



County of Fresno

ADVISORY BOARDS AND COMMISSIONS

FRESNO COUNTY BEHAVIORAL HEALTH BOARD
DBH Health and Wellness Center
1925 E. Dakota Ave.
Fresno, CA 93726

Meeting Minutes
 February 19, 2020

| <u>MEMBERS PRESENT</u> | <u>BEHAVIORAL HEALTH</u> | <u>PUBLIC MEMBERS –</u> |
|---|--|--|
| Carolyn Evans David Thorne Donald Vanderheyden Marta Obler Kylene Hashimoto Amanda Boone | Susan Holt <u>PUBLIC MEMBERS</u> Tina Young Joyce Gonzalez Sharon Ross Amber Molina MaryLou Brauti-Minkler Samantha Ortiz Tami Defehr Holly Lanier Mark Carney Angela Yopez | <u>Continued</u> Fidel Garibay Darlene Prettyman Mel Prettyman Estella Salcido Rondy Earl Packard Zia Xiong Courtney Potts Jessica Underwood |
| <u>ABSENT</u> | | |
| <u>BOARD OF SUPERVISORS</u> Sal Quintero (absent) | | |

I. **Welcome and Opening Remarks**

Chair Carolyn Evans called the meeting to order at 2:30 PM.

All were welcomed, with an announcement to re-apply for those Behavioral Health Board (BHB) members whose term expiration date is approaching. A reminder to provide a copy of their completion certificate or to take the required ethics training, was also announced. Jeannette will assist by emailing the website link for both the application process and where the Ethics Training can be completed online.

Announcement was made regarding the current Mental Health Awareness campaign of “Driven by Hope”. All were invited to write a personal message of hope on a small disc provided. Later all the discs collected will be put together, creating a mosaic design of hope for all to read while on display in one of the downtown County buildings.

II. Approval of Agenda by the Board

Approved

III. Approval of Minutes from December 18, 2019 and January 15, 2020

Approved and accepted as written

IV. Department of Behavioral Health Update – Susan Holt, Deputy Directory

Began with the Departments Mission, Vision and Goals statement

a. General Update, including items going to the Board of Supervisors

February -

Items Previously reported on at the January meeting for February, remain the same, with the addition of closure of the Family Development Center.

- The center was associated with Pathways to Recovery
- Was Funded by the Department of Social Services (DSS)
- Included services delivered by The Department of Behavioral Health (DBH) on behalf of DSS
- Outsourced treatment component
- The need for the type of early childhood services did not align with the rest of the Department target population that was discovered by a large decrease in referrals

March -

- Amendment to Department of Healthcare Services – Substance Abuse Prevention and Treatment (SAPT)
- Dreamcatchers Empowerment Network and California Department of Rehabilitation – Vocational and Educational Services
- Application for Mental Health Student Services Grant
- Master Agreement – Horticultural Gardens

Statewide Updates -

Medi-Cal Healthier California for all – Previously known as Cal-Aim

- Workgroups assigned to the redesign will conclude in March
- Waiver language will be developed through Spring 2020
- Proposal for 1915 (b) waiver will be submitted in late Spring/early Summer
- If approved, it will be rolled out over 5 years, beginning January 2021

Whole Person Care –

A State one-time allocation to initiate Whole Person Care-Like pilots in counties to the target population of persons experiencing homelessness with serious mental illness, substance use disorder and/or other chronic physical health conditions. The Department of Behavioral Health, County Administrative Office, Public Health and Social Services will all play a role in contributing to the pilot while working with an \$894,377 state allocation for Fresno county

**b. Report on Children's Behavioral Health Services, including All 4 Youth
Youth Wellness Center Services**

- Serves as a "front door" for access to Children's Mental Health
- Provides access to service and care coordination for all children/families seeking services on all levels of care
- Provide immediate connection to psychiatry services when needed
- Individuals may receive assistance navigating medical resources available in Fresno County as a walk-in, through a referral or by calling the 1-800 access line.
- While the Department is responsible for Medi-Cal beneficiaries, individual in need can receive assistance in care coordination accordingly with a proper match for the type of insurance carried
- A post-hospital team provides a follow-up to clients after psychiatric hospitalization

All 4 Youth – Implementation Update

- Department of Behavioral Health (DBH) – Fresno County Superintendent of Schools (FCSS) Partnership Program
- Five-year rollout to onboard all school districts of Fresno County
- First school districts to receive was based on utilization data
- Currently moving on to the third year of onboarding and already serving:
 - ** 26 School Districts
 - ** 120 Schools
 - ** 5 Charter Schools

c. Report on Contracted Psychiatric Health Facilities

CBHC

- For adults only
- Serves 49% of total psychiatric hospitalizations of Fresno County Medi-Cal beneficiaries

