



FRESNO COUNTY BEHAVIORAL HEALTH BOARD

DBH Health and Wellness Center
 1925 E. Dakota Ave.
 Fresno, CA 93726

Minutes

Meeting Via Webex

November 18, 2020

<u>MEMBERS PRESENT</u>		<u>PUBLIC MEMBERS</u>	
Carolyn Evans	Debbie Xiong	Karen Levinson	David Tan
Francine Farber	Kylene Hashimoto	Rick Virk	Amber Molina
Donald Vanderhyden	Steffanie Long	Jessica Underwood	Katrina Rudnick
Mary Lou Brauti-Minkler	David Thorne	Nakia Vue	Diana Castaneda
Nick Lutton		Alicia Austin-Townsend	Chris Roup
<u>BOARD OF SUPERVISORS</u>		Daniel Barrios	Fausto Novelo
Ari Martinez (Representative of Supervisor Sal Quintero)		Nick Persons	Rosio Laguna
<u>ABSENT</u>		Etisha Wilbon	Heidi Dickens
<u>BEHAVIORAL HEALTH</u>		Elizabeth Williams	Angela Yopez
Dawan Utecht, Director	Susan Holt	Nicole Marroquin	Ryan Banks
Ahmad Bahrami	Kannika Toonachat	Ana Monreal	Fidel Garibay
Tina Young	Tamara DeFehr	SDC staff	Selina Escobar
Jeannette Dominguez	Karen Tombs	Colleen Overholt	Adriana Reyes
Jolie Gordon-Browar	Jacqueline White	Virgina Sparks	Trish Small
Erinn Reinbolt		Reneeta Anthony	

I. Welcome and Opening Remarks

Chair Carolyn Evans called the meeting to order at 3:30 PM. Participants were reminded that microphones were muted, as well as the process for asking questions at the meeting.

New Behavioral Health Board (BHB) member, Nick Lutton was introduced and asked to tell a little about himself. Nick moved to Fresno from Southern California about 5 years ago. Nick grew interest in the BHB through his learned experience of caring for his son with Autism Spectrum Disorder and Intellectual Delay and with his being a client involved in multiple systems associated with developmental delay within the state of California. Nick is also involved in workshops and presentations regarding the Individuals with Disabilities Act (IDEA) and Special Education for children and adults. Nick stated by being part of the BHB he hopes to learn and contribute as much as possible to the underserved portion of society.

Roll call of Behavioral Health Board members was taken.

II. Review of Agenda

Chair Carolyn Evans requested to change order of New Business to as followed:

VII. New Business

a. Duties of BHB officers

b. Virtual Site Visit – December Comprehensive Youth Services (CYS)

c. Letter to Fresno County and Board of Supervisors re: Alcohol Licenses

No objections. Change of order accepted.

III. Approval of Minutes for October 21, 2020

Minutes accepted as written

IV. Department of Behavioral Health (DBH) Update – Dawan Utecht, Director

Director Dawan Utecht began with the Department's Mission, Vision and Goals statement. She then mentioned that November is Native American heritage month, Sikh Awareness month, Transgender Awareness week November 13-19, Transgender Day of Remembrance November 20th and that more information can be found on BHB website.

a. General Update

COVID-19 Update

Currently there is a surge of COVID-19 cases in the United States, including California. Fresno County has moved back into the purple tier as of Monday November 16th. Closure of activities that were previously restricted in the purple tier, such as in-door dining at restaurants and churches remain, while nail and hair salons may remain open this time around with modifications made. The Governor has also mandated that individuals must wear a mask when out of their home.

COVID-19 Impact on Adult and Children Services

Adult - Increase in number of people served

- Fewer services rendered per person
- Small decline in Substance Use Disorder (SUD) services

Children - Increase in number of Children Served

- Few SUD services for children overall

The Department will continue to drill deeper into collected data to refine their understanding of service impact and focus attention on the following:

- Services provided and services not provided
- Access time
- New starts
- Satisfaction and effectiveness

Creek Fire Update

Previously active fire perimeter is inactive, and focus is now being made toward post fires response that includes:

