



### FRESNO COUNTY BEHAVIORAL HEALTH BOARD

DBH Health and Wellness Center  
 1925 E. Dakota Ave.  
 Fresno, CA 93726

#### Minutes

Meeting Via Webex

January 20, 2021

<u>MEMBERS PRESENT</u>		<u>PUBLIC MEMBERS</u>	
Carolyn Evans	Debbie Xiong	Dalya Hussein	Becky Kramer
Francine Farber	Kylene Hashimoto	Judy Pereira	Etisha Wilbon
Donald Vanderhyden	Steffanie Long	Chris Roup	KaShoua Thao
Mary Lou Brauti-Minkler	David Thorne	Nicole Marroquin	Tamara DeFehr
Nick Lutton		Adriana Reyes	David Tan
<u>BOARD OF SUPERVISORS</u>		Karen Levinson	Rosio Laguna
Ari Martinez and Rocky Vang (Representatives for Supervisor Sal Quintero)		Jessica Underwood	Dang Xiong
<u>ABSENT</u>		Sharon Ross	Salim
<u>BEHAVIORAL HEALTH</u>		Raquel Anaya	WellPath
Dawan Utecht, Director	Susan Holt	Diana Castaneda	Ana Cuellar
Ahmad Bahrami	Kannika Toonachat	Ryan Banks	Elizabeth Williams
Tina Young	Tamara DeFehr	Nakia Vue	Eloisa Estrada
Jeannette Dominguez	Karen Tombs	Katrina Rudnick	E Escoto
Jolie Gordon-Browar	Jacqueline White	Amber Molina	Ignacio Liscano
Erinn Reinbolt	Lisa Crossley	Devoya Mayo	Angela Yopez
Elizabeth Aguirre	Vincent Montgomery	Colleen Overholt	Christine Barker
Elizabeth Vasquez	Erinn Reinbolt	Neil Collins	Dia Yang
Cynthia Hager	Pao Yang	Ninfa Gordo	Chrisitna Alejo
Karen Levinson	Amarpit Panach	Lysing Prathamavong	KaShoua Thao

#### I. Welcome

Chair, Kylene Hashimoto welcomed all attendees to the first Behavioral Health Board (BHB) meeting of the new year 2021. A reminder was made about needing to unmute yourself for comments and utilizing the chat box for questions.

#### II. Review of Agenda by Board

Agenda accepted as written

#### III. Approval of Minutes for December 16, 2020

Minutes accepted as written

#### IV. Department of Behavioral Health Update

##### a. General Update, including Board of Supervisors Agenda Items

COVID update – The situation of emergency room capacity, has improved slightly. There also has been a slight dip in positivity rate and the number of cases per day. A vaccine schedule is available on the Fresno County Public Health website. It is recommended to visit the website and learn more about COVID-19.

Updated suicide information – Fresno County finished the year with 102 completed suicides. That number is lower than the 2 prior years.

**b. 2021 Year-at-a-Glance**

2021 Outlook: State Budget – The state budget was recently announced. The Department expects a small increase in budget funding this year due to not receiving entitled funds from last year. *Detailed information on the budget and the Department update is attached in pdf form.*

DBH 2021 outlook – DBH will focus on providing ongoing COVID-19 response and support, along with continuing the many other projects of:

- Design of AT&T property
- Remodeling of Heritage
- Decide feasibility of Assisted Outpatient Treatment
- Bring housing units online
- Reaching recovery collaborative documentation

**c. Outcomes report on the Holistic Cultural Education and Wellness Center (Nov. site visit)**

The mission of Holistic Center is to empower individuals and families to live a well-balanced life in mind, body, and spirit. Funded by MHSAs prevention and early intervention, the Holistic Center serves around 10,000 people a year, serving individuals from many underserved communities and ethnicities.

**d. Outcomes report on the Urgent Care Wellness Center (UCWC) (Jan. site visit)**

UCWC serves as the front door to the Adult System of Care that provides same day care and short-term treatment up to three months. Funded by MHSAs funds and MediCal. Services include:

- Triage
- Crisis evaluation and intervention
- Assessments
- Treatment planning and linkages to other appropriate services with Fresno County and local providers

**V. Public Comment**

Comments and questions from the Board were welcomed by Director, Dawan Utecht. A BHB member asked if the Department has considered, or began any studies, about the impact on the 0-3 year population of the stay at home orders in response to COVID that may result in isolation, in developmental delays, and in reaching milestones. A response was given acknowledging the importance of the age range and mentioning the significant investment made in partnership with the Fresno County Superintendent of Schools that includes the 0-3 year population, as well as other well established infant mental health programs within the Department and cross sector system of care.

**VI. Old Business**

**a. Report on Virtual Site Visit to Urgent Care Wellness Center (UCWC)**

BHB member acknowledged that the UCWC has continued to serve individuals on a walk-in basis considering the current circumstances of the pandemic. Another BHB member mentioned that the program had a recent decrease in staff from 26 to 12, due to a few different reasons. One reason is a shortage of qualified individuals in the medical field. Interest was expressed in

bringing back the Ready, Set, Go program that was an eight- week program that assisted individuals in becoming treatment ready.

