



Dab tsi yog Kev Siv Tshuaj Tsis Txaus (SUD)?

- Kev siv tshuaj tsis zoo (SUD) tshwm sim thaum tus neeg siv tshuaj los sis dej caw ua rau muaj teeb meem kev noj qab haus huv los sis teeb meem hauv lawv txoj hauj lwm, tsev kawm ntawv, los sis lub neej hauv tsev.
- SUD yog ib yam mob uas kho tau zoo li qaug dab peg los sis mob ntshav qab zib. Nws yuav tsum tau kev kho mob los tswj tus mob thiab muaj lub cev xeeb tub thiab tus men yuam noj qab nyob zoo.

Cov Khoom Siv Khoom Siv Teeb Meem cuam tshuam

- Kev nyuaj siab thiab kev ntshov siab yog tshwm sim rau cov poj niam uas muaj SUD, tab sis kuj muaj tshwm sim rau thaum cev xeeb tub thiab tom qab yug me nyuam.
- Thov tham nrog koj tus kws kho mob cev xeeb tub txog txhua yam kev ntshov siab thiab / los sis kev nyuaj siab uas koj muaj yog li lawv tuaj yeem txuas rau koj los txhawb thiab kho tau.
- Cawv, haus luam yeeb, yeeb tshuaj xas, tshuaj hauv kev thiab kev siv tshuaj tsis raug cai tuaj yeem ua rau nchuav me nyuam, yug me nyuam, thiab ntau yam kev yug me nyuam thiab kev loj hlob tsis taus xws li kev coj cwj pwm thiab kev hais lus tsis zoo thiab muaj lwm yam kev mob los ntawm neonatal abstinence syndrome (NAS).
- Cov me nyuam mos uas muaj cov tsos mob ntawm NAS yuav xav tau kev kho mob los pab lawv tsaug zog thiab noj haus.

Koj Yuav Ua Li Cas

- Pib nrog kev saib xyuas ua ntej yug me nyuam kom zoo.
- Tham nrog koj tus kws kho mob txog kev npaj kho mob rau koj.
- Nug koj tus kws kho mob cev xeeb tub kom pab tau kev kho mob SUD.
- Txhob haus luam yeeb, cawv, thiab tshuaj maj.
- YUAV TSUM MUS KUAJ seb puas muaj kab mob kis los ntawm kev sib deev hu ua Syphilis, HIV(mob kas cees), (mob siab)Hepatitis C & B, Gonorrhea thiab lwm yam kas cees hu ua Chlamydia.
- NUG koj cov kws kho mob tham nrog nws.



Kev kho mob

- Nug koj tus kws kho mob cev xeeb tub kom pab koj tau txais kev kho mob rau koj txoj kev siv tshuaj yeeb.
- Kev kho mob tuaj yeem suav nrog tshuaj noj, kev tawm tswv yim, thiab kev pab txhawb nqa rov qab.
- Rau cov poj niam cev xeeb tub, Opioid Siv Disorder (OUD) yog qhov zoo tshaj plaws kho nrog tshuaj nrog rau kev pab sab laj thiab kev txhawb nqa.
- Tsis txhob tsum kev siv cov tshuaj opioids pab koj tus kheej vim qhov no tuaj yeem yuav ua teeb meem rau koj thiab koj tus me nyuam, thiab yuav ua rau koj rov mus siv yeeb siv tshuaj tsis zoo es ua taus rau koj tuag taus.
- Medically Assisted Treatment (MAT) tiv thaiv kev tshem tawm thiab txo cov kev xav tau opioid uas tuaj yeem ua rau koj tsum mus rau kev rov zoo thiab tu koj tus kheej thiab koj tus me nyuam.
- Qee cov tshuaj MAT tuaj yeem noj hauv tsev los kho mob opioid & cawv siv teeb meem.
- Nug koj tus kws kho mob seb lawv puas muaj daim ntawv koj kos npe hu ua x-waiver es lawv thiaj sau tau ntau ntawv tso cai cov tshuaj no rau koj noj.