Will report more on all Acute Psychiatric Health Facilities at March meeting

VI. Old Business

a. Report on Site Visit to Community Behavioral Health Center

- Program is well documented
- Well departmentalized and responsive to all questions
- BHB witnessed a lot of improvements in recreation activities
- Concerns with new expansion and having enough staffing
- Low staffing causes lack of discharge planning and family meetings for all patients before discharge

BHB members will conduct a site visit to the Exodus Crisis Stabilization Center and the Psychiatric Health Facilities (PHF) in March and will report next month.

b. Approval of 2019 Annual Report to Board of Supervisors (BOS)– Action Item

Motion Made – by Don Vanderhyden

Motion Second – Second by David Thorne

Comment/Discussion – Member Don Vanderhyden commended Chair Carolyn Evan on preparing the report

All in Favor – Five BHB Members Signified in favor by raising hand
Approved 2019 Annual Report

Department will prepare to submit as Agenda Item to the BOS

Hard copies available for the public upon request

VII. New Business

a. 2020 Recommendations to the Board of Supervisors – Action Item

Motion Made – Motion by Kylene Hashimoto

Motion Second – Second by Marta Obler

All in Favor – Five BHB members signified in favor by raising hand
Approved 2020 Recommendations to the BOS

b. Site Visit Schedule for 2020 - Action Item

Motion Made – Motion by Donald Vanderhyden

Motion Second – Second by Kylene Hashimoto

All in Favor – Five BHB members signified in favor by raising hand

Approved Site Visit Schedule for 2020 with consideration of flexibility if needed

c. Time change for Behavioral Health Board meeting from 2:30 – 4:30 pm to 4:00 – 6:00 pm – Action Item

Motion Made - Motion by Kylene Hashimoto

Motion Second – Second by Amanda Boone

Comments/Discussion – BHB member David Thorne mentioned the proposal of the meeting time change is to make it more available for people to attend.

BHB member Marta Obler suggested time change run as a trial/pilot

Motion Change – Meeting time change proposal from 3:30 to 5:30 pm

All in Favor – Four members signified in favor by raising hand

Opposed – One member opposed

Time Change trial period to begin in April with meeting time 3:30 to 5:30 pm

d. Re-establishment of Substance Use Disorder (SUD) Subcommittee

The former SUD subcommittee was suspended due to no BHB members able to chair. Current BHB member Amanda Boone has expressed interest and proposed re-establishing the subcommittee. Amanda is employed with Fresno Impact as a Peer Goal Recovery Specialist and invited anyone interested in the re-establishment to discuss it with her after the meeting. Amanda's vision for the subcommittee includes:

- Discussion of topics regarding SUD, roadblocks or struggling issues
- Program/meeting wheelchair accessibility
- Education on drug Medi-Cal, life skills and job preparation

- Physical health conditions that may affect ability to attend activities
- Help find more resources of Alcoholics Anonymous (AA), Narcotics Anonymous (NA) and activities for individuals in sobriety
- Create or locate Access Points and recovery residences

Amanda will work out details of meeting location, date and times for a meeting every two months with a goal to begin conducting meetings in either April or May of this year 2020. BHB members support the proposal of re-establishment of the committee to learn about and network topics on SUD resources for members of the community.

VII. Committee Reports

a. Adult Services Committee

At the meeting on February 3rd, 2020 a presentation was given by The Independent Living Association (ILA). The Independent Living Association supports operators of Independent Living Homes, also known as Room and Boards. The Department contracts with the Agency to improve the quality of homes clients and other members of the community who may benefit from group setting living situations. It is a membership organization with voluntary membership and community standards to uphold in order to maintain membership. More information on the Association can be found at www.ILACalifornia.org

Justice Committee

Next meeting Monday March 9th at the BlueSky Wellness Center 1617 E. Saginaw, Fresno, CA 93704 at 1:30 pm

Children's Services Subcommittee

Next meeting February 27th, 2020 at Uplift Services 6051 N. Fresno Suite 201 Fresno, CA 93710

b. Other reports or announcements

- NAMI walk on Saturday May 2nd at Fresno State fliers were distributed. Emails are being accepted to get on take-off event

IX. Public Comment

X. Adjournment

Meeting adjourned at 3:50 pm