	Not Sure	Slightly Agree	Slightly Disagree	Strongly Agree	Strongly Disagree	Grand Total
5. I will continue to attend groups at Blue Sky in the future	43	3	6	12	1	84	3	152

Percentages	
Strongly Agree	55.26%
Agree	28.29%
Slighlty Agree	7.89%
Not Sure	3.95%
Disagree	1.97%
Strongly Disagree	1.97%
Slightly Disagree	0.66%
	100%

Question #5 - I will continue to attend groups at BlueSky in the future 100% 80% 60% 5<u>5.26</u>% 40% 28.29% 20% 7.89% 3.95% 1.97% 1.97% 0.66% 0% Strongly Disagree Slightly Disagree Strongly Agree Agree Slighlty Agree Not Sure Disagree

	Agree	Disagree	Not sure	Slightly Agree	Slightly Disagree	Strongly Agree	Strongly Disagree	Grand Total
6. I am satisfied with the performance of staff at Blue Sky	44	2	1	9	4	89	3	152

Percentages	Percentages			Question #6 - I am satisfied with the performance of staff at BlueSky						
Strongly Agree	58.55%	100%								
Agree	28.95%	80%								
Slighlty Agree	5.92%		50 550/							
Slightly Disagree	2.63%	60%	58.55%							
Strongly Disagree	1.97%	40%		28.95%						
Disagree	1.32%	20%								
Not Sure	0.66%	2070			5.92%	2.63%	1.97%	1.32%		
	100%	0%	Strongly Agree	Agree	Slighlty Agree	Slightly Disagree	Strongly Disagree	Disagree		



0.66%

Not Sure