

FRESNO COUNTY MENTAL HEALTH PLAN

OUTCOMES REPORT- Attachment A

PROGRAM INFORMATION:

Program Title:	Juvenile Justice SED Dual Diagnosis Outpatient Program	Provider:	Mental Health Systems, Inc.
Program Description:	Intensive co-occurring treatment services targeting adolescents, ages 13 to 18 years old, who are in-custody at Fresno County Juvenile Justice Campus (JJC) and referred to the Floyd Farrow Substance Abuse Unit (SAU). Post-release services are also provided upon completion of the in-custody program as adolescents transition back into the community.	MHP Work Plan:	4-Behavioral health clinical care
Age Group Served 1:	CHILDREN	Dates Of Operation:	2008-Present
Age Group Served 2:		Reporting Period:	July 1, 2019 - June 30, 2020
Funding Source 1:	Realignment	Funding Source 3:	
Funding Source 2:		Other Funding:	

FISCAL INFORMATION:

Program Budget Amount:	\$300,000.00	Program Actual Amount:	\$223,038.00
Number of Unique Clients Served During Time Period:	57		
Number of Services Rendered During Time Period:	1239		
Actual Cost Per Client:	\$3,913		

CONTRACT INFORMATION:

Program Type:	Contract-Operated	Type of Program:	Other, please specify below
Contract Term:	November 1, 2018 - June 30, 2021 with an optional two years extension	For Other:	Correctional facility
Level of Care Information Age 18 & Over:		Renewal Date:	June 30, 2023
Level of Care Information Age 0- 17:	Outpatient Treatment		

TARGET POPULATION INFORMATION:

Target Population: The target population is adolescents, ages 13 to 18 years old, diagnosed as severely emotionally disturbed (SED) who have a co-occurring mental health and substance use disorder diagnosis, and are either in-custody at the Juvenile Justice Campus or are in the Post-Release Outpatient services component of the SAU. Adolescents are assessed and referred to the program through Juvenile Drug Court.

CORE CONCEPTS:

- **Community collaboration:** individuals, families, agencies, and businesses work together to accomplish a shared vision.
- **Cultural competence:** adopting behaviors, attitudes and policies that enable providers to work effectively in cross-cultural situations.
- **Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services:** adult clients and families of children and youth identify needs and preferences that result in the most effective services and supports.
- **Access to underserved communities:** Historically unserved and underserved communities are those groups that either have documented low levels of access and/or use of mental health services, face barriers to participation in the policy making process in public mental health, have low rates of insurance coverage for mental health care, and/or have been identified as priorities for mental health services.
- **Integrated service experiences:** services for clients and families are seamless. Clients and families do not have to negotiate with multiple agencies and funding sources to meet their needs.

Please select core concepts embedded in services/ program:

(May select more than one)

Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services

Integrated service experiences

Cultural Competency

Please describe how the selected concept (s) embedded :

The Floyd Farrow Substance Abuse Unit exemplifies the core concepts which are embedded in program services. Adolescents and their family are integrated in all aspects of the program including treatment planning, on-going participation in the program, and transition/re-entry planning. Treatment services are centered on a multidisciplinary team of mental health, substance use, school and probation staff that coordinates the treatment plan to address the multiple needs of adolescents and their family. Staff use evidenced based practices such as Trauma centered Cognitive Behavioral Therapy (CBT) and Motivational Interviewing (MI) to deliver services. The curriculum is adjusted to the adolescent's developmental needs and to meet educational, cultural and gender specific requirements. MHS staff represent gender and ethnic/cultural diversity as well as receive on-going cultural humility training.

PROGRAM OUTCOME & GOALS

- Must include each of these areas/domains: (1) Effectiveness, (2) Efficiency, (3) Access, (4) Satisfaction & Feedback Of Persons Served & Stakeholder

- Include the following components for documenting each goal: (1) Indicator, (2) Who Applied, (3) Time of Measure, (4) Data Source, (5) Target Goal Expectancy

