



FRESNO COUNTY BEHAVIORAL HEALTH BOARD

DBH Health and Wellness Center

1925 E. Dakota Ave.

Fresno, CA 93726

Minutes

Meeting Via Webex

February 17, 2021

<u>MEMBERS PRESENT</u>		<u>PUBLIC MEMBERS</u>	
Kylene Hashimoto	Carolyn Evans	Selina Escobar	Marilyn Bamford
Francine Farber	Debbie Xiong	Chris Roup	Angela Yopez
Donald Vanderhyden	Steffanie Long	David Tan	Tony Joseph Leyva
Mary Lou Brauti-Minkler	David Thorne	Karen Levinson	Rosio Laguna
Nick Lutton		Jessica Underwood	Adriana Reyes
<u>BOARD OF SUPERVISORS</u>		Sharon Ross	Ana Monreal
Ari Martinez and Rocky Vang		Diana Castaneda	SDC Staff
(Representatives for Supervisor Sal Quintero)		Ryan Banks	Margaret Jackson
<u>ABSENT</u>		Nakia Vue	Mayra Merino
<u>BEHAVIORAL HEALTH</u>		Katrina Rudnick	E Escoto
Dawan Utecht, Director	Susan Holt	Amber Molina	Selina Escobar
Ahmad Bahrami	Brian Bishop	Eloisa Estrada	Devoya Mayo
Tina Young	Stacie Vanbruggen		
Jeannette Dominguez	Dang Xiong		
Jolie Gordon-Browar	Jolie Gordon-Browar		
Vincent Montgomery			

I. Call to Order and Welcome

Reminder that all public microphones will be muted until designated times for Public Comment.

II. Review of Agenda by Board

Approved as written

III. Approval of Minutes from January 20, 2021

Approval of January minutes was postponed until March 17th, to allow more time to review.

IV. Advancing Equity in the Black Community

Margaret Jackson, LCSW | *Executive Director*, Cultural Broker Family Advocate Program

Margaret Jackson was introduced to speak on the Cultural Broker Advocacy Program, Parent program to Cultural Brokers Inc. The Program began as a project in partnership with Child Welfare to address the disproportionalities and disparities in terms of the over representation of African American children and their families that come into contact with the child welfare system. The program walks beside the families to keep them engaged throughout their experience, helping them navigate and advocate to balance the complicated situations that can sometimes contribute to inequity within the system. The program works to ensure that the overall decisions made, are for the safety of the child. Upon the arrival of COVID the organization deemed to be a perfect fit helping

individuals who already had certain struggles, find the resources they need amid the changes due to COVID.

Beyond the work of Cultural Broker, Margaret Jackson has contributed further than the Child Welfare arena. Margaret was contacted by Sacramento County that was interested in her model of interaction with the African American community and wanted to use it as a strategy for other top issues affecting the community; this has now become known as the Black Child Legacy Campaign. In closing Margaret shared that interaction of agencies, each using their strengths can maximize successfully serving the community.

V. Department of Behavioral Health Update Dawan Utecht, *Director*

Director, Dawan Utecht announced that in honor of Black History month, the Department will have a professional development panel Friday February 19th on “What is code switching” and a second virtual panel discussion with the community on Black Wellness from a behavioral health perspective. February 12th was also recognized as is Lunar New Year, also known as Chinese New Year.

COVID Update

Fresno County is now under 8% per One hundred thousand population and is now in the red tier, which lifted the stay at home order. Vaccine distribution is ongoing. *Data on the impact of COVID and Department Update slide show can be found attached in PDF form.*

- **General Update Including Board of Supervisors Agenda Items**
- **Data Collection to Analyze the Effects of the Pandemic and Needs of the Community**
Data shows that more services have been provided post pandemic, compared to pre-pandemic, and the number of people served is also increasing. Substance Use Disorder (SUD) services during the pandemic have been low but are slowly rising. More services are being provided to children and the number is anticipated to change once kids return to school. Data collected in service impact graphs, access metrics, the crisis line, the access line, the suicide hotline number, reaching recovery metrics and from talking with providers to see what they’ve learned is all information that the Department will look at when incorporating a response to the needs of the community from the impact of COVID. The Department will also consider which populations have not received or accessed services.
- **Outcomes Report on Perinatal Program – February Virtual Site Visit**
Perinatal Program provides perinatal services to pregnant and postpartum mothers, their babies, and postpartum fathers. Referrals usually are made by Primary Care Physicians or OBGYN: clients rarely self-refer. Services are provided at both office and home by a multi-disciplinary medical and mental health integrated team. The program is funded largely by MHSA (Prevention and Early Intervention) and Medi-Cal (Federal Fund Participation). Staff consists of one Clinical Supervisor, eight Mental Health Clinicians, two Community Mental Health Specialists, three Public Health Nurses and one Peer Support Specialist. Very good results have been received from the Consumer Perception Survey.

VI. Public Comment

BHB member stated that Wellness Services at Blue Sky can help with stressors brought on by COVID

VII. Old Business

- **Report on Perinatal Program Virtual Site Visit**

BHB member stated he considers the BHB members fortunate to be able to learn of the useful services the program provides during the pandemic. He also commended the program on the ability to notice the need to overcome obstacles such as COVID to still deliver those services.

