County of Fresno



ADVISORY BOARDS AND COMMISSIONS

FRESNO COUNTY BEHAVIORAL HEALTH BOARD

DBH Health and Wellness Center 1925 E. Dakota Ave. Fresno, CA 93726

Minutes

Meeting Via Webex May 19. 2021

May 19, 2021			
MEMBERS PRESENT			
Kylene Hashimoto	Carolyn Evans	Jolie Gordon-Browar	Vincent
Francine Farber	Debbie Xiong	Montgomery Est	evan Gonzalez
David Thorne	Nick Lutton	Doug Loera	
MaryLou Brauti-Minkler	Ana Boydstun		
		PUBLIC MEMBERS	
BOARD OF SUPERVISORS		Jacqueline White	Ghia Xiong
Ari Martinez		Janet Paine	Jessica Underwood
(Representatives for Supervisor Sal Quintero)		Melanie Vang	Nicole
		Karen Levinson	Elizabeth Escoto
<u>ABSENT</u>		Marcos Lombera	Ana Monreal
Steffanie Long	Donald Vanderheyden	Rosio Laguna	Ze Vang
		Nakia Vue	Adriana Reyes
<u>BEHAVIORAL HEALTH</u>		Chris Roup	Stan Lum
Dawan Utecht, Director	Susan Holt	SDC Staff	Diana
Ahmad Bahrami	Brian Bishop	Angela Yepez	Emily Gomez
Tina Young	Stacie Vanbruggen	Elizabeth Williams	Amber Molina
Jeannette Dominguez	Dang Xiong	Ray Banks	Katrina Rudnick
		David Tan	

I. Welcome and Roll Call

Chair Kylene Hashimoto began the Behavioral Health Board (BHB) meeting at 3:30 p.m. BHB member roll call was taken

II. Review of Agenda by Board

Agenda approved as is

III. Approval of Minutes from April 21, 2021 BHB Meeting

Approved as written

IV. Story of Resilience

Along with May being Mental Health Awareness month, it is also Asian Pacific Islander Heritage month. A Story of resilience was shared by Clinician Melanie Vang on behalf of one of her clients from the Living Well Center.

V. Department of Behavioral Health Update Dawan Utecht, Director

Director Dawan Utecht began with the Departments mission, vision, and goals statement. She recognized May as being Mental Health Awareness month and Hope for Change this year in 2021. Also mentioned was the new tag line that the Department will be advertising, "Where Hope and Healing Unite."

A. General Update including Board of Supervisors Agenda Items and Legislative Updates

Contracts/Board of Supervisor Agenda items

May

- Agreement with CalMHSA for state hospital beds
- Residential drug treatment master agreement amendment
- Multi-Agency Access Program (MAP) extension
- Projects for Assistance with Transition to Homeless (PATH) re-awarded to Kingsview
 - o Contract period FY 2021 2024 (optional 2 -year extension)
 - o Funding Sources Path Grant, MHSA, CSS, FFP and client rent
 - Target Population Adults who are experiencing homelessness or at risk of homelessness and have an SMI or co-occurring disorder
 - o Program Objective Reduce and end chronic homelessness, hospitalization, and incarceration

June

- Amendment with many agreements for salary
- Extension of Kingsview Rural Triage
- Agreement with Fresno Pacific University for field placements
- Extension of Exodus Crisis Stabilization and Adult Psychiatric Health Facility Agreements

COVID-19

Fresno County is now in the orange tier. 750,474 doses of vaccines have been administered. Working closely with Public Health and the State to prepare for when mandates are lifted.

A. Mental Health Awareness Month Campaigns and Events

- Provide education material, promo items, and virtual toolkits to community partners and healthcare workers
- Drop-in article for County-wide Newsletter
- Weekly Instagram post mental health trivia and education
- Bi-weekly email and activities to staff
- Proclamation went to the Board of Supervisors (BOS)and Creek Fire Resource event in April
- Held a Spanish Mental Health Panel
- West Fresno Family Resource Center (WFFRC) resource fair
- Maternal Mental Health Proclamation to the BOS May 11th
- Grizzlies game
- Spirit week daily activities to promote
- May 22nd virtual NAMI walk 10:00 a.m. 2:00 p.m. and Drive Thru Resource Fair at the HaWC
- Asian Pacific Islander (API) panel focusing on mental health and the impact of harassment, attacks, and racism toward the API community

B. Outcomes Report on the Living Well Center

The Fresno Living Well Center provides specialty mental health services by providing culturally and linguistically appropriate mental health services to members of the Southeast Asian population 0 - 65+ with severe mental illness. The two main services are Full-Service Partnership (FSP) and Outpatient Mental Health Services / Intensive Case Management (OP/ICM). The program is growing, with an overall satisfaction in consumer survey results.

