FRESNO COUNTY MENTAL HEALTH PLAN

OUTCOMES REPORT- Attachment A

PROGRAM INFORMATION:

Program Title: The Lodge

Program Description: The Lodge provides short-term lodging

services to individuals with severe mental illness who are experiencing or at risk of homelessness. The intent of these services is to gain insight through a pilot research project on what can enhance and increase

engagement of individuals who are homeless or at risk for homelessness, with the onset of an early or severe mental illness and who are not engaging in care due to being in the precontemplation stage of change. **Provider:** RH Community Builders

MHP Work Plan: Choose an item.

Choose an item. Choose an item.

Age Group Served 1: ADULT

Age Group Served 2: Choose an item.

Funding Source 1: Choose an item.

Funding Source 2: Choose an item.

Dates Of Operation: March 1, 2021 to present
Reporting Period: July 1, 2020 - June 30, 2021

Funding Source 3: Innovations (MHSA)

Other Funding: Click here to enter text.

FISCAL INFORMATION:

Program Budget Amount: \$733,343.00 Program Actual Amount

\$425,695.00

Number of Unique Persons Served During Time Period: 190

Number of Services Rendered During Time Period: Click here to enter text.

Actual Cost Per Person \$ 2,240.50

Served:

CONTRACT INFORMATION:

Program Type: Contract-Operated Type of Program:

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Contract Term: October 10, 2020 to June 30, 2023 For Other: Click here to enter text.

Renewal Date: Click here to enter text.

Level of Care Information Age 18 & Over: High Intensity Treatment/FSP (caseload 1:12)

Level of Care Information Age 0-17: Choose an item.

TARGET POPULATION INFORMATION:

Target Population: The target population shall be adults 18 years and older living with a Severe Mental Illness (SMI) and/or Co-

Occurring Disorder (mental health and substance use disorder) who are in the precontemplation stage of change to engage in the behavioral health system and also experiencing homelessness or are at risk of homelessness.

CORE CONCEPTS:

- Community collaboration: individuals, families, agencies, and businesses work together to accomplish a shared vision.
- Cultural competence: adopting behaviors, attitudes and policies that enable providers to work effectively in cross-cultural situations.
- Individual/Family-Driven, Wellness/Recovery/Resiliency-Focused Services: adult persons served and families of children and youth identify needs and preferences that result in the most effective services and supports.
- Access to underserved communities: Historically unserved and underserved communities are those groups that either have documented low levels of access and/or use of mental health services, face barriers to participation in the policy making process in public mental health, have low rates of insurance coverage for mental health care, and/or have been identified as priorities for mental health services.
- •Integrated service experiences: services for persons served and families are seamless. Persons served and families do not have to negotiate with multiple agencies and funding sources to meet their needs.

Please select core concepts embedded in services/ program:

(May select more than one)

Please describe how the selected concept (s) embedded:

Community Collaboration

The Lodge provides linkages and referrals to services giving individuals a voice and choice of providers. The staff at the Lodge focus on services and linkages to community partners to reduce any barriers in

Cultural Competence

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Access to underserved communities

Integrated Service Experiences

accessing ongoing services after their stay at The Lodge. The Lodge engages with community partners, the Fresno County Department of Behavioral Health, WestCare, MHS, Poverello House, Turning Point, Blue Sky Health and Wellness Center, Federally Qualified Health Care Centers, and local landlords and/or local room and boards to increase access to community services and resources.

The Lodge staff are trained in cultural humility, including special populations and provide services to individuals with co-occurring disorders. The individuals and staff have 24 hours access to a language line to utilize as needed when individuals request support in their chosen language.

The Lodge provides individualized services to assist individuals with identifying their desire for change and their needs and preference of services. Utilizing the Housing First model provides individuals with low-barrier lodging. Individuals are not required to be clean or sober upon entry to the Lodge and are not required to participate in scheduled services such as groups or individual meetings during their stay.

During their stay at the Lodge individuals are encouraged through Motivational Interviewing to engage with the support available at the Lodge which includes a team of Peer Support Specialist, case managers, and clinician's for mental health support.

PROGRAM OUTCOME & GOALS

- Must include each of these areas/domains: (1) Effectiveness, (2) Efficiency, (3) Access, (4) Satisfaction & Feedback Of Persons Served & Stakeholder
- Include the following components for documenting each goal: (1) Indicator, (2) Who Applied, (3) Time of Measure, (4) Data Source, (5) Target Goal Expectancy

Effectiveness:

1. 85% of individuals will successfully engage in outpatient mental health or substance abuse treatment.

16 % of individuals successfully engaged in outpatient mental health or substance abuse treatment. Of the 190 person's served, 31 successfully engaged in outpatient mental health or substance abuse treatment.

2. The number of unique visits to the Crisis Stabilization Unit for each individual served will be reduced by 75%.

During this partial year of operation the individuals served had 8 visits to a crisis stabilization unit with a reduction of 31%.

3. The number of unique visits to the Emergency room will be reduced by 85% for each individual served.

During this partial year of operation the individuals served, a total of 190, had 18 visits to local emergency departments while at the Lodge, with a reduction of 50% in visits based on individual's served self-reports upon entry to The Lodge.

Efficiency:

1. RHCB will establish a baseline cost per individual served in the initial partial year.

The Lodge's current baseline cost for individuals served in the initial partial year of March 1, 2021 to June 30, 2021 is \$2,240.50.

2. RHCB will reduce the cost per individual served annually thereafter.

The Lodge will reduce the cost per individual served, based on the partial year of operation from March 1, 2021 to June 30, 2021 in the next fiscal year from July 1, 2021 to June 30, 2022.

Access:

1. Wait time from admission into the Lodge to initial peer assessment by RHCB will be 72 hours or less.

100 % of individuals accepted to the Lodge are offered an initial peer assessment within 24 hours of arrival at the Lodge. Although individuals can decline participation, the muti-disciplinary team makes attempts to engage the individual into services. Utilizing motivational interviewing techniques the staff encourage participation in initial peer assessment and ongoing services given their voice and choice of services.

- 2. Once the an individual has moved from the "pre-contemplative" stage and determined that they are interested in seeking mental-health services, a mental-health assessment by RHCB will be done within 48 hours.
- 100 % of individuals accepted to the Lodge are offered a mental health assessment once they express interest in seeking mental health services. Utilizing motivational interviewing techniques the staff encourage participation in a mental health assessment for placement, linkage and advocacy in participating in ongoing services given their voice and choice of services

Satisfaction:

- 1. 85% of individuals served will report "Satisfied" or "Very Satisfied" with services on RHCB's individual's served exit survey. 100% of respondents reported being very satisfied or satisfied with services.
- 2. 85% of the families of individuals served that are actively involved in the lives of individuals served will rate "significant" or "critical" in response to importance of The Lodge in your loved one accessing ongoing services.

The Lodge did not have any family members who decided to take part in the exit survey; however out of the individuals served during this reporting period, 15% of the persons served had family member involvement during services.

DEPARTMENT RECOMMENDATION(S):

Click here to enter text.