- Clean up and ensuring affected individuals access FEMA (Federal Emergency Management Agency) resources
- Long term support of Social Services and Behavioral Health Services
- Watershed Taskforce that looks at amount and quality of water
- Winter Readiness Taskforce that ensures there is no mudslides and road closures

b. Reaching Recovery Tool

A method learned from the Mental Health Center in Denver that was developed based on the precept that people can and do recover from mental illness when it is the right time, right setting and they are receiving the right service by the right provider. By using a suite of measurement tools clinicians can create a recovery plan tailored for each individual client while working in partnership and keeping the client engaged. The following measurement tools are used:

- Recovery Needs Level (RML)-minimum 6 months - on appropriate level of care and placement
- Recovery Marker Inventory (RMI)-minimum 3 months - 7 objective factors for individual
- Consumer Recovery Measure (CRM)-minimum 3 months - perception of recovery from individual
- Promoting Recovery in Organization (PRO)- rating of organization from individual

The Department began utilizing the Reaching Recovery Tool in 2016 with county operated programs and now have seven contracted providers on-board utilizing the tool and plan to continue to rollout the system.

Patients' Rights Advocate Quarterly Report First Quarter Fiscal Year 2020-2021

The Department will report on quarterly

Total Complaints/Grievances: 9

July – 2 Substantiated

August – 2 unsubstantiated

September – 3 Substantiated, 1 unsubstantiated, 1 pending

Total Hearings and Advisements: 302

July: 98

August: 109

September: 95

The BHB members requested from the Department, greater detail, when allowed to help them understand the nature of claims made.

c. Mental Health Services Act (MHSA) update

i. 3 – Year Plan - Completion, Posting and Public Hearing

The work that was already completed for the MHSA three-year plan has been impacted by COVID-19 and an extension from the Department of Health Care Services (DHCS) was obtained. During the extension DBH adapted changes in the plan addressing:

- Align budget and current over expenditures
- To include a reduction in MHSA revenue over the next three years
- Assess and ensure sustainability of programs
- Evaluation of Prevention and Early Intervention (PEI) programs
- Will now include the annual update for 2018 -2019
- Drafts re-written and edited

Anticipated completion of the plan is December. The Department will hold virtual Community Report Back Sessions in English, Spanish and Hmong via social media available for 30 days prior to the anticipated January Public Hearing.

ii. Reversion and Sustainability Report

MHSA funds are unique in terms of funding in that they are subject to reversion if not spent in the term intended. The funds eligible for reversion are funds of Prevention and Early Intervention (PEI) as well as Innovation funds. The Department currently may have Innovation funds that are at risk. This has moved the Department in looking ahead when working on many planned projects while making sure to use the appropriate metrics in evaluating to ensure services meet the needs of a diverse population, as well as sustain work that has proven to be successful. The Department will provide more information as projects are carried out.

d. Report on work of JP marketing

Some of the work with JP marketing to date consists of a communication plan for Fresno Cares, that includes the FresnoCares.org website, as well as continued work on the DBH website of updating content and conducting testing that includes:

- Peoples perception on aesthetics of the site
- How user friendly the site is
- Input from general users
- Balancing things that are useful to the public and required postings

While many efforts with JP Marketing were curbed due to COVID-19, their support will continue to be utilized in the completion and expansion of some of the following projects of 2020:

- SUD Fall 2019 Spring 2020 Campaigns
- COVID-19 (Included Warm Line Promotion)
- Fire/Disaster (www.valleyhopeincrisis.com)
- Dangers of Fentanyl
- Behavioral Health – Mental Health Month (Check In)
- Branding
- Target Population Feedback Sessions
- Suicide Prevention Month (masks, ads, press)
- Real Stories www.stigmafreefresno.com

e. Outcomes Report on Impact Full-Service Partnership

Mental Health Systems Inc. is the contracted provider of the Impact Program. The program has a capacity to serve 160 individuals within the targeted population of adults and older adults with co-occurring mental health and substance abuse disorders who experience frequent need for crisis services, emergency department care, detoxification services, and/or are released from jails or hospitals or who may be stepping down from Conservatorship legal status.

With a goal of 75% reduction in hospitalizations, incarcerations, homelessness and crisis episodes, most were met and if not, they were close of meeting.

