

FRESNO COUNTY MENTAL HEALTH PLAN

OUTCOMES REPORT- Attachment A

PROGRAM INFORMATION:

Program Title:	Creating Lasting Family Connections	Provider:	Fresno New Connections, Inc..
Program Description:	The Creating Lasting Family Connections program consists of 6 modules. The parent modules are: " Developing Positive Parental Influences ", " Raising Resilient Youth " and " Getting Real ". The 3 youth modules are: " Developing a Positive Response ", " Developing Independence and Responsibility ", and " Getting Real ". Each of the 3 individual parent trainings is a 5-6 session module with each session lasting from 1-1/2 to 2-1/2 hours depending on breaks and the possibility of including a meal. Each of the individual youth trainings is a 5-6 session module with sessions lasting 1 to 2-1/2 hours in length again depending on snacks, breaks and/or a meal being provided. (Sometimes it is very helpful for recruitment if families are provided meals in conjunction with the program.) An optional Parent and Youth combined "Getting Real" session usually requires an additional two or three sessions.	MHP Work Plan:	3-Culturally and community defined practices 2-Wellness, recovery, and resiliency support Choose an item.
Age Group Served 1:	ADULT	Dates Of Operation:	Feb 18-June 18
Age Group Served 2:	CHILDREN	Reporting Period:	July 1, 2017 - June 30, 2018
Funding Source 1:	Prevention (MHSA)	Funding Source 3:	Choose an item.
Funding Source 2:	Choose an item.	Other Funding:	Click here to enter text.

FISCAL INFORMATION:

Program Budget Amount:	\$12,000	Program Actual Amount:	0
-------------------------------	--------------------------	-------------------------------	-------------------

Performance Outcomes FY 17-18

Number of Unique Clients Served During Time Period: 62
Number of Services Rendered During Time Period: 21
Actual Cost Per Client: 33.23

CONTRACT INFORMATION:

Program Type:		Type of Program:	
Contract Term:	2018-2023	For Other:	Family Focused Prevention
		Renewal Date:	Click here to enter text.
Level of Care Information Age 18 & Over:	Medium Intensity Treatment (caseload 1:22)		
Level of Care Information Age 0- 17:	Outpatient Treatment		

TARGET POPULATION INFORMATION:

Target Population: [Adults age 18 and over currently receiving SUD outpatient treatment services at FNC and their minor children](#)

CORE CONCEPTS:

- **Community collaboration:** individuals, families, agencies, and businesses work together to accomplish a shared vision.
- **Cultural competence:** adopting behaviors, attitudes and policies that enable providers to work effectively in cross-cultural situations.
- **Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services:** adult clients and families of children and youth identify needs and preferences that result in the most effective services and supports.
- **Access to underserved communities:** Historically unserved and underserved communities are those groups that either have documented low levels of access and/or use of mental health services, face barriers to participation in the policy making process in public mental health, have low rates of insurance coverage for mental health care, and/or have been identified as priorities for mental health services.
- **Integrated service experiences:** services for clients and families are seamless. Clients and families do not have to negotiate with multiple agencies and funding sources to meet their needs.

Please select core concepts embedded in services/ program:

(May select more than one)

Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services

Community collaboration

Choose an item.

Choose an item.

Please describe how the selected concept (s) embedded :

The Creating Lasting Family Connections program is our strongest performing product both in terms of gaining empirical results and market distribution. CLFC is a structured curriculum for youth ages 9-17 and their parents, guardians and other family members to improve their ability to provide a nurturing environment for each other in a very effective and meaningful way. Participating youth and parents are encouraged to improve their personal growth through increasing self-awareness, expression of feelings, interpersonal communication, and self-disclosure. Participants are taught social skills, refusal skills, and appropriate alcohol and drug knowledge and healthy beliefs, which provide a strong defense against environmental risk factors that can lead to negative outcomes for youth. The Creating Lasting Family Connections program also provides parents and other caring adults with family management, family enhancement, and communications training. All participants are provided opportunities to practice these skills in a safe peer-group setting.

PROGRAM OUTCOME & GOALS

- **Must include each of these areas/domains:** (1) Effectiveness, The program is underutilized by our clients. However, for those who have participated it has shown to be well received and considered beneficial (2) Efficiency, The program is not complex and is presented in a clear manner that is efficient. It is being utilized primarily as a mechanism for discussion at this point and may not be the perfect fit for our setting (3) Access, The program is made available at our location and is accessible to any who wish to participate. Because of the small number of participants, the program only meets 1x per week (4) Satisfaction & Feedback Of Persons Served & Stakeholder

- **Include the following components for documenting each goal:** (1) Indicator, (2) Who Applied, (3) Time of Measure, (4) Data Source, (5) Target Goal Expectancy

We attempted to answer in the body of the above questions.

DEPARTMENT RECOMMENDATION(S):

Click here to enter text.