FSP annual outcomes for reporting period July 1, 2019 – July 30, 2020

- Actual amount \$322,930.06
- MHSA (CSS) funded
- 32 unique individuals served
- Total program services 1,140
- Cost per person served \$10,091.59

OP/ICM annual outcomes for reporting period July 1, 2019 – July 30, 2020

- Actual amount \$1,417, 791.77
- MHSA (CSS) funded

- 308 unique individuals served
- Total program services 6,805
- Cost per person served \$4,603.22

Adjustments made at the program due to the COVID-19 Pandemic:

- Temperature check and screening questions
- Mask wearing required and provided
- Increased sanitizing and hand sanitizers installed
- Contacts with consumers were completed via Telehealth with an increase in individual therapy
- Challenging increase in medication services due to only having Psychiatrist part-time

VI. Public Comment

Community input is welcome, but Board meetings are not forums where questions are asked and answered. Please unmute your microphones or submit comments using the chat box. Callers can unmute themselves by pressing *6.

Comment providing information about Office Depot offering to laminate COVID vaccine cards for free.

League of Women Voters will hold a panel discussion on "The Roots and Causes of Homelessness" on May $20^{\rm th}$ at 12:00 pm via Zoom. Email address was provided for those Interested individuals use for requesting the Zoom link. $\underline{\text{fmfarber@hotmail.com}}$.

Groundbreaking ceremony at the Butterfly Gardens occurred on May 14th, 2021

VII. Old Business

Report on Virtual Site Visit to the Living Well Center

BHB members completed a site visit to the Living Well Center on May 13th. BHB member Carolyn Evans reported that it is important that the staff at the Center know the language of the clientele and are familiar with the culture. One area identified where help is needed, would be to have more time with the onsite Psychiatrist and more staffing for case management. She also mentioned a concern for not just The Living Well Center, but other providers as well with serving more clients than their contract indicates. Director, Dawan Utecht explained that program services are constantly assessed by leadership and where needs are identified, they are addressed. Available funding can make addressing those needs difficult and require difficult decisions to be made. There are different avenues that must be taken per program type and accessing what resources are available accordingly. This can include things like, appropriately billing Medi-Cal to pull from federal funds or taking items back to the Board of Supervisors (BOS) to make changes where funds have not been used sufficiently. As well as with prevention programs who have a set amount of money available, shuffling of providers may be needed to sustain and support specific needs. Dawan also mentioned the National Public Radio (NPR) interview and the Community Stakeholder process to hear what the community needs and welcomes the discussion to craft solutions for the people served.

VIII. New Business

- Site Visit to Crestwood Behavioral Health Kingsburg Healing Center
 - Jeannette will work on coordinating a date in June for site visit
- Planning for Community Forum in September
 - Welcoming topics for discussion

IX. Committee Updates

- Adult Services Committee
 - Last met on May 3^{rd,} 2021
 - Heard from RH Community Builders and the master leasing program

- Next Adult Services Committee Meeting is June 7th, 2021
- o Information on the Coordinated Entry System for housing will be provided

• Children's Behavioral Health Services Committee

- Last met on April 22nd and received information on the New Horizons Program at the Juvenile Justice Campus
- Next Children's Behavioral Health Services Committee meeting will be on June 24^{th,}
 2021
- The Children's Committee will invite Central Stars Transitional Age Youth (TAY) Full-Service Partnership program to attend and provide information about their services

• Forensics Committee

Next Forensics Committee Meeting is on June 14th, 2021

• Substance Use Disorders Committee

- Substance Use Disorders meets quarterly
- Next Committee meeting is June 10th, 2021
- Information about Recovery Residences will be provided

• <u>Cultural Humility Committee</u>

• The Cultural Humility Committee is currently reassessing needs and responsibilities to avoid duplication

X. Public Comment

Any person wishing to address the Board will be limited to 5 minutes or less according to the time available and the number of those wishing to address the Board.

NAMI Town Hall event tonight May 19^{th} at 6:00 pm via Zoom. Judge Chittick will be present to provide an overview of Behavioral Health Court and Diversion process.

Information on the Psychiatric Advanced Directive will also be provided. Link provided below

https://us02web.zoom.us/meeting/register/tZMkdOipqD0qHdMxszMJ9DJQhQSWhQSLP6-9

Fresno County mobile Vaccine clinic will be on May 21^{st} at 10:00 a.m. – 2:00 p.m. Registration is required 1-888-468-91115

May 19th Disability Rights California will be having a discussion and providing information on In Home Supportive Services. You may access the information on Exceptional Parenting Unlimited (EPU) website.

Independent Living Program has an introduction to Independent Living course every first Friday of the month. Interested individuals can register at www.ILAFresno.org (559) 408-4330

XI. Adjournment

4:44 p.m.

Next Behavioral Health Board meeting: Wednesday, June 16, 2021

This meeting is open to the public under the Ralph M. Brown Act.