Another member mentioned the cohesiveness of the team and the support provided to the staff that seems to prove helpful in minimal turnover of staff. The program mentioned that they could use more bandwidth to help in computer use and are always willing to receive help with transportation.

The BHB Chair liked the collaborative treatment used by the team at the Perinatal program and the weekly meeting they hold to discuss client progress, so that if needed any team member is able to treat the client and keep the progression in treatment moving forward. She also mentioned that the variety of groups they have is another positive.

VIII. New Business

- **Action Item: Approve New Site Visit Template**

The site visit template was modified to include questions that focus on the effects of the pandemic on the program as well as include the individual grievance process.

Motion - to approve the new site visit template – Francine Farber

Second – Nick Lutton

Discussion – BHB member Carolyn asked Chair Kyleene what the advantages were of using the updated form. Kyleene responded that the questions were clearer and provided more specifics about the program.

Roll Call Vote – Six votes approved

Motion passes to use new site visit template

- **March Virtual Site Visit to Blue Sky Wellness Center**

Jeannette will present dates to the BHB members when coordinating the visit.

IX. Committee Updates

- **Report on Adult Services Committee**

The restart of the Adult Services Committee occurred on February 1st. The Family Advocates were invited for a discussion. The next meeting will be March 1st at 10:00. The provider of the supportive services at the permanent supportive housing sites has been invited to provide some information

- **Report on Children's Services Committee**

The Children's Services Committee will resume Thursday February 25th. The Co-Chairs have requested to receive an update from the Department of Behavioral Health Children's Services Division Manager. The committee will continue meeting bi-monthly on the fourth Thursday at 9:00 am.

- **Update on Forensics Committee**

The Forensics Committee, formerly known as the Justice Committee, met to introduce the new Chair Nick Lutton, who met those in attendance to check-in and discuss plans for moving forward. The committee will continue meeting as they did in the past, bi-monthly on the second Monday of the month at 1:30.

- **Report from Cultural Humility Committee Liaison**

The Cultural Humility Committee met on February 4th and discussed three California reducing disparities projects within Fresno County that fall under the Department of Behavioral Health Innovation funding.

- The Sweet Potato Project
- Helping Hands
- Intenciones Planas y plasticas

During the Cultural Humility Committee meeting they also heard from three Cultural Humility subcommittees:

- Governance Sub-Committee – where data is collected on hired individuals with lived experiences to become family advocates and peer support specialists
- Language Sub-Committee -where they work on language proficiency and bilingual assessment testing
- Communications Sub-Committee – goals consist of developing a speaker’s bureau, working with community partners, and reaching Central American natives who may not have a written language.

X. Public Comment

BHB member Carolyn Evans provided some history of the Behavioral Health Board, its creation and the former Alcohol and Drug Advisory Board. She then expressed interest in restarting an SUD committee, BHB member Debbie Xiong and herself as Co-Chairs. They plan to begin the SUD Committee on March 11th and have quarterly meetings on the second Thursday of the month.

Nami Walks Your Way virtual event will take place on May 22nd with the theme of United Day for mental health awareness.

At 6:30 p.m. tonight BHB member Nick Lutton will host a workshop in conjunction with Clovis Family Resource Center and EPU. The workshop will be regarding the Individuals with Disabilities Education Act and how you can effect change in the community by joining a Community Advisory Committee.

The Behavioral Health Department and Be- Well have partnered and are recruiting Transitional Aged Youth (TAY) for participation in a workshop in May. The workshop will identify issues affecting the TAY population and suggest ideas for projects to address those issues and present them for possible innovation funding.

XI. Adjournment at 4:45 p.m.

Next Behavioral Health Board meeting: Wednesday, March 17, 2021 at 3:30pm

DEPARTMENT OF BEHAVIORAL HEALTH

Update

February 17, 2020



THE COUNTY OF FRESNO
Department of
Behavioral Health

Our Mission, Vision and Goals

Mission:

DBH, in partnership with our diverse community, is dedicated to providing quality culturally responsive behavioral health services to promote wellness, recovery and resiliency for individuals and families in our community.

Vision:

Health and well-being for our community

Goals: Quadruple Aim

- Deliver quality care
- Maximize resources while focusing on efficiency
- Provide an excellent care experience
 - Promote workforce well-being



COVID-19 Trends

- Statewide Stay-at-Home order lifted
- Hospitalizations and ICU volumes remain high
- Schools may open under a plan
- Vaccines ongoing...

	1/4	1/12	1/18	1/26	2/2	2/9	2/16
Positivity Rate	17.0	19.4	18.3	15.3	11.4	9.7	7.9
New COVID-19 positive case per day per 100K population	61.6	76.0	75.2	58.0	41.4	30.3	22.8
Health Equity Metric (HPI Test Positivity)	17.9	22.1	19.5	17.9	13.2	12.1	10.0
What Tier are we in?	1	1	1	1	1	1	1

