



FRESNO COUNTY BEHAVIORAL HEALTH BOARD

Minutes

December 15, 2021

via Webex

<p><u>MEMBERS PRESENT</u></p> <p>Kylene Hashimoto Carolyn Evans Francine Farber David Thorne Donald Vanderheyden Debbie Xiong Nick Lutton Steffanie Long Ana Boydston Mary Lou Brauti-Minkler</p> <p><u>MEMBERS ABSENT</u></p> <p>Supervisor Sal Quintero</p> <p><u>BOARD OF SUPERVISORS</u></p> <p>Representatives present for Supervisor Sal Quintero</p> <p>Ari Martinez Rocky Vang</p>	<p><u>DEPARTMENT OF BEHAVIORAL HEALTH</u></p> <p>Susan Holt, <i>Interim Director</i> Christina Young Ahmad Bahrami Stacy VanBruggen Dennis Horn Brian Bishop Jonathan Halverstadt Jeannette Dominguez Lindsey Sorondo</p> <p><u>PUBLIC MEMBERS</u></p> <p>Christine Lor Princess Jessica Underwood Kim Multani Karen Levinson Dawn Groendyke Ana Monreal</p>	<p><u>PUBLIC MEMBERS - Continued</u></p> <p>Elizabeth Escoto Ryan Banks Katrina Rudnick Diana Castaneda David Tan Amber Molina Kay ICSI Kari Larson Nakia Vue Ray Banks Ignacio Liscano Lali Witrago Dang Xiong</p>
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I. Welcome and Roll Call

Chair of the Behavioral Health Board (BHB) began the meeting at 3:31 PM and a roll call of BHB members was taken

II. Review of Agenda by Behavioral Health Board (BHB)

Agenda was reviewed by BHB members, and no comments were made

III. Approval of Minutes from October 20, 2021, BHB Meeting

Upon completion of suggested edits, the October 20th BHB meeting minutes will be approved

IV. Approval of Minutes from the November 17, 2021, BHB Meeting

Approval of November 17th meeting minutes postponed to the January 19th BHB meeting

V. Department of Behavioral (DBH) Update

Interim Director, Susan Holt began the Department of Behavioral Health Update with the Department Mission, Vision and Quadruple Aim Goals of delivering quality care, maximizing resources while focusing on efficiency, providing excellent care experiences and to promote workforce well-being. She then followed with a Land Acknowledgement in appreciation of the Department. Recognizing the land, we occupy as traditional territory of several nations including the Yokuts, Western Mono/Monache, Eastern Mono/Monache, Numu (Northern Paiute) Ohlone (Amah Mutsun), and Salinan.

Additional acknowledgments made for the month of December:

- December 1st – Worlds AIDS Day
- December 3rd – International Day of Persons with Disabilities
- December 10th – Human Rights Day
- December 18th – International Migrants Day

Holidays, Celebrations and Traditions:

- December 6th – Hanukkah concluded (multi-day celebration)
- December 25th – Christmas Day
- December 26th – Kwanzaa begins (multi-day celebration)

December 2021 Suicide Trends across Fresno County – 9 deaths by suicide

A. General Update Including Board of Supervisors Agenda Items and Legislation

December Board of Supervisors (BOS) Agenda Items

- Workforce Education and Training – An agreement with CalMHSA
- Harm Reduction Pilot – A donation to receive harm reduction items for the pilot program
- Agreement with CalMHSA for statewide Prevention and Early Intervention (PEI) activities
- Extension of CalMHSA Agreement for PEI program evaluation

January BOS Agenda Items

- LPC Consulting Associates Inc. – substance use disorder prevention program evaluation and strategic prevention plan
- The Fresno Center, West Fresno Family Resource Center, and Integral Community Solutions Institute – Pilot mental health Innovation Project for culturally responsive, community defined, innovative programs to underserved populations
- The Fresno Center formal name change – Retroactive assignment of Agreement
- Retroactive Amendment – Exodus PHF Budget increase FY 20-21 and FY 21-22
- Retroactive Agreement – University of California on behalf of University California San Francisco (UCSF) for Fresno Medical Education Program for Psychiatric resident services provided at DBH facilities effective July 1, 2020
- Approval for grant application and amendment to Wellpath to fund Medication Assisted Treatment Coordinator and increase budget

Legislative Update

- AB 552 –Integrated School-Based Behavioral Health Partnership Program to address challenges in providing school-based services – DBH advocating for

action in early 2022

- AB 686 – California Community-Based Behavioral Health Outcomes and Accountability Review – Creation of a standardized metrics platform to be utilized across the state

Update on Be Health – Innovation funded community planning process (INN CPP Plan Initiative) – Youth Lead INN Plan Development

An idea for an INN project that had effort focused on youth developing a plan, that would be led by youth to serve youth.

