



## FRESNO COUNTY BEHAVIORAL HEALTH BOARD

Wednesday, July 20, 2022, at 3:30pm

### Minutes

Via Webex

<u>Members Present</u>	<u>Department of Behavioral Health</u>	<u>Members of the Public Present</u>
Nick Lutton	Susan Holt, <i>Director</i>	Ana Monreal
Carolyn Evans	Ahmad Bahrami	Susan Murdock
Stephanie Gutierrez	Brian Bishop	Christine Lor
Brooke Frost	Erinn Reinbolt	Marilyn Bamford
Debbie Xiong	Tina Young	Lali Witrago
Ana Boydston	Vincent Montgomery	Ron Alexander
David Thorne	Earliana Vang	Amber Molina
Donald Vanderhyden	Dennis Horn	Karen Levinson
	Dang Xiong	Jessica Underwood
	Avneet Khinda	Fidel Garibay
	Jeannette Dominguez	Brandon Martinez
		Demetria Simpson
		Kari Larson
		Xixmena Cuyuch
		Jacqui Cavallaro
		Deanna Kivett
		Stan Lum
		Harold
		LeeAnn Skorohod
		Nakia Vue
<u>Members Absent</u>		
Susan Xiong		
Mary Lou Brauti-Minkler		
<u>Board of Supervisors</u>		
Sal Quintero, <i>Supervisor</i> – Absent		
Rocky Vang - Present		

### I. Welcome and Roll Call

Co-Chair Nick Lutton called the meeting to order at 3:31 PM with an announcement that the Chair of the Behavioral Health Board (BHB), Kylene Hashimoto has resigned, and while following the BHB Bylaws, he as Co-Chair, will assume the position of Chairman of the BHB for the remainder of the year 2022. He also announced that any BHB members that are interested in filling the position of Co-Chair may volunteer or provided nominations to Jeannette. Roll Call of BHB members was taken.

### II. Review of Agenda by Behavioral Health Board

A brief pause was taken for BHB members to view the agenda

### III. Approval of Minutes from the June 15<sup>th</sup>, 2022, BHB meeting

The Minutes from the June 15<sup>th</sup> BHB meeting were approved as written

#### **IV. Department of Behavioral Health (DBH) Update; Director, Susan Holt**

Director, Susan Holt began her Department Update with the Departments Mission, Vision and Goals Statement and Land Acknowledgment. Also acknowledged was the month of July as being Black Indigenous and People of Color (BIPOC) Mental Health Month. While the Department works to address and remove barriers for improved access to services throughout the year, recognizing July as BIPOC Mental Health Month provides the opportunity to intentionally focus on the continued commitment and action applied to improve mental health diversity of services.

##### **A. General Update Including Board of Supervisors Agenda Items and Legislation**

###### Suicide Data

Eight Deaths by suicide in June 2022. This number of persons is slightly higher than the data shown for June of 2021 and significantly less than June of 2020. The Department will continue to watch this data to be on alert of any trends and continue the work of the Fresno County Suicide Prevention Collaborative.

###### 9-8-8 Suicide Prevention Lifeline

July 16<sup>th</sup> began the use of dialing 9-8-8 to reach the national lifeline. This is in addition to the use of 1-800-723-8255. The Central Valley Suicide Prevention Hotline supports Fresno, Madera, Merced, Mariposa, Kings, Tulare and Stanislaus County. Kingsview is the operator of the nationally accredited suicide prevention hotline local call center.

The 9-8-8 service is strictly a suicide prevention hotline available 24/7. It is not a crisis line and does not deploy crisis services. Lastly, it is also not a warm-line or access line. Resources of such would be the CalHOPE hotline at 1-833-317-4673 and the Fresno County Warmline at 1-855-845-7415.

###### Contracts/Board Agenda Items July 12, 2022

- Fresno County's submission of Biennial Substance Abuse Prevention and Treatment Block Grant application
- Crisis Stabilization Center Agreement and Adult Psychiatric Health Facility Agreement approval for new five -year agreement with Exodus Recovery
- Family Urgent Response System new five-year agreement with Kings View
- Authorization of expedition actions, if necessary related to power outages for 24/7 hr. facilities

##### **B. Outcomes Report on Substance Use Disorder (SUD) services for youth at the Juvenile Justice Campus (JJC) that are provided by Mental Health Systems Inc. (MHS)**

Mental Health Systems is the contracted provider operating this program since 2008, delivering services on behalf of the County through the Floyd Farrow Substance Abuse Unit and New Horizons program to in-custody youth who can participate in intensive co-occurring mental health substance use disorder (SUD) treatment and receive post-release SUD outpatient services through the Juvenile Drug Court/Post-Release Outpatient Services (JDC/PROPS) program. On the Juvenile Justice Campus the program includes and is not limited to the following services:

- Comprehensive assessments
- Individual and group therapy
- Family therapy
- Multi-family groups
- Psychoeducation

- Case management
- Life skills/socialization
- Anger management
- Recreational and art therapy
- Support groups

Reporting Period: July 1, 2020 – June 30, 2021

Program Actual Expense: \$234,117

Number of Unique Individuals Served: 26

Cost per Individual: \$9,005

100% of target goal was met in engaging persons served in services by the next business day after being placed in the program.