**California Blueprint Data Archive*



THE COUNTY OF FRESNO
Department of
Behavioral Health



HAPPY LUNAR NEW YEAR 2021



Department of
Behavioral Health

COVID-19 Trends: Cases

Fresno CASES

93,363

1 Day Δ +132
+0.1%
7 Day Δ +1,833
+1.8%
14 Day Δ +3,821
+4.3%

7 Day Avg. 233
14 Day Avg. 273
Weekly % Change -25.4%

US Total Cases: 27,542,421

Day-Over-Day New Cases



Gender

Female 51%
Male 48%
Unknown 2%

Age

0-17 13%
18-49 57%
50-64 19%
65+ 11%
Missing 0%

| = California Population %

Race/Ethnicity

AIAN 0%
Asian 7%
Black 4%
Latino 55%
NHPI 1%
White 20%
Multi-Race 2%
Other 12%

CALIFORNIA TESTING RESULTS

46,384,932

1 Day Δ +157,207
+0.3%
14 Day Δ +3,317,899
+7.7%

Positivity:
7 Day: 3.3%
14 Day: 4.1%



Cumulative Tests Reported by All Labs

Fresno DEATHS

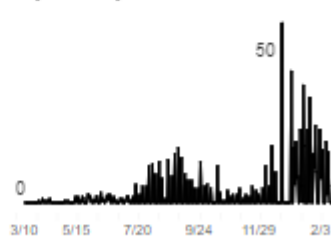
1,341

1 Day Δ +50
+3.9%
7 Day Δ +83
+6.6%
14 Day Δ +156
+13.2%

7 Day Avg. 12
14 Day Avg. 11
Weekly % Change +13.7%

US Total Deaths: 485,070

Day-Over-Day New Deaths



Gender

Female 42%
Male 58%
Unknown 1%

Age

0-17 0%
18-49 7%
50-64 19%
65+ 74%
Missing 0%

| = California Population %

Race/Ethnicity

AIAN 0%
Asian 12%
Black 6%
Latino 46%
NHPI 1%
White 32%
Multi-Race 1%
Other 2%

Note: Negative numbers are data corrections. Please contact the Local Health Department for more information.

Note: Demographic percentages may not add up to 100% due to rounding. Breakdown of deaths is a subset of total deaths as reported by law enforcement.

Last Updated on 2/16/2021



THE COUNTY OF FRESNO
Department of
Behavioral Health

COVID-19 Trends: Hospitalizations

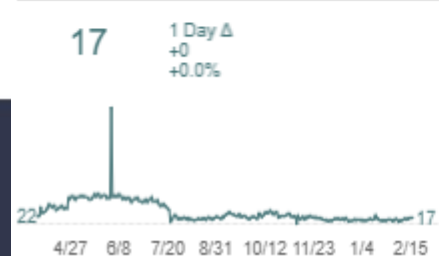
Positive Patients



ICU Positive Patients



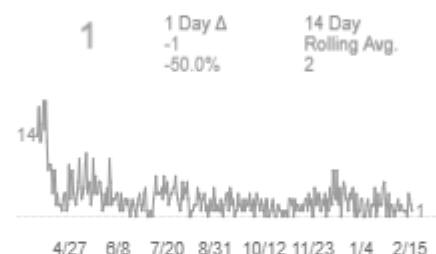
ICU Available Beds



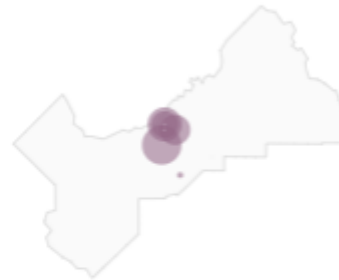
Suspected Patients



ICU Suspected Patients



Positive Patients by Facility/County



Daily Survey Response Rates

100%
of facilities
(9 of 9)

100%
of licensed beds
(1,750 of 1,750)

There are 416 licensed facilities (1 in suspense); one or more facilities can operate under the same license.

Note: Due to a recent change by HHS, NICU bed counts are no longer provided.