## VII. New Business

### a. **MHSA 3-year plan discussion and approval**

A Public hearing presentation of the MHSA Three-Year Plan was given via Webex, YouTube and Facebook live prior to the BHB meeting starting at 2:30, with this BHB meeting immediately following. The floor was now opened for comments and discussion from Board members as well as the public. The BHB Chair inquired on what options are available for community involvement other than community forums during the process of creating programs, to ensure that community feedback is not just the collection of data, but rather implementing the information received when considering the design of a program. The response was that there is opportunity for community input from participants within current programs from that population they serve, as well as larger work groups, such as the suicide prevention collaborative, the cultural humility committee and social media, as well as the Department of Behavioral Health website and the monthly Behavioral Health Board meeting.

Board members expressed concern for the need of Assisted Outpatient Treatment (AOT) in Fresno County and requested some type of plans for AOT being written in the MHSA 3-Year Plan. Director, Dawan Utecht replied ensuring that the Department intends to continue to pursue the implementation of AOT (Laura's Law,) although MHSA funding is not the solution for funding the plan. There are other resources that will be used as the source of funding.

Comments were received concerning the sunset of a handful of programs. An inquiry of how much money will be saved in comparison to the amount of money needed to run those programs. A response was given of a plan to evaluate outcomes and performance data of several programs to determine redesigning programs and maximizing other revenue resources.

**Motion made to approve MHSA Three Year Plan:** Debbie Xiong

**Second:** Nick Lutton

**Roll call vote:** Eight votes approved

**Motion carried:** Approved MHSA Three Year Plan

### b. **Annual Report to the Board of Supervisors (BOS) approval**

Discussion was welcomed on approving the Annual Report to the BOS. No Discussion was received.

**Motion made to approve the Annual Report to the BOS:** Mary Lou Brauti- Minkler

**Second:** Debbie Xiong

**Roll call vote:** Eight votes approved

**Motion carried:** Approved Annual Report to the BOS

### c. **Annual Board Workshop**

On Saturday January 16<sup>th</sup>, 2021, the BHB members held a workshop to allow time for discussion of future site visits and the planning of guest speakers. The members were able to connect with ideas and collectively produce an outline for the year that includes a goal of community involvement as a theme. A year at glance was created streamlining site visits, committee meetings, dedicated months, and community events to be heard. The Board selected its Recommendation to the Board of Supervisors for 2021. Chair Kylene Hashimoto encouraged anyone interested in becoming a BHB member, to submit an application and improve representation of the diverse community.

## VIII. Committee Updates

All committees formerly suspended due to COVID are scheduled to return virtually via Webex and all are welcomed to attend.

- a. **Adult Services Committee** – Chair Carolyn Evans announced that they will meet each month without a first Monday holiday. The first meeting date is February 1<sup>st</sup>, 2021 at 10:00 am
- b. **Children’s Services Committee** – Co-Chair MaryLou Brauti-Minkler announced that the committee will meet bi-monthly with the first meeting February 25<sup>th</sup>, 2021 at 9:00 am
- c. **Cultural Humility Committee** – Liaison, Francine Farber reported the next meeting will be on the first Thursday of February. Information from the January 7<sup>th</sup> 2021 meeting was provided. Referring to Exceptional Parenting Unlimited (EPU) Facebook page, you can find information about a Conference on service for African Americans that will take place Tuesday January 26<sup>th</sup>. She also wanted to make people aware of a resource center for the LGBTQ community that is provided by the Equal Opportunity Commission. The committee also learned of a group known as GARE, a Government Alliance on Race and Equity that works on strategies to address disparities and barriers faced.
- d. **Forensics Committee**- Chair Nick Lutton announced the Forensics Committee, formerly known as the Justice Committee, will begin meeting in March.

**IX. Public Comment** *(Any person wishing to address the Board will be limited to 5 minutes or less according to the time available and the number of those wishing to address the Board)*

An announcement was made on the third annual cultural humility survey for individuals served, as well as a separate survey for family members to those individuals served. The surveys will be available through a link that will be distributed and available on social media pages of Facebook and the DBH web page.

Centro La Familia will be having a drive thru food distribution January 30<sup>th</sup> at 9:00 am – 5:00 pm at the Senior Center

**X. Adjourned: 4:52 pm**

**Next meeting February 17, 2021**

This meeting is open to the public under the Ralph M. Brown Act.

1925 E. Dakota Ave Fresno, CA 93726 (559) 600-9180  
Equal Employment Opportunity ~ Affirmative action ~ Disabled Employer  
[www.co.fresno.ca.us](http://www.co.fresno.ca.us) ~ [www.fresno.networkofcare.org](http://www.fresno.networkofcare.org)