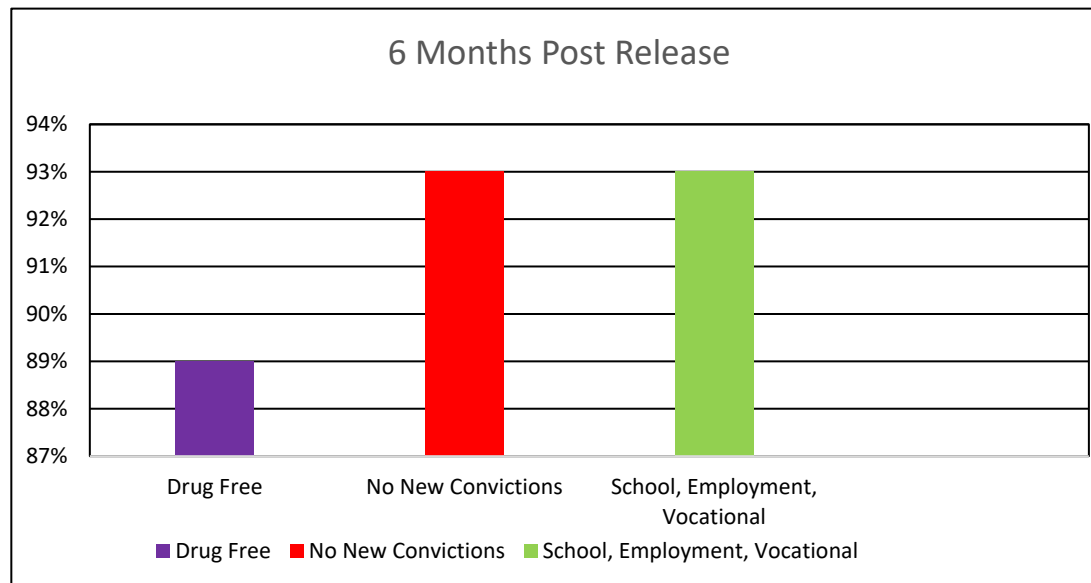
I. Effectiveness

- (1) Indicator: The % of youths who are making successful progress at discharge.
- (2) Who Applied: The 57 youths enrolled in the program during this fiscal year
- (3) Time of Measure: FY 19-20
- (4) Data Source: Internally created tracking sheet
- (5) Target Goal Expectancy: 80% of the youths will show successful progress at discharge.

Outcome: 92.9% of the youths were making successful progress at discharge. Successful indicators are having made progress on all treatment plan goals, which include remaining clean and sober, attendance and progress in school, participating in all aspects of the treatment program including groups, individuals, family, and complying with the rules of the JJC facility in their behavior in the program.

- (1) Indicator: Youth's continued success post release, remaining drug free, no new convictions and attending school, working, or engaged in a vocational program.
- (2) Who Applied: Youths in the post-release program
- (3) Time of Measure: FY 19-20; 6 months post release
- (4) Data Source: Internally created tracking sheet
- (5) Target Goals: 80% of youths will remain drug free, have no new convictions, be attending school and/or engaged in a employment or vocational program

Outcome: 89% of the youths were drug free after completion of the program, 93% of the youths had no new convictions. 93% were attending school, working, or engaged in a vocational program.



II. Efficiency

- (1) Indicator: Dosage; The % of youths that received # units of service.
- (2) Who Applied: The 57 youths enrolled in the program during this fiscal year
- (3) Time of Measure: FY 19-20
- (4) Data Source: Internally created tracking sheet
- (5) Target Goal Expectancy: 80% of the youths will receive 120 units of service a day. The 120 units of services was determined based on the availability in the JJC schedule as youths have other requirements such as school and recreation. Based on time available, MHS determined 120 units of service was achievable.

Outcome: 92.9% of the youths received 120 units of service. *Prior to Covid-19 restrictions

III. Access-

- (1) Indicator: Engage youths in services by the next business day after being placed in the program.
- (2) Who Applied: The 57 youths enrolled in the program during this fiscal year

- (3) Time of Measure: FY 19-20
- (4) Data Source: Internally created tracking sheet
- (5) Target Goal Expectancy: No goal has been set previously for this target.

Outcome: 100% of the youths were engaged in services by the next business day after being placed in our program.

IV. Satisfaction & Feedback of Persons Served & Stakeholders

Due to COVID-19, MHS was unable to complete the annual Client Satisfaction Survey which consists of three questions and responses are confidential. COVID-19 has restricted MHS staff from entering the facility and therefore, the program was unable to administer the survey.

DEPARTMENT RECOMMENDATION(S):