Last Updated on 2/16/2021

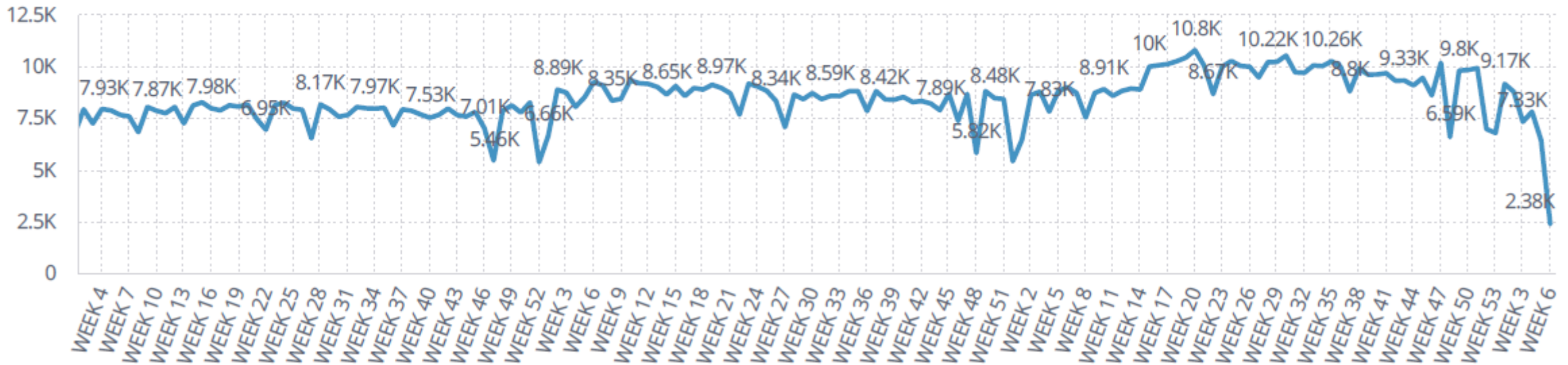


THE COUNTY OF FRESNO
Department of
Behavioral Health

COVID-19 Impact on Services – Adults – Mental Health

Filters AgeGroup Exclude: 00-17

All MH Services in Avatar



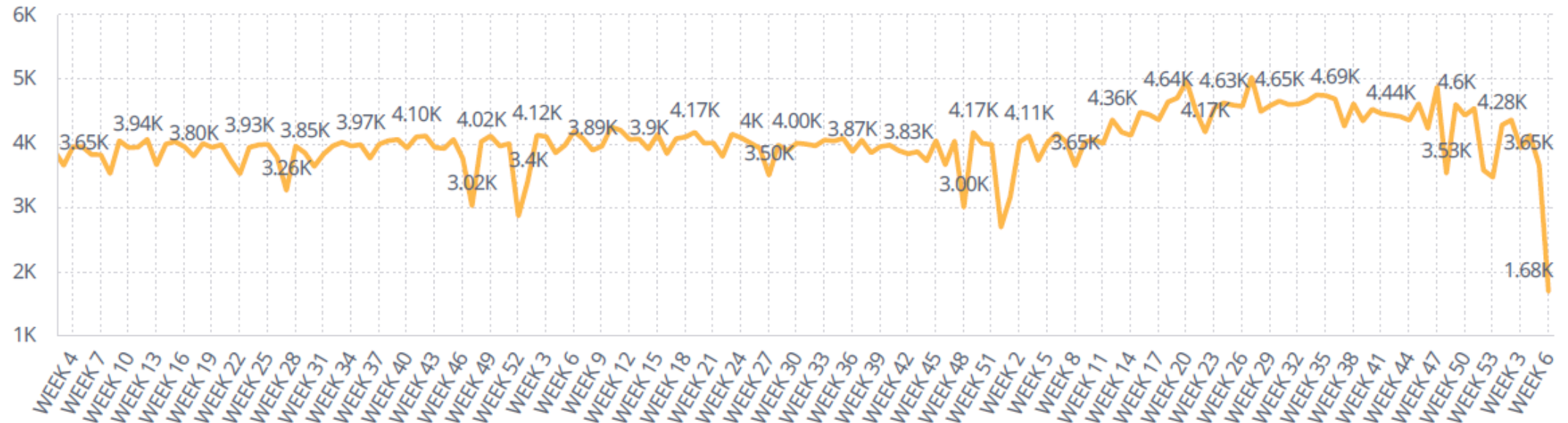
THE COUNTY OF FRESNO
Department of
Behavioral Health

COVID-19 Impact on Persons Served

Adults – Mental Health

Filters AgeGroup Exclude: 00-17

All MH Individuals Served in Avatar



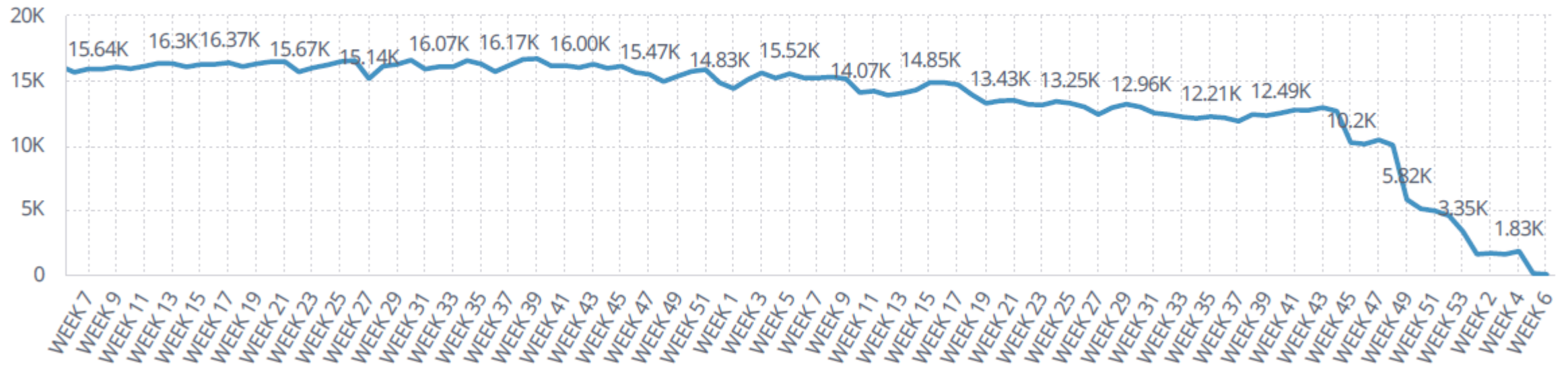
THE COUNTY OF FRESNO
Department of
Behavioral Health

