



FRESNO COUNTY BEHAVIORAL HEALTH BOARD

DBH Health and Wellness Center

1925 E. Dakota Ave.

Fresno, CA 93726

Minutes

September 15, 2021

Meeting via Webex

<p><u>MEMBERS PRESENT</u></p> <p>Kylene Hashimoto Carolyn Evans Francine Farber David Thorne Donald Vanderheyden Debbie Xiong Nick Lutton Steffanie Long Ana Boydston Mary Lou Brauti-Minkler</p> <p style="text-align: center;"><u>ABSENT</u></p> <p><u>BOARD OF SUPERVISORS</u></p> <p>Supervisor Sal Quintero</p> <p><u>BEHAVIORAL HEALTH</u></p> <p>Dawan Utecht; <i>Director</i> Susan Holt Christina Young Ahmad Bahrami</p>	<p><u>BEHAVIORAL HEALTH -</u></p> <p><u>Continued</u></p> <p>Brian Bishop Jonathan Halverstadt Jeannette Dominguez Erinn Reinbolt Amy Ryals Dang Xiong Kathy Anderson Lisa Weaver Earliana Vang Dennis Horn</p> <p style="text-align: center;"><u>PUBLIC MEMBERS</u></p> <p>Jessica Underwood Sharon Ross Amber Molina- Sharon Erwin Charissa Princess Ana Burke Lali Witrago Dawn</p>	<p><u>PUBLIC MEMBERS –</u></p> <p><u>Continued</u></p> <p>Trish Small Elizabeth Escoto Ryan Banks Katrina Rudnick Diana Castaneda David Tan Nakia Vue Nick Persons Savannah Ledoux Eloisa Estrada ICSI Stefanie Koda Tony Leyva Nicole Bee Vue Virginia Sparks Christine Barker- Virginia Sparks Stan Lum TPOCC</p>
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A. Welcome and Roll Call

Chair Kylene Hashimoto began the meeting at 3:31 PM. Everyone was welcomed and a roll call of Behavioral Health Board (BHB) members was taken.

B. Review of Agenda by Board

September meeting Agenda approved as is

C. Approval of Minutes from July 21, 2021

July 21st meeting minutes approved as written

D. Approval of Minutes from August 18, 2021

August 18th meeting minutes approved as written

E. Speaker in Recognition of Suicide Prevention Month

Savannah La Doux, *Youth Mental Health Advocate*

Savannah La Doux, a 16-year-old ex-public-school student who feels she has been failed multiple times by the public school's mental health system, briefly told her story. Savannah's lived experiences have helped her decide to speak out and advocate, letting other students know that suicide is never the answer or the only option.

F. Department of Behavioral Health (DBH) Update

Dawan Utecht, *Director*

a. General update including Board of Supervisors Agenda Items and Legislation

September is Suicide Prevention month; Supportive Transitions – Reconnect, Recenter and Rebuild

September is also National Recovery Month; Recovery is for Everyone - Every Person, Every Family, Every Community

September 15th – October 15th is National Latino / Hispanic Heritage month.

Many events, trainings, and other information for the month of September can be found on the DBH website <https://fresnocares.org/outreach-events-calendar/>

COVID Update

As of September 14th Fresno County has a hospitalization rate of 377. California has higher hospitalizations due to low vaccination rates, as it proves to be true in all states in the nation. The current surge of the Delta variant has had the highest impact on youth. 1,065,993 vaccinations have been administered which is around 46% of our population.

Contracts / Board Agenda Items

September –

- Suicide Prevention Proclamation
- Follow-up and evaluation of Call Program for the suicide / crisis hotline
- Handle with Care Plus – Pilot program within the School system
- Turning Point – Housing agreement
- Central California Faculty Medical Group for Psychiatric Services

October –

- Expand MAT (Medication Assisted Treatment) in adult jail, to be determined if led by Sheriff's Office or DBH
- Grant application for mobile crisis, emphasizing 25 and under population

Upcoming MHSA Community Planning Meetings

- English Sessions
 - Tuesday, 10/19 5:00 PM – 6:00 PM
 - Tuesday, 10/26 12:00 PM – 1:00 PM
- Spanish Session
 - Friday, 10/22 3:30 PM – 4:30 PM
- Hmong Session
 - Tuesday, 10/26 9:30 AM – 10:30 AM

All meetings will be livestreamed on YouTube and Facebook. Comments can be made and will be monitored for 5 days after the stream

Assisted Outpatient Treatment (AOT) Timeline Update

May 14, 2021	Mar- Oct 2021	August 2021	September 2021
DBH Opted in, submitted plan for providing services, training & education	Statewide AOT calls and planning meetings	Pre-program development: DBH implementation team	Department-wide program development meetings
Oct 2021 – Feb 2022	Nov – Dec 2021	Jan – Feb 2022	March 2022
Court workflow support meetings	Identify Provider/Contract Negotiations	Begin Community training and education FSP and DBH Internal Program ramp-up activities	DBH accepts AOT requests Provider initiate AOT services for Individuals Begin collecting data

b. Quarterly Housing Report

BOS Agenda Items recently approved housing related:

- 6/22/21: PATH Agreement with Kings View & DHCS Grant application
- 7/13/21: Corporation for Supportive Housing (CSH) Agreement amended
- 8/24/21: Path agreement with Kings View amended
- Targeted for 9/21/2021with BOS: Stasis Agreement with Turning Point (Permanent Supportive Housing agreement)

What qualifies an individual for Permanent Supportive Housing (PSH)?

