

FRESNO COUNTY MENTAL HEALTH PLAN

OUTCOMES REPORT- Attachment A

PROGRAM INFORMATION:

Program Title:	Metro Crisis Intervention Team (CIT)	Provider:	City of Fresno Police Department
Program Description:	Mental health crisis intervention services are provided to individuals within the Fresno metropolitan (metro) area, in collaboration with Kings View Metro CIT and other first responders. These services are provided out in the field where interaction with law enforcement and emergency services personnel typically occurs, and where crisis intervention services are most beneficial. Crisis intervention services are community-based, and incorporate stigma reduction and prevention as a product of the placement of staff in first responder scenarios.	MHP Work Plan:	1-Behavioral Health Integrated Access
Age Group Served 1:	ALL AGES	Dates Of Operation:	September 1, 2017 - Present
Age Group Served 2:		Reporting Period:	July 1, 2019 - June 30, 2020
Funding Source 1:	Prevention (MHSA)	Funding Source 3:	
Funding Source 2:	Early Intervention (MHSA)	Other Funding:	Salaries and benefits of the police officers and other customary law enforcement activity costs are funded by the City of Fresno.

FISCAL INFORMATION:

Program Budget Amount:	\$218,915.00	Program Actual Amount:	\$26,985.58
Number of Unique Clients Served During Time Period:	2,014 calls for service		
Number of Services Rendered During Time Period:	475 mental health holds		
Actual Cost Per Client:	FPD does not keep a cost per client.		

CONTRACT INFORMATION:

Program Type:	Contract-Operated	Type of Program:	Other, please specify below
Contract Term:	9/1/17 – 6/30/20, plus 2 optional 12-month extension periods	For Other:	Crisis Intervention Mental Health Services
Level of Care Information Age 18 & Over:		Renewal Date:	June 30, 2022
Level of Care Information Age 0- 17:			

The levels of care shown above do not apply. This program provides crisis intervention team services.

TARGET POPULATION INFORMATION:

Target Population: Individuals within the Fresno metro area that are experiencing a mental health crisis.

CORE CONCEPTS:

- **Community collaboration:** individuals, families, agencies, and businesses work together to accomplish a shared vision.
- **Cultural competence:** adopting behaviors, attitudes and policies that enable providers to work effectively in cross-cultural situations.
- **Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services:** adult clients and families of children and youth identify needs and preferences that result in the most effective services and supports.
- **Access to underserved communities:** Historically unserved and underserved communities are those groups that either have documented low levels of access and/or use of mental health services, face barriers to participation in the policy making process in public mental health, have low rates of insurance coverage for mental health care, and/or have been identified as priorities for mental health services.
- **Integrated service experiences:** services for clients and families are seamless. Clients and families do not have to negotiate with multiple agencies and funding sources to meet their needs.

Please select core concepts embedded in services/ program:

(May select more than one)

Integrated service experiences

Community collaboration

Please describe how the selected concept(s) embedded :

The philosophy of the Fresno Police Department Crisis Intervention Team (FPD CIT) is to provide a humane, cooperative, compassionate and effective mental health and law enforcement co-response to individuals within the community who are experiencing a mental health crisis.

FPD CIT works closely with loved ones of the individual, and partner agencies, such as DBH, Kings View, the Community Behavioral Health Center, Community Regional Medical Center, Adult Protective Services, Turning Point, Exodus, Kaiser, the Public Guardian, Central Valley Regional Center, Veterans Affairs, St. Agnes Medical Center, the Fresno Rescue Mission, Poverello House, the DBH Multi-Access Agency Program, West Care, Naomi's House and our allied law enforcement agencies within Fresno County. FPD CIT is committed to problem solving, partnership, and supporting a coordinated effort between law enforcement, behavioral health professionals and the community.

PROGRAM OUTCOME & GOALS

- Must include each of these areas/domains: (1) Effectiveness, (2) Efficiency, (3) Access, (4) Satisfaction & Feedback Of Persons Served & Stakeholder
- Include the following components for documenting each goal: (1) Indicator, (2) Who Applied, (3) Time of Measure, (4) Data Source, (5) Target Goal Expectancy

FPD CIT's mission is to reduce the potential for violence during police contacts involving people experiencing a mental health crisis while simultaneously assessing the mental health services available to assist. This requires a commitment to problem solving, partnership, and supporting a coordinated effort from law enforcement, behavioral health professionals and the community. To accomplish this mission, FPD CIT is committed to treating a mental health crisis with the same response and respect that any other medical emergency is treated.

Mission success can be shown by the unit statistics from when this partnership with DBH started in September 2017 to July 2020. In this time frame the CIT unit has responded to 7,363 calls for service. Out of these calls, 2,507 individuals were placed on mental health holds (34.05%). The number of holds each year have also decreased dramatically.

2017: 453 (Sep-Dec)
2018: 1,222
2019: 604
2020: 228 (Jan-June)

The hard work set forth in this partnership between DBH and FPD is the reason for the drop in holds written by FPD CIT. This unit has been successful in getting several persons served into conservatorship, as appropriate. Some of which were placed on multiple holds and immediately released by hospitals only to be placed on another hold by officers, sometimes hours after they were released. In some cases, these individuals posed a great threat to their families, law enforcement and the community.

One individual had a total of 69 holds from 2017 to 2019. CIT and DBH clinicians spent countless hours advocating for this individual's safety. CIT and DBH clinicians wrote timelines, met with outside service providers (Turning Point) and met with leaders from DBH, hospitals, and the courts to come to a resolution. In the end, this individual was placed safely into a conservatorship. This is only one of many examples of how this collaboration between law enforcement and the DBH clinicians can achieve mission success.

DEPARTMENT RECOMMENDATION(S):

