

County of Fresno

ADVISORY BOARDS AND COMMISSIONS

FRESNO COUNTY BEHAVIORAL HEALTH BOARD

DBH Health and Wellness Center 1925 E. Dakota Ave. Fresno, CA 93726

Minutes

January 19, 2022 Meeting via Webex

MEMBERS PRESENT	BEHAVIORAL HEALTH -	<u>PUBLIC MEMBERS – </u>
Kylene Hashimoto	Continued	<u>Continued</u>
Carolyn Evans	Brian Bishop	Trish Small
Francine Farber	Jeannette Dominguez	Ryan Banks
Donald Vanderheyden	Dennis Horn	Katrina Rudnick
Debbie Xiong	Elizabeth Vasquez	Diana Castaneda
Nick Lutton		Nakia Vue
Steffanie Long	PUBLIC MEMBERS	Nick Persons
Ana Boydstun		Eloisa Estrada
Mary Lou Brauti-Minkler	Jessica Underwood	ICSI
	Amber Molina-	Virginia Sparks
<u>ABSENT</u>	Charissa	Chris Roup
David Thorne	Princess	Karen Levinson
	Lali Witrago	
BOARD OF SUPERVISORS	Jacqueline White	
Supervisor Sal Quintero – Absent	Fidel Garibay	
	Christine Lor	
Representatives Present –		
Rocky Vang		
Ari Martinez		
BEHAVIORAL HEALTH		
Susan Holt, Interim Director		
Christina Young		
Ahmad Bahrami		

I. Welcome and Roll Call

Vice Chairman Nick Lutton introduced himself and informed everyone that he would be filling in as Chair for today's meeting. Nick welcomed those who joined the meeting and asked for a roll call of Behavioral Health Board members to be taken.

II. Review of Agenda by Behavioral Health Board (BHB)

Time was allowed to review agenda and no comments were received.

III. Approval of Minutes from November 17, 2021, BHB Meeting

November 17th Behavioral Health Board Meeting Minutes approved as written

IV. Approval of Minutes from December 15, 2021, BHB Meeting

December 15th Behavioral Health Board Meeting Minutes approved as written

V. Department of Behavioral Health (DBH) Update

Interim Director, Susan Holt provided the Department Update, and began with January acknowledgements. She announced that January is Mental Health Wellness month, not to be confused with Mental Health Awareness month in May. Mental Health Wellness is a time for individuals to take personal inventory of their mental health and identify where they can make changes in ways to improve their overall wellbeing. January 18th is Reverend Dr. Martin Luther King Jr. Day. A day to honor his activism as a civil rights leader with many achievements and role in the passage of the Civil Rights and Voting Rights Act. In connection, DBH Public Behavioral Health Division shared the following video link: https://youtu.be/pF-rEWyR14I

COVID-19 Trends and Updates

There is currently a significant surge with the Omicron variant. Fresno County is in the purple tier with 447 people in the hospital testing positive for COVID and 61 in ICU. Although we are in a significant surge, our numbers for hospitalizations and ICU are not as high this year in comparison to last year.

COVID-19 DBH Response Updates

- 12-22-21 Governor announces booster requirement
- 2-1-22 Requirement due date for Health care workers to receive booster
- 1-7-22 Booster eligible staff must show proof of receiving booster
- 2-1-22 Through Feb 1st staff must test if evidence of receiving booster not provided
- 15 days Time allowed to receive booster once eligible, meanwhile continue weekly testing

The Department is strategically using telework and utilizing an individualized approach in telehealth, as well as using in-person care where appropriate throughout surge.

Suicide Trends

December losses to suicide 9. For calendar year 2021 brings total to 90. As coroner reports trail in data may shift.