- Required to go through the Coordinated Entry System
- Must be “document ready”
- Assessed/ranked by vulnerability and need
- Must demonstrate the ability to live independently (with support)
- Must have documented Serious Mental Illness (SMI) and/or co-occurring disorder
- If not homeless, but at risk, you may still access housing at a lower ranking of vulnerability

There are protocols in development for additional housing projects that do not require going through the Coordinated Entry System.

c. Report on Forensics Services

Data on Forensic Behavioral Health services was provided from the following:

- Crisis intervention Team (CIT)

- Crisis Care Mobile Units (CCMU)
- Rural Triage CIT
- Metro CIT and CIT at the Health and Wellness Center (HaWC)
- AB1810 Pre-Trial Jail Diversion
 - Diversion Program status and process evaluation
- AB109 Public Safety Realignment
 - Substance Use Disorder/Mental Health (SUD/MH) outpatient FSP
- Justice Multi-Agency Access Point (MAAP)
 - MHSA Innovations Planning Process, goals, and timeline

d. Outcomes Report on Bay Area Addiction Research and Treatment Programs (BAART)

The Addiction and Research Treatment Program has three clinic locations, in addition to services provided in the Fresno County Jail. The program provides Narcotic (Opioid), methadone and non-methadone medication for treatment of opioid use disorder. The following are all components of the treatment provided:

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|----------------------|------------------------|-------------------------------|
| -Intake | - Counseling | -Patient Education |
| -Medication Services | -Collateral Services | -Crisis Intervention Services |
| -Treatment Planning | -Medical Psychotherapy | -Discharge Services |

G. Public Comment

A question was asked to the Department regarding MHSA community planning and if there is any specific topic?

The Department response was that the community planning is part of preparation for the Annual Update. During the Community Planning process, Community Forums are held, providing highlights of the year, brief update information and projections. A period of time is allowed for public comment and a New Annual Update is developed, approved and submitted to the state.

BHB member thanked the Department for opting in with the state on Assisted Outpatient Treatment (AOT) also known as Laura’s Law.

An announcement was made by Community Partners for Recovery on the Annual SoberStock event that will occur virtually on YouTube September 25th from 10 AM – 2 PM and this year the event is dedicated in memory of John Duchscher, a former member of the BHB who was dedicated to substance abuse recovery. Event t-shirts are available for purchase by contacting Gary Knepper at (559) 930-2873. You may access the livestream event through the following link: bit.ly/cp4soberstock

H. Old Business

- a. Site Visit Report on BAART

BHB Chair noted that the program focuses on the person as a whole and sets goals to aid them in continued recovery. She also mentioned that due to COVID they were down counselors which can make it difficult for the counselors that are present with

increased caseloads. Another member mentioned the unique feature of the “Guest Program” utilized by BAART, where inter-agency involvement occurs throughout the state. Lastly the program expressed a goal they would like to reach would be to have better communication with the DBH in the future.

b. Update on Community Forum

The Community Forum will be Thursday September 23rd at 5:30 – 7:30 PM. The forum welcomes community involvement for discussion on all behavioral health related issues as well as a focus on student mental health inviting conversation on services/programs available, areas of needed support and accessing services. Any questions or information requested can be sent to Jeannette Dominguez in advance. The flyer for the Forum will be distributed tomorrow.

c. Reminder to Complete BHB Survey: <http://www.surveymonkey.com/r/BCT5PZG>

I. New Business

a. Site Visit for October

Jeannette will begin coordinating a date in October to assist the BHB in their expressed interest of visiting Centro La Familia Advocacy Program

b. Nomination of Officers for upcoming calendar year

Next month in November Officer nominations can be made for BHB Chair, Vice Chair and Secretary.

J. Committee Updates

- a. Adult Services Committee – Did not meet in September. Will meet October 4th at 10 AM
- b. Children’s Services Committee – Met on August 26th and received information on Eating Disorders from the DBH. Next meeting is Thursday October 28th at 9AM
- c. Forensics Committee – Next meeting is October 11th at 1 PM
- d. Substance Use Disorders Committee – Met September 9th and received information from Pathways to Recovery Program. Will meet again on December 9th at 10 AM
- e. Cultural Humility Committee – Meeting Postponed

K. Public Comment

An announcement was made regarding Cross-Cultural workshops that occur at the Holistic Center on the fourth Thursday of every month. Last month the workshop was on services for veterans and provided a large amount of information for the underserved veteran population. The Veterans Administration will host its 9th Annual Mental Health Summit virtually on September 29th 9:00 AM – 1:00 PM

L. Adjournment

4:44 PM

Next Meeting October 20, 2021

This meeting is open to the public under the Ralph M. Brown Act.