- DBH contracted with San Diego State University to support youth in a Human Centered Design development
- Due to the impact of COVID-19 a plan for a six-month project, resulted in taking a year and a half
- Only one youth group proposed one idea
 - A website of a youth ranked system on youth providers for youth

DBH is unable to move the idea forward as a specific funded project due to the following:

- The idea was limited to youth from one high school and not inclusive of youth across Fresno County
- Proposal replicated many resources already available
- Did not meet criteria of viability of an innovations plan

The Department will continue to work with youth to develop a youth led innovations plan and since this idea had content centered around resources within the Departments managed care plan, the information of the proposal was passed on as valuable youth voiced information for another statewide project focused on improving access to care.

B. Update on Hiring Process and Timeline for Director of DBH

- Transition for the DBH Director position is led by the Board of Supervisors who receives recommendation from the County Administrative Officer in determining the selection process
- No information regarding the selection process or the timeline has been shared with the Department

C. Substance Use Disorder Prevention Services Annual Evaluation Report

A summary of the 106-page complete report on Substance Use Prevention efforts from 2016-2021 was provided. The complete report contained information of overall prevention efforts for five years and an annual evaluation report out from the past year on each of the three focus areas of alcohol, marijuana, and prescription drugs. The presentation included the Strategic Prevention Plan Framework (SPPF), and key points were highlighted. Multiple factors were surveyed, and significant data was collected providing insight on areas where changes and improvements could be made and despite the onset of COVID with the 2-year duration within the five-year SPP, objectives were still successfully completed and revealed many details from engagement activities, all the way up to perception and behavior changes. Plans for strengthening partnerships

to work together on improving prevention and education services for youth will continue.

D. Outcomes Report on Supportive Overnight Stay

Westcare California Inc. is the contracted provider of the Supervised Overnight Stay (SOS) program. The program is voluntary with a goal to provide a safe place for individuals to sleep and eat after experiencing a mental health crisis. Participants can be safely discharged from an emergency department or crisis stabilization center and don't meet criteria for an involuntary hold, but don't have a discharge plan appropriate to meet their needs in the next 24 – 48 hours. At the SOS program individuals can be assessed and wrapped with linkages to the resources needed for mental health or co-occurring disorders. In 2019 an enhanced layer of support was added to the program for individuals not immediately ready to link and engage in services. This added layer of support included short-term intervention specialty mental health services, comprehensive mental health assessments, case management and medication support that can be continued for a short-term period after the individual is no longer staying in the overnight facility. The overnight facility has 9 beds and is limited to adults. The average length of stay is 5 days. Many persons served are experiencing homelessness and additional time to coordinate services is required. The contract for the program will end in 2023 and a new Request for Proposal (RFP) will be developed in 2022/2023.

Program Fiscal / Service Data for reporting period of July 2020 – June 2021

- Budget: \$1,141,440
- Actual Expenses: \$1,039,133
- Unique Individuals Served: 393 – 33% of individuals continue successful linked services
- Services Rendered: 2,789
- Cost Per Person: \$2,644

Information was provided that was not an item on the Agenda but was requested by the BHB in concern to recent media coverage on youth in the Child Welfare system. An explanation on coordination of services with the Department of Social Services and the Department of Behavioral Health was given that discussed the Departments Child Welfare Mental Health Team, who is devoted to constantly working side by side with the Department of Social Services Child Welfare, meet regularly to ensure complete care coordination is provided for the court dependent children of Fresno County. A description was given on the process for youth that experience removal from their home or a disruption of placement, which is always intended for an outcome of rapid placement. Although, challenges have been faced with recent state-wide changes, regarding intense review of information and a complete assessment of qualified individuals and is now being used to determine if short term residential placement (STRP) is appropriate. In addition to those changes of new state requirements there has also been a shift in the model used for the level of care with youth who experience challenging behaviors, from a model formerly known as group home facilities to STRP's, which has caused a shortage of resources and a significant decrease in overall bed capacity, making it difficult for placement of youth in transition with acute and complex needs or added variables. The Department of Behavioral Health is committed and will continue to partner with all agencies to work toward solutions and to support the needs of the community.