- Access Goal: Program will provide services to 140 unique individuals
- Outcome: Engaged and provided services to 131 unique individuals
- 85% of referred individuals remained engaged in services 6 months or more
- Satisfaction Goal: A significant increase in individual functioning
- Outcome: 82% of individuals self-reported an increase in functioning

V. Public Comment

Upon completion of the Department Update presentation, an announcement welcoming any comments from those in attendance was made, as well as a reminder that the meeting is not an open forum, where questions are asked and answered. Questions may be asked through the chat box and will be answered at a later time.

VI. Old Business

a. Report on Virtual Site Visit to Impact Full-Service Partnership at Mental Health Services Inc.

BHB members completed a virtual site visit to the Impact program on October 6, 2020. Chairman Carolyn Evans reported that one barrier to success for the program is the lack of housing, particularly Sober Living Homes. The need identified for the type of specific housing would be in the structure of more than a Room and Board and not quite as high level of a Board and Care. Also mentioned is a need for Inpatient Substance Use Disorder Treatment programs for clients with Serious Mental Illnesses.

b. Report on Virtual Site Visit to Holistic Cultural and Education Wellness Center

On November 12th the BHB members attended a virtual site visit to the Holistic Center and completed a site visit report that was included in the meeting handouts. BHB member Francine Farber stated that the goal of the center is to enhance participants' mental, physical and spiritual well-being and that the Center seems to be doing a great job reaching clients during the pandemic by continuing to hold many of the classes online that the center normally would provide in person. The center did express one of the struggles they have is a shortage of staff, would like to incorporate peer support and is interested in the new peer certification training for peer support specialist. BHB member Steffanie Long attested that as a consumer of mental health services, in the past she personally attended classes the center offered and found them to be very useful in her recovery. She also stated the center provides assistance and information of resources that can be beneficial to many.

c. Data Notebook

The Data Notebook for this year was received from the California Department of Behavioral Health Planning Commission and is currently with the Department for filling out their portion of questions. Upon completion, the information will be submitted into Survey Monkey and a hard copy will be made available for distribution.

d. Nomination of Officers for 2021

Election of BHB Officers for year 2021 will be in December. Thus far nominations made are:

- Kylene Hashimoto - Chair
- Mary Lou Brauti-Minkler – Vice Chair
- Francine Farber -Secretary

No other nominations received. Nominations closed.

VII. New Business

a. Duties of BHB Officers

Executive Committee suggested an expansion of duties for the BHB Officers. Suggested addition of duties consists of the following:

- Vice Chair shall review current local, state and national legislation related to behavioral health and report back to the board
- Secretary shall maintain a file of site visit reports and send copies of reports to program providers

Motion made - A motion to approve expanded duties of BHB Officers made by Debbie Xiong

Motion Second – Second made by Francine Farber

All in Favor – Roll call vote taken

Seven board members in favor

Expansion of duties for BHB Officers motion carried

b. Virtual Site Visit – December / Comprehensive Youth Services

Site visit is being coordinated and will be scheduled for early December. BHB members will be notified of potential dates.

c. Letter to Fresno City Council and County Board of Supervisors re: Alcohol Licenses

A recent passing of the Responsible Neighborhood Market Act by Fresno City Council limits the number of liquor licenses for off-site consumption within an area. Unfortunately, an exception already has been made approving another license in a saturated area. A letter was drafted commending the passing of the act while regrettably acknowledging the exception made.

Motion made: Motion to send a follow-up letter to the Fresno City Council and the Fresno County Board of Supervisors regarding their responsibility to limit the number of liquor licenses in the city and the county made by Francine Farber

Motion Second – Second made by Nick Lutton

All in favor – Roll call vote taken

Seven members in favor.

Motion carried to send letters approved by Executive Committee.

VIII. Committee Reports

All committees are still suspended. Suggestion made to revive meetings virtually next year. Carolyn Evans volunteered to chair Adult Services Committee beginning with the February 1st meeting. Mary Lou Brauti-Minkler volunteered to co-chair the Children's Committee with a representative from the Foster Care Standards and Oversight Commission. Foster Care Standards and Oversight Commission still to be confirmed. Representative from Foster Care Standards and Oversight Commission will be contacted. Any volunteers to chair and revive the Justice Committee as well the Substance Use Disorder Committee are welcomed.

IX. Public Comment

No public comment received

X. Meeting Adjourned: 5:11

Next meeting December 16, 2020