Yam Uas Koj Yuav Tsum Tsis Txhob Ua

- Tsis txhob zais koj cov khoom siv los yog cev xeeb tub es tsis kam qhia rau koj tus kws kho mob.
- Tsis txhob cia li tsum es tsis siv tshuaj opioids los sis lwm yam tshuaj pab koj tus kheej.
- Tsis txhob ntshai ua rau koj tsis tau txais kev saib xyuas thiab pab koj xav tau kev noj qab haus huv yav tom ntej rau koj thiab koj tus me nyuam.

Cov Koom Txoos Pab Cuam Nyob Hauv Nroog Fresno

- CA Bridge Program at CRMC (559) 250-4822
- Hu tau (24/7) txais kev pab rau tej cwj pwm tsis zoo (Behavioral Health Access Line (24/7)) 1 800 654-3937
- Pab cuam rau kev mob nyhav heev (Urgent Care Wellness Center) (559) 600-4099
- Kev pab cuam rau cov poj niam yug me nyuam tag (Perinatal SUD Programs) (559) 265-4800
- Pab cuam rau kev puas hlwb Fresno First (Mental Health Systems) (559) 264-7521
- Kev pab cua rau cov poj niam yus me nyuam tag nyob ncig zej zog (Rural Perinatal SUD Care)
 - United Health Centers Parlier (559) 646-3561
 - United Health Centers Mendota (559) 655-5000
- Kev pab cuam kho cov quav yeeb ua tshuaj (Narcotic Treatment Programs)
 - Aegis Treatment Center (559) 229-9040
 - Medmark Treatment Center (559) 264-2700
- Pab cuam rau cov kev noj tshuaj (BAART)
 - Cartwright (559) 498-7100
 - E Street (559) 268-6261
 - Van Ness (559) 266-9581



Narcan: Kev pab rau cov tshuaj Narcan muaj nyob rau tom cov chaw muab tshuaj, tus kws kho mob qhov chaw ua hauj lwm, tom Fresno County Dept. ntawm Public Health, los yog tom Community Regional Medical Center Emergency Department.

Keb Pa Cuam Rau Cov Haus Yeeb Haus Tshuaj:

Nkag mus tau online ntawm Fresno County Department of Behavioral Health qhov website www.hopefresnocounty.com

Nroog Fresno Chaw Pab Cuam Rau Cov Muaj Cwj Pwm Tsis Zoo. Hu tau txhua lub sij hawm (ACCESS Line (24/7)) (800) 654-3937

Chaw Pab Cuam Rau Cov Poj Niam Thaum Yug Me Nyuam Tas Nrho (Perinatal Wellness Center) (559) 600-1033

Nrog Fresno Tej Chaw Yuav Pab Cuam rau Cov Neeg Haus Yeeb Haus Tshuaj (Fresno County SUD Provider Directory) www.recoverfresno.com

Nroog Fresno Kev Qhia Txog Pab Cuam Rau Kev Haus Yeeb Haus Tshuaj ntau dhau (Fresno County Overdose Awareness) www.opioidsafefresno.org

Central Valley Opioid Safety Coalition www.centralvalleyopioidsafety.org

Fresno County Department of Public Health www.fcdph.org (559) 600-3200

Public Health Nursing Division www.fcdph.org/PHN (559) 600-3330



DEPARTMENT OF
BEHAVIORAL HEALTH
&
DEPARTMENT OF
PUBLIC HEALTH



FRESNO
COUNTY
NYAB XEEB
Ua Ke Zoo Dua

PAB NROG TSHUAJ SIV TISIS MEEJ PEM

Kev xeeb tub yog lub sij hawm xav tias koom nrog thiab txhawb nqa los ntawm cov kws kho mob. Los ntawm kev ua hauj lwm nrog koj tus kws kho mob cev xeeb tub kom koj tuaj yeem muaj kev noj qab haus huv yav tom ntej rau koj thiab koj tus men yuam.

