



County of Fresno

ADVISORY BOARDS AND COMMISSIONS

FRESNO COUNTY BEHAVIORAL HEALTH BOARD

Wednesday, September 21, 2022, at 3:30pm

AGENDA

Via Webex

Meeting Link: <https://fresnocountyca.webex.com/fresnocountyca/j.php?MTID=m19fa79f1af7e6faf30b13fac090439b2>
Meeting number / Access Code: 187 056 7345 **Password:** KBjInBtZ523 **Join by phone:** 1-855-282-6330

PROGRAM ACCESSIBILITY AND ACCOMMODATIONS: The Americans with Disabilities Act (ADA) Title II covers the programs, services, activities and facilities owned or operated by state and local governments like the County of Fresno ("County"). Further, the County promotes equality of opportunity and full participation by all persons, including persons with disabilities. Towards this end, the County works to ensure that it provides meaningful access to people with disabilities to every program, service, benefit, and activity, when viewed in its entirety. Similarly, the County also works to ensure that its operated or owned facilities that are open to the public provide meaningful access to people with disabilities.

To help ensure this meaningful access, the County will reasonably modify policies/procedures and provide auxiliary aids/services to persons with disabilities. If, as an attendee or participant at the meeting, you need additional accommodations such as an American Sign Language (ASL) interpreter, an assistive listening device, large print material, electronic materials, Braille materials, or taped materials, please contact Christina (Tina) Young as soon as possible during office hours at (559) 600-9193 or at christinayoung@fresnocountyca.gov. Reasonable requests made at least two days in advance of the meeting will help to ensure accessibility to this meeting. Later requests will be accommodated to the extent reasonably feasible.

- I. Welcome and Roll Call**
- II. Public Comment** – Any member of the public desiring to address the Board on a matter that is not on the agenda may do so at this time. Any member of the public desiring to address the Board on an item that is on the agenda, may do so before or during the agenda item as facilitated by the chair.
- III. Review of Agenda by Behavioral Health Board (BHB)**
- IV. Approval of Minutes from August 17th, 2022, BHB Meeting**
- V. Department of Behavioral Health (DBH) Update; *Director, Susan Holt***
 - A. General Update Including DBH events/Suicide Awareness, Board of Supervisors Agenda Items and Legislation
 - B. Outcomes report on the Westside Family Preservation Youth Empowerment Centers
 - C. Update on Peer Support Services
 - D. National Recovery Month / SoberStock
- VI. Public Comment**

Community input is welcome. Please unmute your microphones or submit comments using the chat box. Callers can unmute themselves by pressing *6.
- VII. Presentation from Turning Point of Central California (TPOCC) on Assisted Outpatient Treatment Program (AOT) (To become operational October 3rd, 2022)**

This meeting is open to the public under the Ralph M. Brown Act.

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VIII. Old Business

- Report on August Site Visit with Westside Family Preservation Youth Empowerment Centers

IX. New Business

- Motion to Approve Continuation of Teleconferencing
- Plan for next upcoming site visit

X. Committee Updates

- Adult Services Committee
- Children's Services Committee
- Forensics Committee
- Substance Use Disorder Committee

XI. Public Comment

Public Comment is an opportunity for members of the public to directly address the Board on any items beneficial to the public related to behavioral health services. This may include, but is not limited to, sharing relevant information, announcements of behavioral health-related events or trainings, requests for future topics of discussion, or feedback.

XII. Adjournment

Behavioral Health Board and Committee Meetings Schedule:

Behavioral Health Board	Wednesday, Oct. 19th at 3:30pm
Children's Services Committee	Thursday, Oct. 27 th at 9:00am
Adult Services Committee	Monday, Oct. 3 rd at 10:00am
Executive Committee	Monday, Oct. 3 rd at 11:45am
Substance Use Disorder Committee	Thursday, Dec. 8 th at 10:00am
Forensics Committee	Monday, Oct. 10 th at 1:30pm

This meeting is open to the public under the Ralph M. Brown Act.

WHAT IS AOT?

Assisted Outpatient Treatment (AOT) is the practice of delivering outpatient treatment under court order to adults with severe mental illness who meet specific criteria, such as a prior history of repeated hospitalizations or arrest. It is a tool for assisting those individuals most at risk for the negative consequences of not receiving treatment.

THOSE MOST IN NEED: AOT laws have been shown to reduce hospitalization, arrest and incarceration, homelessness and violent acts associated with mental illness. Due to strict legal criteria, AOT participants typically represent far less than .05% of a state's population. Yet, on any given day, they are the people most at risk to be in a hospital, ER, on the streets or behind bars.

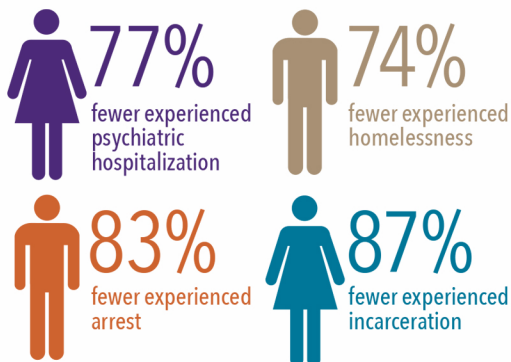
AOT RECIPIENT CHARACTERISTICS:¹

- Majority have schizophrenia or severe bipolar disorder
- 97% percent had been hospitalized previously
- 47% had co-occurring substance use disorder
- 47% did not adhere to needed medication regiment before AOT

THE REVOLVING DOOR'S COSTS: Each psychiatric readmission costs on average \$7,500², and non-adherence is the number one risk factor for it.³ Mental illnesses account for nearly 20% of all Medicaid readmissions.⁴ Medicaid patients had more than 75,000 mental health re-admissions within 30 days in one year.⁵ Nearly 25% of Medicare patients with psychoses were readmitted within one month of discharge.⁶

SAVING LIVES AND COSTS: By creating a partnership between the individual and the mental health system, AOT greatly increases medication adherence, reduces costs from hospital readmission⁷ and other revolving-door circumstances and promotes mental health recovery in qualifying individuals.

AOT WORKS: Of participants in New York's AOT program, called Kendra's Law:



AOT REDUCES ARRESTS & VIOLENCE

 **44%** decrease in harmful behaviors

 **2/3** reduction in risk of arrest in any given month

 **4x** less likely to perpetrate serious violence

 **1/2** as likely to be victimized

AOT SAVES MONEY

 **50%** cost savings in New York

 **40%** cost savings in North Carolina

 **40%** cost savings in Summit County, Ohio

 **\$1.81** saved for ever dollar spent in Nevada County, California

BROAD SUPPORT FOR AOT

- International Association of Chiefs of Police
- National Sheriffs' Association
- Department of Justice
- American Psychiatric Association

**FUNDED BY FRESNO COUNTY
DEPARTMENT OF BEHAVIORAL HEALTH**