A. General update including Board of Supervisors Agenda (BOS) Items and Legislation

Contracts/Board Agenda Items

January

- LPC Consulting Associates Inc.
- No Place Like Home Approval to apply for round 4 funding
- INN California Reducing Disparities Evolutions Innovations Pilot Project
- Central California Faculty Medical Group Amendment

February

- Wellpath- Approval to pursue grant funding and amendment to add MAT coordinator
- Retroactive Amendment Exodus PHF Increase budget for FY 21-22
- Handle with Care Plus Amendment to correct name of agency
- Retroactive Agreement with the Regents of the University of California on behalf of the University of California San Francisco (UCSF) – Medical Education program provided at DBH facilities effective July 1, 2020
- Participation Agreement with CalMHSA for funding of State Hospital Beds

An Important Agenda Item that will soon also be going to the BOS is the Mental Health Services Act (MHSA) Annual Update. The Annual Update Report draft was recently posted and can be found at www.fresnomhsa.com. All are encouraged to take the opportunity to review the draft and submit comments during the 30-day public comment period. There is a comment card located on the MHSA webpage or you may simply send an email to mhsa@fresnocountyca.gov. The comment period will end on February 16th. At which time the MHSA Public Hearing will take place at 3:00 PM hosted by the Behavioral Health Board prior to their 3:30 monthly Behavioral Health Board meeting that will begin immediately following.

Legislative Update - Clarifying Proposed AB552, Existing AB114 and Budget AB133

Intersect

- AB552 Help for County Mental Health Plans to bill private insurance if the private insurance provider can't provide timely services to youth on school campus.
- AB114 Outlines the responsibility of educationally related mental health services and would permit County Mental Health Plans to deliver services but not be required that they do.
- AB133 Would require private commercial insurance plans to reimburse schools for medically necessary services that the school has provided

B. Report on Children's Services

All 4 Youth Wellness Centers

Funds were awarded to DBH and Fresno County Office of Education for expansion of services in the community through the Mental Health Student Services Act. With these funds there will be four Wellness Centers opening. All Wellness Centers are staffed with Family Partners and are open to walk-ins for support with linkages as well as numerous events and parent/youth activities. Two of the Wellness Centers are already open and the remaining two are in the final stages of construction.

- Fresno Pacific University (open)
- Tarpey Elementary (open)
- Riverdale
- Fowler

Child Welfare Mental Health Services

Child welfare mental health assessments and care coordination occurs when DBH receives a court ordered referral. A referral is received through a Social Worker after a Juris/Dispo hearing has taken place and the judge has found allegations made to be true and the child is

detained from his or her parent. The Child Welfare Social Worker then begins to process with DBH Child Welfare Mental Health team to prioritize referrals and schedule an assessment. Either a DBH mental health clinician or contracted provider completes an assessment within 3 or 10 days. A treatment plan is created according to the needs of the child. The Child Welfare Social Worker and DBH Child Welfare Mental Health Team work very closely coordinating care and throughout services. While receiving a variety of services the Social Worker and DBH Team do their best to meet the family where they are with the DBH Mental Health team participating as the mental health experts to support the youth and family as they navigate the Child Welfare system to hopefully meet reunification or the best plan for the individual.

There has been a new Qualified Individual (QI) Assessment Federal Requirement implemented on placement for youth in Foster Care that have been placed in congregate care settings such as STRP's. Placing agencies must complete a QI on every individual when a disruption in placement has occurred before a new placement can take place. The QI consists of extensive records review, clinical interviewing and a report of conclusions, which has put a strain on resources. In response DBH has pulled a full time Utilization Review Specialist who has trained other staff to focus on this work while collaborating with other County Mental Health Departments to get a better understanding and align with the expectations within this requirement.

C. Patients' Rights Quarterly Report October 2021 – December 2021

Total Complaints/Grievances

- October: 1 (Unsubstantiated) Vista skilled nursing facility
 - Individual was concerned after choosing to receive a different dosing method of medication for administering and filed complaint. Providing education on types of dosing explaining it medically appropriate helped the individual to better understand.
- November: 1 (Unsubstantiated) Community Behavioral Heath Inpatient Center
 - Individual believed they were being held illegally. Investigating further revealed the individual was on a 5250 hold. Education provided to the individual explaining that is correct after a legal hearing process.
- December: 1 (Substantiated) Conservator Office LPS Conservatorship Team
 - Calls from LPS Conservatees were not being forwarded to staff. Resolved with a care plan associated with the frequency of calls from the person served.