COVID-19 Impact on Services

Adults – Substance Use Disorders

filters AgeGroup Exclude: 00-17

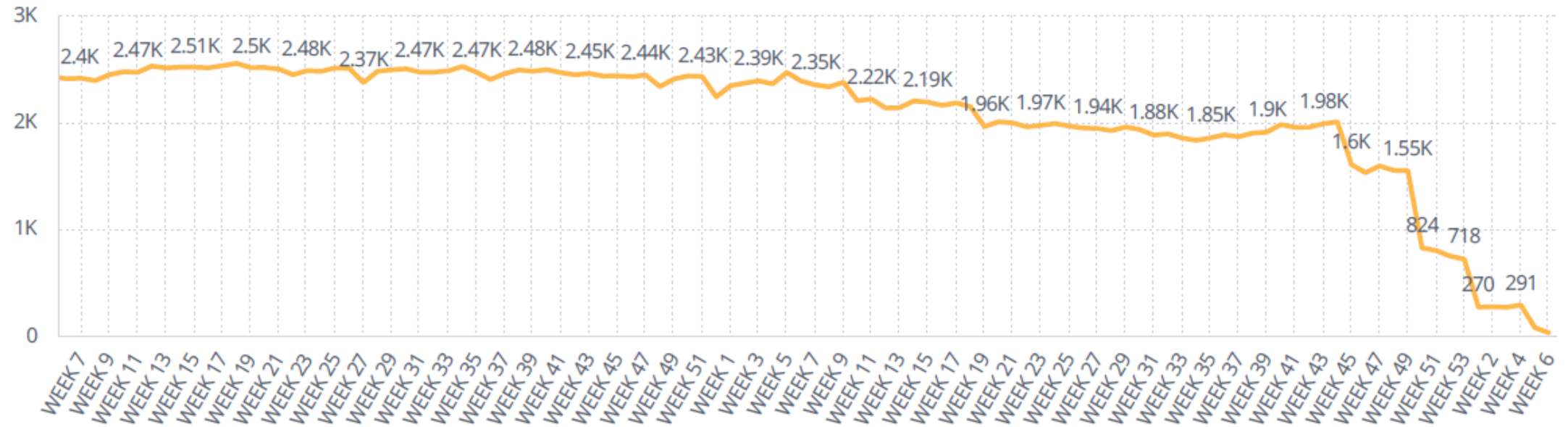
All SUD Services in Avatar



COVID-19 Impact on Persons Served Adults – Substance Use Disorder

filters AgeGroup Exclde: 00-17

All SUD Individuals Served in Avatar

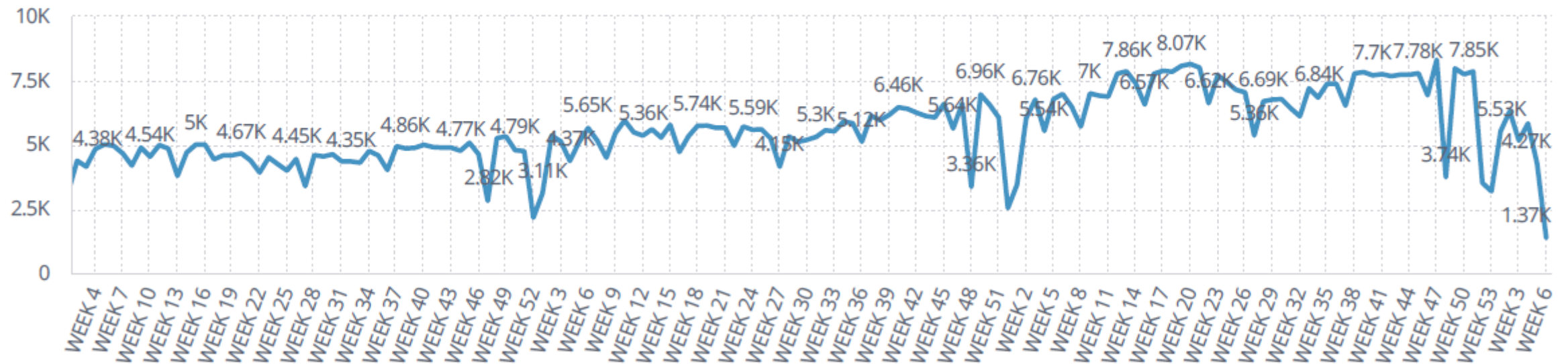


THE COUNTY OF FRESNO
Department of
Behavioral Health

