## FRESNO COUNTY MENTAL HEALTH PLAN

# **OUTCOMES REPORT- Attachment A**

PROGRAM INFORMATION:

Program Title: Therapeutic Behavioral Services Provider: JDT Consultants, Inc.

Program Description: Mental Health Outpatient MHP Work Plan: 1—Behavioral Health Integrated Access

4-Behavioral health clinical care

Choose an item.

Age Group Served 1: ALL AGES Dates Of Operation: April 11, 2004 – Present

Age Group Served 2: Choose an item. Reporting Period: July 1, 2017 - June 30, 2018

Funding Source 1: EPSDT Funding Source 3: Choose an item.

Funding Source 2: Choose an item. Other Funding: Click here to enter text.

**FISCAL INFORMATION:** 

Program Budget Amount: 3,400,000.00 Program Actual Amount:

Number of Unique Clients Served During Time Period: 366
Number of Services Rendered During Time Period: 1,796,845

Actual Cost Per Client: 9,289.00

**CONTRACT INFORMATION:** 

Program Type: Contract-Operated Type of Program: Outpatient

Contract Term: 07/01/2013-6/30/2018 For Other: Click here to enter text.

Renewal Date: Click here to enter text.

Level of Care Information Age 18 & Over: High Intensity Treatment/FSP (caseload 1:12)

Level of Care Information Age 0-17: Intensive Outpatient (TBS, Wrap)

#### TARGET POPULATION INFORMATION:

**Target Population:** 1) Children must qualify for full-scope Medical and be under 21 years old. 2) Program youth must be receiving other

EPSDT services (therapy, medication management, case management, rehabilitation services) from an MHP provider for an identified mental health issue. 3) The child's home placement must be in jeopardy for placement in a group home. 4)

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The the child must be at risk for hospitalization or have been hospitalized for a mental health reason within the last 2 years. 5) The child has had TBS Services in the past. 6) The child is stepping down in levels of care.

#### **CORE CONCEPTS:**

- Community collaboration: individuals, families, agencies, and businesses work together to accomplish a shared vision.
- Cultural competence: adopting behaviors, attitudes and policies that enable providers to work effectively in cross-cultural situations.
- Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services: adult clients and families of children and youth identify needs and preferences that result in the most effective services and supports.
- Access to underserved communities: Historically unserved and underserved communities are those groups that either have documented low levels of access and/or use of mental health services, face barriers to participation in the policy making process in public mental health, have low rates of insurance coverage for mental health care, and/or have been identified as priorities for mental health services.
- •Integrated service experiences: services for clients and families are seamless. Clients and families do not have to negotiate with multiple agencies and funding sources to meet their needs.

### Please select core concepts embedded in services/ program:

(May select more than one)

**Cultural Competency** 

Community collaboration

Access to underserved communities

**Cultural Competency** 

## Please describe how the selected concept (s) embedded:

TBS services are intensive and short-term. TBS is provided in the youth & family's primary language/culture. TBS is provided in the client's home in both urban and rural Fresno County. TBS services are provided with the youth's treatment team, and includes at a minimum the child's therapist, youth, caregivers, and JDT Supervisor and TBS Coach(es).

#### **PROGRAM OUTCOME & GOALS**

- Must include each of these areas/domains: (1) Effectiveness, (2) Efficiency, (3) Access, (4) Satisfaction & Feedback Of Persons Served & Stakeholder
- Include the following components for documenting each goal: (1) Indicator, (2) Who Applied, (3) Time of Measure, (4) Data Source, (5) Target Goal Expectancy

  Goal #1 Access "75% of youth who participate in TBS Services will graduate." During the reporting period, 79.2% of youth who participated in TBS services graduated (goal met). Goal #2 Effectiveness "70% of youth who participate in services will remin in their current level of placement or move in to a lower level of placement." 76.2% of youth who participated in services either remined in their level of care at intake

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or moved into a lower level of care (goal met). Goal #3 – Satisfaction — "Following TBS services, 70% of caregivers will report being satisfied with services." During this review period 156 caregivers responded to JDT's post-service Satisfaction Surveys, and 89.4% reported being satisfied with TBS services (goal met). Goal #4 – Efficiency — "Cargivers will report a 75% decrease in target behaviors following their child receiving TBS services." Through JDT's Satisfaction Surveys at the completion of services, 87.6% Of caregivers reported that their child's target behaviors had significantly reduced (goal met). Goal 5 – Effectiveness — "Aftercare goal — 80% of youth who graduated from TBS services will maintain their current level of care or move into a less restrictive living environment." Consumers who graduate the TBS program are tracked at 3 month intervals for 24 months following program completion. 91.8% of program youth either maintained their current level of care or were moved into less restrictive settings (goal met).

### **DEPARTMENT RECOMMENDATION(S):**

Click here to enter text.