VI. Public Comment

- A comment entered in the chat box regarding a webinar for persons interested in volunteering to support the resettlement of Afghan refugees with registration link: bit.ly/fresno-webinar

VII. Old Business

- Site Visit Report on Westcare Supportive Overnight Stay (SOS) Program
 - Staff establishes good rapport which provides opportunity to encourage clients to participate in outpatient services
 - When delays in linkages occur with clients they disengage and beds stay occupied, leaving no availability for potential incoming clients
 - The Department responded with information on a statewide FSP evaluation third sector project that DBH Public Behavioral Health team is leading looking at h FSP streamlining resources
 - Aware of capacity challenges, work is being done on learning how to capitalize across systems and find ways to streamline processes
- Report from Ad Hoc Committee on BHB Survey

A document of responses was created for comments left in questions on BHB public feedback survey. A portion of the comments were read off and comments that require action are listed below:

- The Department was asked if there are any brochures available on any of the topics mentioned in the comments read off
 - There are no topic specific brochures available
 - The Department does have brochures available on Programs and will be provide to the BHB
 - A list of URLs will also be provided to the BHB by the Department
- To promote more public comment from the community the BHB plans to hold a quarterly question and answer session separate from monthly BHB meetings
- A comment left on BHB survey requesting blind copies of monthly meeting invitation be sent to distribution list
 - BHB members will decide after further discussion

VIII. New Business

- **Approval of 2021 Data Notebook**
Motion – BHB member Carolyn Evans motioned to accept the 2021 Data Notebook as written and to submit to the California Behavioral Health Planning Council
Second – Received from BHB member Mary Lou Brauti-Minkler
Discussion – Opened for Discussion and none occurred
Roll Call vote – Seven votes in favor
Motion carried
- **Approval of Standing Agenda for 2022-24**
Motion -BHB member Debbie Xiong motioned to approve 2022 – 24 Standing Agenda

Second – Received from BHB member Mary Lou Brauti-Minkler

Discussion – No Discussion occurred

Roll Call Vote – Seven votes in favor

Motion Carried

- **Approval of Goals for 2022 – 24**

Motion – BHB member Carolyn Evans motioned to approve Goals for 2022-24

Second – Received from BHB member Francine Farber

Discussion – Opened for Discussion and none occurred

Roll Call Vote – Seven votes in favor

Motion carried

- **Election and Installation of Officers for 2022**

Slate of officers nominated are as followed:

Chair - Kylene Hashimoto

Vice Chair - Nick Lutton

Secretary - Francine Farber

Motion - BHB Member Carolyn Evans motioned to accept the slate of Officers nominated and to vote one time for all positions

Second – BHB member Mary Lou Brauti-Minkler

Discussion – Opened for Discussion and none occurred

Roll Call Vote – Seven votes in favor

Motion carried

- **Motion to Approve Continuation of Teleconferencing**

Motion – BHB member Debbie Xiong motioned to approve continuing teleconferencing

Second – Received from BHB member Francine Farber

Discussion – Opened for Discussion and none occurred

Roll Call Vote – Seven votes in favor

Motion carried

BHB member Francine Farber suggested a discussion at the next Exec meeting on having a content agenda when there are several items that require a vote

IX. Committee Updates

- Adult Services Committee
- Children’s Behavioral Health Services Committee
- Forensics Committee
- Substance Use Disorder Committee
- Cultural Humility Committee

Motion – BHB member Carolyn Evans motioned to table Item IX. Committee Update for the next BHB meeting January 19th due to the late hour

Second - Received by BHB member Mary Lou Brauti-Minkler

Discussion – Opened for discussion and noting for reference to attendees, that all future committee meeting dates are listed at the bottom of this meeting agenda

Roll Call Vote – Seven votes in favor

Motion Carried

X. Public Comment

- An announcement was made by the DBH Diversity Services Coordinator regarding a specific mental health provider training being developed by the Department that will focus on the mental health needs of individuals identifying as Black, Indigenous or Person of Color (BIPOC) and Lesbian, Gay, Bisexual, Transgender, Queer (LGBQ). A survey to help develop this training can be found at www.dbhequity.com and you may also contact Dennis Horn at dhorn@fresnocountyca.gov for any questions.

XI. Adjournment
5:20 PM

Next Meeting January 19, 2022

This meeting is open to the public under the Ralph M. Brown Act.