COVID-19 Impact on Services Children – Mental Health

Filters AgeGroup 00-17

All MH Services in Avatar

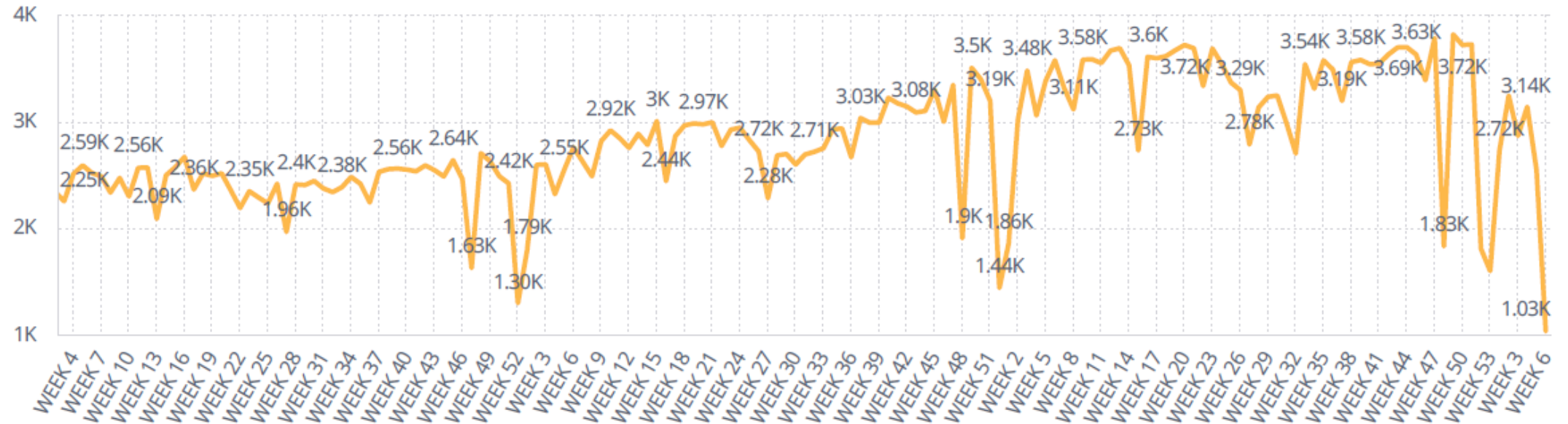


THE COUNTY OF FRESNO
Department of
Behavioral Health

COVID-19 Impact on Persons Served Children – Mental Health

Filters AgeGroup 00-17

All MH Individuals Served in Avatar



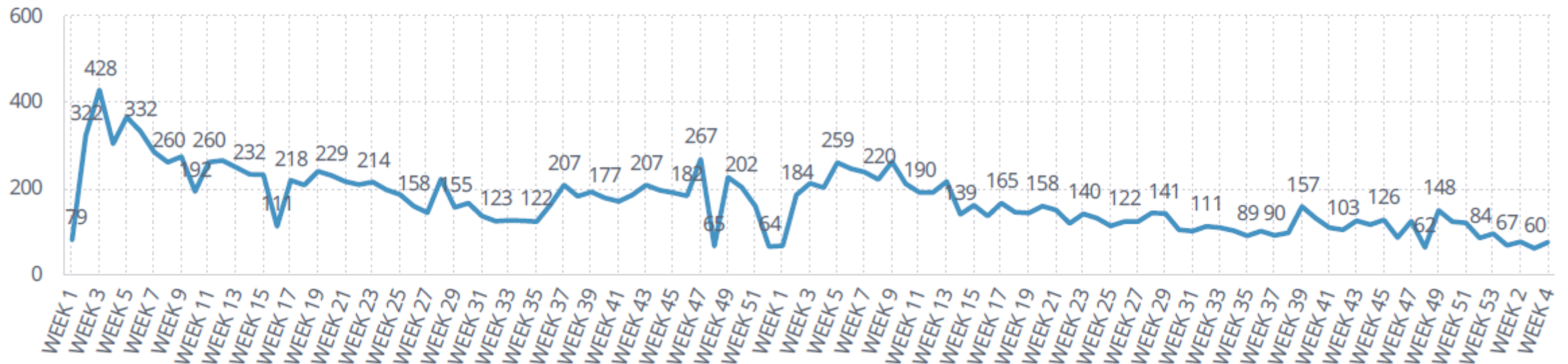
THE COUNTY OF FRESNO
Department of
Behavioral Health