Hearings and Advisements

October: 128November: 135December: 111

D. Report on Marketing Campaign

IP Marketing Agreement

- Current contract scheduled to end June 30, 2022 (Plan to extend two additional years)
- Current Fiscal budget \$720,000 with remaining balance 477,690
- Beginning of contract mostly spent time and money on development of departments communication plan, brand, and market research

List of Department Vanity URL's

hopefresnocounty.com hopefresnocounty.org DBH's main website promotion (to DBH's site)

fresnocountydbh.com Also leads to the DBH main website

Recoverfresno.com Recoverfresno.org Leads the Department's SUD treatment services page

stigmafreefresno.com stigmafreefresno.org

Leads to the MH Stigma Reduction Page and Promotion

havethetalkfresno.com havethetalkfresno.org

Part of a SUD prevention campaign and resources for

parents

fresnomhsa.com Directs users to DBH's MHSA page and all

MHSA events, plans and training.

opioidsafefresno.com Page dedicated to countywide effort around opioid

education, prevention, and resources.

valleyhopeincrisis.com valleyhopeincrisis.org DBH page with information on disaster and covid info. Was part of campaign previous summers with fires

dbhequity.com DBH's Equity page with resources and information for

promotion and improvement of health equity

dbhespanol.com DBH page in Spanish, with info and

dbhespanol.org Access info in Spanish.

hopeisherefresno.com New promotion/campaign page (activated last week)

Pending:

dbhhmoob.com A full DBH page in Hmong with same info as the

dbhhmoob.org Spanish Page (info, access, resources).

To be determined A URL for the WET page to help promote scholarship and

loan-repayment programs under Central Region WET plan

DBH Website has been transformed to be more user friendly and easier to navigate, which has shown a lot of success with over 30 pages on their overall site and increased traffic. The Department also has social media of YouTube, Facebook and Instagram that have been valuable in communicating with the public.

Campaigns

May Mental Health SUD Prevention Stigma Reduction

Hope is here SUD Access Suicide Prevention Month

Opioid Harm Reduction/Narcan

Upcoming Marketing Plans

Start of March 2022 - End of April 2022: SUD Prevention

- Development/message to be conducted with Youth Leadership Institute and their youth
- Measuring
 - o Impressions
 - Clicks to havethetalkfresno.com

Start of April 2022 - End of June 2022: Mental Health & Real Stories

- Awaiting the theme for this year from *Each Mind Matters*
- Implement the new *Take Action* statewide effort from Each Mind Matters.
- Measuring
 - o Impressions
 - Clicks to stigmafreefresno.com

VI. Public Comment

No Public Comment received

VII. New Business

Motion to Approve Continuation of Teleconferencing

Motion: BHB member Debbie Xiong motioned to approve continuation of

teleconferencing

Second: Received from BHB member Francine Farber

Discussion: None

Roll Call Vote: Seven members in favor

One No vote

Motion carried

- Discussion of Annual Behavioral Health Board Workshop
 - o Originally scheduled for Saturday February 5th 9:00 AM 1:00 PM
 - Chair proposed a time change with new time of 1:00 PM 4:00 PM
 - No Discussion received new meeting time accepted

VIII. Committee Updates

- <u>Adult Services Committee</u> Did not meet in January. In December they heard from the Crestwood Bridge Transitional Residential Facility. Meets again February 7th and will hear information about Conservatorship from the RISE Team
- <u>Children's Services Committee</u>- Met December 16th and heard from Court Appointed Service Advocates for children in Foster care (CASA). Will meet again February 24th and hope to hear from City Without Orphans

- <u>Forensics Committee</u> Met in December and heard information about AB109 FSP from Turning Point. Will meet again February 14th and hear from Turning Point Outpatient Program
- <u>SUD Committee</u> Met in December and heard from Mental Health Systems and Fresno's First at the Hacienda. Meets quarterly and meets again in March
- <u>Cultural Humility Committee</u> Nothing to report

IX. Public Comment

Announcement of Holistic Center Advisory Council will be gradually transitioning back to inperson services

Clarification on teleconferencing was given by BHB Chair

X. Adjournment

4:50 PM

Next Meeting February 16th

This meeting is open to the public under the Ralph M. Brown Act.