92.3 % of target goal was met for having 80% of persons served staying enrolled for 180 days. This success was determined by individuals remaining clean and sober, attending or progressing in school, participating in all aspects of treatment program that includes attending group, individual/family therapy and complying with JJC's rules for behavior in the program.

23 persons served were evaluated after completing the in-custody program to determine the effectiveness of having no new convictions during the first six months out of custody. This evaluation indicated a 90% success rate.

There have been recent changes from the Department of Justice realignment that allowed changes to the scope of work for Mental Health Systems, to provide expanded services to the Department of Juvenile Justice population of 19-25 yrs. old.

County program development meetings are underway to produce a Request for proposal (RFP) in FY 23-24. The new agreement will provide for one vendor of medical, mental health, and substance use disorder services at JJC.

### **C. Report on services available for Transitional Age Youth (TAY)**

TAY programs offer age-specific 17.5 – 23 yrs. of age, clinical services to residents of Fresno County who are living with a behavioral health condition that results in significant impairment and prevents them from becoming independent adults. Services are developmentally designed to meet the unique needs of those in the age of transition from adolescence to adulthood. While Fresno County has many programs that provide services to individuals within this age range, there are two treatment programs provided by Fresno County that are designed specifically for the transitional age range.

- Department of Behavioral Health County-Operated program
- Central Star Behavioral Health Inc. a contracted Full-Service Partnership (FSP) program

Eligible individuals who are Medi-Cal beneficiaries, under-insured or uninsured may be referred to the County programs by the following means:

- DBH Children Mental Health – County-operated and contracted
- Schools
- Hospitals
- Urgent Care Wellness Center
- Social Services
- Crisis Stabilization Center
- Adolescent Psychiatric Health Facility (PHF)

- Adult PHF
- Primary Care Physicians
- Self-referral and family-referral
- Other agencies within Fresno County

Services customized for that developmental period that are provided consist of the following:

- Case management and care coordination
- Group/Individual psychosocial rehabilitation and skill building
- Group/Individual/family therapy
- Psychiatry and medication services
- Linkages to support and resources within the community
- Connections to housing

These services can currently be accessed at the Heritage Center located at 3133 N. Millbrook Fresno, CA 93703 Monday – Friday 8 AM – 5 PM. Although, the Childrens Mental Health and TAY services will soon be re-located, and the new location will be communicated to all persons served through individualized contacts, letters and signage to ensure there will not be a disruption of services.

The Arthur at Blackstone is a new permanent supportive housing development under construction at Blackstone and Simpson. This 41-unit housing development is sponsored in partnership with the Fresno Housing Authorities (FHA) and will have 20 units dedicated to TAY. Lease-up will occur in the fall of 2023 with a 20- year commitment of on-site services provided by DBH.

**V. Public Comment**

Public Comment about expanding services for the TAY population being needed and it's a great thing to see happening.

**VI. Old Business**

June 30<sup>th</sup> Site Visit Report on SUD Services for youth at JJC provided by MHS Inc.

- BHB members appreciated the MHS staff accommodating the BHB site visit and all the information provided
- BHB member also stated they appreciated the participation and the discussion of continuous improvement with MHS

**VII. New Business**

A. July site visit with DBH Older Adult Team

- Visit scheduled for July 29<sup>th</sup> at 11AM

B. Motion to Approve Continuation of Teleconferencing

- **Motion to Approve [Continuation of Teleconferencing](#)**

**Motion:** BHB member Debbie Xiong, motioned To Approve Teleconferencing for the Behavioral Health Board Meetings and Subcommittee meetings

**Second:** BHB member Brooke Frost

**Roll Call Vote:** 8 votes of aye

**Motion Carries**

VIII. **Committee Updates**

- **Adult Services Committee** -Did not meet in July due to the 4<sup>th</sup> of July Holiday. The Next meeting is August 1<sup>st</sup>, 2022, Presentation/Update from CalWORKs – Special Needs Program
- **Children’s Behavioral Health Services Committee** – The next meeting is August 25<sup>th</sup> at 9:00 AM
- **Forensics Committee**- Meets again on August 8<sup>th</sup> at 1:30 PM
- **Substance Use Disorder (SUD)Committee** – Meets on September 8<sup>th</sup> and will receive a presentation from Westcare Residential program

IX. **Public Comment**

A thank you was given to the BHB members from Nick for their support in his new role

X. **Adjournment**

4:43 PM

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**This meeting is open to the public under the Ralph M. Brown Act.**

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