COVID-19 Impact on Services

Children – Substance Use Disorders

filters AgeGroup 00-17

All SUD Services in Avatar

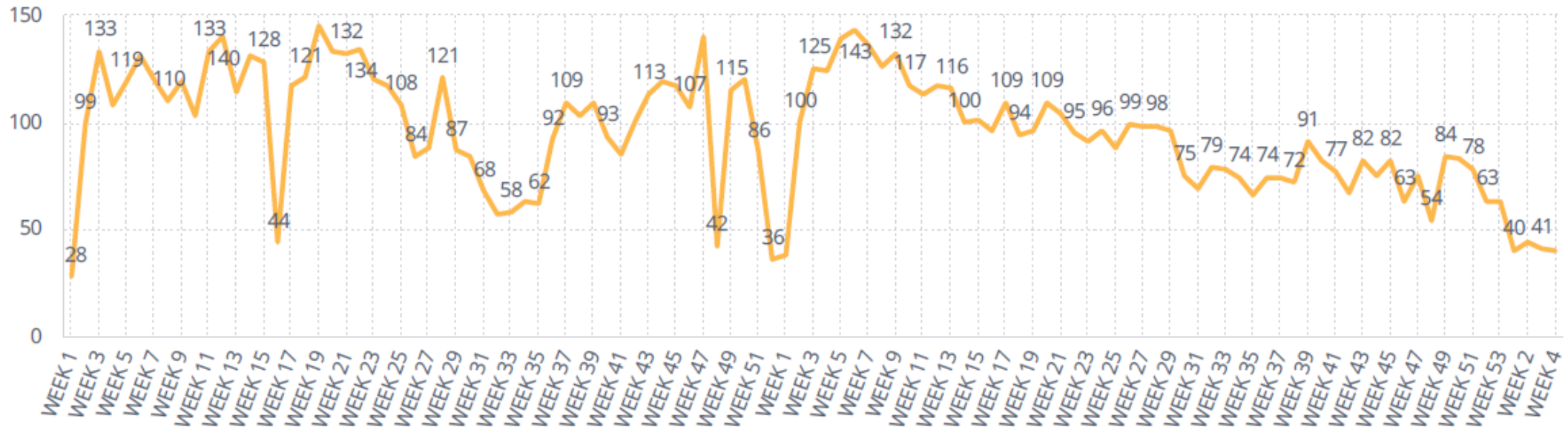


THE COUNTY OF FRESNO
Department of
Behavioral Health

COVID-19 Impact on Persons Served Children – Substance Use Disorders

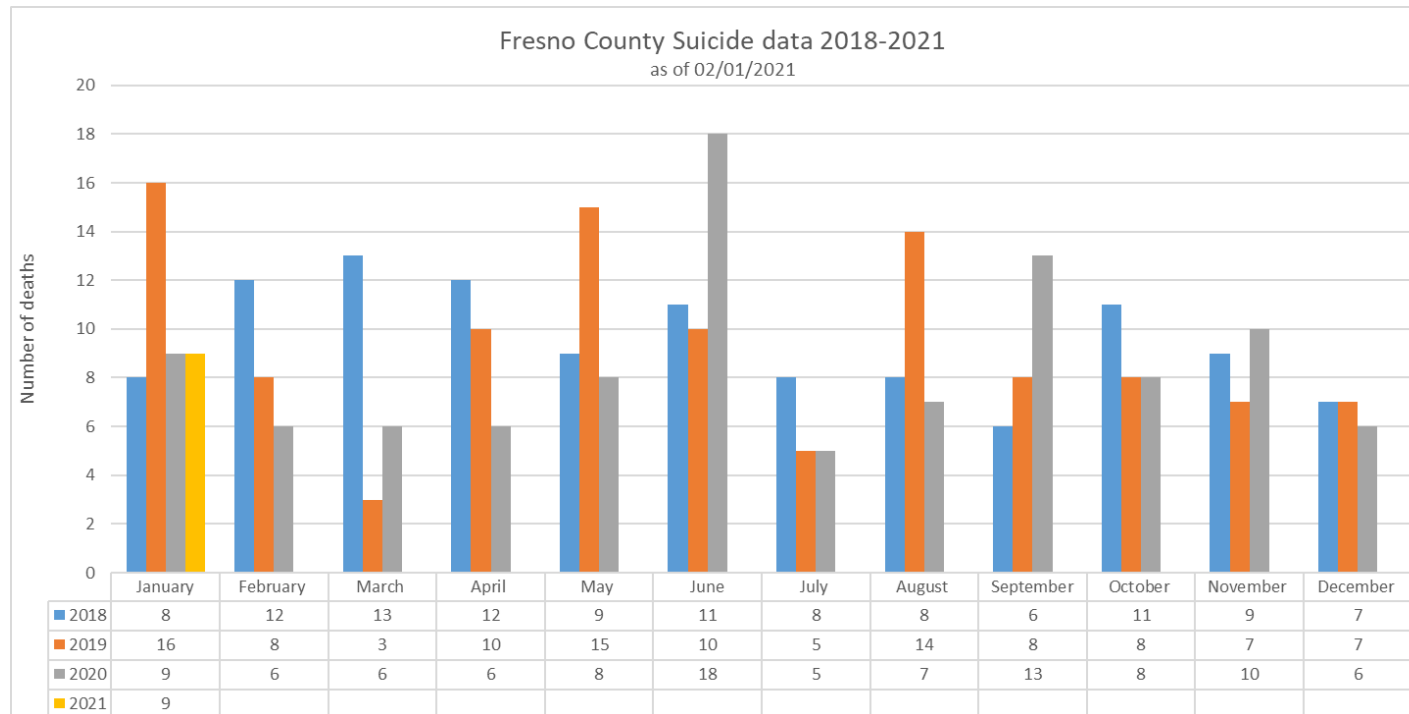
filters AgeGroup 00-17

All SUD Individuals Served in Avatar



THE COUNTY OF FRESNO
Department of
Behavioral Health

Updated Suicide Trends



Totals Per Calendar Year

2018 - 114

2019 - 111

2020 - 102



THE COUNTY OF FRESNO
**Department of
Behavioral Health**

2021 Outlook: How will we incorporate what we have learned from COVID-19?

- Critical review of service impacts
- Critical review of access metrics
- Crisis, access and suicide hotline review
- Review of Reaching Recovery metrics for adults
- Survey of providers
- Survey of persons served/guardians or caregivers of persons served
- UCSF research on effectiveness of telehealth services



MAP Update

- **MAP Contract being extended to allow for:**
 - **Impact of COVID**
 - **Work being done on data system**
 - **Platform for Screening Tool – looking at Apricot**
 - **Ability to generate reports/assess outcomes**
 - **Hope to move toward tool being available to all**



Patients' Rights Advocate Quarterly Report October 2020 – January 2021

- Total Complaints/Grievances:
 - October: 3 (all unsubstantiated)
 - November: 3 (1 unsubstantiated, 2 substantiated)
 - December: 5 (3 unsubstantiated, 1 substantiated, 1 pending)
 - January: 1 (substantiated)



Patients' Rights Advocate Quarterly Report October 2020 – January 2021

- **Total Hearings and Advisements:**
 - **October: 117**
 - **November: 107**
 - **December: 92**
 - **January: 93**



Patients' Rights Advocate Quarterly Report October 2020 – January 2021

- **Special Advocacy Needs**
 - Patients' Rights Executive Director meets regularly with DBH Deputy Director to review any findings
 - Special meetings arranged as needed for any specific concerns



Perinatal Wellness Center

Provides mental health services to pregnant and postpartum mothers, their babies, and postpartum fathers. Services are both office and home-based and are part of a multi-disciplinary medical & mental health integrated team.

Services

- Therapy
- Case Management
- Medical Support
- Crisis evaluation & intervention
- Assessment
- Treatment planning
- Linkage to other services



Perinatal Program

Annual Outcomes Report FY 19-20

Reporting Period: July 1, 2019 – June 30, 2020

Actual Amount: **\$2,137,223**

- Funded by MHSA (PEI, Community Services & Support) & Medi-Cal (FFP)

Unique Individuals Served: **762**

Services Rendered: **6,362**

- All billable services

Cost per Person Served:

- **\$335.94** per billable service
- **\$2,805** per unique client

DBH Staffing:

- 1 Clinical Supervisor
- 8 Mental Health Clinicians
- 2 Community Mental Health Specialists
- 1 Peer Support Specialist

Average Vacancy Rate: 12%

DPH Staffing:

- 3 Public Health Nurses

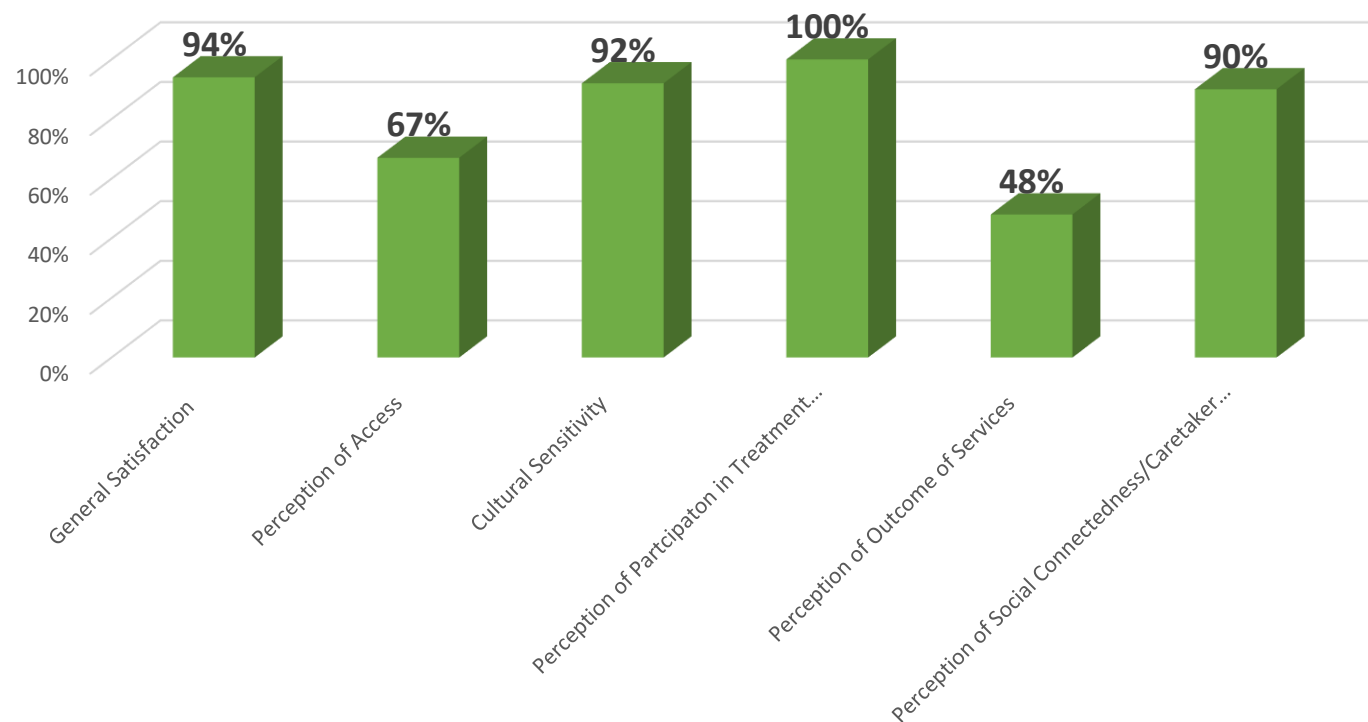


THE COUNTY OF FRESNO
**Department of
Behavioral Health**

Perinatal Program

Consumer Perception Survey

November 2018



Perinatal Program Timeliness

Average Days to First Appointment Offered: 11

- Urgent Average: 3
- Non-Urgent Average: 11

Average Days to Assessment: 19

- Urgent Average: 7
- Non-Urgent Average: 19



Questions?

Thank You!



THE COUNTY OF FRESNO
**Department of
Behavioral Health**